

From Challenges to Triumphs:
FPA India's Year in Perspective

Annual Report 2022





About Us

Family Planning Association of India (FPA India) began in 1949 as a national voluntary organisation to facilitate the family planning movement in India. Today, we work on a wide range of Sexual and Reproductive Health & Rights (SRHR) issues, serving more than 3.4 million people annually across the country.



Vision

All people empowered to enjoy their sexual and reproductive health choices and rights in an India free from stigma and discrimination.

Mission

A voluntary commitment to SRHR to ADVOCATE for and ENABLE gender equality and empowerment for all, including the poor and vulnerable people, ENSURE information, education and services, POWERED by knowledge, innovation and technology towards sustainable development.

About this Annual Report

Utilising a rich palette of vibrant colours, dynamic swashes, and compelling graphics, this annual report visually represents the extensive range of programmes offered by FPA India. This report embodies the spirit of FPA India's commitment to cultivating an inclusive and enriched society.

Acronyms

- AGM - Annual General Meeting
- AIC - All India Council
- ART - Antiretroviral Therapy
- BEC/PLC - Branch Executive Committee/Project Liaison Committee
- BSC/BEC - Branch Steering Committee/Branch Executive Committee
- CEC - Central Executive Committee
- CSE - Comprehensive Sexuality Education
- CSC - Community Support Center
- CSO - Civil Society Organization
- DIC - Drop-in Centre
- FPA - Family Planning Association
- FSWs - Female Sex Workers
- GBV - Gender-Based Violence
- ICT - Information and Communications Technology
- IDUs - Injecting Drug Users
- IPPF - International Planned Parenthood Federation
- JTDS - Jharkhand Tribal Development Scheme
- KPI - Key Performance Indicator
- LNG IUS - Levonorgestrel-Releasing Intrauterine System
- MISP - Minimum Initial Service Package
- MSMs - Men who have Sex with Men
- NCDs - Non-Communicable Diseases
- NSV - Non-Scalpel Vasectomy
- ORW - Outreach Worker
- PLHIV - People Living with HIV
- RHFPs - Reproductive Health and Family Planning Centres
- SBSSS - Soukya Belaku Samudaya Seva Samsthe
- SDPs - Service Delivery Points
- SE - Social Enterprise
- SRH - Sexual and Reproductive Health
- SRHR - Sexual and Reproductive Health and Rights
- STEM - Science, Technology, Engineering & Mathematics
- TMM - Tata Mumbai Marathon
- VIA - Visual Inspection with Acetic Acid

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Our Impact in 2022

Peer educators
trained in
imparting CSE

**4.3
million**
people
served

Young people
trained in CSE

325k+

44
branches
and
projects

5900+

**1.6
million**

Young
people
served

1750+

Teachers trained in
imparting CSE

**22
million**

Health services
provided
through

- 65 clinics
- 51 mobile outreach units
- 524 community-based providers
- 312 partner clinics & agencies and telemedicine

Our intervention averted,

- 89,226 unintended pregnancies,
- 58,996 unsafe abortions
- 6,742 maternal DALYs

Where we work

North India

Jammu & Kashmir
Punjab
Haryana
New Delhi
Uttar Pradesh

East & Northeast India

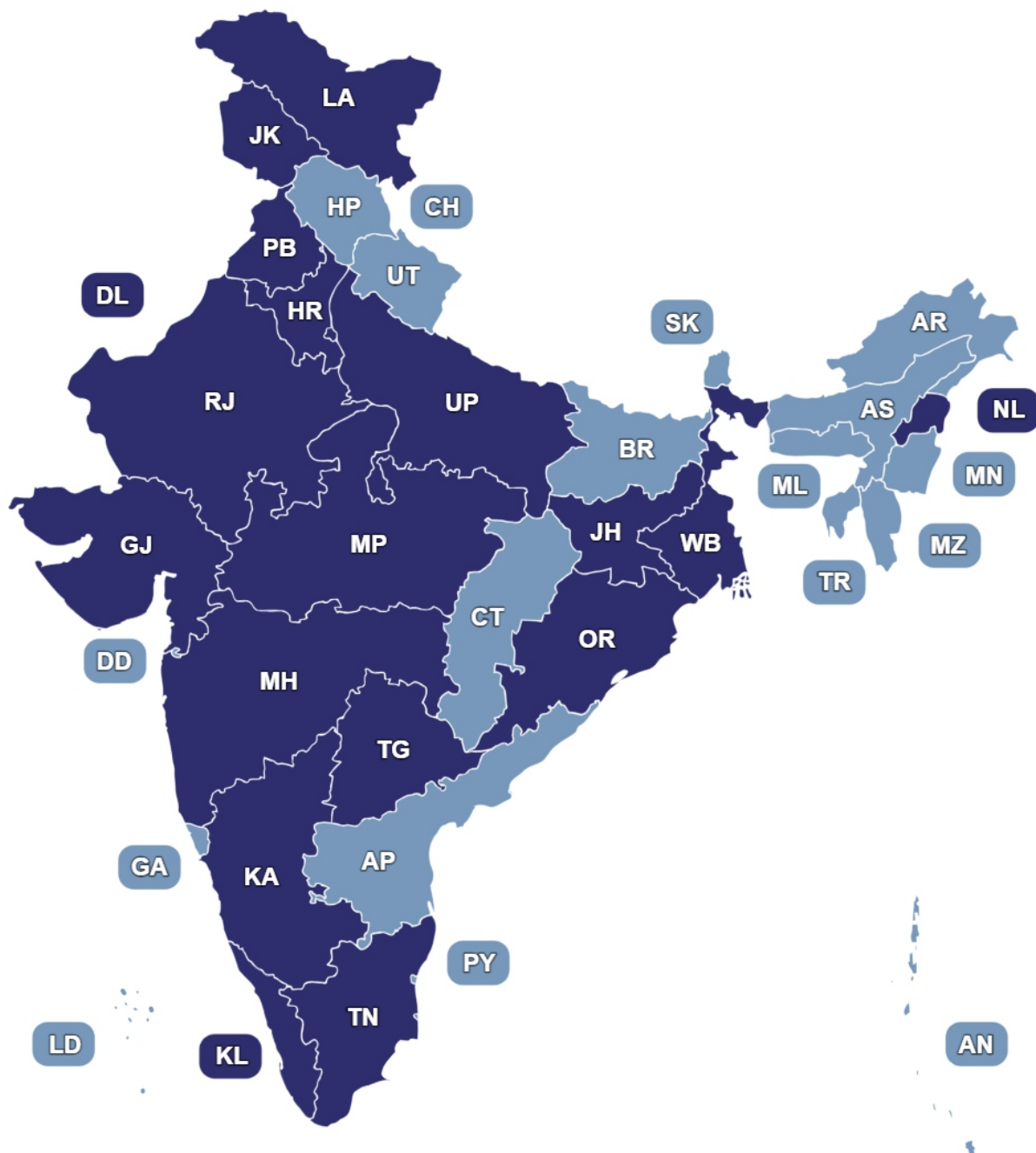
Jharkhand
Odisha
West Bengal
Nagaland

Central & West India

Rajasthan
Gujarat
Madhya Pradesh
Maharashtra

South India

Telangana
Karnataka
Tamil Nadu
Kerala



President's Message

I am delighted to present the Annual Report 2022 of FPA India.

During this transformative year, our Association made remarkable strides in fulfilling its objectives and embarked on groundbreaking initiatives. As the world gradually recovered from the grip of the COVID-19 pandemic, we foresaw a new chapter for India, one that demanded renewed dedication to address challenges and support the communities targetted by oppression.

Despite a decline in the total fertility rate, according to the National Family Health Survey (NFHS-5), certain states still grapple with imbalances. This underscores the unique importance of organizations like FPA India within civil society. We stand at a crucial juncture where we must collaborate to bolster and complement the Health and Family Welfare programmes led by the government. In 2022, our commitment to expanding contraceptive options was strengthened.

Our efforts extended beyond introducing single-rod contraceptive implants within our clinics. We also empowered service providers from both FPA India and partner institutions, positioning them as trainers. This strategy not only broadened our provider base but also paved the way for the introduction of this highly anticipated method to the public sector's array of contraceptive choices.

Guided by the Governance Reforms instituted by the International Planned Parenthood Foundation (IPPF), we initiated structural and functional changes that garnered approval from the Central Executive Committee (CEC) and All India Council (AIC). These changes reflect a unified ethos of 'One Organization, One Governing Board.' As part of this evolution, we selected Chennai, Bhopal, Bengaluru, and Gomia



branches to pioneer the innovative 'Branch Steering Committee' model. This involved revising the nomenclature, composition, and functions of the Branch Committees. Furthermore, our move to align the Triennial Elections for Branch Steering Committees with FPA India's national elections for the Governing Board marks a progressive step toward a more harmonised approach.

Our ongoing dedication to nurturing partnerships with corporate and government stakeholders has been pivotal in fortifying the sexual and reproductive health and rights movement in India.

We extend our heartfelt gratitude to the volunteers, partners, and stakeholders who have been instrumental in our collective endeavours. The unwavering support from our donors has been a beacon, enabling us to enhance all facets of our programmes.

With enthusiasm, we look ahead to sustaining our collaboration with allies and partners, collectively striving to forge resilient communities within an equitable and just society.

**Dr. (Mrs.) Rathnamala M Desai
President, FPA India**



Director General's Message



Embracing the Journey Ahead

Welcome to the Annual Report of 2022, a dynamic reflection of our triumphs and growth as we navigated the post-pandemic landscape, both locally and globally. Our response has been adaptive, relevant, and unwaveringly dedicated to our mission, even amidst unknown challenges. The pandemic tested our agility in the face of emerging issues and, at the same time, galvanised our determination to stay unwaveringly committed to our cause, regardless of any humanitarian crisis.

The year 2022 brought forth the much-anticipated NFHS-5 report, spotlighting India's commendable progress towards its Family Planning (FP) 2020 goals. Yet, this report unveiled an equally important narrative — districts with a substantial young population (over 1/5th of the total) faced setbacks in crucial areas like child marriage, teenage pregnancy and contraceptive use.

Our prime focus was empowering young people with access and autonomy over youth-friendly Sexual and Reproductive Health (SRH) services. This year, we advanced significantly in directly reaching adolescents and collaborating with partners to impart CSE. In Agra and Dharwad districts, we joined hands with local administrations to effectively execute the National Adolescent Health Programme – The Rashtriya Kishore Swasthya Karyakram.

Globally, seismic shifts occurred with the overturning of the historic Roe v/s Wade verdict of 1973 by the US Supreme Court, eroding 50 years of constitutional protection for abortion in the United States. Closer to home, India witnessed concerning signs of the anti-choice movement gaining traction through print and social media. To counteract such trends and vehemently advocate for reproductive rights, FPA India fostered collaboration with development partners, policymakers, subject matter experts, feminists and civil society representatives, synergising strategies for safeguarding and advancing reproductive rights.

Resource mobilisation and fundraising remained pivotal. With the Tata Mumbai Marathon's

interruption for two consecutive years due to the pandemic, our campaign-linked fundraising faced uncertainties. However, we creatively turned adversity into opportunity by orchestrating our own "Impact Walkathon," spanning seven cities. This innovative event rallied for improved access to digital tools and tutorials for underserved adolescent girls struggling to resume formal education after pandemic-induced gaps. The resonant campaign theme, 'Let's Get Schools Back to Girls,' encapsulated our ethos, raising awareness and funds to support one year of education for 3,000 girls. The accrued funds facilitated comprehensive STEM education and CSE interventions for young school-going girls.

Our enduring partnership with the Ministry of Health and Family Welfare (MoHFW) bore fruit as we launched the National Technical Support Unit for FP and MCH, funded by the Bill & Melinda Gates Foundation (BMGF). Celebrating India's FP 2020 milestone and envisioning Family Planning 2030, FPA India, through NTSU, collaborated with MoHFW to orchestrate the National Family Planning Summit in New Delhi on 27 July 2022. The event united 300+ individuals, including stakeholders, Family Planning Division representatives, state officials and civil society organisations.

As we conclude the final year of implementing the 2016-2022 Strategic Plan, we reflect with pride and duty, having maximised our reach, impact and credibility as a key service provider and SRHR advocate in India. With renewed zeal, we stride onward, embracing our cause with unwavering resolve.

Dr Kalpana Apte
Director General, FPA India

Executive Summary

As we embarked on the seventh and ultimate year of the Strategic Plan (2016-22), it continued its journey aligned with the four outcomes, dynamically responding to the evolving national and global landscapes.

We've actively engaged with the Expert Group on the Medical Termination of Pregnancy (MTP), a committee constituted by MoHFW, to propose amendments to the MTP Act. The aim is to broaden access to rights-based abortion services across the country. Marking the 50th anniversary of the MTP Act and the introduction of the MTP Act (Amendment) 2021, we orchestrated a series of webinars in 2021. These events spotlighted the evolving panorama of safe abortion services in India. In a grand culmination of this 'Spotlight Series,' we convened an in-person event in New Delhi in July 2022. This gathering delved into key themes that have gained prominence due to the recent overturning of the monumental *Roe v. Wade* verdict by the United States Supreme Court.

