

# Annual Report 2020



**करोना वायरस से भयभीत न हों एवं अपाधाएँ न फैलावें।** पश्चिम बंगाल सरकार नोबल करोना वायरस से निपट सकवा है।  
गोवा कोरोना वायरस (COVID-19) के संक्रमण के लक्षण कायरस संक्रमण से पतु जैसे लक्षण बना है, जैसे-

**9 बुखार 2 खीरी 3 दमघुटा**

खुदको एवं दुसरोको सुरक्षित रखने के लिये क्या करे क्या न करे। "क्या करे" -

- 1. सफाई का काम - घर आने पर हाथ धोने से सुरक्षा के लिये।
- 2. श्वसन और लक्षण लक्षण, अन्य छुने से सुरक्षा के लिये।
- 3. श्वसन से सुरक्षा के लिये।
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- 8. श्वसन से सुरक्षा के लिये।
- 9. श्वसन से सुरक्षा के लिये।

**क्या ना करे**

- 1. श्वसन से सुरक्षा के लिये।
- 2. श्वसन से सुरक्षा के लिये।
- 3. श्वसन से सुरक्षा के लिये।

सहायक हेल्प लाइन -  
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**FPA India**  
KALCHINI BRANCH





AFP-PAI – Advance Family Planning - PAI  
ASHAs – Accredited Social Health Activists  
AWWs – Anganwadi workers  
C-SIP – Strategy, Investment and Policy Committee  
FP – Family Planning  
GBV – Gender-Based Violence  
GCACI – Global Comprehensive Abortion Care Initiative  
GoI – Government of India  
HLIs – Higher Institutes of Learning  
IIPS – International Institute of Population Services  
IPPF CO – Central Office  
IPPF SARO – South Asia Regional Office  
IPPF – International Planned Parenthood Federation  
LBGTQIA+ – Lesbian, Gay, Bisexual, Transgender, Questioning, Queer, Intersex, Asexual, Pansexual, and Allies  
MAM – Moderate Acute Malnutrition  
MCH – Maternal & Child Health  
MISP – Minimum Initial Service Package  
MLA – Member of Legislative Assembly  
MoHFW – Ministry of Health and Family Welfare  
MTP – Medical Termination of Pregnancy  
NCD – Non-Communicable Disease  
PAP – Papanicolaou  
RATC – Resource Allocation Technical Committee  
RTI – Reproductive Tract Infection  
SAM – Severe Acute Malnutrition  
SGBV – Sexual and Gender-Based Violence  
SOGIE – Sexual orientation, gender identity, and (gender) expression.  
SOSVA – Society for Services to Voluntary Agencies  
SRH – Sexual and Reproductive Health  
SRHR – Sexual and Reproductive Health and Services  
STA – Second Trimester Abortion  
STI – Sexually Transmitted Infection  
TG – Transgender  
TI – Targeted Intervention  
VICALP – Value Integrated Comprehensive Abortion Linked Project



Established in 1949, FPA India is a social impact organisation working towards empowering communities through rights-based information and services encompassing sexual, reproductive, maternal, adolescent and child health.

## OUR VISION

All people empowered to enjoy their sexual and reproductive health choices and rights in an India free from stigma and discrimination.

## OUR MISSION

A voluntary commitment to SRHR : **ADVOCATE** for and **ENABLE** gender equality and empowerment for all including the poor and vulnerable people, **ENSURE** information, education and services; **POWERED** by knowledge, innovation and technology, towards sustainable development.

## OUR VALUES

### EXCELLENCE

Committed to providing high quality services in every aspect of its work - **IN THE FIELD** with complete, comprehensive care and **AT THE OFFICE** with efficiency and accountability in management.

### INCLUSIVENESS

Belief in serving everyone irrespective of their sexuality, gender, age, health, social or financial status. Respecting the basic right of everyone to choose how they wish to lead their life and the choices that they make. Being open, compassionate and helping everyone in a stigma free environment.

### PASSION

Passionate about making a difference to people's lives so that no one is denied their health rights. FPA India is determined to ensure that each person is aware of his/her rights, can access and exercise them at all times. The spirit of volunteerism resonates with volunteers and employees that are forever committed and passionate about their work.

### INTEGRITY

Dedicated to the cause and with the courage and fearlessness to follow through on our words and stay steady and on course even when times get tough.



# Moving Forward in an Unprecedented Year

From the  
Presidents' Desk

I am delighted to present FPA India's Annual Report 2020. This year was extraordinarily challenging as individuals and organizations across the world tackled the COVID-19 crisis. FPA India was no exception! These difficult times were a true litmus test of our organisation's dedication towards Sexual and Reproductive Health & Rights (SRHR). However, we took it in our stride. Not only did we get back into the community in less than a week, providing non-COVID-19 essential health services, but we also developed strategies to operate within the restrictions of the pandemic, keeping in mind our vision "All people empowered to enjoy their sexual and reproductive health choices and rights in an India free from stigma and discrimination".

Our on-going efforts and approaches to foster and maintain partnerships with various corporate and government stakeholders contributed to our continued efforts to strengthen the sexual and reproductive health and rights movement in India. FPA India is known for its ability to evolve and move forward with the expectations and requirements of changing times. This is only possible when we have a strong backbone. We are thus exploring new and improved ways to strengthen our Governance systems, in line with IPPF's standards and recommendations, in order to be of better service to the community we serve. It gets better! It was another outstanding achievement in 2020, when 3 of our volunteers were selected to represent three Standing Committees on the IPPF Board of Trustees.

I would like to personally congratulate and thank all our volunteers and staff, for their unfettered commitment of being at the forefront providing services during these unprecedented times. Your efforts marked this year as a milestone for organisational learning and achievements. Thank you to all our donors, stakeholders, and partners for their continued faith in the Association.

**I am convinced that if we continue our commitment of listening to and working with the people closest to the big issues of our day, we will find a way forward together. We know the road ahead will be long and hard. But we also know that we can deliver progress even amid adversity. With solidarity and support, we can transform the future for generations to come.**

I welcome the coming year with a strong ray of hope of continuing our collaborative efforts to ensure SRHR for all in this country.



**Mr. H. R. Umesh Aradhya**  
National President  
FPA India



*United we  
stand, Building  
a better  
World*

Letter from the  
Secretary-General

One of its kind! 2020 – A year where a tiny virus rocked the boat for the human race yet proved to be a testimony of FPA India's commitment towards Sexual and Reproductive Health and Rights. The global crisis sparked by the COVID-19 pandemic hindered our operations, caused disruptions, uncertainties and pain. However, it also revealed our hidden strength and character as an organisation and underscored the importance of our work as people fell prey to the consequences of the pandemic. FPA India promptly responded, advocating for SRH services to be included as non-COVID essential services in addition to adapting to a new normal; digital operations. Most of our clinics recommenced, adhering to COVID-19 safety protocols as we demonstrated great resilience and dedication towards working for SRHR.

**Even as health systems were strained, FPA India did not stop.**

Communities struggled to contain the virus and battled with their health, however, FPA India continued to provide information, deliver SRH services and commodities, keep vital health services up and running while not forgetting to focus on gender equality by empowering individuals, particularly young people.

It was an honour, to have some of our staff serve as COVID-19 warriors at dedicated Government COVID-19 facilities. Similarly some of our clinics were converted into COVID-19 isolation centres, upon the request of State Governments. FPA India maintained and upheld its standard as a high-performing, accountable and efficient organization driven by a culture of excellence.

**As we move ahead, I encourage you to read on to reflect back on our accomplishments, and learnings amidst the pandemic. These pages capture how, throughout 2020, FPA India held the thread between urgent local needs in the community and SRHR.**

With 2020 behind us, in a period of global recovery, FPA India will continue improving its work and efforts in providing SRHR to all, undaunted by the challenges before us.

**Dr. Kalpana Apte**  
Secretary General  
FPA India





# FPA India CEC Members



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**YOUTH MEMBER**  
Mr Rohan Pashte  
Belagavi



**YOUTH MEMBER**  
Mr. Gurminder Singh  
Mohali



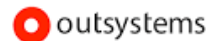
# FPA India Donors and Partners



DR. USHA KRISHNA



GORANGROSSKOPF FAMILY-SWEDEN



Global Affairs  
Canada



Narotam Sekhsaria Foundation



## STATE AIDS CONTROL SOCIETIES







1,66,41,962

**Services  
Delivered**



46,07,818

**People  
Benefitted**



3,58,40,148

**Annual  
Reach**



119

**Doctors**



510

**Health  
Workers**



306

**Clinics**



3,961

**People trained with  
vocational skills**



1,21,262

**Adolescents  
participating  
in CSE Sessions**



6,665

**Local Voluntary  
Groups**



6

**Partnerships forged  
to support  
COVID-19 Projects**



<6

**Days to get back on  
the ground to work  
in communities**



₹ 1,68,99,776

**Mobilised to  
deliver frontline  
response during the  
COVID-19 pandemic**

# *HealthCare's Biggest Crisis – The Year We Fought a Virus*

## Executive Summary

This year proved yet another remarkably successful year for FPA India. We soared to greater heights with our fourth consecutive participation in the Tata Mumbai Marathon (TMM), 2020, raising over INR 76 lakhs (over 100,000 USD), for the second edition of our campaign 'Let's Get Girls Back to School'. With this, we were able to reach out and help adolescent girls across the country through adolescent education programs, healthcare sessions, distribution of sanitary napkins, and more throughout the year.

The world witnessed the greatest public health catastrophe bringing with it socioeconomic, political and humanitarian crises. Nonetheless, we at FPA India rose to the challenge and continued working even in restrictive conditions, enunciating our commitment to the causes we stand for. In order to stay and serve, advocacy efforts by FPA India and its NGO partners resulted in the inclusion of SRH services in the list of non-COVID essential services, by the Government of India (GoI). Many disrupted programmes and services were restored. All branches complied with strict safety protocols that were in put into place; daily sanitization of clinics, use of PPE kits, screening of all clients for COVID-19 (temperature checks using infrared thermometers).

**With ingenuity and flexibility, FPA India quickly adapted to the new norm i.e. digital operations, providing tele-counseling, conducting health and COVID-19 awareness & sensitization sessions through online and offline modes, conducting online meetings, training programs and a series of webinars on several topics.**

FPA India utilized the opportunity to introduce innovative technology in healthcare, to improve access and uptake of SRH services during the pandemic. We partnered with Outsystems, a US-based technology solution firm, to develop **COVID Nirikshak**, a mobile screening and referral app for clients visiting our clinics.

While the virus hit, the climate crisis deepened, as Super Cyclone Amphan cut a swathe through Eastern India bearing down on the state of West Bengal. With support of the SPRINT grant and guidance from the IPPF Humanitarian Hub & Headquarters, FPA India Kolkata responded to this catastrophic event. The branch conducted health camps in the slums of Kolkata, reaching out to a vulnerable population of nearly 4500 people including Female Sex Workers (FSWs), People Living with HIV (PLHIV), people with disabilities, and transgender (TG) persons. In addition, sanitary napkins were distributed to 1000 women.

The impacts of crises are never gender neutral, and COVID-19 is no exception. The shift of funds to pandemic response is hampering women's access to SRH. Our commitment was not only exhibited through implementation of dedicated Gender & Rights projects, but also by our efforts to assimilate the goal towards achieving a gender-just society in our overall functioning. Violence against women reports have increased around the world, as widespread stay-at home orders force women to shelter in place with their abusers, often with tragic consequences<sup>1</sup>.

**As vulnerable groups are especially hurt due to the economic and social fallout, we focused on conducting skilling activities that would help contribute to their livelihoods and economic well-being.**

1 - <https://www.unwomen.org/-/media/headquarters/attachments/sections/library/publications/2020/gender-equality-in-the-wake-of-covid-19-en.pdf?la=en&vs=5142>

Young people account for 30%<sup>2</sup> of our total population. COVID-19 is exposing them to several vulnerabilities, Adolescents face education uncertainties, restrictions on their mobility, freedom and socialisation, anxieties around their employment prospects, economic status and lack of access to SRH information and services. The lockdown across the nation caused temporary closure of educational institutions including schools & colleges. This affected our work with young people, teacher-parent groups, youth centres and at all avenues to work with young people. Considering the sexual reproductive health need of young people, FPA India branches together had put their efforts to reach out to a greater number of young people. An abridged version of the Comprehensive Sexuality Education (CSE) modules was developed and branches and projects were oriented on same. Virtual platforms including Whatsapp, Zoom, etc. were used by branches to strengthen their work with young people including increasing access to CSE, Covid-19 awareness and counselling support. On a lighter note, to keep the youth engaged and entertained, FPA India Nagaland, explored the online platform and conducted competitions on diverse areas of interest.

FPA India partnered with nine universities at several locations to reach out to young people, with plans to partner with more such institutions.