The onset of the COVID-19 pandemic prompted us to initiate teleconsultation services. This initiative aimed to extend care and support to those facing challenges in accessing facility-based care due to mobility restrictions. Throughout 2022, we continued to provide teleconsultations through web and mobile phone-based social media platforms. This effort not only collected evidence on the viability and effectiveness of telemedicine but also demonstrated its scalability for delivering time-sensitive SRH services, including safe abortions.

In our pursuit of utilising telemedicine to expand the reach of family planning and reproductive health services, we partnered with the National Health Mission (NHM), Government of Jharkhand. This collaboration resulted in the establishment of a virtual teleconsultation hub for family planning and reproductive health within the national telemedicine service "E Sanjeevani." Our team of specialists operates

this hub in the Khunti district of Jharkhand. Through the BMGF-supported project for providing high-level technical support to MoHFW in Family Planning (FP) and Maternal and Child Health (MCH), we established the National Technical Support Unit for FP and MCH. Within this project, we facilitated the organisation of the National FP Summit in October 2022. This summit addressed pivotal themes like 'Sustaining Efforts, Steering Partnerships, and Shaping Vision in FP.' It was aligned with the ethos of 'Sabka Saath, Sabka Vishwas, Sabka Prayas, Sabka Vikas' ('Together Everyone's Support, Everyone's Trust, Everyone's Effort, Everyone's Development') commemorating 70 years of successful National Family Planning programme implementation.

In collaboration with the Danish Family Planning Association (DFPA), we engaged in the 'Boosting IPPF-wide Capacity to Leverage Corporate Sector (CS) in Support of Sexual and Reproductive Health and Gender Equality' initiative. This partnership aimed to assess workplace environments in India for inclusivity, dignity, equity and decent work while concurrently strengthening corporate alliances.

Our global footprint expanded through participation in various international events, workshops, and conferences. These platforms showcased our work on a global stage, fostering networking and partnerships for shared learning. Simultaneously, we pursued strategies to enhance organisational efficiency and capacitate staff for effective project implementation.

In summary, as we navigate this chapter, we remain resolute in our commitment to progress, advocate and lead for a brighter future in the realm of SRHR across India and beyond.



Our Central Executive Committee



President

Dr. (Mrs) Rathnamala M Desai,
Dharwad

Immediate Past President

Mr. H.R. Umesh Aradhya,
Shivamogga

Vice Presidents

Prof. Dr (Mrs.) Ambuja Choranur,
Hyderabad
Dr. Bhartendra Holkar, Indore
Ms. Raman Sachdeva,
Yamunanagar
Mr. S. Vijay Simha, Ballari

Honorary Treasurers

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Ms. Palika Monga, Panchkula

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Mr. Hemal Desai, Dharwad
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Dr. V.A. Malipatil, Raichur
Prof. Dr. Nagnath Bhimsa Teli,
Solapur

Co-opted Members

Dr. Nozer Sheriar
Dr. Padmini Prasad

Youth Members

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Mr. Gurminder Singh, Mohali
Ms. Subhy Ghosh, Bhopal

FPA India Patrons

Dr. Mrs. Nina Puri
Dr. R.P. Soonawala
Dr. M.N. Tavargeri
Dr. Mrs. Usha Krishna



Advocacy Initiatives

Enabling comprehensive sexual and reproductive health and rights involves challenging norms, reshaping policies, and fostering an environment that empowers all. We are dedicated to dismantling barriers and cultivating a policy framework that champions SRHR.

▶▶▶▶ *Advocating for Universal Access to Safe Abortion as a Right*

In 2021, we partnered with 12 allies to launch a groundbreaking platform. It brought together policymakers, experts, feminists and civil society representatives to deliberate on India's evolving abortion landscape over the past 50 years. The series, titled **"MTP Act @ 50 – A Move on the 'Right' Track?"**, unfolded through six webinars. In July 2022, FPA India, in collaboration with the Pratigya Campaign for Gender Equality and Safe Abortion, marked a Grand Finale in the form of an event to the Spotlight series. The event also unearthed themes with potential global implications due to the US Supreme Court's recent Roe v/s Wade ruling.

Buoyed by this momentum, we engaged partner organisations and SRHR advocates in consultative dialogues. The objective was to gain insights into abortion's criminal codes and explore the potential of decriminalisation in India, aligning with the existing MTP Act framework. This initiative seeks to amplify opposition voices and create a coalition to champion abortion as a reproductive right.



M-Chikitsa: Advocacy for Leveraging Telemedicine to Support Last-mile Access to SRH Services in the Public Health Sector <<<<

With support from the David and Lucile Packard Foundation, we unveiled the M-Chikitsa Initiative in 2021. The project focuses on advocating for telemedicine in the public health sector, prioritising medication abortion and family planning.

Building on a feasibility study from the previous year, we harnessed the Hub-and-Spoke model of telemedicine through the E-Sanjeevani portal. This enabled teleconsultation services for family planning and reproductive health services in Khunti district, Jharkhand, within the public sector.

We currently operate a dedicated tele-consultation Hub, providing technical support to community health officers in the Khunti District. The Hub facilitates abortion-related services, telecounselling, screening, referrals for medication abortion, post-abortion care, contraception, and family planning and other reproductive health services.

▶▶▶ National Technical Support Unit (NTSU) of Family Planning (FP) and MCH, Government of India (GOI)

Under the BMGF-supported project for providing high-level technical support to MoHFW, the NTSU now stands operational. The MH-FP Resource Centre augments initiatives under the MH and FP divisions of MoHFW-GOI. The NTSU is actively working on a reference manual for the insertion of implants, with FPA India's representation in the Technical Review Group.

Project PRACHI: Amplifying Hypertension Advocacy <<<

Project PRACHI, supported by the Global Health Advocacy Incubators, targets hypertension control and prevention through awareness campaigns and policy advocacy.

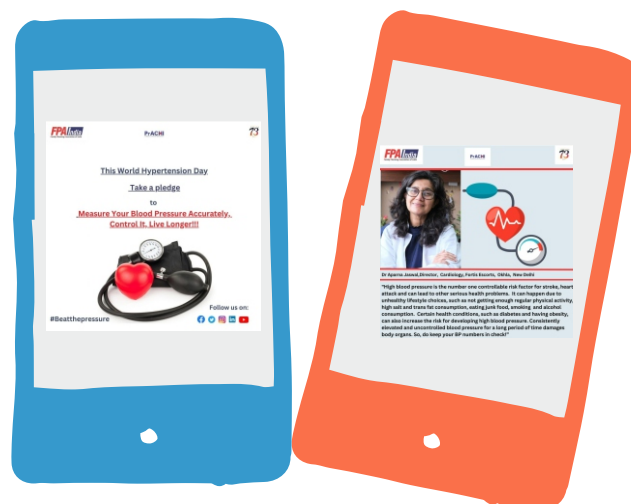
Key activities include policy and programme advocacy meetings, weekly social media campaigns, and the **#beatthepressure** blood pressure awareness campaign.



Family Planning Summit

India achieved its Family Planning (FP) 2020 goal for improving contraceptive access in the country with the adoption of modern contraceptive use having reached an estimated 56.5%. The country surpassed its commitment of investing more than USD 3 billion by 2020 to strengthen FP services.

The basket of contraceptives has been greatly enhanced with the addition of injectables and the drug 'Centchroman'. Centchroman is a non-hormonal oral contraceptive. It is a short-acting reversible contraceptive, which does not affect ovulation. Improving the quality of contraceptives, augmenting contraceptive demand through comprehensive informational and educational campaigns, and focused interventions in high-fertility districts have been a few of the country's notable achievements. Against this backdrop, we, under the BMGF project along with the MoHFW, organised the



National Family Planning Summit - a brainchild of Dr. S.K. Sikdar, Senior Advisor (FP-MoHFW) in July 2022 in New Delhi. The objective was to celebrate the achievement of Family Planning 2020 and to set goals for Family Planning 2030. Honourable Minister of State for Health and Family Welfare, Dr Bharati Pravin Pawar, graced the occasion and inaugurated the summit. Through her address, Dr. Bharati affirmed that family planning is the key initiative to child mortality. She emphasised the need for family planning and the importance of awareness to control the population.



Highlights of the Family Planning Summit

An Exhibition by stakeholders on Family Planning

Poster Display on best practices from states

Sessions on the Celebration of 70 years of the FP Programme and felicitation of Champions

300 + participants

- Stakeholders
- Family Planning division
Ministry of Health and family
Welfare, Government of India
- Ministry of Health and family
Welfare, Government of India
- States Representatives,
Government of India
- Civil Society Organisations

“Between 2012 and 2020, India added more than 1.5 crore additional users for modern contraceptives thereby increasing modern contraceptive use substantially.”

Dr. Bharati Pravin Pawar, Union Minister of State for Health and Family Welfare



Our Jaipur branch organised the advocacy meetings in collaboration with the Central Board of Workers Education (CBWE – Ministry of Labor, Government of India).



Young People

Increased access to Comprehensive Sexuality Education (CSE) to enable young people to exercise their sexual reproductive right

Adolescents are exposed to a plethora of communication channels to satisfy their curiosity about sexuality and gender as they transition into adulthood. There is a thin line between information and misinformation, myths and misconceptions that may lead them to develop misconstrued notions and scratched emotional and social development. Evidence has shown that access to quality, structured CSE programmes can help all children and young people develop positive discernment about sexuality, health and gender equality. As a holistic approach, CSE provides accurate, age-appropriate and inclusive knowledge, skills and ability to make informed decisions about healthy life choices.



Comprehensive Sexuality Education (CSE) and Youth

Incorporating CSE lies at the heart of our youth-oriented initiatives. CSE transcends mere biological aspects of sexuality, encompassing subjects such as puberty, fostering healthy relationships, promoting gender equality, understanding sexual orientation and gender identity, contraception, and awareness about sexually transmitted infections (STIs).

Technology has seamlessly integrated into our endeavours. Following the continuation of the COVID-19 pandemic, we have employed modern technology tools like Zoom, WhatsApp, Skype, Google Meet, and YouTube to facilitate age-appropriate CSE sessions, making it convenient for young people to participate. This approach has enabled us to connect and engage with digitally native youth effectively.

1,117 schools embraced the CSE programme

Our branches imparted CSE to 325,950 young individuals, comprising 242,046 school-going children...

...and 83,904 out-of-school children

We delivered information based on the newly developed condensed version of the CSE Curriculum to the youth.

(whether in formal schools or community settings)

(within community settings)

*Additionally, we reached approximately **30,051** students/young individuals through online mediums.*

On the occasion of Menstrual Hygiene Day, a combined Adolescent Education Programme (AEP) and CSE session was conducted at Rüzühkhrie Government Higher Secondary School in Kohima, Nagaland. The event drew participation from a significant number of students, totalling 348 attendees.

Youth Centres



As an integral part of our youth-focused programmes, our youth centres provide safe spaces for young individuals to access appropriate information and services. These youth-friendly centres, also referred to as Drop-in centres, serve as skill hubs for young community members. They emphasise activity-

based experiential learning, equipping them with employable skills such as local handicraft production, beautician courses, tailoring and dress design, IT skills, sanitary napkin manufacturing, and more, preparing them for sustainable livelihoods.



Role of Key Influencers and Peer Educators in CSE

Due to the fear of misunderstanding, young people often lack open communication with parents, teachers, or elders regarding topics related to sex, sexuality, and pleasure. Instead, they turn to friends and electronic or print

media, receiving incomplete information. Acknowledging this, our branches regularly conduct sensitisation meetings with parents and teachers.

FPA India, across its various branches, hosts a Youth Forum consisting of 10-15 young individuals drawn from local youth groups. These members are linked to the branches to offer guidance to their peers within the same age group. From this group, a few individuals are selected and nurtured as Peer Educators to establish sustainable support for enhancing young people's engagement through information and CSE sessions.

A total of **12,573 parents and 3,130 teachers** underwent sensitisation covering CSE topics.

1,764 teachers underwent training in delivering CSE through Train-the-Trainer (TOT) sessions.

Collectively, the branches have established approximately 2,114 youth groups (434 boys' groups, 846 girls' groups, 844 mixed groups). Furthermore, 3,882 new Peer Educators received CSE training across the branches.

Meet Vishnu, our peer educator in Madurai

“As a peer educator, I underwent training in CSE at FPAI Madurai. This training broadened my knowledge of various aspects, including behaviour change, life satisfaction, stress management and optimistic thought processes. Armed with this knowledge, I decided to address the issues prevalently among my college friends.

I have noticed that many of my friends were struggling with habits like using social media excessively, using tobacco and watching pornography, having drugs (coolip), etc.



Through CSE, I educated them about the negative impacts of these habits and how to change their behaviour. Now, I am glad to report that many of them have gradually altered their habits and withdrawn from malfunctioning behaviours. CSE has proven to be immensely useful, not only for me but for my friends as well.



World Health Organization's (WHO) Project to Support Rashtriya Kishor Swasthya Krayakram (RKSK)

In 2022, we continued the second phase of the WHO Project aimed at promoting access to and utilisation of SRH services by young people in the districts of Agra (Uttar Pradesh) and Dharwad (Karnataka). With the goal of raising awareness, providing relevant information, and enhancing the uptake of adolescent health services, the branches achieved significant breakthroughs. They successfully advocated for the implementation of the RKSK or National Adolescent Health Programme. The project's focus was on mentoring the district health administration to ensure appropriate and innovative RKSK programme implementation.



Para-Medical Skill Development Project Phase III - General Duty cum Home-Based Care Assistant Course



Initiated in 2017, the Paramedical Skills Development Project was supported by HDB Financial Services Limited, aimed at empowering young girls from marginalised communities by developing employable skills in General Duty cum Home Based Care Assistance

for sustainable livelihoods. Starting with one branch in Phase I, the project expanded to 8 branches in Bhopal, Dharwad, Gwalior, Kolkata, Madurai, Pune, Singhbhum, and Yamunanagar states under Phase III, spanning from September 2020 to July 2022.

689 trainees enrolled

1421 trainees completed the course

1238 (87%) achieved placement

Case Story

Abinaya's Journey from Rural Village to Lifesaving Nursing Assistant

Abinaya, aged 28, hails from Alagar Kovil Village, a rural area in Madurai in the south of India. After completing her 12th standard, she got married and now has 3 daughters. Her husband works as a daily labourer in a masonry.

Abinaya is a member of a women's self-help group in her village. Her involvement with the group reignited her desire to study and engage in meaningful work. After a decade of leaving

her studies, she decided to acquire new skills. She came across our paramedical skill development course and enrolled in it.

Towards the end of the course, while travelling by bus to her nursing classes, a 15-year-old schoolboy on the same bus suddenly slipped, injuring his leg and face from the bus's rear wheel.

The boy's leg was bleeding severely, and he lost consciousness. Acting quickly and calmly, Abinaya sprang into action. She called for an ambulance and, in the meantime, used the first aid kit to bandage the injured leg and provide first aid for the boy's face. The boy was transported to Madurai Rajaji Hospital by ambulance and received treatment there.

Abinaya's prompt intervention saved his life by preventing further damage and infection. The

boy and his family are deeply grateful to Abinaya for her life-saving actions.

Abinaya, now able to apply her newly acquired skills, feels content and confident. She has joined Rajapriya Hospital in Pudur as a nursing assistant, contributing to her family's income. She believes that this course has not only given her a new perspective but also taught her to manage challenging situations effectively.



AMAZE Project

In collaboration with three partner organisations – Advocates for Youth, Answer, and Youth Tech Health – we adapted existing AMAZE videos to provide relevant information related to puberty,

healthy relationships, development, sexuality, prevention of STIs/HIV, unintended pregnancies, and sexual violence. These videos were made easily accessible to young people.

Five videos on following topics were translated into Hindi and Kannada languages and shared across FPA India's social media accounts on Facebook, Instagram, and Twitter.



- *What if my child doesn't ask?*
- *Being female, male, and TG or fluid*
- *Bullying: How to safely help someone*
- *Disability and sexuality*
- *Dealing With Rejection: What's the Best Way?*

Frontiers in SRHR Access for Women and Youth: Self-Care and Digital Health



This initiative is focussed on enabling and empowering young people through technology-driven, sustainable, innovative, client-centered business solutions. The successful implementation of the inception phase of the Youth Social Venture Fund (YSVF) hosted by us in 2020 led to the launch of the Global Pilot of YSVF's IPPF YSVF Innovation Challenge' last year. This was supported by the Packard Foundation under IPPF's Frontier's SRHR Project.

The global call received 28 applications, and 8

applicants were shortlisted through a rigorous process. After two months of immersion for the shortlisted applicants, a Virtual Grant Awards Ceremony was facilitated by us to announce the top three winning teams. This event was graced by eminent guests from IPPF and our leadership. A panel discussion on "Technology and SRHR - Scope and Challenges" included young volunteers, participating MA/CP, former start-up participants from the inception phase, current start-up participants from the global pilot, and a Villgro representative.

The three winning teams of the "IPPF YSVF Innovation Challenge":

Mwine Muhereza Ian Ricky, Start-up: Dokitar Medical Consultancy LTD.

Member Association: Reproductive Health Uganda (RHU)



Mercyline Masanya, Start-up: Afyachapchap Solutions LTD.

Collaborating Partner: Reproductive Health Network Kenya (RHNK)



Ouedraogo Mohamed Bassirou, Start-up: Univers

Member Association: Association Burkinabé pour le Bien-Etre Familial (ABBEF)



Each of these three teams (start-up + MA/CP) is currently incubating, receiving one-on-one mentoring from the Lead Incubator, Villgro Innovations Foundation. This support facilitates solution development through the incubation programme and community-level engagements guided by Villgro and FPA India.

SRHR Youth Conclave



We organised an impactful workshop cum meeting supported by IPPF – SRHR Youth Conclave in July 2022 in New Delhi. Over 100 young people participated in this workshop, sharing their perspectives and suggestions on current SRHR issues affecting young individuals. This included their own experiences and expectations from the public health system and policymakers regarding young people, including PLHIV (People Living with HIV).



We collaborated with NCPI+ (an organization working for and with networks of PLHIV and PLHIV young individuals) as the organising partner for this event. Dr. Zoya Rizvi, Assistant Commissioner of Adolescent Health MoHFW, attended a session proposed for policymakers and government officials and praised us for our successful efforts in organising the event.

Case Story *Kalpana's Story of Leadership and Transformation*

Kalpana, a 19-year-old from the Banjara community, resides in Banjara Basti in Noida with her parents and elder brother. Kalpana is in the second year of her undergraduate degree while her mother works in a private company, and her father is a door-to-door cloth seller.

Living within a community that imposes significant restrictions on girls' movements, Kalpana's opportunities were limited. We initiated a girls' group and invited them for CSE sessions. Initially barred from joining due to community norms, Kalpana's participation was eventually secured through persistent efforts and communication from us. She joined the "Nayak Ki Choriya" group, participating keenly and actively in CSE sessions. Kalpana clarified doubts about sexual and reproductive health and encouraged her peers to attend.

Her enthusiasm led to her selection as the group's leader, offering her a platform to engage with other leaders. Recognising her leadership qualities, Kalpana was trained as a peer educator. Now, she imparts sessions on sexual and reproductive health to her community, including topics like menstrual hygiene and cancer awareness. She has also participated in events and conferences, enhancing her confidence and knowledge.

Kalpana attributes her transformation to FPA India, which empowered her to challenge societal norms, gain knowledge, and motivate others. Her association with FPA India has not only transformed her but also inspired her to change her community's conservative mindset.

Pragyan's Transformation - Guiding a Young Soul Towards Holistic Growth

Case Story

Pragyan (name changed), a 13-year-old from Paikerapur village, Odisha, faced a challenging situation. After being in a relationship with an older boy, her academic performance declined, and she faced emotional distress. FPA India, during a CSE session at her school, learned about her situation from the headmaster.

Our counsellor engaged Pragyan in detailed discussions, understanding her concerns and relationship dynamics. Through counselling, Pragyan recognised the inappropriateness of

the relationship for her age and decided to end it. The counsellor also communicated with the headmaster and requested his support in guiding Pragyan.

With consistent guidance and counselling, Pragyan regained her focus on her studies and distanced herself from the relationship. Her improved emotional state and academic performance highlight our ability to provide meaningful support and enable holistic growth.



Case Story *Aruna's Courage - Overcoming Forced Early Marriage*

Aruna (name changed), a 16-year-old student of Government Girls Higher Secondary School in Dindigul, faced a distressing situation when her mother planned her marriage with her uncle, who was 35 years old, without her consent.

Unaware of the plan, Aruna reached the temple for what she thought was a temple visit, only to discover the wedding arrangements. In a courageous act, Aruna fled from the situation, reaching the school to report the event to the headmaster. We intervened upon being approached by the headmaster.

Our branch counsellor engaged Aruna's family and relatives, informing them about the adverse impacts of early marriage. Through counselling and guidance, Aruna's parents reconsidered and decided against the marriage, allowing her to continue her studies. Aruna's courage and our support resulted in a positive outcome, ensuring her right to education and a brighter future.

Capacity Building Training for Youth



Our Jabalpur Branch has taken an initiative against the Equality for LGBTQI in our community for equal opportunity Respectful behaviour and provision for qualitative service we have organized a one-day training program for our youth volunteers and staff to give them a better understanding of special groups under the umbrella of LGBTQI on 11th of November 2022 at our RHFPC all concerned staff from RHFPC and program person included in the training It was important because some participants were included from respective community.



On the 75th Independence Day, our Raichur branch organized an Essay Competition and Speech on the topic of "Achievements of India after Independence" in 5 schools and 3 colleges. The Branch distributed mementoes to the selected 1st, 2nd, and 3rd place winners, along with certificates for all the students who participated in the event.



Women and Girls

The recognition of SRHR holds pivotal significance for the overall well-being of individuals. Women and girls, particularly those hailing from economically disadvantaged communities, frequently encounter numerous hurdles while **striving to safeguard their SRHR**. Distorted socio-cultural norms, restricted healthcare accessibility, insufficient comprehensive education, patriarchy, escalated risks of unintended pregnancies, heightened vulnerability to sexually transmitted infections (STIs), and constrained decision-making authority collectively contribute to their susceptibilities.

➔ Addressing Gender-Based Violence

Gender-Based Violence (GBV) predominantly targets individuals based on their gender, with women and girls often being the primary victims. It originates from power disparities and socio-cultural norms that perpetuate discrimination and inequality. According to the National Commission for Women (NCW), the number of complaints received by the NCW

increased by 30% from around 23,700 in 2021 to 30,800 cases in 2022. We, through a range of initiatives, is dedicated to reshaping gender norms and power dynamics. This involves prioritising women and girls and engaging boys and men to foster gender equality and combat gender-based violence.

Empowering Marginalised Groups with Employable Skills

16 branches conducted
19 Skill Development
Trainings benefiting
1060 women

199 participants
commenced earning
post-training

155 individuals were
linked to Microfinance
institutions for loans

79 women were
connected to diverse
employment agencies

3136 activities were undertaken for 39,717 **vulnerable individuals**, encompassing the distribution of nutritional kits, provision of healthcare services, and skills training for economic empowerment.

Strengthening GBV Care and Support Initiatives



In an effort to combat GBV at the community level and support survivors, new community support groups were established.

- **266 community support groups** were formed, consisting of 6406 women, men and LGBTQAI+ community members
- **190 support group meetings** were conducted
- **2,34,209 screenings** were carried out
- **183 GBV survivors** were identified and assisted with referrals to alternate support channels



Awareness and Capacity Building Programme

- Interpersonal contact and group sessions on GBV reached 240,546 individuals
- **167,827 people** participated in **7280 group sessions**



Working with Self-Help Groups (SHGs) and Community-Based Organisations (CBOs)

- **418 meetings** were held with SHGs and CBOs, including LGBTQIA+ groups, involving **24,027 community members**



Happy and Healthy Workplace in Collaboration with the Levi Strauss Foundation

During its last phase, we continued the Happy and Healthy Workplace Initiative in collaboration with the Levi Strauss Foundation. The initiative aimed to enhance the sexual and reproductive health and overall well-being of garment workers in factories located in Solapur and Bengaluru. The project focused on providing comprehensive sexual and reproductive health information and services. The creation of a cadre of peer educators and tele-counselling services contributed to the project's sustainability. 19675 workers received SRH service sessions.



Workers' Health & Wellness in the Tea Estates – Twinning



Under the Twinning project, we worked to improve the health of women workers and communities in selected tea estates of Darjeeling District. Phase 2 was implemented in 7 tea gardens – Castleton, Barnesbeg, Lingia, Pussimbing, Tukdah, Chamong, and Phoobsering.

Activities included sensitisation and awareness sessions on SRHR, medical service sessions in tea gardens, cervical cancer screenings with smart scope, and distribution of commodities.



14 Emergency Medicine Banks (2 in each Tea Garden) were managed by the Mother's Club, providing 24/7 emergency services
12,217 beneficiaries were reached
491 awareness sessions were conducted, attended by 12831 men and women



LAD Project

The LAD Project aims to enhance access to comprehensive abortion and contraception services through partnerships, fostering a conducive environment for quality services. It ran from January 2022 to the end of the year in our Agra, Ahmedabad, Murhu and Gwalior branches.

6,739 individuals received abortion services
85% post-abortion contraceptive acceptance rate (excluding Condoms)
Family planning services are provided to 67,973 individuals





Narottam Sekhsharia Foundation Project

In collaboration with the Narottam Sekhsharia Foundation, we integrated cancer screening into SRH service delivery for early diagnosis and referral, aiming to reduce associated morbidity and mortality.

The project aimed to promote health-seeking behaviour among 14000 men and women for early detection of oral, breast, and cervical cancer, and it was implemented in our Mumbai, Pune, Solapur, and Thane branches.



77 Oral cancer screenings conducted through 4 camps
2 Awareness sessions on tobacco's ill effects and cessation support
8 Cervical & breast Cancer screening camps

Swasthya Pariwar SHAHI

In collaboration with SHAHI Exports Ltd., FPA India initiated the 'Swasthya Parivar' workplace intervention. The initiative aimed to provide integrated preventive and curative services addressing reproductive and sexual health needs. A satellite clinic was established in the Peenya region of Bengaluru, to deliver the integrated service package, including counselling, consultation, investigations and various health services. Managed by Bengaluru Branch, The clinic became operational in early December 2022.