**FPA India branches stand as the organisation's pillars, identifying the specific needs of clients and delivering last mile services. They were involved in several capacity-building programs in order to improve their performance. Branches engaged with local populations including,**



Entrepreneurship training for Devdasis - FPA India Ballari



Health checkup, and sanitary napkin distribution for tea plantation workers -FPA India Kalchini branch



Sensitization sessions on SRH, GBV, and COVID for tribals - FPA India Singhbhum

In addition International Days/Events were observed and celebrated by FPA India Branches, some including; National Girl Child Day, Sexual and Reproductive Health Awareness Week, World Contraception Day, World AID S Day, etc.

**Our nimble and innovative response to the pandemic gained us significant online traction on our social media platforms with 6000 followers and 80K Twitter Impressions.**



Between June and October 2019, the Independent Governance Reform Commission (IGRC) conducted a review of IPPFs governance system. The objective of the review was to develop a proposal to reform IPPFs global and regional governance structures. The Reform Team had introduced a pilot programme for governance strengthening at the MA level. In line with the IGRC proposal, and the recommendations of the General Assembly, the MAs were invited to apply for the pilot programme.

Following recommendations from IPPF's Accreditation of FPA India, the organisation was required to inspect its current governance structure and system. FPA India was selected among ten member associations (MAs) for the pilot program to strengthen its Governance.

Ms. Sonal Mehta, Regional Director, IPPF SARO, visited Pune and Thane District Projects in March 2020 to assess the scale of work at both locations.

2 - <https://censusindia.gov.in/2011census/C-series/C-13.html>

It was another proud moment for FPA India, as some of our staff and volunteers were selected to represent in three Standing Committees of the IPPF Board

Dr. Kalpana Apte, along with serving as a member of several advisory groups and committees, was appointed as a Member on the ED Advisory Committee for the implementation of the Business Plan, IPPF CO.

Ms. Amita Dhanu, Assistant Secretary-General (Program Implementation), was a part of a four-member team of IPPF that undertook the Accreditation Review of the Family Health Association of Iran

Mr. Vinod Kapoor, President FPA India Panchkula Branch, has been appointed as a Member of the prestigious Membership Committee of IPPF.

Ms. Chehak Bhatia, BEC Youth Member of FPA India Panchkula Branch, is a part of the prestigious Resource Allocation Technical Committee (RATC) of IPPF.

Mr. Gurminder Singh, CEC Youth Member and BEC Youth Member of FPAI Mohali Branch was selected as a Member of Strategy, Investment and Policy Committee (C-SIP) constituted by IPPF.

We are excited to announce that we will be publishing the last but special paperback edition of the **Journal of Family Welfare 2019-20** in collaboration with the International Institute of Population Services (IIPS), covering the theme - **Nutrition**. Moving forward, we will be switching to a more eco-friendly alternative, a digital print format; an e-Journal. This will make reading more convenient and also help us cater to a larger community of digital users.

**FPA India showcased strength and resilience through a once-in-a-century pandemic. Finding a way forward from COVID-19 will be the journey of our generation. And it starts with a choice: to make the pandemic the tipping point that leads to transformation for people and our society – or not. At FPA India, we have made our choice. We will continue to stand tall, work in solidarity and stay committed to providing SHRH to all and move forward together.**

**Within the country, we also contribute to:**

Reducing maternal mortality and morbidities by providing maternal care, contraceptives and abortion services

Reducing Gender Based Violence (GBV)

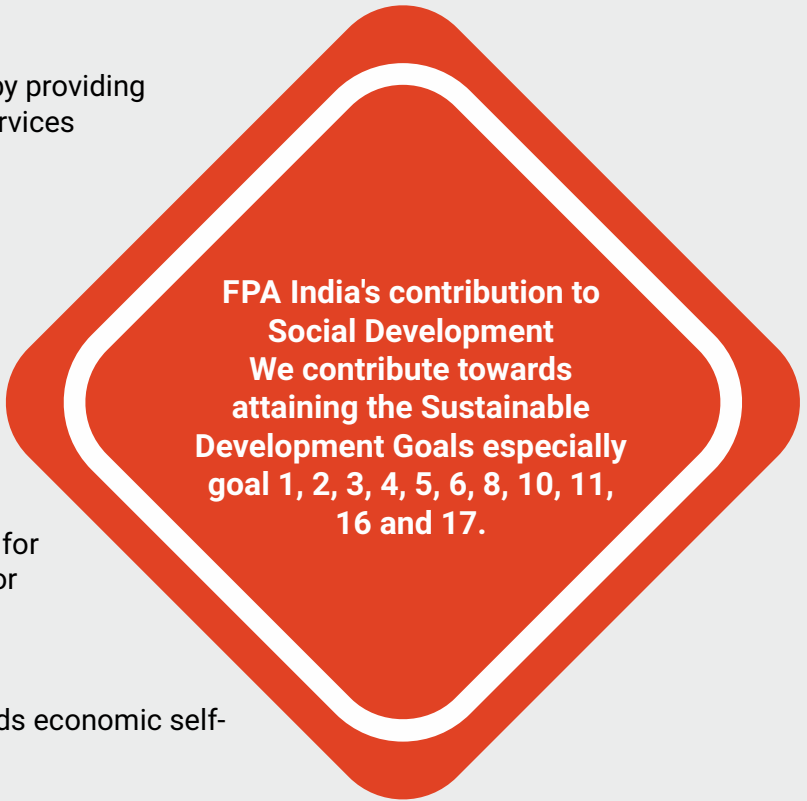
Reducing infant mortality and morbidities by providing immunisation and treatment for other life-threatening illnesses

Addressing unintended, unplanned, mis-timed pregnancies by increasing contraceptive use for family planning and HIV/STI prevention and for population stabilisation

Empowering vulnerable people to move towards economic self-reliance and empowerment

Increasing provider base. Seven clinics of FPA India are recognised by the Government of India as training centres for conducting safe abortion and laparoscopic sterilisation procedures

Reducing Sexually Transmitted Infections (STIs) and HIV by providing information and related services





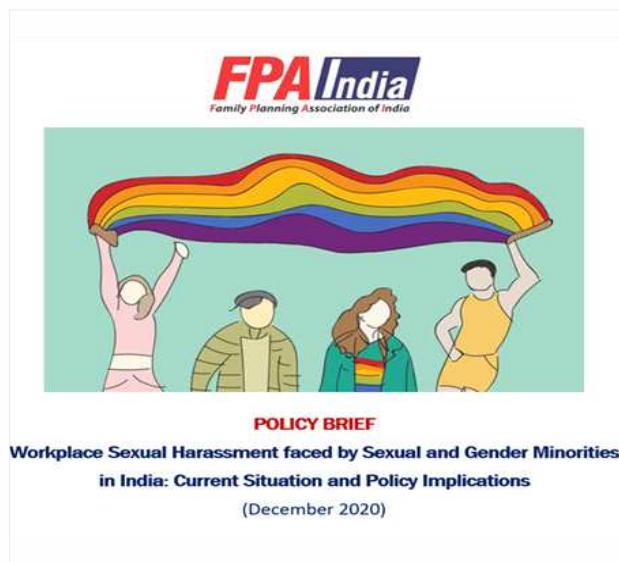
**FPA India advocates for realizing the right to health and SRHR is prioritized in the National Development Agenda**

*We advance SRHR commitments in policies and programs at the National and State level. We also engage and mobilize Champions from diverse sectors, including young people, to support and promote SRHR.*

*FPA India strongly believes in including government and other important stakeholders in strengthening SRHR through effective advocacy. Through our advocacy efforts, we have been successful in influencing implementation of various policies, programs, and budgets in favor of SRHR at both, the local and national level.*

## Advocating for SOGIE Rights

FPA India came up with a policy brief related to sexual harassment of the LGBTQIA+ community as part of a project funded by IPPF. Under this project, several leaders and members of the LGBTQIA+ community and lawyers/activists working on these issues came together to discuss how the present laws related to the prevention of sexual harassment at the workplace exclude the harassment faced by the members of the LGBTQIA+ community. The final policy brief documented the challenges and issues faced by the LGBTQIA+ community at the workplace and, based on these observations, advocated for an amendment to India's Prevention of Sexual Harassment Act to include LGBTQIA+ groups.



### Key highlights

LGBTQ persons at the workplace are victimized through sexual intimidation for career advancement with constant pressure and blackmail tactics from perpetrators - usually a co-worker or supervisor in the formal sector, and in some cases, third-party staff, business clients, and supervisors in the informal sector.

In most workplaces, there is a 'culture of ignorance and silence' on the issue of sexual harassment faced by LGBTQ persons.

Policies against sexual harassment should be implemented in both formal and informal groups for LGBTQ people. LGBTQ people need to be included in the Local Complaints Committees.

## SRH Centers in Higher Institutes of Learning

As part of the AFP-PAI opportunity fund, FPA India aims to employ Higher Institutes of Learning (HLIs) as drivers for realization for SRHR. Five branches in Madhya Pradesh and Karnataka established functional SRH health centers in HLIs and developed referral linkages with private and public health facilities to provide discrimination and stigma-free services to the youth while also preparing a trained team of young SRHR champions to advocate for SRHR. **Eight universities in these five locations opened up these centers, planned an expenditure budget for the same, and employed counselors for these centers.**



Branch name	University / college
Bengaluru	Bengaluru Central University and Bangalore University
Mysuru	University of Mysore
Dharwad	Karnatak University
Ballari	Vijayanagara Sri Krishnadevaraya University
Gwalior	Jiwaji University, VISM College and Maharaja Mansingh College



Table 1: Universities across 5 FPA India Branch Locations that set up Youth SRH Health Centres

## Our Advocacy with ongoing in collaboration with other Organizations

FPA India, along with Pratigya Campaign, in collaboration with the Gol and the Ministry of Health and Family Welfare (MoHFW) successfully advocated for salient provisions of the MTP Amendment Bill, 2020, which extends the upper gestation limit for permitting abortions from the current 20 to 24 weeks for special categories of women, as determined by the MTP Rules.

FPA India Kalchini was selected as a member of the District MTP committee by the District Government Health Department, Alipurduar, after conducting advocacy and maintaining a good network with the District Health & Family Welfare Sam, Alipurduar, and the Government of West Bengal.

FPA India, along with its NGO partners, was also successful in advocating for the inclusion of SRH services in the list of non-COVID essential services resulting in the reopening of almost all FPA India clinics during the pandemic.

**Ministry of Health and Family Welfare  
Government of India**

**Cabinet Decision**  
Medical Termination of Pregnancy  
(Amendment) Bill, 2020

**SALIENT FEATURES OF AMENDMENTS**

- Enhancing the upper gestation limit from 20 to 24 weeks for special categories of women which will be defined in the amendments to the MTP Rules.
- Upper gestation limit not to apply in cases of substantial foetal abnormalities diagnosed by Medical Board.
- Name and other particulars of a woman whose pregnancy has been terminated shall not be revealed except to a person authorised in any law for the time being in force.

Source: <https://www.insightsonindia.com/2021/02/01/medical-termination-of-pregnancy-mtp-amendment-bill-2020/>

**FPA India has continued to serve as a member of several organizations that advocate for SRHR. These include the following,**

- Member of National Executive Committee of White Ribbon Alliance of India (WRAI) Member – Pratigya Campaign
- Core Committee Member – Advocating Reproductive Choices
- Member, Director-General IPPF's Independent Advisory Committee, advising on IPPF Secretariat Restructuring process March – July 2020
- Member, Scientific Advisory Board, Zydus Cadila
- Member, Reproductive Health Technical Advisory Group (RH-TAG), MOHFW in collaboration with WHO under 'SAMARTH'
- Member, ED Advisory Committee for the implementation of the Business Plan, IPPF - CO
- Member, Improving Family Planning Services in Bihar: the need for focus on quality Access, Centre for Catalyzing Change (C3)





# Gender Empowerment and Young People

**FPA India acknowledges and values Gender equality.**

*Besides being a fundamental human right, gender equality and empowerment is essential to achieve peaceful societies and sustainable development. Thus we keep working towards addressing and mitigating all forms of gender inequality and discrimination. Our society, victim to gender discriminatory practices, witnessed an increase in cases of Gender-Based Violence (GBV) during COVID-19. Therefore it is of paramount importance to help end the multiple forms of GBV to secure equal rights and access to quality health, education and more. In 2020, Gender and Empowerment initiatives focused on creating and spreading awareness on gender and its related issues, strengthening SHGs, conducting skilling activities, screening for GBV, identifying and extending counselling support to GBV survivors in addition to continuum of care.*

**Young people (aged 10-24) are a major demographic and account for 30% of the total population.**

*Imagine where our world would be at if every single young person were supported and empowered to realise their rights and fulfil their potential? India's young population is growing at an accelerating rate. This group is more literate than the earlier generation, is aspirational, and has more access to information. This group is also the most vulnerable due to a myriad of factors that affect their health and safety. FPA India considers young people to be a key group in realizing SRHR. We reach out to young people with information, counselling, and youth friendly SRH services.*

## AEP+ (CSE) program

The Adolescent Education Programme Plus (AEP+) aims to empower young people with accurate, age appropriate and culturally relevant information, promote healthy attitudes and develop skills to enable them to respond to real life situations in positive and responsible ways<sup>3</sup>. AEP+, which is inclusive of CSE, is a core programme for FPA India's young people. As educational institutes had to shut, our AEP activities suffered a setback in light of the pandemic. However, we came up with an abridged version of the CSE module and oriented all our branches and projects to reach out to young people, online.

### Growing Up Is Fun – FPA India's AEP+



3 - <https://www.india.gov.in/adolescence-education-programme>

## Scale-up and Enabled CSE through partnerships with NGOs and CBOs

Ten FPA India branches are working to increase young people's access to CSE by conducting CSE sessions in schools, colleges, and non-formal settings through partnerships with about 50 NGOs and community-based organizations working to enable better CSE access and uptake. Our Srinagar branch-oriented SOS Children's Village and Indore branch trained Pawar Coaching Institute to provide CSE to several adolescents.



These branches were trained on the abridged CSE curriculum to continue these activities through online mediums. Approximately 700 parents and 150 teachers were sensitized on SRH issues, and 350 teachers received CSE training.

## Evaluating the Impact of CSE program

IPPF CO and Behaviour Insights Team are working with our headquarters to develop a tool to study the impact of CSE. This tool was piloted in a few branches in 2019 and revised after suggestions from branches. We aim to re-test the tool once schools reopen in 2021.



## Youth Centers

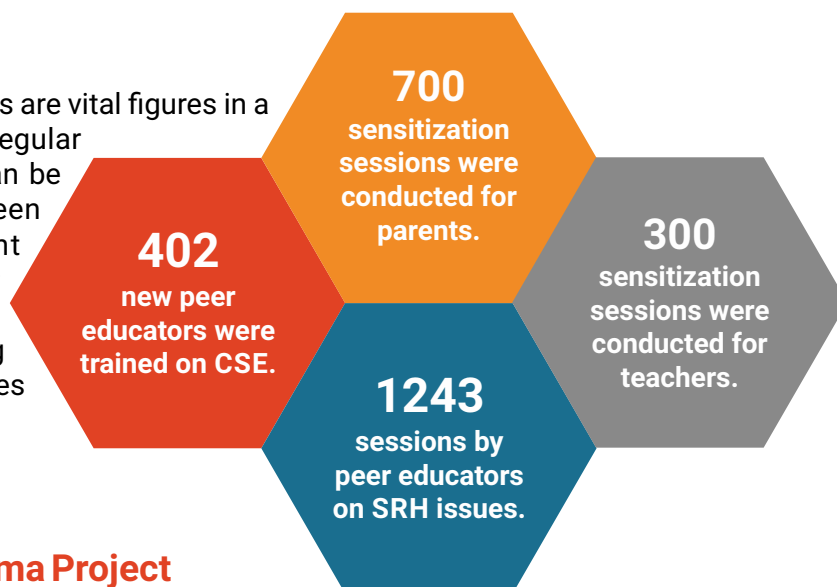
We have 56 Youth Centers across all branches that provide young people with information on SRH and conduct skill development activities for them.

## Meetings of Youth Forum Members

Youth Forums are a group of 15-20 young people that come together to discuss ways to strengthen young people's engagement in their respective branches and also to take up leadership roles to implement youth focused activities. **We have 1066 youth forums across all branches.** This year, Jaipur and Solapur branches formed 74 and 25 youth forums, respectively, to conduct various sessions. Youth forums at the Mohali branch conducted COVID awareness sessions for the community.

## Involving Key Influencers

FPA India realizes that parents and teachers are vital figures in a young person's life. Thus we conduct regular trainings on SRH for them so that they can be instrumental in bridging the gap between young people and access to the right information on SRH. Likewise, peer educators play an equally important role in being able to better engage with young people, helping them make informed choices and decisions about their health and life.



## Packard supported Abortion Stigma Project

FPA India Lucknow implemented the Abortion Stigma Project with an objective to enable young women to exercise their sexual and reproductive rights and also to reduce stigma around sexual activity, unintended pregnancy and abortion, and to create a gender-just society. This project held a meeting with 40 Accredited Social Health Activists (ASHAs) and Anganwadi workers (AWWs) to raise awareness around safe abortion. The project also created Youth Champions to advocate for the rights of young people. Two of these Champions were selected to participate in the Asia Pacific Conference on Reproductive and Sexual Health and Rights (APCRSHR 2020). The project organized a media meet attended by 19 representatives from print, television, and electronic media to discuss the role of media in reducing stigma around SRH through positive stories around SRH issues and scientific articles on the same to counter misinformation. Through this project, sensitization meetings on SRH issues were held for law enforcers. The representatives were impressed with our work and began a fruitful relationship with FPA India, where they approached us for counseling of adolescent and young girls who approach the police.



## Paramedical Skill Development

We have been implementing the Paramedical Skill development Project since 2017 in our Madurai branch with the support of HDB Financial Services Limited. The project aims at capacity building of youth for employment as paramedics. We trained 500 individuals on "general duty cum home-based care assistance" and also helped them with job/internship placements. This project had around 605 enrolled for training. 454 (89.19%) of these trainees were employed through the program.



## Outreach by FPA India Branches

### Peer Educators Training in Hyderabad

Our Hyderabad Branch conducted a Peer Review Training Program from January 13, 2020, to January 16, 2020, supported by Ms. Alison McKinley, Senior Research & Evaluation Officer - IPPF CO, Ms. Kum Kum Pal - Senior Project Advisor ISD/IPPF SARO and Dr. Nilesh Patil - Project Lead and Technical Programme Manager, FPA India. Ten Peer Educators volunteering under the Men's Innovation Project participated in the Training Program.

### CSE Sessions

FPA India Solapur Branch secured CSR funds from Precision Foundation to conduct CSE sessions in 39 schools and colleges for 6,730 adolescents and formed 19 youth groups in the outreach areas.



CSE sessions being conducted in outreach settings in Jaipur



## Screening tool for identifying SGBV survivors in outreach settings

This year FPA India screened 1,70,187 persons for GBV and provided 44,532 GBV-related counseling services. Following an analysis and study by the FPA India Medical Department, revisions to the screening tool were made and this was employed across all FPA India's branches. Our branches continued to organize meetings, training, and orientations on issues around GBV for several stakeholders.

Two essential toolkits were developed for a greater understanding of the issues: *Engaging diverse stakeholders for Gender Transformative Initiative* supported by The Gender Equality Fund and *Break the silence around Gender-based Violence*. The former toolkit is for users who work with various stakeholders in order to sustain change. It highlights FPA India's experiences of working with multiple stakeholders on GBV programs. The latter is an in-depth guide for various stakeholders that outlines the necessary steps of screening and identifying instances of GBV to help prevent and mitigate it.



## Promoting male involvement in SRHR and addressing issues related to masculinity, gender, and sexuality

FPA India conducted several sessions across its branches advocating for men's involvement in SRHR and also discussed masculinity, gender, and sexuality. FPA India Ahmedabad conducted a refresher program for 31 peer educators on women empowerment and women's rights. Bidar branch held a media sensitization program for 21 attendees from media, and the Indore branch conducted an awareness session for the Indore Municipal Corporation on men's involvement in SRHR. Hyderabad and Mysuru branches conducted meetings for several youth forum members on the importance of involving young people in gender transformation programs. Rajkot branch collaborated with Shree Kamdar Nursing College and organized two orientation sessions on Gender and Women's health for 28 young women, which translated into an increase in the number of referrals for contraceptives.

## Raising awareness on SRHR and Observation of National and International Days

Several IEC events, campaigns and observance of National & International days, were conducted to raise awareness on SRHR.



### Some notable programs include;

- Awareness programs for underprivileged women – FPA India Gwalior,
- SRHR and GBV sensitization session conducted for 45 college students from the Tourism faculty – FPA India Jabalpur Branch in a joint venture with Smart city limited, ZH Foundation, and Blossom Education Society,
- Sensitization for 129 stakeholders on women's rights, gender inequalities, and GBV. This resulted into 50 GBV survivors who were referred to our clinics in Kalchini,
- FPA India Hyderabad reached out to 262 underserved women in a rural outreach center – Jinnaram. In addition, they conducted sensitization sessions for SHG members, ANC mothers, and students on SRHR and substance abuse,
- 320 SHG members sensitized on gender and empowerment – FPA India Madurai
- FPA India Mysuru organized a 6 day exhibition stall to conduct awareness sessions on SRHR and also carried out HIV testing at Suttur for more than a thousand people
- FPA India Gomia conducted awareness sessions on gender discrimination and GBV in interior villages
- FPA India Raichur screened and counseled 332 clients on GBV in their clinic

### Continued linkages with agencies providing legal counseling, medical services, legal advice, other services, including shelter for GBV survivors

FPA India realises the importance of forging and maintaining partnerships with a diverse base of stakeholders to help achieve our vision. This continues to be of high priority for all our branches. Some of the events organized by our branches are as follows,

- FPA India Ahmedabad branch conducted a meeting with four of its partners, attended by 21 people
- FPA India Bengaluru developed referral linkages with nine NGOs and PLHIV network agencies,
- FPA India Gwalior branch provides legal service at the SP office and referred 73 clients for legal support,
- FPA India Indore collaborated with the State Women Cell at Pardeshipura police station and One Stop Centre to orient their staff on Sexual and Gender-Based Violence (SGBV) and the process of screening for it
- FPA India Hyderabad established linkages with two CBO for providing legal and shelter to GBV survivors
- FPA India Mysuru branch organized a meeting with its partners for an information session on services available at the branch and the different skill development courses conducted
- FPA India Rajkot collaborated with the Dattopant Thengadi National board for workers' education and development and organized an orientation session on Gender Equality and GBV
- FPA India Vijayapur conducted a special counseling session for the PLHIV Community where 45 people received counseling

## Work with Key population Groups and PLHIVs

For decades, FPA India has been committed to working with the vulnerable, underserved and key population groups. Globally, key populations are disproportionately affected by HIV: People who inject drugs are 24 times more likely to acquire HIV than adults in the general population, sex workers are 10 times more likely, and men who have sex with men are 24 times more likely. Transgender women are 49 times more likely to be living with HIV than other adult females and prisoners are five times more likely to be living with HIV than adults in the general population<sup>4</sup>. Despite this high HIV burden and the increasing global coverage of HIV testing and treatment services, key populations are underserved.

During the pandemic,

we reached **98,870** people from the vulnerable and underserved community, of which

**32,784** were engaged with for education sessions, health camps, and advocacy initiatives.

We provided **1,87,895** and HIV consultation and

**4,24,391** HIV counselling services,

We also conducted HIV testing for **76,128** people.

We also provided **146** Hepatitis A and B vaccinations.

Moreover, our branches provided **1,58,727** STI consultation services and

**2,98,391** services related to STI pre-test, post-test, and risk reduction.

we provided **17,115** STI lab-related services

**34,696** VDRL lab services and

**41,091** related to management services

- Ahmedabad branch collaborated with the Alliance India State Coordinator to raise awareness among sex workers about Safe Abortion and cervical cancer through a state-level webinar attended by more than 500 staff members. There was an increase observed in referrals for PAP tests among female sex workers.
- Chennai branch helped the transgender community by providing relief funds to them during COVID-19.
- Madurai branch educated 255 FSWs about the risk factors and prevention of cervical cancer, HIV/STIs/RTIs, and also about alternative livelihoods available at their center.
- Vijayapur branch collaborated with the Sankalpa network and conducted three awareness sessions on GBV during the pandemic for 123 PLHIVs. Lab services for 68 TGs were also provided. The branch staff distributed food packets to the LGBTQIA+ community during the lockdown period
- Solapur branch continued its partnership with the District AIDS Control Prevention Unit (DAPCU) to organize ICTC Camps and mobilise HIV testing kits
- Trivandrum branch partnered with 10 NGOs working with PLHIVs and the LGBTQIA+ community. Multiple sessions on SRH and GBV were conducted for PLHIV self-help groups (SHGs) and KP groups. The Branch continues to receive HIV testing kits from the Kerala State AIDS Control Society and referrals from other NGOs & CBOs.
- Nilgiris branch continued its partnership with 14 NGOs and conducted two special service sessions for 35 migrants
- Thane District Project (TDP), through its three-sex workers' projects, reached out to 3000 home-based sex workers to ensure that they practice safe sex and access SRH services from its clinic.



Reached out to **77,958** people (including **31,251** new contacts) from **vulnerable and marginalized groups**, including **KPs**, displaced, disabled persons, migrants, prisoners, and people aged above 50 years through,

- **781** advocacy events
- **338** sessions on empowerment issues
- **28,558** educational sessions

## Skills Training for young women/girls

Eleven branches received special funds to strengthen skills training. 824 people from vulnerable and high-risk groups and PLHIVs were trained in multiple income-generating skills, resulting in more than 60% of the beneficiaries as currently earning employees.