650 services provided through 4 outreach sessions
Out of 386 beneficiaries, 281 were females and 105 were males



Empowering Marginalized Groups in Skilling - Sanitary Pads Training and Skill Empowering Program

A three-day program on sanitary pad-making skills training and empowerment was conducted at RHFPC from November 15th to 17th, 2022 by the our Nagaland branch. On the first two days, the program officer, lab technician, and clinic secretary of the branch received capacity building and skill training on the process of making sanitary pads and their tools.

On November 17th and 18th, a skill training program on sanitary pad making was held at RHFPC for KNP+ clients and staff. Eight participants attended the training, which included an orientation on the machines and tools used in making sanitary pads, followed by education on the procedure of making sanitary pads. During the training, all participants were given templates on sanitary pad making.

Case Story

Minu's Triumph Over Adversity - Seizing Opportunity with FPA India

Minu sought assistance from our Reproductive Health and Family Planning Centres (RHFPC) Centre in Dindigul for abortion services. Belonging to an underserved and marginalised background, Minu's journey was further

complicated as she arrived at the clinic with her partner, uncertain about her decision. During pre-counseling, she revealed that she had been selected for a Police Constable position in the Tamil Nadu Police Service.

However, her pregnancy, at 8 weeks and 5 days, jeopardised her chance to attend the sports events crucial for final selection. Faced with the possibility of losing this life-changing opportunity, Minu felt overwhelmed.

Guided by the counsellor, Minu received information about available services and the necessary procedures. Reassured that she could attend the event as scheduled, Minu gave

her consent for a medical abortion. Following the required laboratory tests, our consultant medical officer provided her with the medical method of abortion. Minu was advised to return for a follow-up after 14 days.

Minu defied the odds, attending the final selection event and securing her place as a Police Constable in the Tamil Nadu Police Service.

Case Story

Pallavi's Resilience – Navigating Challenges with Support from Our Pune Branch

Pallavi (name changed) embarked on a challenging journey towards motherhood, marked by loneliness and fear that spanned nearly three years. Overwhelmed by emotions, she tearfully shared her story upon discovering her positive pregnancy test result.

Pallavi, hailing from a lower middle-class family and happily living with her in-laws and husband, initially experienced marital bliss. However, after a few months, pressure from her in-laws to conceive began to take a toll. Pallavi's eagerness to become a mother was clouded by doubts and stress. Her in-laws' changing behaviour and threats added to her emotional burden. Daily life became increasingly strained,

leading to guilt and despair.

Through a friend, Pallavi learned of our clinic and infertility services. Consulting doctors and diligently following their advice, she sought help to address her concerns. Finally, in August 2022, her pregnancy was confirmed, bringing immeasurable joy. Pallavi gave birth to a beautiful baby girl, heralding a new chapter of happiness.

Describing the experience, she likened it to the sun's morning glow, radiating brightness and happiness on the earth. Pallavi recognised motherhood as a gift from nature, embodying strength and resilience.

Empowerment Unleashed – Fatema's Journey with us

Fatema (name changed) participated in workplace intervention life skills training sessions arranged by our Bengaluru branch. This transformative training offered Fatema a fresh perspective on sexual and reproductive health issues within her workplace community. As a peer educator, she championed responsible behaviour among her colleagues, particularly emphasising cleanliness and hygiene around the premises and toilets.

Recognised for her reliability and responsibility, Fatema's supervisors entrusted her with overseeing clothing quality and motivating her peers to enhance punctuality and efficiency. The

training revitalised Fatema's confidence, enabling her to confront life's challenges with assurance. **With renewed determination, Fatema realised that her dreams were limitless, armed with techniques to empower others and achieve personal goals.**

Reflecting on her journey, Fatema expressed newfound respect for her work and a deeper understanding that overcoming challenges defines an individual's uniqueness.

Case Story



Engaging Men and Boys

Involving men and boys as equal stakeholders in gender issues and sexual and reproductive health and rights (SRHR) is instrumental in enhancing their comprehension of women's rights, particularly reproductive rights, and promoting gender equality.

This approach serves to challenge and mitigate deep-rooted masculine socio-cultural norms that contribute to adverse sexual and reproductive health outcomes and gender disparities within our societies. By fostering the engagement of men and boys, we strive for a paradigm shift towards a more equitable and gender-sensitive society.

Throughout 2022, numerous sensitisation sessions targeting men were designed by our branches. These initiatives reached a staggering 8,87,000 participants, sensitising them to a spectrum of critical concerns. These sessions covered topics including the sexual and reproductive health needs of women and adolescents, family planning, maternal and child health, gender-based violence, HIV/AIDS, other reproductive health requirements, and sexual reproductive rights. Furthermore, participants were educated about the comprehensive SRH services provided to women by our service delivery outlets.

Male sterilisation has been hindered by unfounded fears of diminished virility and physical strength. Our branches nationwide have been diligently working to reshape this mindset through a series of awareness campaigns and sessions. In Pune, a capacity-building workshop aimed at expanding the resource pool of service providers in Non-

Scalpel Vasectomy (NSV) was conducted for gynaecologists. Esteemed professionals like Dr. Ramchandra Kaza, Senior Consultant and Academic Coordinator of General Surgery at Max Hospital, New Delhi, and Dr. Baljit Kaur, Assistant Director of Health for the Government of Punjab and State Trainer, played a pivotal role in training six gynaecologists over a three-day workshop.

Several branches, including Dharwad and Kolkata, commemorated Vasectomy Fortnight under the theme "Now Men Will Shoulder Responsibility, Adopt Family Planning, and Demonstrate Participation" from November 21st to December 4th, 2022. This period served as a platform to raise awareness and foster active male involvement in family planning initiatives. *We conducted a total of*

1040 NSVs in 2022.



**NSV Awareness Session at
Dharwad Branch**



**Awareness Session on
NSV at Nagpada Police
station**

- *Our Hyderabad branch, in collaboration with FM Rainbow, promoted an awareness campaign for a month on NSV*
- *Dr. C. Ambuja, Hon. Secretary, held an interactive session on All India Radio and cleared many doubts and myths about NSV*



Transport Arogyam Kendra: Enhancing Trucker Health

Initiated in 2021 at Kalamboli, Navi Mumbai, the Transport Arogyam Kendra project, supported by HDB Financial Services, is dedicated to providing healthcare to truckers grappling with occupational and general health issues, including SRH. This is achieved through a day-care health facility strategically located within the truckers' hub.

Comprising a team of physiotherapists and general physicians, the centre extends essential day-care healthcare services, encompassing physiotherapy sessions and SRH care, to the trucker community. The project commemorated its first anniversary alongside World Physiotherapy Day on September 8, 2022.

 **Impact:** Served 4400 clients and provided 16470 services

Case Story

Overcoming Barriers to Male Sterilisation - A Mumbai Account

In this Mumbai-based story, Mr. and Mrs. Desai (names changed) approached a clinic seeking medical termination of an unwanted pregnancy. Recognising the couple's satisfaction with their current number of children, the medical team engaged them in discussions about surgical methods of family planning. Emphasising that the male partner was the most suitable candidate for sterilisation, the team encouraged Mr. Desai to consider a vasectomy.

Extensive counselling was provided, including accurate information and past successful outcomes, to prepare Mr. Desai for the procedure. Although the couple consented to vasectomy, concerns emerged regarding family

members' knowledge of the decision, as their parents would disapprove. To maintain privacy, the couple requested both procedures be performed on the same day.

In response, the clinic accommodated their request, arranging operating theatre time for both clients and ensuring the presence of surgeons and anaesthetists. Both procedures were executed seamlessly, leaving the couple content. **This case underscores the importance of understanding barriers to vasectomy uptake and making necessary adjustments, such as arranging procedures on unscheduled procedure days, to enhance service utilisation.**



Beyond the Binary

People with diverse sexual orientations and gender identities often face exclusion from mainstream social security and healthcare systems. This leaves them susceptible to violations of their sexual and reproductive rights, as well as social acceptance struggles. To ensure equal rights for all, it's essential to foster broader social understanding and dismantle harmful stereotypes. By challenging discriminatory beliefs, raising awareness, and offering safe spaces for comprehensive SRH services, the rights of individuals, regardless of their gender identity or sexual orientation, can be affirmed.

★★★ Working with the Vulnerable and LGBTQIA+ community to provide gender-sensitive right-based care and support

The LGBTQIA+ community encompasses a diverse group with varying gender identities and sexual orientations. Addressing their healthcare needs requires acknowledging their unique concerns. Limited awareness and understanding, along with discrimination, have hindered their access to quality SRH care. In

2022, we continued its efforts to strengthen LGBTQIA+ community engagement, focusing on masculinity, gender, sexuality, and reproductive rights awareness. The goal was to diminish stigma and ensure trans-inclusive centres for easy SRH service access.



147,982 key population individuals benefitted from 67,632 services this includes specialised health service sessions

1,400 persons including LGBTQIA+ community were trained in life skills training & 14% started earning using the skill

2937 awareness sessions were conducted for 130,772

SATRANG ★★★

Project SATRANG, supported by a Movement Accelerator grant, continued in 2022. It aimed to meet the sexual and reproductive health needs of the LBT community while fostering visibility and emotional support. Safe spaces were created in Mumbai and Pune, complemented by a dedicated helpline for SRHR information and mental health support. Transgender Day of Visibility was celebrated at the Mumbai branch, which was attended by 10 transpersons. Mumbai and Bengaluru branches celebrated Pride Month (June 2022) to honour the LGBTQIA+ community members with the theme

#SRHforAll and highlight the importance of easy access to SRH services. Artists and entrepreneurs from the community were invited to set up stalls and promote their products. The project worked towards bringing visibility to the issues faced by this community through a social media awareness campaign. A press meet was organised where 6 interviews were given by 20 members from the LGBTQIA+ community to Radio Active, a radio station focusing on the stories of marginalised communities in Bengaluru.



9 Support group meetings held in Mumbai & Bangalore

100 clients received services through health sessions

1400 school/college students sensitised as a part of CSE

Capacity of 120 Staff built through 10 training sessions on diverse SOGIESC (sexual orientation, gender identity, gender expression and sex characteristics) inclusion

★★★ *Enabling Right-Based SRH Services and Social Enterprise*

A guidance document for service providers was developed, offering accurate information on medical and legal transitions for transgender individuals. This comprehensive document covers gender affirmation surgeries, legal

documents and hormone therapy initiation processes. Over 1300 accessed services from our Bengaluru, Panchkula and Pune branches.

Piloting Livelihood Initiatives and Awareness ★★★

Collaborating with the Shodhanarambh organization, our Pune Branch conducted field mapping and year-long activities to engage transgender individuals in livelihood

programmes. Capacity-building meetings, outreach and SRH-HIV services accessibility, reached LGBTIQIA+ individuals.

★★★ *Fostering Awareness through Campaigns*

We extend SRH services and information inclusively. A pride walk advocated for marriage rights for LGBTIQI communities, while World Environment Day celebrated with the TG community. Social media campaigns highlighted safe sex practices and guidelines. The Pune branch participated in the local Police

Commissioner's recruitment drive for TGs, with the Pune Branch Manager being appointed to the Committee of Recruitment. The Cyrus Poonawala Skill Development Centre sponsored training for five transgender persons and 10 PLHIV adolescents and youths.



★★★ *Anam-Prem Initiative*

Shodhna is an advocacy and research-based organization. In 2022, the organization introduced the most effective needs of the hour initiatives with us including.

The Anam Prem, an initiative to integrate transgenders with mainstream society and family system. The Anam prem group spreads love through inclusion at larger levels. The first-of-its-kind Mela- a gathering of mainstream and stranger Families (to transgenders) who have accepted transgenders in their families like their

own children to extend the love was arranged on 9th April 2022 at Pune in Patrakar Bhavan Hall. During a one-day program, over 100 families, 50+ target groups, 100 members of the LGBTQIA+ community, and more than 1,000 visitors participated.

Anam Prem felicitated the branch Manager of our Pune Branch for various services given by the branch during COVID times, from ration kit distribution to engaging them in employability.

Survey by our Pune Branch ★★★

In 2022, our Pune branch conducted a survey to assess the livelihood status of transgender individuals. We selected four transgender peer educators, beneficiaries, and two staff members from the our Pune branch to participate in the survey training organised by Shodhnaarambh. During the training, they were taught about the work done by Shodhnaarambh for transgenders in Maharashtra and Chhattisgarh, the concept of survey and research, and the overall scenario of available and upcoming surveys/research for transgender individuals. They were also trained on which surveys to conduct for transgender individuals, including their current livelihood

status and their needs. By creating a database of the community, we hope to gain a better understanding of their needs in regard to their livelihood status, including their specific needs and requirements.



Case Story

Empowering Transgender Students: Breaking Stigma and Fostering Sensitivity

Bullying against transgender individuals is a pervasive issue worldwide, leading to insensitivity and social stigma. For transgender children, this challenge is compounded by the complexities of their age and the physical and emotional changes they experience. Government and schools run by Municipal Corporations play a crucial role as Comprehensive Sexuality Education (CSE) centres, with gender and diversity being a vital component of the curriculum.

In September 2022, our Madurai Branch conducted a CSE session at Sethupathi Pandi Durai School. Prior to the session, the headmaster shared the story of Santhosh (name changed), a transgender student facing discrimination. Santhosh, an 11th-grade student, endured constant mockery, isolation and even separate seating from classmates. This mistreatment by peers and teachers left him disheartened, and he was considering dropping out of school.