FPA India Branch	Skills training activities conducted
Dharwad	<ul style="list-style-type: none"> <li>✓ Conducted seven trainings for 104 people, of which 35 women are harnessing the skill of mask making taught during these sessions , to manufacture and sell masks</li> <li>✓ Provided technical and vocational training on mask-making and Kashaya (Nutritional Powder) making to 27 sex workers and SHGs who have been victims to sexual abuse.</li> </ul>
Madurai	<ul style="list-style-type: none"> <li>✓ Conducted two tailoring training sessions for 46 women</li> <li>✓ Oriented 33 AWWs and Link workers (LWs) on different income - generating opportunities as an alternative livelihood option</li> <li>✓ With the support of Avon Cosmetics, trained around 30 women in marketing and computer skills, of which 21 women are now employed</li> </ul>
Solapur	<ul style="list-style-type: none"> <li>✓ Conducted two trainings for 60 FSWs on Mask, Sanitizer, and Phenyl making. Thirty women are now using these skills to earn money</li> </ul>
Panchkula	<ul style="list-style-type: none"> <li>✓ Conducted three trainings on Diya making, Beauty culture and stitching for 62 Girls and women</li> <li>✓ Trained 17 women in stitching</li> </ul>
Nagaland	<ul style="list-style-type: none"> <li>✓ Conducted two training sessions ; basket making for 20 PLHIV and crochet doll making for 79 Adolescent girls at the youth center. All the participants are making use of the skill and selling the products locally to earn an income</li> </ul>
Singbhum	<ul style="list-style-type: none"> <li>✓ Trained 35 women on mushroom making and 20 women on social marketing of contraceptives and sanitary napkins.</li> </ul>
Jabalpur	<ul style="list-style-type: none"> <li>✓ Conducted three trainings for 75 women that resulted in the employment of 25 women</li> </ul>

Bhubaneswar	<ul style="list-style-type: none"> <li>Collaborated with the Ministry of Women and Child Development, Government of Odisha and conducted five days of income generation training to enable SHG members to become self-sustainable</li> </ul>
Gwalior	<ul style="list-style-type: none"> <li>Collaborated with the National Skill Development center and started two separate computer training centers for male and female prisoners in the Central Jail to make them self-reliant</li> <li>Organized a candle-making training for 22 women and supported them to start their own small businesses</li> </ul>
Hyderabad	<ul style="list-style-type: none"> <li>Trained 18 young girls on the manufacture of low-cost sanitary napkins</li> </ul>
Mysuru	<ul style="list-style-type: none"> <li>Conducted a meeting in collaboration with Ivory Stree Shakti group to raise awareness on financial management and encouraged women to acquire additional communication skills such as learning English to give them a better chance of alternate livelihood options</li> </ul>
North Kanara	<ul style="list-style-type: none"> <li>Conducted a capacity building program for SHG members in Stitching and Woollen crafts</li> </ul>
Shivamogga	<ul style="list-style-type: none"> <li>Collaborated with Pooja Tailoring Training Centre and enabled the community women to enroll in a three months course in Embroidery and tailoring.</li> </ul>
Trivandrum	<ul style="list-style-type: none"> <li>Conducted seven training programs for 176 people, including parents of disabled children, wives of fishermen and adolescent girls to train them on income-generating skills.</li> </ul>
Kalchini	<ul style="list-style-type: none"> <li>Conducted two skill development trainings on candle making for SHGs, which enabled members to earn an income through this avenue. The Branch also linked 33 members to Bandhan Bank for micro finance</li> </ul>
Yamunanagar	<ul style="list-style-type: none"> <li>Organized a training for 16 girls on making face masks, which has enabled all of them to start earning</li> </ul>



A tailoring class in progress, organized by FPA India Jabalpur Branch

## Linkages with microfinance

Bengaluru and Hyderabad branches established referral linkages with several microfinance institutions to enable women get loans for small businesses.

## Japan Trust Fund project

Japan Trust Fund project, titled '*Community action for sustainable and inclusive growth: increasing access to sexual and reproductive health through gender equality and women's empowerment approach for marginalized women in India*,' was implemented at FPA India Agra, Lucknow, Bhopal, Indore, Gwalior and Jaipur branches. The objective of this project was to empower women from vulnerable and marginalized communities to realize their SRHR. **The project reached 78,608 women and girls, providing 832 SGBV support services and 212 HIV services. The project trained 2296 women on income generation and financial planning and helped get 115 women and girls employed with external agencies.**

During the last quarter of the project, these branches contacted 64,571 women and girls from the target population and distributed 1,172 IEC materials related to SGBV care and support, family planning, and HIV. Around 885 group sessions and 179 mass sessions were organized for 7,259 women and girls. These branches formed Women's Action groups to offer immediate help in terms of counseling, rehabilitation, and legal services to women survivors. Branches also fostered 114 formal/informal partnerships with stakeholders including NGOs working with GBV survivors and government bodies. Through such partnerships, FPA India Gwalior and Indore provided healthcare and training to women prison inmates in order to earn a livelihood once they are released from prison.

Under the JTF Project, **Indore Branch** successfully organized meetings with NGOs, Law Enforcement Agencies, and different groups of vulnerable women in urban and rural areas, including women inmates in the District Jail.



## Avon Foundation and FPA India Join Hands!

FPA India partnered with Avon Foundation to implement the 'Isolated Not Alone' campaign launched during the COVID-19 crisis to address GBV in India, particularly during the pandemic. This one-year project focuses on providing essential health and safety information and services to communities across 11 urban and local locations through the following interventions:

### **Awareness and community sensitization to prevent GBV and enable victims to report abuse**

The branches reached out to 162,743 people on issues related to GBV (especially domestic violence), SRH, HIV, COVID-19 prevention and management, etc.

Over 8,950 small group discussions were held in the community as well as in the clinics, reaching out to 1,48,149 persons with messages on GBV, safeguarding, and how to report abuse.

- Dharwad branch conducted 29 awareness sessions for 2,832 clients.
- Bengaluru branch organized 37 awareness sessions for loom workers, garment factory workers, and women living with HIV.
- Ballari Branch reached out to migrants & FSWs and conducted seven programs on COVID-19 prevention, gender, and GBV through 49 community awareness sessions.

- Gwalior branch conducted 41 awareness and sensitization sessions for communities, ASHA and USHA workers, AWWs, teachers, and adolescent girls on COVID - 19, GBV and discrimination.
- Kalchini Branch organized fifteen community awareness programs for more than seven tea garden Women Workers and Adolescents, PLHIV members and for SHG / CBO Members
- Singhbhum Branch conducted three sensitization meetings in the community for 50 tribal women and girls on SRH, GBV, and COVID-19
- Youth volunteers of FPA India Yamunanagar observed 'Safe Abortion Day' and raised awareness in slums on COVID-19 management, SRHR, and GBV.
- In collaboration with Saksham Trust, Panchkula Branch organized a sensitization Program and health checkup for the LGBTQI community on COVID-19. They also organized six awareness programs for community members and four sensitization meetings for primary health workers on COVID-19 safety measures and GBV.
- Mumbai Branch conducted 17 community sensitization meetings in the Govandi slums, working in a very high need and underserved slum-based community.
- Madurai and New Delhi branches also conducted several awareness programs for people on GBV, COVID precautions, and SRHR.
- Several branches conducted life skill sessions, especially for women and young girls, with more than 500 beneficiaries.

### Screening and counseling through outreach clinics and tele-consultations

FPA India branches implementing the “Isolated, Not alone” project, provided

SRH, HIV prevention, and GBV related services to **87,138** clients.

A total of **197** outreach sessions were conducted for different target groups including garment workers, factory workers, sex workers, migrants, PLHIVs, tribals, and others.

We screened **21,793** clients for GBV and

identified **6,746** survivors who further received counseling support under this project.

Tele-counseling services were provided by all FPA India branches. FPA India Bangalore created a dedicated toll-free number for telecounseling.

### Working with GBV Survivors

Our branches are currently working with 121 support groups of GBV survivors. 51 new groups were established in 2020. These groups conducted a total of 95 meetings during the course of the year. We trained 427 women and girls with employment skill, of which 103 women and girls are GBV survivors.



## Training for Devdasi women

**FPA India Ballari** organized an Entrepreneurship training for Devdasi women with the support of the District Devdasi rehabilitation project, where 35 Devdasi's were trained in making Agarbatti's, Animal Husbandry, and cattle rearing. Devdasi is "a female artist who is dedicated to worship and serve a deity or a temple for the rest of her life." These Devdasi's were linked to banks to avail loans where they get subsidies from the district LEAD Bank and other nationalized banks in the district.

## Daily Awareness Program

FPA India Mysuru set up an exhibition stall at a local fair held at a religious place in Suttur. The stall was inaugurated by Sri Shivarateshwara Swamy along with Members of Legislative Assembly (MLAs) and Dr. S.S.Malini. A daily awareness program was conducted on various topics. Information on the different Family Planning (FP) methods available, were provided. Approximately 1000 people visited the exhibition stall each day. Information on the various skill development projects available at FPA India Mysuru was also shared at the exhibition.

## Income Generation Session

FPA India Trivandrum conducted an income generation session for the parents of mentally and physically challenged children, to empower them in order to help make them independent. They were trained to make candles, agarbathis, detergent, and lotion by Ms. Sajeela Beegum. The parents actively participated throughout the session.



Agarbathi and candle making in Trivandrum

## Awards and Recognition

FPA India Ahmedabad received an Appreciation Certificate from the Vihaan Project for **“Best Networking and Support”**.

# Special Days at FPA India

## International Women's day

The International Women's day celebration was arranged on March 9, 2020, at FPA India Yamunanagar, in coordination with Sai Sobhagya NGO. Dr. Anjana Taluja, FPA India Yamunanagar - Branch Manager, addressed the participants on the importance of the day. Ms. Vaishali Arora and Mr. Nipun Garg, youth volunteers, helped in conducting the program. 42 out of school adolescents attended the program. Dr. Anjana, on this special day, made it a point to remind the young girls and women present, the need for developing valuable skills that empower them, help them become independent and earn a living.



**FPA India Dharwad**, in collaboration with The Rotary Club of Seven Hills Dharwad, Rotary Club of Belur Dharwad, and Rotary club of Shreeya college of Nursing Dharwad, organized a Marathon (3.5km Run/Walk) with the theme "EACH FOR EQUAL" on March 8, 2020, for men and women in Dharwad on the occasion of International Women's day.

Dharwad Superintendent of Police Smt. Vartika Katiyar, the Chief Guest, inaugurated the event and addressed the gathering of nearly 500 people. Dr. Shilpa Hakki (Mrs. India Classic), Guest of Honour, flagged off the marathon at the KCD circle and acknowledged the efforts of the organizers.

## 1st December - World AIDS Day

**FPA India Bidar** organized a "Virtual orientation program on HIV/AIDS as part of the World AIDS Day celebration " for 84 college students through a zoom session held at Horticulture College. Dr. Aarti Raghu, Bidar branch President, provided information on HIV/AIDS and spoke about the services provided by FPA India, and also extended due support to PLHIVs to lead a healthy life.



**FPA India Mohali**, in collaboration with the Society for Services to Voluntary Agencies (SOSVA), organized an awareness program at Dadu Majra Colony, Chandigarh, where about 60 people, including the HRGs, participated. A Nukad Natak on awareness of HIV/AIDS was also performed during the event.

**FPA India Dindigul** conducted a program in association with the members of Nehru Yuva Kendra at Nilakottai, Dindigul. 48 PLHIVs participated in this program.

## November 25th - International Day for the Elimination of Violence against Women

FPA India Dharwad organized a poster-making competition for Adolescents on the occasion of International Day for the Elimination of Violence against Women. The theme of the competition was Gender-Based Violence during Covid-19. Adolescents made an effort to represent the situation of vulnerable women during this global health crisis.



### Observance of special days

World Contraception Day on September 26, 2020, and International Safe Abortion Day on September 28, 2020, were celebrated by our branches. Awareness & sensitization sessions on contraception, safe sex practices and abortion rights were conducted in addition to health check-up camps.

A Radio Campaign on World Contraception Day helped to create awareness and disseminate information on modern contraceptive methods to communities in Bengaluru.

With support from special projects (GCACI AND VICALP), branches celebrated International Safe Abortion day in several ways. This year, the theme was **"Self-managed abortions."** Branches including Kalchini, Kolkata, Jabalpur, Gwalior, Agra, Pune, Gomia, Mumbai, Yamunanagar, Solapur, New Delhi, Singhbhum, Mohali, Bidar, Nilgiris, and Madurai, organized events like poster competitions, media meets, and awareness sessions.

Under VICALP, FPA India New Delhi, Yamunanagar, and Singhbhum, Bidar, Solapur, Nilgiris, and Madurai organised outreach sessions on SRH care for men. Branches also conducted Media Sensitization Workshops on positive communication around abortion.

## Voices from the ground

### A Fearless and skilled woman can fulfill her family on her own

Nirmala Devi aka Nimmo Devi, a 45-year-old woman, lives with her family of four. She says, "I have struggled a lot my entire life. Currently, my husband is not able to walk due to paralysis. My sons are the only earning members in the family. I can't leave my husband alone in the house, so I was looking for work wherein I need not leave the house." One day Nimmo met an FPA India team member in her colony who was offering training to women in making envelopes and bags from waste. This turned out to be a turning point for Nimmo. She decided to enrol in the training.



Nimmo shares that during the lockdown, she sold envelopes of around INR 500 from her home. She also helps her son to run their home expenses.

Nirmala Devi is a great example of an individual who is taking small initiatives to support her family. She faced challenges due to repeated waves of COVID in the country, but she says, *"If we have the willpower and interest, then we can accomplish anything."*

She formed a group of women like her and named it *Shiv Shakti Samooh* to motivate other women in her community.



**FPA India provides comprehensive quality sexual and reproductive health care, including safe abortion and HIV & AIDS services.**

*We strengthen access to quality services through existing and new static clinics. We increase access to quality outreach-based services for poor and vulnerable groups, including young people. Our objective is to focus enabling service delivery through partnerships.*



Delivering quality SRH services is at the core of FPA India's operations. The pandemic has had a devastating impact on health systems. More than 17,000 health workers died from COVID-19 over the course of 2020. Certain FPA India personnel were diverted from routine essential care to support the pandemic response.

Under the extreme circumstances of the pandemic, we worked to maintain continuity of sexual and reproductive health care, and to safeguard those providing this life-saving work.

Our resilient teams and support from partners' ensured that our programmes and services were restored. FPA India headquarters took proactive steps to support all clinics so that they were able to effectively function while adhering to COVID-19 safety protocols.

The headquarters also arranged for disinfection of all our clinics at the onset of the pandemic.

### We distributed



7,500 PPE kits



8,500 N95 masks



45,000 surgical masks



6,500 face shields



38,000 surgical gloves

**for all FPA India clinics as  
precautionary and safety  
measures against COVID-19**

## DELIVERING PAN INDIA

This section features a range of services provided by FPA India across the country implemented through various projects.

# Managing the COVID-19 Crisis

Amidst the fear, confusion, and uncertainty following the COVID-19 crisis, FPA India continued to serve the underprivileged through a five-pronged approach aligned to the Government of India guidelines,



**1) Delivering essential and time-sensitive sexual and reproductive health services**



**2) Helping vulnerable groups with essential food supplies and preventive kits**



**3) Collaborating with the government for COVID prevention and management**

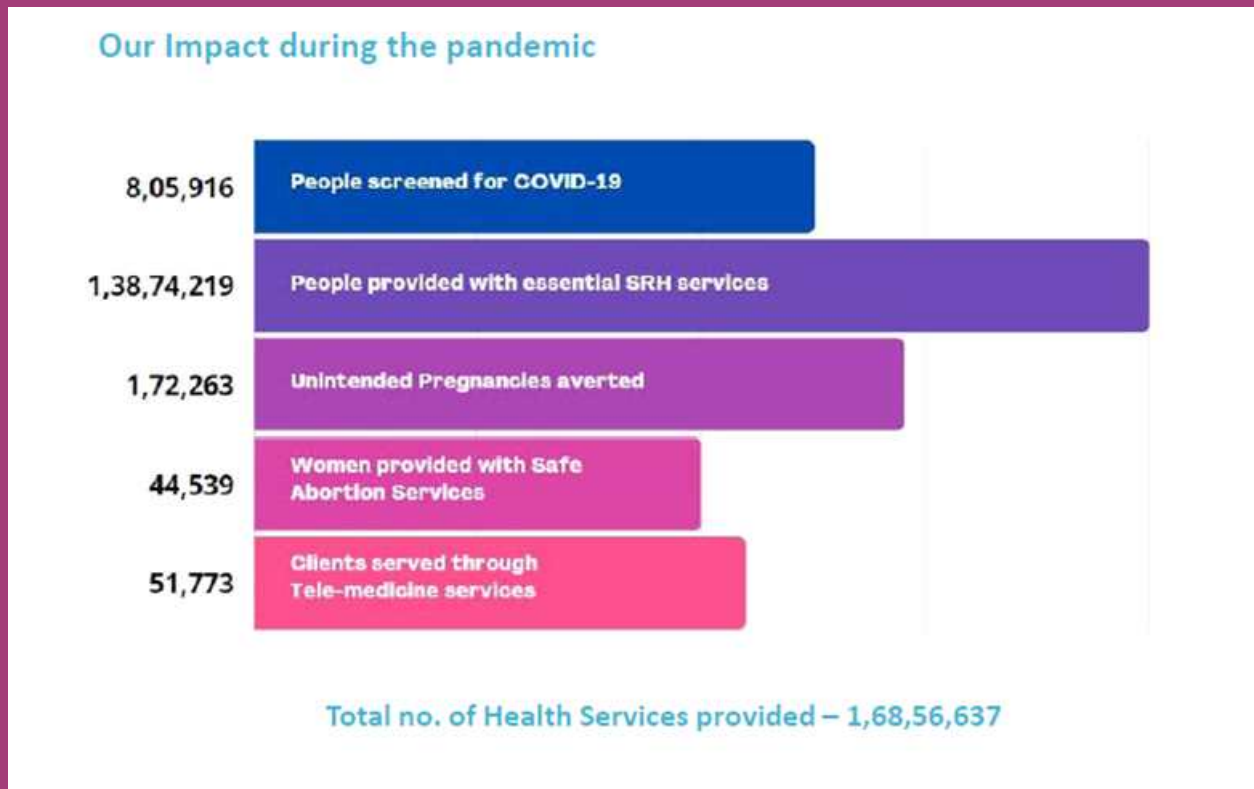


**4) Partnering with civil society and institutions to sustain SRH care**



**5) Empowering self-help groups to take ownership of their community's welfare**

# Managing the COVID-19 Crisis



## Grant Thornton joins hands with FPA India

During the COVID-19 pandemic, the cost-of-service delivery increased tremendously. There was an additional added cost associated with sanitation of the clinic, thermal screening of clients, enabling telemedicine and transport arrangements for staff. Grant Thornton has supported three FPA India clinics including New Delhi, Yamunanagar and Mohali. Under this grant, the clinics were able to expand SRH service delivery, outreach services and telemedicine services. All three selected branches have a good database of clients, particularly the vulnerable population registered for the supply of contraceptives, pre-and postnatal care, pre-and post-abortion care, counseling for gender-based violence issues, HIV and reproductive tract health issues. The branches were encouraged to initiate tele counseling and teleconsultation services. In addition, funds from this project supported the procurement of PPE kits, face masks, and hand gloves for the staff. A total of 2737 clients have been provided services during the period of April 15 to July 14, 2020. Awareness sessions were conducted for 607 individuals.

## COVID Emergency Fund (Core Bridge)

COVID Emergency Fund supported 12 FPA India clinics to cover the additional cost of PPE kits, thermal screening, disinfecting of the clinics, and transportation cost of the staff during the lockdown period. Branches included Ballari, Bengaluru, Chennai, Dharwad, Dindigul, Madurai, Singhbhum, Shivamogga, Srinagar, Vijayapur, Hyderabad, and North Kanara. All of them work closely with vulnerable populations.

Srinagar and Singhbhum are more prone to protracted conflicts, and this project helped us reach out to the affected communities. FPA India Singhbhum and Srinagar procured PPE kits and other protective equipment to prevent the COVID-19 infection. They also provided 78,170 telemedicine services between April to May 2020.

# Managing the COVID-19 Crisis

## HCL Foundation supports our COVID-19 response

FPA India received a special grant from the HCL Foundation to provide essential SRH and family planning services in addition to COVID-19 related services through 22 RHFPC's and associated outreach sessions from July to December 2020. The objective of this project was to support and strengthen the clinic's (RHFPC) service delivery during this COVID-19 period.

This project also supported in COVID-related relief and management work. Trained personnel conducted COVID-19 awareness sessions in the community via regular home visits, distributing IEC (Information, Education, and Communication) materials, reaching out to 14,262 beneficiaries. 46,900 clients were screened for COVID-19 using a set questionnaire developed and temperature screening.

## Other activities

At the time of the outbreak in March 2020, **Srinagar Branch** contacted local preachers and requested the cancellation of Shab-e-Baraat gatherings in local Masjids to contain the spread of the virus.

The Health Department opened a special OPD section in the Urban Family Welfare Centre (UFWC of **Shivamogga Branch** for non-COVID patients to make services accessible to clients when all private hospitals were closed during the National Lockdown.



Setting up of Helplines and Tele-Health services in Raichur



Special Banners and posters on COVID-19 awareness

# Managing the COVID-19 Crisis

## *Voices from the ground*

### **Brave and Human**

One night, in the initial days of Covid-19, one of FPA India's medical officer in Kharadi attended to a patient. Arrived there, in an ambulance, was a 17 yr old girl, with her mother. Meenal (name changed for safety) was eight weeks pregnant. The patient was a minor. Her case had a legal issue. According to the procedure, the police were informed, called, and asked to initiate an investigation. The mother of the patient was devastated. The early spread of the novel coronavirus caused tremendous panic amongst working professionals. Most hospitals, clinics, and practices were shut indefinitely, and the ones that were open were primarily to screen and manage Covid-19 patients. Safe Abortion services were not a priority, and no healthcare facility was willing to accommodate the case of a minor desperately seeking an abortion.

Dr. Dharmadhikari has been associated with FPA India for many years as a medical officer. She has her own practice where she treats her own patients as well as referrals by FPAI. Dr. Dharmadhikari had never performed an abortion procedure on a minor.

The legal implications of this procedure were completely unknown to her. Adding to the existing challenges with this case, Dr. Dharmadhikari's did not have nurses to assist her at the time, nor were any nearby shops open, neither did anyone want to lend a hand in such a complicated case.

Dr. Dharmadhikari ingored the possible consequences her actions would cause by attending to Meenal and went on to manage her case. Single-handedly, Dr. Dharmadhikari filed the paperwork, did an ultra-sound, counseled the mother and daughter, informed the police, emotionally stabilized the mother, got herself acquainted with all the legalities of the procedure and conducted the surgery on her own. The procedure went well and was successful with Meenal safe and healthy.

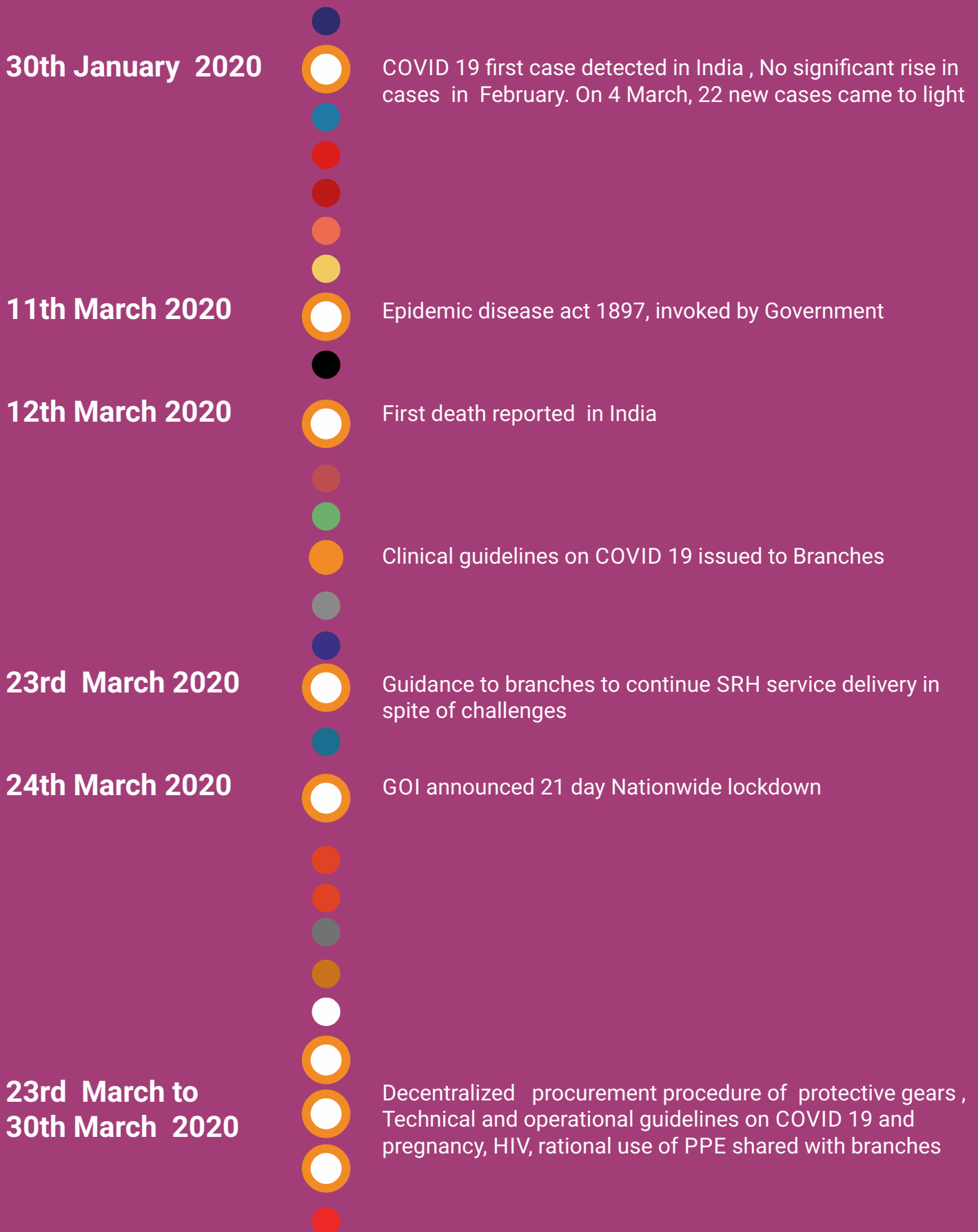
The girl and her fiancé came to the clinic for a MTP during the pandemic. The girl was 14 weeks pregnant and was seeking an abortion as her family was unaware of her pregnancy. The couple were extremely stressed out as they were all set to get married in a months time, however knowledge of this pregnancy by their family would result in unacceptance.