The CSE session focused on gender, diversity and discrimination, inspired by the conversation with the headmaster. Following the session, the project coordinator engaged with Santhosh for counselling. In their interaction, Santhosh expressed a simple yet powerful desire: ***"Treat me with dignity and enable our rightful place in society. I seek respect, not sympathy."***

Such incidents underscored the lack of sensitivity and awareness within the classroom environment. Santhosh's challenges were authentic and mirrored the need for change. Addressing these issues, the Branch organised an extensive gender diversity session led by an expert from the transgender community. The session emphasised the urgency of eradicating stigma and discrimination in classrooms while fostering greater awareness and sensitivity.

These efforts yielded positive results. Students gained insights into gender and diversity, enabling them to develop empathy and understanding towards their peers. As a result, Santhosh began to feel at ease in the classroom and dismissed thoughts of discontinuing his studies.

This initiative demonstrates the power of education in creating an inclusive and respectful environment for all students, regardless of their gender identity. Through comprehensive sessions and expert guidance, our Madurai Branch is breaking down barriers, nurturing awareness, and fostering a more compassionate generation.



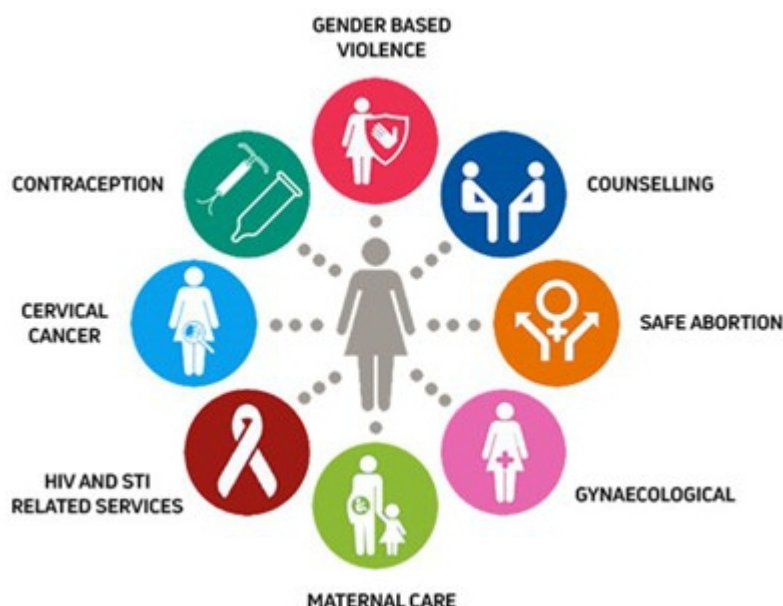


Delivering and Enabling Sexual and Reproductive Health Services

The provision of Sexual and Reproductive Health (SRH) services holds immense significance in safeguarding the well-being and self-determination of individuals. We are unwavering in our commitment to extend its reach to a diverse populace, including those residing in remote areas, and to administer comprehensive SRH mechanisms effectively.

Sexual and Reproductive Health Services we have employed a multifaceted approach, encompassing static clinics, community outreach initiatives, and telemedicine platforms, to dispense comprehensive SRH services. By doing so, we have successfully engaged with individuals, aiding them in making informed decisions and voluntary choices regarding their health and overall welfare.

Our efforts to enhance access to an extensive array of high-quality health services have been sustained through established static clinics known as Reproductive Health and Family Planning Centres (RHFPs). These clinics offer an amalgamated suite of essential SRH services.

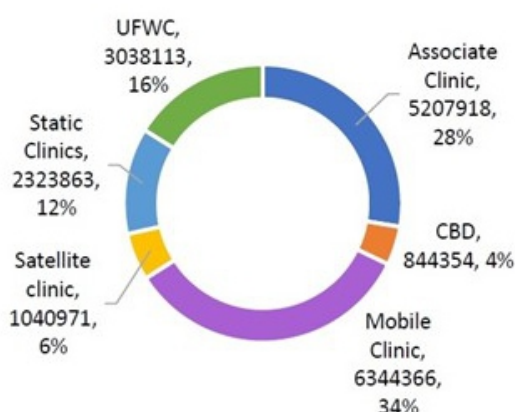


Furthermore, select RHFPs have gone beyond the provision of essential SRH services by extending offerings such as second-trimester abortion services, no-scalpel vasectomy, laparoscopic tubal ligation, colposcopy and cryotherapy. These centres have also catered to the treatment of minor ailments and the prevention, screening and management of non-communicable diseases such as hypertension,

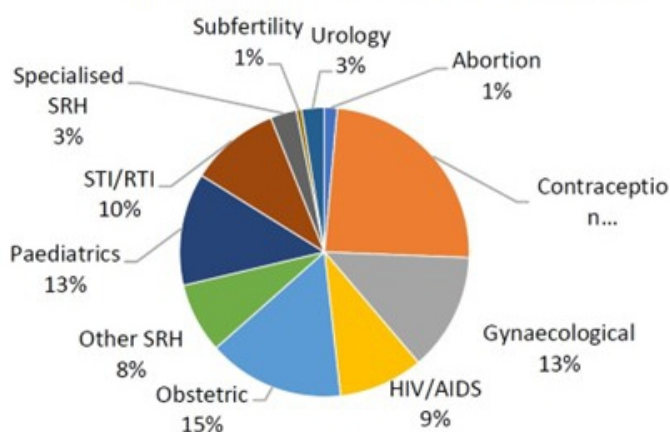
diabetes mellitus and oral cancer.

Community settings have also been targeted for service delivery, achieved through mobile outreach teams, satellite clinics and collaborative partner clinics. This approach ensures that SRH services are made accessible even to those residing in the wider community.

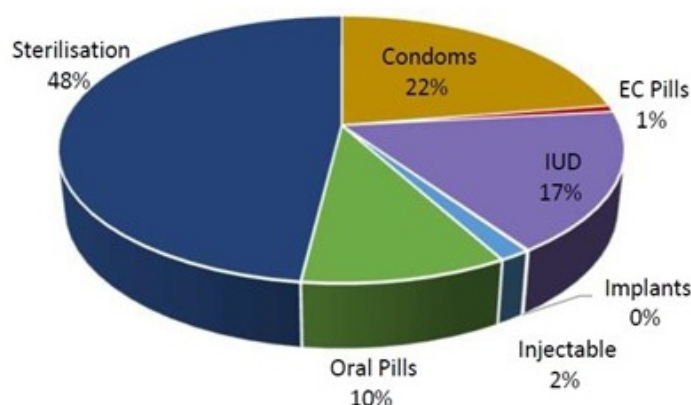
SRH services by SDP



SRH Services provided (Total - 18,799,585)



Couple Years of Protection (Total - 616,498)



Modern Contraceptive Methods Hormonal Implants

Fulfilling its commitment to universal access to SRH services, we pursued its mission through the integration of modern contraceptive methods. Collaborating with MSD Manufacturer Organon, we procured 236 hormonal implants. These implants, serving as highly effective and long-acting reversible birth control solutions, contribute significantly to preventing unintended pregnancies. Characterised by their discreetness and convenience, implants are gaining recognition as dependable and low-maintenance contraceptive alternatives.

Our thirteen branches, including Agra, Bidar, Kolkata, Pune (Shivajinagar), Pune (GGFC), New Delhi, Gwalior, Lucknow, Kalchini, Dharwad, Hyderabad, Murhu, and Ballari, received these implants for client use. Moreover, a team of our 24 clinic doctors participated in a virtual hands-on training provided by MSD-Organon, featuring model techniques using a specimen Dummy Arm.

Outcome:
488 implants successfully inserted

Smartscope / Early Detection of Cervical Cancer – Digital Initiative

Cervical cancer screening is paramount for early detection and intervention. We utilise the Smart Scope® - a portable trans-vaginal digital examination device - to facilitate close and magnified examinations of the cervix. This aids in early identification of abnormalities or precancerous changes, contributing to women's health and well-being. The project's aim also includes operational research on Smartscope's perspectives from providers and clients. The study was carried out across implementing branches such as Kalchini, Gwalior, Dharwad, and New Delhi.

Key Findings:

- Ease of use
- Excellent image quality
- Faster method
- Extended data storage
- Accurate assessment
- About 87% of women expressed high satisfaction levels

Outcome:
- 1493 women screened for cervical health
- 227 referred for confirmatory tests or follow-ups

Levonorgestrel-Releasing Intrauterine System (LNG IUS) - ICA Foundation Project

In collaboration with the ICA Foundation, we acquired 1000 LNG IUS for the project in 2022. These systems, used primarily as contraception, were allocated to various branches, including Gwalior, Kalchini, Murhu, Agra, Ahmedabad, Gomia, Ballari, Dharwad, Hyderabad, and Bhopal. The LNG IUS served not only as contraception but also for managing gynaecological issues.

Outcome:-

- **52 LNG IUS insertions** in clients aged 20-40
- **2 insertions** above the age of 42

Addressing Health Disparities - Jewalex India Pvt Ltd

In collaboration with Jewalex India Pvt. Ltd., we addressed health disparities faced by excluded populations such as sex workers, transgenders and PLHIV. The project aimed to enhance coverage of sexual and reproductive health services in Mumbai, Nagaland, Lucknow, Chennai, and Madurai branches.

Outcome:-

- **1769 beneficiaries** received SRH services
- **29 cervical cancer screening** sessions were conducted
- **1481 female sex workers** received cervical cancer screening
- **671 beneficiaries** received ration and nutritional support

"My Choice My Right" HCL Project Noida

Supported by the HCL Foundation, the project aimed to increase reproductive health awareness and informed decision-making among urban slum communities.

Outcome:-

- **Anaemia screening** for **1011 adolescent girls**
- **2487 adolescents** trained with CSE Modules
- **30 couple sessions** attended by 675 couples
- **49047 couples counselled** through home visits
- **13 Saas Bahu Sammelan** conducted
- **5300 beneficiaries** received SRH services from outreach sessions
- **32000 individuals** fully vaccinated against COVID-19



ASPIRE – Advancing an SRH Programme for Indigent Populations' Rights and Empowerment, supported by Oak Foundation

The ASPIRE project, backed by the Oak Foundation, extended its reach to previously untapped areas within the selected blocks of the Sunderbans, Alipurduar and Madarihat districts in West Bengal from January to April 2022.

This initiative seeks to elevate health and empowerment indicators for a larger segment of vulnerable populations, including female sex workers, PLHIV, LGBTQI individuals and tea garden workers (migrant workers). These groups encounter various challenges that hinder their access to SRH care. Alongside SRH service delivery, the project establishes safe

spaces, referral networks and emphasises primary and secondary gender-based violence prevention. This is achieved through stakeholder sensitisation and ensuring a continuum of care for survivors of gender-based violence (GBV).

Outcome:

- Total number of SRH services: **909,641**
- Couple-year protection (CYP): **18,451**
- Number of abortions provided: **4,560**
- Clients screened and counselled for GBV: **1,308**

Telemedicine

We have continued its telemedicine consultations, offering family planning, maternal health, safe abortion and GBV-related counselling and referral services. Pre and post-abortion counselling and follow-up services are also facilitated through tele-services.

Outcome:

- **51,087 clients** received telemedicine services
- **32,073 teleconsultations** provided
- **26%** of services were abortion-related
- **24%** of services were related to family planning
- **40%** were related to other SRH issues
- **10%** were GBV-related services

Our HQ – Medical Department Telemedicine Training Workshop

Our HQ - Medical Department organised a virtual certificate course on the "Legal Aspects of Telemedicine Training Workshop." The aim was to enhance knowledge and understanding of telemedicine and government guidelines. Participants from 15 branches and the HQ joined the training session, representing locations such as Agra, Ahmedabad, Bengaluru, Bhubaneswar, Bidar, Dharwad, Gwalior, Kalchini, Mumbai, Murhu, New Delhi, Pune-Shivajinagar, GGFC, Thane, and Noida.

Telemedicine guidelines for
Sexual & Reproductive Health
Services



Project DHRUV, Mumbai (Delivering Health, Reaching Urban Vulnerable)

Recognising the escalating burden of Non-Communicable Diseases (NCDs) and their associated out-of-pocket expenses, particularly in urban slums, Project DHRUV was initiated in 2019 in the large urban slum clusters of M ward in Mumbai. Its objective was to screen for NCDs such as diabetes, hypertension and anaemia. The project emphasises community awareness, early detection, the significance of lifestyle modifications and behavioural shifts concerning NCD control and management.

Outcome:

- **1,991 individuals** screened
- **1,185** were identified with at least one NCD condition and provided treatment
- **Regular follow-ups** conducted through teleconsultation



Targeted Interventions - Bridging SRH Access Gaps with Support from State AIDS Control Societies and NACO

In the year 2022, a series of targeted interventions were executed to address the gap in accessing SRH services among marginalised and vulnerable communities.

Panchkula: Supported by the State AIDS Control Society, Chandigarh, this intervention aimed to generate awareness and reduce the incidence of HIV/AIDS/STIs among FSWs, MSMs & IDUs through condom promotion and behaviour change communication.

Outcome:

- Registered 2017 individuals on the active line list
- 1619 tested for HIV, with 9 positive cases linked to ART centres
- Distributed 218,356 condoms
- Organized Hepatitis B Vaccination cum Nutrition camp for MSM community

Mohali & Chandigarh: Funded by Punjab State AIDS Control Society and Chandigarh State AIDS Control Society, three intervention projects were implemented to prevent HIV/AIDS among High-Risk Core Groups (HRCGs).

Outcome:

- Conducted 156 group meetings/demand generation sessions with 1597 participants
- Held 54 Drop-in-Centre (DIC) meetings involving 840 participants

Gwalior: Supported by Madhya Pradesh State AIDS Control Society National AIDS Control Board (NACO), this project focused on SRH and AIDS precautionary services for long-distance truckers and cleaners.

Outcome

- Sensitised 59877 truckers and cleaners
- Conducted 54 health camps with 1629 participants

Bhiwandi and Kalyan, Thane District: Implemented two projects for Female Sex Workers (FSWs) collectively covering 3500 FSWs.

Outcome:

- Screened 4983 for Syphilis
- Distributed 844,842 condoms
- Benefited 450 children through General Health camp services
- Conducted sensitisation and health sessions for 200 police staff

Migrant Project, Mumbai: Focused on the migrant male population, this project generated awareness and facilitated HIV/STI screening and treatment access.

Outcome:

- Reached 15,896 high-risk migrant individuals

Sneh Project, Mumbai: Catering to FSWs, this initiative is aimed at awareness generation, STI screening and linking new HIV+ clients to ART.

Outcome:

- Registered 5516 active population
- Conducted 258 HIV tests, with three positive cases linked to ART

Mohali: Our Mohali chapter secured a special project from the Punjab State AIDS Control Society. The project involved conducting five IEC-cum-HIV testing sessions across truck unions in Mohali, Ropar and Nawanshahar districts of Punjab. The sessions encompassed a comprehensive overview of HIV/AIDS, dispelling myths, information on RTI/STIs, drug abuse, and OST services. The initiative also extended HIV counselling and screening services and distributed free condoms while demonstrating correct usage and disposal techniques.

Outcome:

- Engaged 677 Truckers/Cleaners
- Examined 508 individuals
- Screened 480 individuals for HIV & VDRL

Trucker's Programme

Recognising the pressing need to tackle the issue of HIV effectively within the trucker population, our Gwalior Branch, in collaboration with MPSACS and NACO, Bhopal, has been diligently executing a target intervention - Truckers Programme since 2014. The programme aims to enhance awareness of STIs and HIV/AIDS prevention among long-distance truck drivers, cleaners and helpers who often cover distances exceeding 800 km in a one-way trip. Its objectives encompass organising regular camps for treating RTI/STI patients, facilitating referrals to Advanced Treatment Centres (ART), conducting consistent HIV/AIDS awareness programmes for truckers and support staff, and initiating ongoing advocacy efforts for HIV/AIDS prevention. As a part of this initiative, we established a clinic at Transport Nagar, Gwalior. This comprehensive project also involves satellite clinics for STI/HIV treatment, ensuring crucial health services like pathology, treatment, counselling, family planning, referrals and additional support are accessible to the target population.

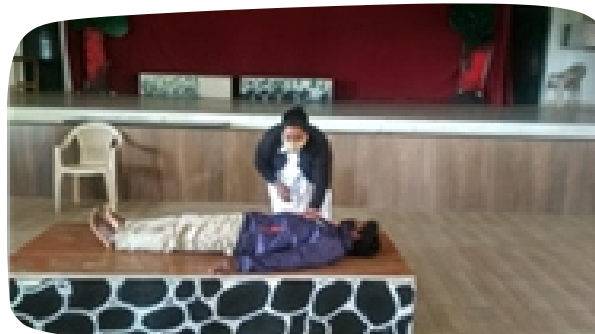
Outcome:

- Reached 59877 truckers
- 11379 truckers received clinic services
- Screened 2985 individuals for HIV
- Treated 731 cases of STIs
- Organised 25 booth exhibitions benefiting 4610 truckers
- Conducted 24 "Nukkad Natak" performances focusing on HIV prevention

↔ First Aid Training at Chamaraja Estate

Our Nilgiris Branch organised First Aid Training at Chamaraja Estate on March 2, 2022. The purpose of first aid is to preserve and sustain the life of the casualty, stabilize the patient, prevent contamination, aid in better and more rapid recovery, and help in the safe transportation of the patient to a hospital or doctor. It is important to know the basics of first aid as it can help you feel more prepared in an emergency. The basic principle of first aid when someone is unresponsive is ABCs, which stands for airway, breathing, and circulation. Emergency care will vary based on the specific crisis.

Common emergencies may include cardiac arrest, bleeding, choking, burns, blisters, broken bones, sprains, and nosebleeds.



SRH Service Session and Covid Subsistence Support with PLHIV by Our Nagaland Branch ↔

During the session, the issue of cervical cancer was addressed with the help of illustrations of the cervix. The speaker emphasised the causes, symptoms, and risk factors of cervical cancer, and urged people to undergo VIA testing for early detection. Out of 52 clients who received SRH services, 8 clients received VIA screening as well.



This year, **our Shivamogga branch** conducted various programs for women prisoners, including SRH health check-up camps and skill development training.



On May 27th, 2022, the **our Rajkot Branch** and the Government Mahila ITI Rajkot jointly organized World Menstrual Hygiene Day 2022. Dr. Deval Vyas, Co-founder of For Her foundation, was invited as a speaker to provide information on menstrual health and hygiene to the trainees of ITI. At the end of the session, she distributed 750 sanitary pads free of cost to the trainees.



Our South Kanara Branch has successfully conducted numerous awareness campaigns and health education camps in schools and Anganwadi. As part of Poshan Abhiyan, multiple camps were held, and health awareness talks were given at five different Anganwadi. Parents of children between the ages of one and five years were educated about the current nutritional status of their children, with suggestions for improvement provided. This event took place on March 9th, 2022.

Case Story

Reviving Hope and Embracing Life Again

Kumar, a 40-year-old unmarried man, has faced his share of challenges in life. Working as a seasonal labourer across different states and districts, he was diagnosed as HIV positive on March 5, 2008. He began his Antiretroviral Therapy (ART) in October 2012, with a CD4 level of 489 and a body weight of 47kg.

Unfortunately, due to his migratory lifestyle, Kumar discontinued his ART medication, and by November 2016, he was classified as Lost to Follow-Up (LFU). However, a dedicated Community Support Center Outreach Worker (CSC-ORW) tracked his journey and referred him back to an ART centre in January 2022. During his LFU period, his CD4 count dropped to 142, and his weight plummeted to 31kg. **Struggling with deteriorating health and dire economic**

conditions, Kumar's mental state deteriorated to the point of attempting suicide. Thanks to timely intervention by our Madurai branch, he was saved.

With the unwavering support of the ORW and a Peer Counsellor, Kumar now attends regular follow-up visits. Collaborating with a local NGO, CSC arranged vital nutrition support for both Kumar and his mother. With improved nourishment, his CD4 count rose from 142 to 354, and his weight climbed from 31 to 54kg. His health improved significantly, allowing him to resume his job. Kumar expresses heartfelt gratitude to our CSC for rejuvenating his life. **He has embraced strict adherence to ART treatment, finding strength and determination to face each day anew.**

Case Story

A Tale of Resilience: Battling Cervical Cancer

Kashavva, a 52-year-old woman from Mummigatti village, found herself grappling with an issue she had been ignoring: persistent white discharge. The turning point came when she participated in a cervical cancer detection camp organised by our Dharwad branch in her village. The camp not only raised awareness about various gynaecological concerns but also urged women to undergo cervical cancer screenings.

Intrigued, Kashavva decided to undergo the screening. The examination revealed cervical erosion, leading to a VIA-positive result (Visual inspection with acetic acid). She was subsequently referred to the branch clinic for further tests. A PAP Smear and Colposcopy

detected chronic cervicitis with the early stages of cervical cancer. **Swift action was taken as Kashavva sought treatment in Hubli, where she underwent a combination of radiotherapy and chemotherapy. Remarkably, she responded well to the treatment and is now leading a normal life.**

Kashavva emphasises the significance of timely screenings and accurate detection. Her story stands as a testament to the power of prevention through regular screenings, advocating for all women to prioritise their health and well-being.





Relief & Recovery – Navigating SRH Challenges in Humanitarian Crises

During humanitarian crises, vulnerable populations face heightened risks and increased barriers to accessing Sexual and Reproductive Health (SRH) services. Delivering timely and responsive services is crucial to mitigating poor SRH outcomes and addressing exacerbated gender inequalities. We remain committed to adapting and innovating to serve communities during such trying times.

SPRINT 4 Project

The SPRINT 4 project is dedicated to enhancing the health outcomes of crisis-affected populations by reducing preventable sexual and reproductive health morbidity and mortality. FPA India has been implementing the SPRINT 4 project since 2022 in eight branches: Bhubaneswar, Kolkata, Kalchini, Chennai, Dharwad, Srinagar, Murhu, and Trivandrum.

Key Activities Include:

- Building the capacity of our staff to provide essential, life-saving SRH services during and after crises
- Advocating for an enabling environment by empowering humanitarian workers

Humanitarian Day was commemorated through diverse activities like awareness workshops, sensitisation sessions, quiz competitions, rallies, tree plantations and drawing contests.

Minimum Initial Service Package (MISP)

The MISP is a vital response to SRH challenges in crisis situations. Focusing on life-saving actions, MISP addresses the SRH needs of affected populations, especially women and girls. In Kerala and Tamil Nadu, we continued to address essential SRH needs in the aftermath of the 2021 floods.

Outcomes

Kerala:

- Conducted 24 SRH sessions, reaching around 3,000 beneficiaries

- Executed 25 service sessions

Chennai:

- Carried out 33 service sessions
- Reached 3,282 beneficiaries

Our Medical Department organised a capacity-building "Training of Trainers" on MISP, fostering a comprehensive understanding of MISP's significance in disaster response programmes.

Community Health Initiative – Community HELP Initiative

In collaboration with the OAK Foundation, we initiated the Community HELP Initiative in June 2021, focusing on marginalised populations, particularly women and girls, during the COVID-19 crisis. This project aimed at delivering essential health services, building capacities, and safeguarding the livelihoods of vulnerable groups.

Implemented by the Murhu, Gomia, Singhbhum, Kalchini, Kolkata, and Bhubaneswar branches, the project covered Jharkhand, West Bengal, and Odisha States.

Outcomes:

- Extended coverage to 66 new villages
- Conducted 1302 virtual consultations
- Facilitated 23 specialised health service sessions through satellite clinics, serving 1718 clients

The project also empowered 75 women from Kolkata and Kalchini through training in mask making, flower and artificial jewellery crafting and cloth bag painting.



Sustainability Initiatives

Our Let's Get Schools Back To Girls' Campaign & Impact Walkathon

Every year since 2017, in the month of January, we have actively participated in the Tata Mumbai Marathon (TMM) to raise funds for our pursued social causes. Renowned as one of Asia's most prominent sporting and philanthropic events with high visibility, the annual TMM event serves as a platform to advocate for various issues. Unfortunately, due to the COVID-19 pandemic, the event was canceled consecutively for two years following 2020.

The pandemic's impact resulted in around 10 million secondary school girls in India discontinuing their education, thereby exposing them to risks like early marriage, premature pregnancy, poverty, trafficking and violence. Furthermore, the digital divide rooted in gender inequality prevented many girls from accessing online classes. In response to these challenges, we conceived the '**Let's Get Schools Back To Girls'** campaign, aimed at reinstating girls in schools and facilitating underserved adolescent girls' access to online and school-based learning, life skills and healthcare.

Inspired by the TMM, we devised our localised

version of a walkathon, known as the "**Impact Walkathon.**" This initiative rallied resources and supporters to raise funds for the campaign, fostering support for underprivileged adolescent girls to complete their formal education. The seven-week fundraising campaign took place from February 1, 2022, to March 20, 2022. Its objective was to provide comprehensive assistance, including STEM and spoken English coaching, adolescent-friendly health services and counseling, to underprivileged school drop-out adolescent girls on the cusp of completing their education up to grade ten.

With our collaboration, the campaign operated across two fundraising platforms: United Way Mumbai and Give India. Additionally, nine FPA India branches (Panchkula, Mohali, Ahmedabad, Bhopal, Ballari, Bengaluru, Gwalior, Hyderabad, and the Murhu Project) organised an innovative on-ground sporting event named "FPA India's Impact Walkathon" in March 2022. This event aimed to enhance the visibility of the fundraising campaign while also commemorating International Women's Day.



Campaign Highlights

The campaign garnered support from over 1000+ well-wishers, fundraisers and donors.

The campaign's proceeds were channeled into a program providing STEM and spoken English coaching, alongside adolescent-friendly health services.

Total donations raised exceeded INR 28 lakhs.

Enhancing Corporate Sector Collaboration for SRHR and Gender Equality

We partnered with DFPA (Danish FPA) for a transformative project aimed at contextualising the workplace environment in India and expanding corporate engagement for Sexual and Reproductive Health and Rights (SRHR).

The project serves a dual purpose: broadening corporate collaboration for greater financial sustainability and addressing gender-based violations in workplaces. It strives to protect workers' SRHR rights, foster inclusivity and combat workplace gender inequalities, especially concerning women and marginalised groups.