They were going to resort to unsafe and illegal ways to terminate the pregnancy. Counseling and proper guidance by the FPA India team, made them consider keeping the pregnancy. Through counseling, the couple was able to convince both their families, and they were able to get married without any issues.

In September 2020, Meenal gave birth to a healthy baby girl. The couple is happy and thankful for counseling and right guidance from FPA India.

# Managing the COVID-19 Crisis

## COVID 19 epidemic timeline and FPA India's Response



# Managing the COVID-19 Crisis

## COVID 19 epidemic timeline and FPA India's Response

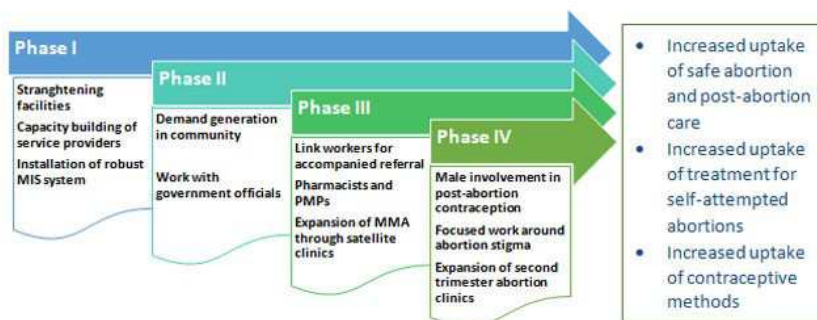


**SRH service  
delivery continues**

## Global Comprehensive Abortion Care Initiative (GCACI)

Every individual has the right to decide freely and responsibly – without discrimination, coercion and violence – the number, spacing and timing of their children, and to have the information and means to do so, and the right to attain the highest standard of sexual and reproductive health (ICPD 1994). Access to legal, safe and comprehensive abortion care, including post-abortion care, is essential for the attainment of the highest possible level of sexual and reproductive health.

FPA India has been successfully implementing the Global Comprehensive Abortion Care Initiative (GCACI) for the last ten years and is currently in its fifth phase. GCACI supported 11 clinics in 2020 and will phase out in January 2022. To ensure a smooth phase-out process, we are working on creating sustainability models for our branches and service units.



## Phase wise strategies of GCACI

In February 2020, FPA India HQs, organized a workshop in collaboration with VIVA Development Strategies to orient our Ahmedabad, Jabalpur, Solapur, Mumbai, Thane, Kolkata, Panchkula, Pune, and Lucknow branches on a sustainability plan. Following this, a proposal was sent to IPPF to request support of the business models of these GCACI branches after the project phases out in 2022. IPPF approved the models for the six branches, and we also helped them develop a business plan for sustainability.

In March 2020, members from Ahmedabad, Kalchini, New Delhi, Indore, Bidar, Dharwad, Kolkata, Gwalior, and Pune branches attended a two-day technical update workshop focussing on standardized protocols of Second Trimester Abortion (STA) services across FPAI clinics. They were trained to enhance the technical knowledge of the medical practitioners and service providers on second-trimester abortion. This activity positions FPA India as a training center for STA. An online Routine Data Quality Assessment training for our Agra and Jabalpur branches was conducted as a capacity building activity for relevant staff from these 2 branches.





## VICALP (Value Integrated Comprehensive Abortion Linked Project)

The Mexico City Policy, critically referred to as the Global Gag Rule, is a United States Government policy which prohibits any organisation which receives US global health funds from providing abortion-related services, including information, counselling, advocacy and referrals. With the belief that every woman and girl has the right to choose and to live free from sexual and reproductive coercion, IPPF generated financial resources to bridge the gap created due to funding loss for abortion and sexual reproductive health (SRH) services – the Global Gag Rule Emergency Fund (GGR).

At FPA India, the GGR fund project was named 'VICALP', which in multiple languages denotes 'an alternative'. Value Integrated Comprehensive Abortion Linked Project (VICALP) is functional across FPA India New Delhi, Singhbhum, Yamunanagar, Mohali, Solapur, Bidar, Nilgiris, and Madurai with an objective to provide SRH care, including safe abortions to communities who do not have the agency or resources to make informed decisions about their health and lives.

**FPA India delivered a total of 45,76,280 SRH services through this project in the last two and a half years, of which 43% of SRH services were accessed by adolescents and youth. These services include 24,991 abortion services, 5,28,841 contraception services and 9,36,372 HIV/AIDS-related services. We were successful in achieving more than the expected results, at the end of the project.**



## Responding to Cyclone Amphan in Kolkata, West Bengal

To add to the consequences of the pandemic, West Bengal was burdened with the disastrous effects of Cyclone Amphan that made landfall in the state. FPA India Kolkata, supported under the SPRINT grant by the IPPF Humanitarian hub and FPA India Headquarters, responded swiftly and promptly to help the displaced and helpless communities.

Health camps were organized in the slums of Kolkata, reaching out to nearly 4500 people and sanitary napkins were distributed to 1000 women. Special health camps were conducted for vulnerable groups including FSWs, PLHIVs, people with disabilities, and TG persons. displaced and helpless communities.



## Increasing Accessibility of Maternal and Child Health (MCH) Services in 10 remote villages of Bassi Block, Jaipur District - BOSCH Project

In collaboration with BOSCH India, FPA India Jaipur implemented a Maternal & Child Health (MCH) Project in 10 remote villages of Bassi Block, District Jaipur. The project was designed to establish a comprehensive and integrated service delivery model – working in close coordination with the existing public and private sector infrastructure and creating local capacities to ensure sustainability of the initiative. Activities included immunization, SRH care, antenatal care, and treatment for minor ailments to 1,178 beneficiaries. Awareness sessions on menstrual health, sexual reproductive health, and nutrition were conducted for 595 adolescents. Through demand generation activities, we reached 400 community members.



## Minimum Initial Service Package (MISP) at FPA India Murhu - Jharkhand








FPA India Murhu received special humanitarian aid from IPPF SARO to conduct a Disaster Preparedness Program in Jharkhand. This was a five month project in the Belahati village of Khunti district, where 100 female home guards from the Disaster Management team were trained. The village also received Minimum Initial Service Package (MISP) training so as to increase its capacity to have a more gender-sensitive response to disasters. We provided virtual technical support to the implementation team and trained 19 adolescent girls and 25 SHGs. Our team also conducted meetings with important stakeholders including state-level ministry officials, administrators, civil society organizations (CSO), the police force, and others to introduce MISP in the Disaster Management Plan.



## Levi Strauss Foundation: Supporting the Health of Garment and Textile Worker Communities in India affected by the Global Gag Rule:

Our Bengaluru and Thane District Project (TDP) (Bhiwandi) branches implemented a project supported by the Levi Strauss Foundation, which aims to empower vulnerable garment and textile workers about their SRHR and lead to stigma-free, healthy and productive lives in a safe and enabling environment. The project envisages to provide SRH information and services to textile migrant workers at their workplaces.



-  **1,27,753** SRH services were provided to the target population
-  **33,506** workers through fixed-day service sessions
-  **59,049** workers through awareness sessions
-  **9602** clients treated for STI/RTIs
-  **26,133** clients screened for Gender-Based Violence (GBV)
-  **5,675** GBV survivors counselled
-  **12,649** HIV counseling sessions

## **DHRUV: Delivering Health, Reaching Urban Vulnerable**

The DHRUV project being implemented at FPA India Mumbai, aims to screen the general population for early detection of anaemia, diabetes, and hypertension in addition to SRH health concerns, in the slums of Shivaji Nagar. Through this project, we conducted over 6000 home visits and screened more than 5000 clients for non-communicable diseases (NCD)<sup>5</sup>. During the lockdown, telemedicine services were provided to over 500 clients.

**6,140** home visits and screened **5,500** clients  
**397** clients received treatment for anemia,  
**179** clients received treatment for hypertension,  
**154** clients received treatment for diabetes, and  
**65** clients received treatment for both hypertension and diabetes.



5 - Noncommunicable diseases (NCDs), including heart disease, stroke, cancer, diabetes and chronic lung disease, are collectively responsible for almost 70% of all deaths worldwide. Source: [https://www.who.int/health-topics/noncommunicable-diseases#tab=tab\\_1](https://www.who.int/health-topics/noncommunicable-diseases#tab=tab_1)

## Maternal and Child Health Project supported by Larsen & Toubro (L&T)

Our branches at Mumbai and TDP are being supported by L&T to implement a project with an objective to improve maternal and child health through information sessions. We screened 422 ANC, 217 PNC clients and 411 children who were also provided with nutrition supplements. We reached out to 1990 people through awareness sessions.



## Improving Sexual, Reproductive and General Health of Tea Plantation workers and their families in tea estates of Darjeeling District in collaboration with TWININGS

FPA India Kalchini runs the Twining Health Project that aims to improve the SRH of tea plantation workers and their families in the Darjeeling district. Through this project, we reached a total of 7122 persons, conducted medical health checkup camps for 2603 beneficiaries, distributed sanitary napkins to 2002 women, and organized home visits for around 4519 people.



## HOPES - Supported by Novartis

'Health Optimization for Poor through Education and Services' aka HOPES, supported by Novartis, aims at creating awareness on NCDs among the socio-economically backward classes in Bhiwandi, Thane. FPA India implemented a six-month intervention in urban slums, schools, and workplaces in Bhiwandi, Thane. 296 awareness sessions on Diabetes, Anemia, and menstrual health were conducted, reaching out to 23,000 people. 2,850 clients were screened through the 25 screening camps for diabetes, anemia, hypertension, cervical cancer, and other diseases.



## Sustainable Energy Efficient solutions for optimizing Health and Hygiene Management for Adolescents – supported by SELCO Foundation

One of the main challenges faced by our centres, notably in Bhiwandi, Pune and Nagaland, is the issue of frequent and debilitating blackouts. Power cuts translate into the inability of healthcare providers like FPA India, to provide services to our clients. The service delivery units of FPA India depend on access to reliable electricity to function, for operating diagnostic equipment, conducting surgeries, vaccine storage, sterilizing equipment for infection prevention and managing hazardous waste. Use of diesel operated generators, is often the back-up plan, which is neither fuel efficient nor cost-effective.

In order to overcome energy source-related issues such as frequent power outages or dependency on expensive and inefficient fuel alternatives like diesel, the objective of this project is transitioning to the use of solar energy in the service delivery points of Bhiwandi, Pune and Kohima and to introduce energy efficient behavior change communication among the general population.

A virtual training for the branches was conducted. 75 schools partnered with the implementing branches to provide CSE and information on sustainable solar energy to 50,000 adolescents. Thirty schools were also provided with sanitary napkin vending machines and electric incinerators. The overall vision behind this project is to establish stand-alone Solar PV power plants at these locations to reduce carbon footprints and produce clean energy.



## My Choice My Right

The HCL Foundation funded project 'My Choice My Right', aims to increase awareness and understanding of reproductive health related to healthy timing and spacing of pregnancies, especially to young people residing in the slums of Noida.