We envision gaining invaluable insights from this project, offering valuable inputs for IPPF's future direction regarding corporate sector engagement. Additionally, DFPA equipped Member Associations (MAs) with four corporate sector tools to conduct a pilot survey, evaluating workspace environments in terms of safety, health and inclusivity.

These tools encompass

A model workplace policy on diversity-equity-inclusion and anti-sexual harassment

A workplace survey on gender equality, health and decent work

An escalation flow chart for handling sexual harassment cases

A Key Performance Indicator (KPI) overview for monitoring company progress on Sexual harassment

In alignment with the Indian context, we deliberated upon and modified the tools. The survey questionnaire was enhanced with additional indicators, focusing on gender mainstreaming, health (including mental and emotional well-being) and workplace sexual harassment concerns.

DFPA facilitated monthly online knowledge-sharing meetings from October to December, fostering an exchange of experiences among all

participating MAs. These sessions provided a platform to discuss adapting the survey and model policy tools, addressing challenges, sharing approaches and imbibing key learnings.

This initiative reflects our commitment to expanding SRHR awareness and gender equality in the corporate sphere, propelling us toward a more inclusive and empowered future for all.

Breaking Barriers – Fostering Gender Parity through STEM

A UNESCO report (titled *Cracking the code: girls' and women's education in STEM*) indicates that merely 28% of global researchers are women, and a mere 3% of ICT graduates worldwide are women. India faces gender disparity in Science, Technology, Engineering & Mathematics (STEM) education and careers due to societal norms, biases, lack of facilities and familial expectations.

Proceeds from the Impact Walkathon were invested in a program offering STEM and spoken English coaching, adolescent-friendly health services and counselling, empowering underprivileged girls to complete their secondary education and prepare for future livelihoods. STEM education offered by us was

essentially about spoken language and Mathematics. This was as per demand from the community, to bring girls in the higher secondary classes up to speed with the lessons they missed during the COVID lockdown, particularly since they could not access online classes.

Comprehensive STEM education and CSE interventions are presently extended to young schoolgirls, including dropouts from grades 8 to 10, with the aim of boosting their academic achievements across our select branches. Participants are awarded certificates of appreciation and completion for Spoken English crash courses.

STEM education aims to

Foster confidence and self-awareness

Promote gender awareness

Enhance critical thinking skills


Strengthen decision-making abilities

Branches implementing STEM:

Agra, Bengaluru, Bhubaneswar, Chennai, Dharwad, Gwalior, Gwalior, Hyderabad, Kolkata, Mohali, Panchkula, Pune, and TDP

Outcome:

- **658 girls enrolled** in the STEM program
- **Conducted 500** anemia screenings

 *FPA India's STEM programme is very helpful for our examinations. If we go to the tuition there is an added expenditure. As compared to the last year, I scored better this year. I want to thank FPA India for this help.*
Sneha, STEM programme participant, FPA India Bengaluru branch

Social Enterprise Initiative


In the first quarter of 2022, we launched a new social enterprise endeavour, promoting personal lubricants. This water-based lubricant product aims to alleviate discomfort and enhance pleasure during sexual activity. Sourced from a local Indian manufacturer, the product was piloted across our 20 Branches/Projects. Sales are exclusively facilitated through our Service Delivery Points (SDPs) under the supervision of a medical officer, contingent upon client profiles and history.



As a part of the strategic focus of the IPPF SE Hub managed by FPA Srilanka, and as an extended form of ongoing support, the Hub visited our Head Quarters in Mumbai and the Thane District Project and Mumbai Branch. The visiting team shared key observations and inputs with our Governing Board, SMT and Core SE team, to strengthen the flagship social enterprise of personal lubricants.



Building upon the lessons learned from piloting the manufacture and social marketing of readymade sanitary napkins, our Thane District Project team began a new venture, of marketing locally sourced anion sanitary napkins. This initiative was inaugurated by the visiting team from the IPPF SE Hub, in October 2022. It is localized to the operational area of the Project yet, and complements the ongoing SRH service delivery and community outreach programme on menstrual hygiene management.

 Our Raichur branch mobilized Rs.20 lakh in donations from the local MLA, MP, and Rural MLA for the construction of a new hospital in 2022.



Research, Evaluation and Learning



A Study on 'Committing to Quality in Abortion Care: Developing a Charter of Rights for Quality Abortion Care'

Collaborating with the International Planned Parenthood Federation (IPPF) and us, Ibis Reproductive Health (Ibis) is conducting a study in Ahmedabad, Lucknow and Kalchini to develop a charter of rights for Quality Abortion Care. A formative research has The overall aim of this study is to conduct qualitative formative and evaluative data collection in order to develop a Charter of Rights for Quality Abortion Care. So far, the study has been approved by Sigma IRB and the Phase 1 data collection process has been completed. The Phase 2 data collection is ongoing.

A Study on 'Supporting Self-Managed Abortion in India: A Pilot Validation Study of Complications Self-Report Tool'



Another collaborative study by Ibis, IPPF and us is underway in Gwalior, Kalchini and Pune to pilot-test a self-report instrument capturing outcomes from medication abortion and validate a self-report questionnaire for abortion complications and symptoms. The data collection process is ongoing.



A retrospective study to assess the uptake of safe abortion services enabled through telemedicine

During the COVID-19 pandemic, we launched teleconsultation services to complement facility-based care. Anecdotal evidence suggests that medication abortion services provided by us saw an uptake during this period, thanks to tele-counselling and consultations provided by the clinic and outreach-based service providers. To strengthen this evidence, a retrospective study was conducted on case records of 301 clients who availed of safe abortion services in our approved clinics in Gwalior and Murhu. The

objective of this study was to document the pathways traced by clients seeking comprehensive abortion care by triangulating data recorded in the clinics and in our outreach in Gwalior and Murhu. The study, which was initiated in the last week of April 2022 under Project M Chikitsa, aimed to build reasonable evidence of the management of medication abortion through the hybrid model of telemedicine and facility-based service. Data collation was carried out from May to mid-June 2022.



Organisational Updates



Governance Reforms and Branch Steering Committees

Under the Governance Reforms initiated by IPPF and endorsed by the Central Executive Committee (CEC) and All India Council (AIC), a move toward 'One Organisation, One Governing Board' was undertaken. Four Branches — Chennai, Bhopal, Bengaluru and Gomia — were chosen to pilot the new 'Branch Steering Committee' model. This redesign encompassed revisions in nomenclature, composition and overall functions of the Branch Committees. Triennial Elections for the Branch Steering Committees, due in 2023, are gradually being aligned with our national elections for the

Governing Board (CEC).

Throughout 2022, the Branches/Projects held 373 Branch Executive Committee/Project Liaison committee (BEC/PLC) meetings, addressing matters concerning Branch performance, staff and financial affairs. Additionally, 32 Annual General Meetings (AGM) took place at the branch level, delving into topics such as Branch Performance, Audited Reports and Branch Membership Fees.

Our Strategic Plan 2023 – 2028 and IPPF Strategic Framework

Over the past two years, IPPF engaged in a consultative process to formulate its new Strategic Plan for 2023-2028, titled 'Come Together.' This document revolves around four key pillars. To enhance inclusivity for vulnerable groups, particularly young individuals, the strategy integrates evolving donor priorities and community perspectives.

While we align with IPPF's Strategic Framework, the organisation acknowledges the necessity of tailoring its Strategic Plan to India's context. Consequently, intensive consultations transpired with Branch Steering Committee/Branch Executive Committee (BSC/BEC) volunteers, CSO partners, young individuals and clients. This comprehensive input collection facilitated the crafting of a relevant and robust Strategic Plan, poised to guide our Program Planning over the ensuing six years.



The four pillars are as follows:

Center Care on People: Focuses on broadening access to quality SRH services via innovative channels.

Move the Sexuality Agenda: Aims to drive societal and legislative shifts toward universal sexual and reproductive rights, incorporating youth voices, addressing gender-based violence and leveraging social media for advocacy.

Solidarity for Change: Concentrates on fostering strategic partnerships for innovation, technological utilisation and instigating change.

Nurture the Federation: Inward-looking, this pillar encompasses brand enhancement, resource mobilisation, integration of gender and sexual diversity and promoting youth leadership roles.



Strengthening Partnerships

Throughout 2022, we continued its collaborations with diverse organisations and institutions devoted to causes concerning women, education, GBV, HIV, LGBTQIA+ issues and key populations. The Branches formalised

both formal and informal partnerships with educational departments, community-based organisations and NGOs dedicated to youth affairs.

A total of 736 such partnerships and engagements materialised across the branches during the year. Our commitment extended to training NGO personnel in delivering CSE to youth through their initiatives, with 1261 NGO staff members being trained in the process.

Specific Collaborative Initiatives

Ballari: Strengthened ties with existing SHGs formed by Soukya Belaku Samudaya Seva Samsthe (SBSSS), VIMUKTHI, and PLHIV NGOs, additionally establishing health groups/teams within villages to address GBV crises.

Bidar: Formally entered agreements with 8 NGOs and established non-formal agreements with 6 NGOs to conduct health camps, CSE sessions and skill training.

Ahmedabad: Forged partnerships with Parivartan Foundation, SAATH Charitable Trust and Manav Sadhana. Organised CSE sessions with youth groups and implemented specialised service sessions within the community.

Agra: Held a meeting with 12 NGOs/CBOs, offering CSE training to NGO staff members. Pune: Collaborated with NGOs such as Hope for the Children Foundation, Lila Poonawala Foundation, Rotary Club of Royals Pune and Sevasarathi Foundation to address youth issues and CSE.

Mysuru: Bolstered ties with the University of Mysore, securing permission to establish a youth center within the campus. Collaborated with various entities to conduct reproductive health check-up camps for youth, women's groups and men.

Vijaypur: Formally and informally partnered with several NGOs and CBOs, including Center for Non-Formal Education, UJWALA Rural Development Society, Sankalpa, Network for HIV positive people, Navaspoorthi, Mahila AIDS Jagrathi Sangha, St Anthony Aids Center and T.P. Alexzander Foundation.

Murhu Project: Teamed up with the Jharkhand Tribal Development Scheme (JTDS) and TEJESWINI to provide CSE sessions in schools and address adolescent SRH needs.

Bhubaneswar: Partnered with various organisations, including KNP+, Hope Foundation, Disha, Gram Utthan, Parivari Sevasanstha, YMCA, GMI and STEP foundation to extend services to key populations and other vulnerable groups.

New Delhi: Established an MoU with TWEET Foundation and collaborated with Nazariya Foundation to cater to the LGBTQI population.

Kalchini: Formalised agreements with 7 NGOs to implement CSE Sessions in their operational areas. Conducted 14 sensitisation programmes to enhance network connections.

Lucknow: Collaborated with around 14 NGOs and formalised MoUs with 4, including Humsafar, Vigyan Foundation, Pt.G.B. Pant Institute and Saarthi Foundation, to address gender and adolescent concerns.

[Social media Highlights 2022]



Facebook

Reach



1,92,639

No. of Posts



185

Engagement



28,698

Impressions



2,21,244

Instagram

Accounts Reached



31,219

Impressions



26,254

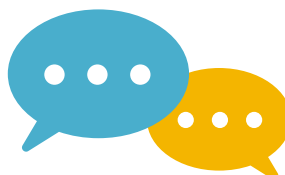
Twitter

Impressions



50,581

Profile visits



24,858

Our Supporters & Donors

- Dr. Usha Krishna
- HDB Financial Services Ltd.
- International Planned Parenthood Federation
- Packard Foundation
- Government of India
- Advocate for Youth
- Oak Foundation
- Twinings Private Ltd.
- Global Health Advocacy Incubator
- Ibis Reproductive Health
- World Health Organization
- Narotam Sekhsaria Foundation
- Shahi Exports Private Limited
- Goran Grosskopf Family – Sweden
- Jewelex India Pvt Ltd.
- HCL Foundation
- Yardi Software India Pvt Ltd
- Dharwad Cooperative Milk Producers' Societies Union Ltd.
- Think Foundation
- Kayce Eratna
- Viloo Poonawalla Foundation
- Suco Souharda Sahakari Bank Ltd.
- Tata Motors Ltd.