Through this project, we want to reach out to a population of 2.4 Lakhs over a period of 60 months while strengthening the existing SRH delivery channels including ASHAs, ANMs, ICDS workers, and others. 45 ASHAs, ANMs, and AWW workers were trained on SRHR and family planning methods. Capacity building of 60 Private Medical Practitioners (PMPs) included training on SRHR and family planning methods, to enable them to provide these services in their localities.

**7,695 beneficiaries** received condoms | **2,139 beneficiaries** received oral contraceptives pills (OCPs)  
**200 beneficiaries** were referred for injectables, **34 beneficiaries** for sterilization, **24 beneficiaries** for IUCD and **26 beneficiaries** for safe abortion at a government hospital  
**734 beneficiaries** were referred to the district hospital for cancer screening and for antenatal care/postnatal care services  
CSE sessions were organized for **2630 adolescent boys and girls**  
**1,496 adolescents and young mothers** were provided with Iron Folic Acid (IFA) tablets  
Hygiene kits were distributed among **781 adolescent girls and boys**

In addition to the project activities being carried out, a Maternal and Child Health (MCH) survey for 439 women having children less than three years of age was conducted. The project team, along with other HCL partners, conducted a telephonic beneficiary survey of 3822 people to assess the status and needs of the community in Noida. A program to bridge the communication gap within a family (between spouses and/or mother-in-law and daughter-in-law) on issues of family planning through online and offline meetings, was organised. 8,246 couples received counselling on family planning.



## Maternal and Child Health (MCH) in Odisha, Jharkhand and Maharashtra

The Maternal Child Health Project supported by Mahindra and Mahindra Financial Services Ltd. (MMFSL), emphasized on establishing 'continuum of care' by providing integrated service delivery in various life stages including adolescent, pre-pregnancy, childbirth and childhood. The project formally started in January 2019 and ended in June 2020.

It aimed at reducing infant mortality and improve quality of life by improving the health and nutrition outcomes of children below 5 years, adolescents and pregnant & lactating women among the poor and marginalized population. The project was implemented in selected villages of Odisha, Jharkhand and Maharashtra through three branches of FPA India: Bhubaneswar, Singhbhum and TDP/Bhiwandi, covering more than 240 villages with the highest malnourishment and anaemia rate.

32,744 beneficiaries were assessed through special health service sessions across the 240 villages. While anaemic women received IFA supplementation and treatment for minor ailments, malnourished children under five, received nutrition supplements. Severely acute malnourished (SAM) children were either referred to a higher facility for further management or community-based care in cases where hospitalization was not option for families. As a long term nutrition supplement, sapling was distributed to the families of SAM/MAM children. Apart from this, community members were sensitized through awareness sessions on nutrition and CSE to adolescents.



## Outreach by FPA India branches

The Ahmedabad branch, after persistent efforts, secured a new building premise for the Reproductive Health and Family Planning Centre (RHFC) from the Ahmedabad Municipal Corporation and began renovations with financial assistance from FPA India HQs. The Branch collaborated with Alliance India and provided SRHR training to TI staff and ASHA workers, to enable client referrals to access SRH services and understand the community's SRH issues and needs to help organize and conduct community awareness programs.

**FPA India Chennai** organized Medical Camps sponsored by REPCO Micro Finance Private Limited in the slums of Chennai city and beyond city limits, to provide SRH and other health services to slum dwellers. 522 clients (mostly customers of the bank) benefited through these medical camps at T.Nagar, Redhills, Ennore, Pallavaram Pammal, Thiruvetriyur, Perungudi, Sivalingapuram, V.R. Puram, and Arumpakkam.

FPA India Gomia Branch organized clinic, and outreach-based family planning awareness and service sessions through which 509 women accepted intrauterine devices (IUDs) and 11 men underwent no-scalpel vasectomy (NSV) at the Maternal and Child Health center in Peterwar.

Saraswati Sugar Mill Ltd provided a grant of Rs 345,000 (over 4,600 USD) to **FPA India Yamunanagar** to conduct outreach-based health service sessions.

**Indore Branch** has entered into an MoU with the District Health Department under the Sterilization Compensation Scheme.

## **Special project in Madurai CARE AND SUPPORT CENTRE (CSC VIHAAN)**

**Supported by Alliance India through TNP+**

The CSC supports PLHIVs who have newly tested positive to enroll in the ART program. The CSC facilitates access to the existing social welfare and protection schemes offered by different line departments, corporate sector, public sector undertakings, faith-based organizations, and CSOs. 35 PLHIV benefited through government schemes in the year 2020. To ensure a robust system that supports the program goal and ensures stigma and discrimination-free access to quality services, it is important that the skills of the community members to advocate are strengthened-establishing community systems like Community Advisory Board (CAB) and Discrimination Response Team (DRT) foster sustainability.

## *Voices from the ground*

### **Light at the end of the tunnel...**

Simi is a 30-year-old married woman who is working as a homemaker in Maheshpur. She was unable to have children due to subfertility issues. She visited a government health camp and discussed her health concern with an ANM, who in turn referred her to the RHFPC with a history of irregular menstruation, which was the reason Simi was having difficulties conceiving. She was tensed as she had previously been treated elsewhere and gave up hope given that she still hadn't conceived.

Simi and her husband of six years were first counselled at a FPA India clinic. All possibilities were discussed with them, and the clinic advised her husband to have some investigations done including semen analysis and other RTI/STI-related tests like VDRL and HIV.

Simultaneously, Simi was advised on having similar investigations done, including an ovulatory study to see the size of the ovum. The study revealed that the size of the ovum was small. The following month, she was called for ovulation therapy, and an ovulatory study repeated. This time the ovum was mature. Simi was given an injection for rupture of the ovum in the clinic, and she was advised to establish relations well in time. She was advised to come to the clinic either if her menstruation is not regular. On her subsequent visit, a Urine Pregnancy Test (UPT) was done, which turned out to be positive. Simi was advised to go for a Ultra-Sonography (USG) after six weeks. Simi is pregnant and happily anticipating the arrival of her baby, only after receiving three months of treatment at the FPA India Panchkula Branch.

## Special Locally Mobilized Project from Bhopal Branch

Sightsavers started the RAAHI program for truckers in Bhopal in November 2018, with FPA India as the implementing partner. Sightsavers saw this partnership as an opportunity of integrating eye health with sexual and reproductive healthcare. FPA India has worked with the trucker's community in the past.



The truckers have a difficult lifestyle, travelling long distances, unable to rest. This also prevents them from access to quality healthcare resulting in their overall poor health condition. We organized eye screening and spectacle dispensing camps along with SRH counselling on family planning, STIs, and HIV/AIDS. Drivers were also referred to our clinics for vasectomy procedures and STI treatment.

## Voices from the ground

### VISION REDEFINED...

Mr. Santosh Soni is a resident of the Ballia district in Uttar Pradesh. He is 42 years and has been driving all over India for the last 19 years. He had an eye check-up one and a half years ago. In January 2021, he came to a camp organized by FPA India in Mandideep district, Bhopal with the support of Sightsavers.



Santosh faced several vision difficulties for 7-8 months while driving the truck. He thought it is due to his busy driving schedule. He drives for 8 months in a year, and the other 4 months, he manages his family business. It was a matter of chance that he came to the health camp and got his eyes screened. The results indicated that he has a distance vision problem. At the camp, he got pamphlets on eye health, in addition to counselling on how to take care of his eyes. He also received STI/RTI services.

He was quite surprised to receive all these services at no cost. In his words, *"Your work is quite good. A driver doesn't have the resources or time to take care of his health. In such cases, they can access services through your clinics. If ones eyes are cared for, he can then drive properly."* He thanked the camp organizer and promised to take care of his eyes. He also said that he would motivate his fellow drivers as well, if and when there is any such eye camp.



## Health Camps in Gwalior

Gwalior Branch organized a total of 36 health checkup camps in different villages and urban slum areas. The motto of these camps was to provide health services and counseling to needy clients in the operational area. During these camps, we arranged a team of doctors to provide services. We arranged for services of multiple specialists to the community. Apart from these services, we also arranged a Cancer Screening van for Breast Cancer. One thousand three hundred seventeen clients benefited through the health camps.

## Celebration of the World Vasectomy fortnight at FPA India Kolkata Branch

Nilgiris Branch conducted First Aid Training for the Branch staff at Craigmere Estate.



FPA India Kolkata Branch celebrated the World Vasectomy fortnight from November 21 to December 4 to raise awareness about male sterilization and to promote the participation of men in family planning under the theme "Zimmedar Purush ki yehi hai Pehchan, Parivar Niyojan mein jo de Yogdaan."

## ARAMBHA Project (Acceleration of Reproductive and Maternal Care with Bi-pronged Health Approach)

*Ensuring Uninterrupted Sexual and Reproductive Health Services in West Bengal. An Emergency Response to the COVID-19 outbreak in India*

In June 2020, FPA India received a special grant from Oak Foundation to work around Antenatal care provision to pregnant women during the pandemic. The project, locally known as ARAMBHA, aimed to reach 25,000 community members, of which 11,000 would be pregnant women. The project was designed to conduct COVID-19 screenings in the community and provide SRH and ANC services through in-person and virtual OPDs. The project was implemented in West Bengal through FPA India's Kalchini and Kolkata Branches.

- **54,487** beneficiaries availed clinical health services
- **17,529** pregnant women benefitted
- **7,836** lactating women benefitted
- **14,174** children (under 5) benefitted
- **36,394** beneficiaries of tele-counselling
- **9,599** beneficiaries of tele-consultation
- **10,467** beneficiaries referred for further management
- **18,250** people sensitized
- **72,737** total beneficiaries of the project

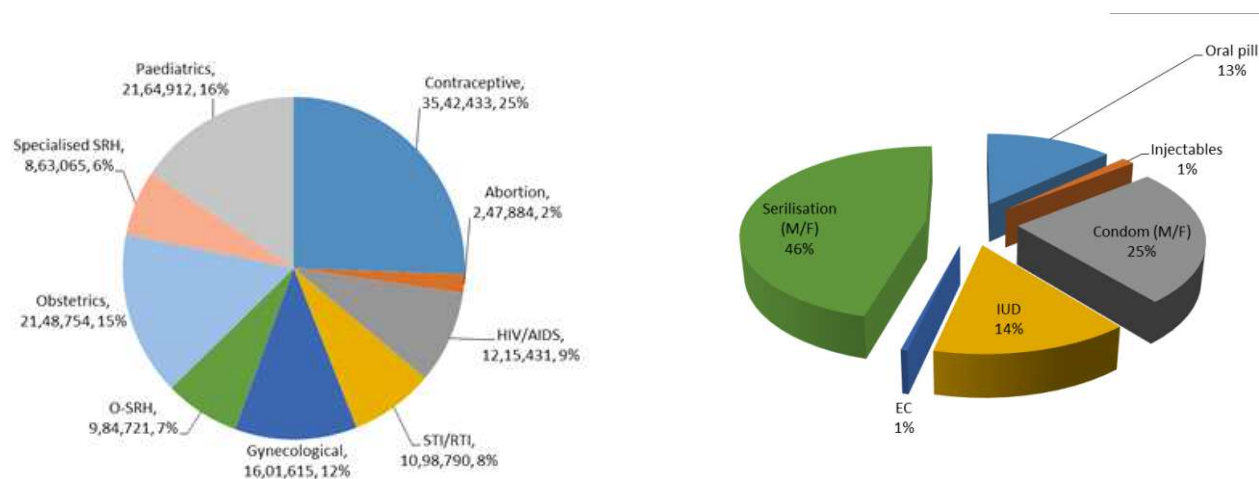


# Organizational Effectiveness

**We strive to keep FPA India as a high-performing, accountable and efficient organization driven by a culture of excellence.**

*We ensure evidence-based decision-making for supporting SRHR and a Sustainable Development agenda. Our efforts are to build a well-resourced and financially stable organization. We enhance volunteer commitment to good governance relevant to the changing context. We put robust systems and processes in place, including accountability mechanisms for effective management.*

## Sustaining Efficiency through Monitoring and Evaluation



FPA India regularly collects and collates data not just for internal monitoring and evaluation purposes but also for its donors and prospective donors to assess the work we are doing. This includes several performance and evaluation indicators like regular IPES score (Integrated Package of Essential Services), client exit interviews and more. To keep a regular record of our services across all branches and projects during the initial few months of COVID-19, we circulated a simplified one-page weekly service statistics reporting template which included COVID-19 related services in addition to SRH and non-SRH services. This weekly consolidated statistics reporting template, helped branches to function more effectively. With guidance from IPPF-SARO, we conducted a virtual refresher training for our staff across branches and projects on managing and generating reports; DHIS2 (District Health Information Software) which is a standard software for health information systems globally. Under the GCACI project, IPPF-SARO also organized a webinar for cross-learning on 'Data Quality Strategies amid COVID-19' in which FPA India presented 'Experience from RDQA & routine data quality monitoring.'