Our Medical Advisory Panel

- Dr. Usha Krishna, Chairperson
- Dr. Nozer Sheriar, Co-Chairperson
- Dr. R P Soonawala, Ex-Chairperson
- Dr. Vihang Vahia, Member
- Dr. Alka Deshpande, Member
- Dr. Bipin Pandit, Member
- Dr. Anahita Chauhan, Member
- Dr Rajshekhar Brahmbhatt, Member
- Dr. Suchitra Pandit, Member
- Dr. Ameya Purandare, Member
- Dr. Parikshit Tank, Member
- Dr. Atul Ganatra, Member
- Dr. Phiroze Soonawalla, Member

Team & Locations

Headquarters Executives

Senior Management Team

- Dr. Kalpana Apte, Director General
- Mr. Lalit Parashar, Deputy Director General, (Operations)
- Ms. Amita Dhanu, Deputy Director General, (Programmes)
- Mr. Sudhir Tawde, Director, Finance & Accounts

Management Team

- Dr. Manisha Bhise, Director, Resource Mobilisation
- Ms. Nisha Jagdish, Director, Gender & Rights
- Dr. Shamala Dupte, Consultant - Medical
- Mr. Abhijeet Unhale, Director, Human Resources & Legal
- Ms. Vijayalaxmi Tulpule, Director, Internal Audit
- Dr. Nilesh Patil, Director - Adolescent
- Mr. Narayan Kokate, Consultant (Monitoring & Evaluation)
- Ms. Milan Godse, Assistant Director – Human Resources & Administration
- Ms. Usha Radhakrishnan, Manager, Monitoring & Evaluation
- Mr. Paresh Bagwe, Finance Manager
- Priya Pimpale, Manager – Finance & Accounts
- Ms. Gayatri Chavan, Project Coordinator – Oak Foundation Project
- Ms. Sanjana Maurya, Manager – Governance & Branch Management
- Dr. Amit Kitukale, Project Manager – SPRINT IV – Humanitarian Project
- Ms. Ananya Kumar, Manager - Partnerships
- Dr. Pallavi Vinarkar, Program Manager - Medical

General Managers & Regional leads

GMRLs Branch/ Projects

- Mr. Parag Datt Sharma, General Manager & Regional Lead FPA India Agra Branch
- Mr. Suresh Maratha, General Manager & Regional Lead FPA India Ahmedabad Branch
- Mrs. Rekha G, General Manager & Regional Lead FPA India Bengaluru Branch
- Dr. Renu Kapoor, General Manager & Regional Lead FPA India Hyderabad Branch

GMs Branches/ Projects

- Mr. Omendra Singh Chauhan, General Manager FPA India Jabalpur Branch
- Mr. Tushar Chakraborty, General Manager FPA India Kalchini Branch
- Mr. Vincent Belho, General Manager FPA India Nagaland Branch
- Mr. Manoj Kumar Garg, General Manager FPA India Panchkula Branch

Branch Presidents

- Mrs. Sudha Kapur, President FPA India Agra Branch
- Dr. Miteshbhai Jagdishkumar Patel, President FPA India Ahmedabad Branch
- Mr. T Govinda Vittal, President FPA India Ballari Branch
- Dr. (Mrs.) Vinoda C. Bawdekar, President FPA India Belagavi Branch
- Dr. Sharada Nasimath, Chairperson FPA India Bengaluru Branch
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- Mr. Rajesh Kumar Mishra, President FPA India Bhubaneshwar Branch
- Dr. Nagesh Patil, President FPA India Bidar Branch

- Ms. N. Leelavathy, Chairperson FPA India Chennai Branch
- Dr. (Mrs.) Rathnamala M Desai, President FPA India Dharwad Branch
- Mr. Roshan Sinha, Chairperson FPA India Gomia Branch
- Mrs. Seema Sharma, President FPA India Gwalior Branch
- Mr. Kantilal Shah, President FPA India Hyderabad Branch
- Dr. Bhartendra Holkar, President FPA India Indore Branch
- Er. Rakesh Rathore, President FPA India Jabalpur Branch
- Mr. Syed Shahid Hasan, President FPA India Jaipur Branch
- Mr. Abhidip Hazar, President FPA India Kalchini Branch
- Dr. Chinmoy Kumar Buse (Acting President), President FPA India Kolkata Branch
- Dr. K Jeyakodi, President FPA India Madurai Branch
- Mr. I. P. S. Bajwa, President FPA India Mohali Branch
- Dr. Kamal Hazari (Ad-hoc Committee), Chairperson FPA India Mumbai Branch
- Prof. S N Hegde (Ad-hoc Committee), Chairperson FPA India Mysuru Branch
- Ms. Helena Yephthomi, President FPA India Nagaland Branch
- Mr. T. Rangaiah (Ad-hoc Committee), Chairperson FPA India Nilgiris Branch
- Dr. Ashok K Bhat Halkar, President FPA India North Kanara Branch
- Mr. Vinod Kapoor, President FPA India Panchkula Branch
- Adv. Avlokita A. Mane, President FPA India Pune Branch
- Dr. V. A Malipatil, President FPA India Raichur Branch
- Mr. Mahesh Dhirajlal Mehta, President FPA India Rajkot Branch
- Ms. S. B. Ashok Kumar, President FPA India Shivamogga Branch
- Prin. Mr. K. M. Jamadar, President FPA India Solapur Branch
- Mrs. Harini Damodar, President FPA India South Kanara Branch
- Dr. Shahzad Alam (Ad hoc committee), Chairperson FPA India Srinagar Branch
- Adv. T. Ajith Kumar, President FPA India Trivandrum Branch
- Mrs. Ashwini A Kalagi, President FPA India Vijayapur Branch
- Dr. Sachin Miglani, President FPA India Yamunanagar Branch

Project Chairpersons

- Ms. Freny Tarapore, Chairperson FPA India GGFC Project
- Mr. Shripal Chand Jain, Chairperson FPA India Murhu Project
- Dr. (Mrs.) Meena Pimpalapure, Chairperson FPA India Sagar Project
- Dr. K. Seshagiri Rao, Chairperson FPA India Thane District Project

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- **Dharwad:** Near 'Baroo Sadhanakerege' Udyanavana, Police Headquarters Road, Vikasnagar-1st Cross DHARWAD – 580 008. KARNATAKA Tel: (0836) 2447896 Email: dharwad@fpaindia.org
- **Gomia:** Govt Colony Road, Near Gomia Block Office, P.O. Indian Explosives Gomia Dist. BOKARO – 829 112. JHARKHAND Tel: (06544) 261304 Email: gomia@fpaindia.org
- **Gwalior:** 416, Pandit Vihar Colony, Gola Ka Mandir GWALIOR – 474 004. Tel: (0751) 2376272/2625992/ 2660278 Email: gwalior@fpaindia.org
- **Hyderabad:** 6-3-883/F, Near Topaz Building, Punjagutta Officers Colony Lane, PUNJAGUTTA, HYDERABAD – 500 082. TELANGANA. Tel: (040) 23402994 / 23409736 Email: hyderabad@fpaindia.org
- **Indore:** 15, Ganji Compound Behind Nagar Nigam INDORE – 452 007. MADHYA PRADESH Tel: (0731) 2531649 Email: indore@fpaindia.org
- **Jabalpur:** 207, Ekta Vihar, Opposite Supteshwar Ganesh Temple JABALPUR – 482 001. MADHYA PRADESH Tel: (0761) 4036429 Email: Jabalpur@fpaindia.org
- **Jaipur:** Plot No. 25, Road No. 06, Nandpuri Kacchi Basti, Hawa Sarak JAIPUR – 302 006. RAJASTHAN Tel: (0141) 2218884 Email: jaipur@fpaindia.org
- **Kalchini:** Main Road Hamiltonganj, P O Hamiltonganj Dist-Alipurduar – 735 214. WEST BENGAL Tel: (03566) 240337 Email: kalchini@fpaindia.org
- **Kolkata:** Neelamber (4B & 4C), 28B Shakespeare Sarani, KOLKATA – 700 017. WEST BENGAL. Tel: (033) 64500318 / 64500357 / 64500319 Email: kolkata@fpaindia.org

- **Lucknow:** 27 Dr. B. N. Verma Road
LUCKNOW – 226 018. UTTAR PRADESH
Tel: (0522) 4045842 Email:
lucknow@fpaindia.org
- **Madurai:** FPAI Bhavan FPAI Road, TNHB
Colony Ellis Nagar MADURAI – 625 016.
TAMILNADU Tel: (0452) 2601905 / 2604373
Email: madurai@fpaindia.org
- **Mohali:** Sehat Bhawan Site No. 3, Phase 3-A,
Sector 53, Near Petrol Pump, S.A.S. Nagar
Mohali – 160 059. PUNJAB Tel: (0172)
2273791. Email: mohali@fpaindia.org
- **Mumbai:** 1st Floor, Radhika Residency,
Mahatma Phule Nagar, Near Tilak Nagar
Railway Station, (Harbourline)Tilak Nagar (W)
MUMBAI - 400 089. MAHARASHTRA Tel:
9167903501 / 2 Email:
mumbai@fpaindia.org
- **Mysuru:** Door No. 4607, L-18, 3rd Cross, St.
Mary's Road Near, Maruti Circle, N R Mohalla,
MYSURU – 570 007. KARNATAKA Tel:
8197024989 Email: mysuru@fpaindia.org
- **Nagaland:** West Entry – Opp Charity School,
East Entry – Main Town, Behind UT Building
(PROBO) KOHIMA – 797 001. Tel: (0370)
2292078 E-mail: nagaland@fpaindia.org
- **Nilgiris:** FPA india Nilgiris Branch, Glenview
COONOOR – 643 101. TAMIL NADU Tel:
(0423) 2230053 E-mail: nilgiris@fpaindia.org
- **North Kanara:** Near NWKRTC Depot, Manaki
Ground, KUMTA – 581 343. KARNATAKA
Email: nkanara@fpaindia.org
- **Panchkula:** House No. 62-C (Near Aggarwal
Agency) Haripur, Gali No. 14, Sector 4
PANCHKULA – 134 109. Tel: (0172)
2563885, 2566068 Email:
panchkula@fpaindia.org
- **Pune:** Flat No. 202, Western Court Behind
Shree Seva Petrol Pump, 1082/1
Ganeshkhind Road Shivajinagar, PUNE – 411
016. MAHARASHTRA Tel: (020)
25677733/25677734 Email:
pune@fpaindia.org
- **Raichur:** # 12-10-148/1 Goshala Road Opp
MRF Tyre Showroom RAICHUR – 584 102.
KARNATAKA Tel: (08532) 231939 Email: -
raichur@fpaindia.org
- **Rajkot:** 01-Ramnagar (Closed Street), Plot
No-28-A, Sub-Plot No. 01, Gondal Road,
Behind Indian Overseas Bank, RAJKOT –
360 004. GUJARAT Tel: (0281) 2361694
Email: rajkot@fpaindia.org
- **Shivamogga:** Main Road, Malleshwaranagar
1 stage SHIVAMOGGA – 577 202.
KARNATAKA Tel: (08182) 223242 Email:
shivamogga@fpaindia.org
- **Singhbhum:** Road No. 03, Qt.No. 109, B.H.
Area, Kadma, P.O. Kadma Jamshedpur831
005, JHARKHAND. Tel: (0657) 2300559
Email: singhbhum@fpaindia.org
- **Solapur:** Parmeshwar Koli Samaj Mandir, TP
Scheme No. 3, Final Plot No. 103, Bhavani
Peth, D A V College Road, SOLAPUR - 413
002. MAHARASHTRA Tel: (0217) 2991127
Email: solapur@fpaindia.org
- **South Kanara:** Opp. Diana Theatre,
Kukkikatte, UDUPI – 576 101. KARNATAKA
Tel: (0820) 2536918 Email:
skanara@fpaindia.org
- **Srinagar:** C/0 DUAA Doctors Clinic, 14 Khan
Complex Madina Chowk, Gawkadal,
SRINAGAR – 190 001. JAMMU &
KASHMIR. E-mail: srinagar@fpaindia.org
- **Trivandrum:** Urban Family Welfare Society
Konchiravilla Manacaud, TRIVANDRUM -
695 009. KERALA Tel: (0471) 2459051
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- **Vijayapur:** Plot No. 92, BDA site, Near Shankar Mutt, Vajra Hanuman Nagar, Bagalkot Road, VIJAYAPUR – 586 109. KARNATAKA Tel: (08352) 278719 Email: vijayapur@fpaindia.org
- **Yamunanagar:** 12, Adarsh Nagar, Near Bhai Kanhaiya Sahib Chowk, YAMUNANAGAR - 135 001. HARYANA Tel: (01732) 227703 Email: yamunanagar@fpaindia.org
- **Noida:** My Choice My Right P-2, Sector 12, Infront of Noida Stadium, Near Chaura Morh Noida, Dist. Gautambudh Nagar UTTAR PRADESH - 201301 E-mail: noida@fpaindia.org
- **New Delhi:** FPAI Bhawan, Plot No. 10, Sector IV, R. K. Puram, NEW DELHI-110 022. Tel: (011) 26176345 / 26182236 / 26172359 Email: newdelhi@fpaindia.org
- **Sagar:** Pdt. Ramkrishna Rao Shrikhande Memorial Charitable Hospital, Bithal Mandir, Chakraghat SAGAR – 470 001. MADHYA PRADESH Tel: (07582) 221963 E-mail: sagar@fpaindia.org
- **Thane District Project:** Unit No. 103, Second Floor Punjani Industrial Estate Premises Pokharn Road No. 1, Khopat THANE WEST – 400 601. Tel. 8104698974 E-mail: thane@fpaindia.org

Projects:

- **Dindigul:** Plot No. 69-70, FPAI Bhavan AKMG Nagar, Karur Road (Opp. Beschi College) DINDIGUL – 624 001. TAMILNADU Tel: (0451) 2432412 Email: dindigul@fpaindia.org
- **GGFC Project:** (Goran Grosskopf Family Clinic), Plot Sr. No. 77/1, Kothrud, Near Ved Bhavan, Chandani Chowk, Pune – 411038. Tel: 020 – 25280159 / 60 / 61 / 62, Email: GGFC@fpaindia.org
- **Murhu (Sexual & Reproductive Health and Rights):** Dak Bangla Road, Lobin Bagan P. O KHUNTI – 835 210. Dist –Khunti Ranchi JHARKHAND Tel: (06528) 221265 E-mail: murhu@fpaindia.org



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