## Resource Mobilization

### Tata Mumbai Marathon 2020

FPA India participated for the fourth consecutive year in The Tata Mumbai Marathon (TMM), 2020, under the theme 'RUN4FP'. This event is the largest marathon in Asia as well as the largest mass participation sporting event on the continent. FPA India received tremendous support from its corporate donors, and we raised over INR 76 Lakhs (over 100,000 USD) from 1000+ donors towards the second edition of our nationwide campaign 'Let's Get Girls Back to School'.





## Social Enterprise

FPA India made a foray into setting up a social enterprise (SE) under the Social Enterprise Acceleration Project (SEAP) supported by the IPPF SE Hub managed by FPA Srilanka. Backed by a community needs assessment, a business plan and seed funds, the enterprise was dedicated to manufacturing and marketing affordable disposable sanitary napkins. The manufacturing unit was established in Bhiwandi, a peri-urban town in Thane District, about 80 kms away from the city of Mumbai. This pilot initiative started in September 2018, as a **“For women, by women”** SE initiative for providing underprivileged women from the community with a livelihood opportunity to join the sanitary production team for fixed daily wages. This was the first Social Enterprise initiative started by FPA India, after a lot of deliberation and research. Despite the COVID-19 crisis, FPA India continued to support the unit for a period of time and also enabled a refresher training for the staff. However due to several challenges that hindered operations and quality of the product, we had to shut down the unit. The initiative has added to immense institutional learning about social enterprise and given a lot of visibility to FPA India in the Federation through the SE Hub as well as within the country for supporting livelihoods. With these initial learnings, we are currently exploring new social enterprise ideas as a way forward.

## Social Marketing of condoms in Pune

### Special Promotion of condom contraceptive under Social Marketing

FPA India Pune, under a special project supported by the Morris Family Fund, conducted social marketing of male condoms for members of the PLHIV Support Group.



## Youth Social Venture Fund

The Youth Social Venture Fund (YSVF), an initiative suggested in the IPPF Business Plan, aims at creating financial support for young entrepreneurs to come up with scalable and innovative solutions for SRHR problems faced by young people. IPPF CO has awarded FPA India a grant to work on the inception of this initiative to deliver an IPPF-wide YSVF.

Under this initiative, in an effort to encourage innovation in the SRH space, the Family Planning Association of India, in partnership with Villgro Innovation Foundation, ran a 12-week long Innovation Challenge in India to recognize potential start-ups and innovators that are devising solutions in sexual and reproductive health space.

Through the Innovation Challenge, 15 start-ups and individual youth innovators with technological solutions to specific SRHR/FP problems were identified and given technical support via a virtual immersion program to help them refine their ideas into viable business solutions.

A variety of hardware and software-based solutions in various stages of development were presented by the participating start-ups and young innovators at the end of the immersion program. These included a multi-lingual app-based CSE program, a rapid test for very early detection of pregnancy (even before missing periods), non-invasive point-of-care diagnostic tests for detecting PCOS and ovulation monitoring, and eco-friendly solutions to dispose of sanitary pads.



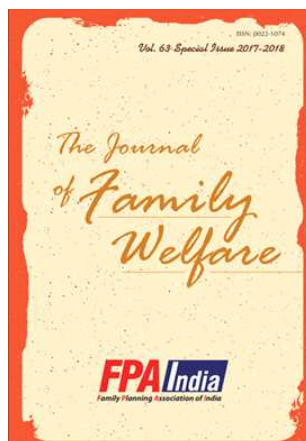
## Improving visibility

FPA India was represented at events organized by the following organisations with a view to expand on possibilities of collaboration and interaction in the areas of women development, youth empowerment and improvement in quality of health services.

- Federation of Indian Chamber of Commerce & Industry (FICCI),
- The Federation of Indian Export Organisations (FIEO),
- Confederation of Indian Industries (CII) in New Delhi
- The Indian Institute of Foreign Trade (GoI),
- Disease Surveillance Committee (Govt of NCT of Delhi),
- Quality Assurance Committee (Govt. of NCT of Delhi),
- Integrated District Health Society (Govt. of NCT of Delhi),
- PHDCCI (Business and Trade organization) and
- Jamia Hamdard University

## The Journal of Family Welfare

We are publishing a special issue of the Journal of Family Welfare for the year 2019-20 in collaboration with IIPS. This issue will focus on Nutrition and will be our last printed issue before moving to an environment friendly digital print format which will also be available to a larger community of digital users.

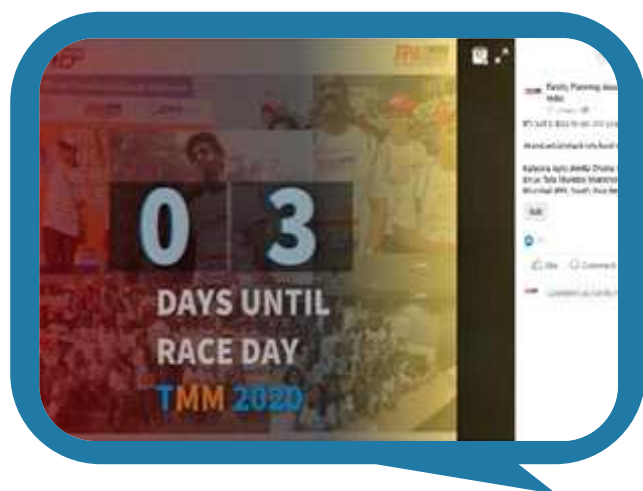


## Social Media Analysis – January to December 2020

FPA India considers social media engagement to be an important part of community engagement and thus continues to expand its reach. This year we secured 6000 social media followers, creating more than 80 thousand Twitter impressions.

## Social Media Campaigns

Tata Mumbai Marathon 2020 Campaign: We conducted a nationwide campaign on 'Let's Get Girls Back to School' for our participation in the TMM 2020.



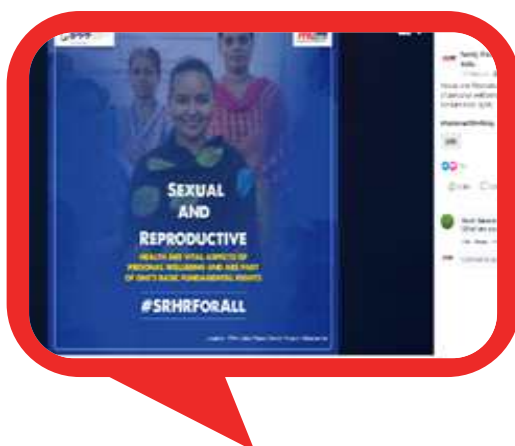
## National Girl Child Day – January 24, 2020

FPA India celebrated National Girl Child day by sharing advocacy messages for equality, education, and empowerment of girls.



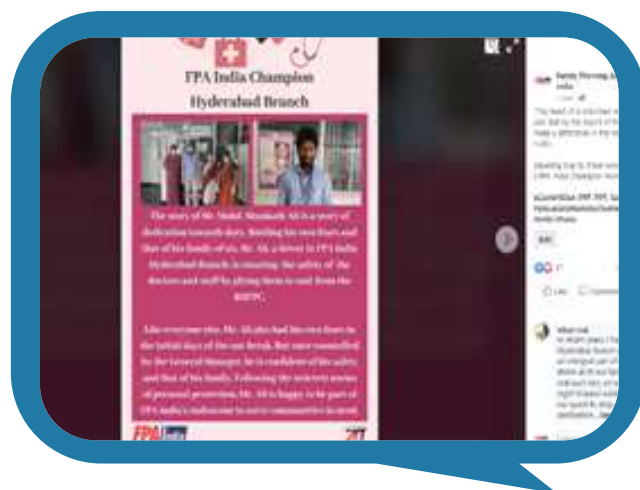
## Sexual and Reproductive Health Awareness Week

To highlight the field of SRHR, we posted validated and relevant information on the topic, focusing on the need to sensitize communities on destigmatizing issues related SRHR.



## Social Media Coverage on FPA India's Covid-19 Response

FPA India utilised its social media platforms to create awareness and share relevant information on COVID-19. We also highlighted the work done by all our frontline workers, FPAI staff, and youth volunteers contributing to COVID-19 management.





## World Population Day – July 11, 2020

FPA India organized a webinar on 'Safeguarding Sexual and Reproductive Health and Rights of Women and Girls during COVID - 19'.



## World Population Day Celebration – FPA India Jabalpur Branch

An E-poster making/ Essay/Slogan competition was organized by FPA India Jabalpur and received 71 entries



## International Youth Day – August 12, 2020

We celebrated International Youth Day by a week-long engagement on our social media platform about the contribution of young volunteers during COVID-19. We also conducted a webinar focusing on the challenges faced by young people in their interpersonal relations and workplace during COVID-19.





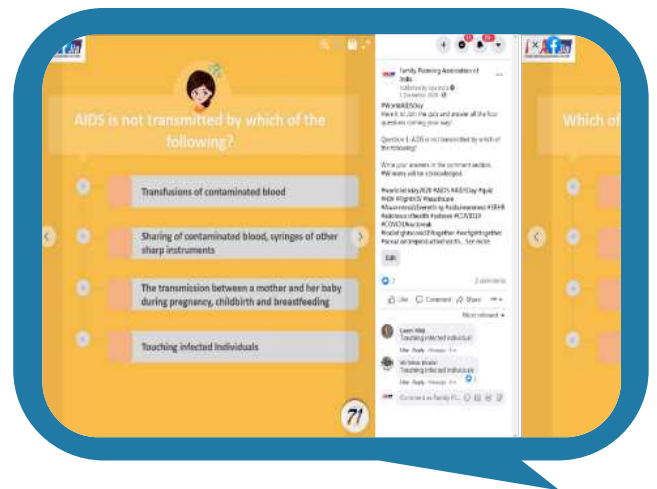
## International Safe Abortion Day – September 28, 2020

On the occasion of International Safe Abortion Day, we conveyed the importance of safe abortion in order to save the lives of women and girls.



## World AIDS Day – December 1

We ran a week-long campaign to raise awareness on HIV/AIDS by engaging our followers through a series of multiple-choice questions across our social media platforms.



## OUR PATRONS

Dr. (Mrs) Nina Puri  
Dr. M. N. Tavargeri  
Dr. R. P. Soonawala  
Dr. (Mrs) Usha Krishna

## MEDICAL ADVISORY PANEL

### **Chairperson**

Dr. Usha Krishna

### **Ex-Chairperson**

Dr. RP Soonawala

### **Co-Chairperson**

Dr. Nozer Sheriar

### **Members**

Dr. Janaki Desai  
Dr. SI Nagral  
Dr. Mandakini Purandare  
Dr. Phiroze Soonawalla  
Dr. Alaka Deshpande  
Dr Rajshekhar Brahmbhatt  
Dr. Bipin Pandit  
Dr. Vihang Vahia  
Dr. Anahita Chauhan  
Dr. Ameya Purandare  
Dr. Atul Ganatra  
Dr. Parikshit Tank  
Dr. Suchitra Pandit

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Secretary General

Mr. Lalit Parashar  
Assistant Secretary General, (Administration & General Services)

Ms. Amita Dhanu  
Assistant Secretary General, (Programme Implementation)

Mr. Sudhir Tawde  
Director, Finance & Accounts

Dr. Manisha Bhise  
Director, Resource Mobilisation

Ms. Nisha Jagdish  
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Dr. Shamala Dupte  
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Ms. Vijayalaxmi Tulpule  
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Mr. Sreedharan Nair  
Director External Relations

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Manager, Human Resource

Ms. Usha Radhakrishnan  
Manager, Monitoring & Evaluation, GCACI

Dr. Nilesh Patil  
Project Lead & Technical Programme Manager

Mr. Paresh Bagwe  
Finance Manager, GCACI

Ms. Gayatri Chavan  
Program Manager, GGR Project-VICALP

Dr. Richa Salvi  
Technical Programme Manager, GCACI

## GENERAL MANAGERS & REGIONAL LEADS

Mr. Parag Datt Sharma  
General Manager & Regional Lead FPA India Agra Branch

Mr. Suresh Maratha  
General Manager & Regional Lead FPA India Ahmedabad Branch

Mrs. Rekha G  
General Manager & Regional Lead FPA India Bengaluru Branch

Dr. Renu Kapoor  
General Manager & Regional Lead FPA India Hyderabad Branch

## GENERAL MANAGERS

Mr. Omendra Singh Chauhan  
General Manager FPA India Jabalpur Branch

Mr. Tushar Chakraborty  
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Mr. Vincent Belho  
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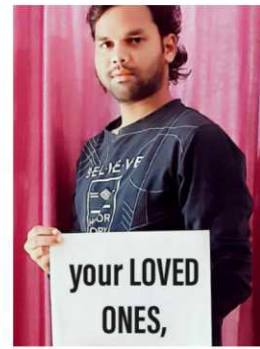
HYDERABAD



DELHI



DHARWAD



JABALPUR



BIDAR



YAMUNANAGAR



GWALIOR



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