In 1947, when India became independent, fertility was high with couples averaging six children. The population was burgeoning, public health facilities were minimal and life expectancy was low. Having too many children and too soon was becoming detrimental to women’s health. A group of concerned women decided to address the issue. It resulted in the establishment of the Family Planning Association of India (FPA India) in 1949.

FPA India was instrumental in advocating for family planning to be introduced in the country's first Five Year Plan (1952). Thus, India became the first country in the world to have a family planning programme.

Currently, FPA India is a premier civil society organisation delivering essential health services focusing on sexual and reproductive health in over 18 states and union territories of India, in regions where key developmental indicators are poor and gender disparities are high. They include Bihar, Gujarat, Haryana, Jammu and Kashmir, Jharkhand, Karnataka, Kerala, Madhya Pradesh, Maharashtra, Nagaland, Odisha, Punjab, Rajasthan, Tamil Nadu, Telangana, Uttar Pradesh, West Bengal and the Union Territory of Delhi.

FPA India works with corporates, businesses and bilateral donors to deliver health services and information, build capacities and advocate for causes that support the community’s development and well-being.

**OUR VALUES**

- Integrity
- Inclusiveness
- Passion
- Excellence

**OUR MISSION**

A voluntary commitment to SRHR to ADVOCATE for and ENABLE gender equality and empowerment for all including poor and vulnerable people, ENSURE information, education and services, POWERED by knowledge, innovation and technology towards sustainable development.

**OUR VISION**

All people empowered to enjoy their sexual and reproductive health choices and rights in an India free from stigma and discrimination.
MESSAGE FROM THE PRESIDENT’S DESK

It gives me great pleasure to present the Annual Report of FPA India of the year 2019-20, an year that renewed our commitment to deliver high-impact programmes for strengthening the sexual and reproductive health and rights movement in India.

It was heartening to see the vibrant youth volunteers of FPA India lead from the front during the year, to mobilize a nation wide campaign around youth SRH issues, that got more than 8000 young people talking. Stakeholders from like-minded CSOs, the MOHFW and of course, youth representatives met during a National Consultation to discuss emerging priorities and make recommendations to provide more agency and access to young people to improve their sexual and reproductive health and rights.

International Planned Parenthood Federation, the global service provider and advocate of SRH that was founded in India in 1952, organized a landmark General Assembly in New Delhi in December. It was a proud moment for the Association to work in close coordination with the IPPF secretariat team to host the 400+ global representatives of Member Associations of the IPPF for this historic event that endorsed governance reforms for the Federation.

I would like to take this opportunity to thank FPA India’s donors, supporters, staff and volunteers for their unwavering commitment towards fostering the organisation’s mission. Needless to say, this would not have been possible without the sustained support of the community members for our cause. As we move towards a new year with renewed inspiration, we will continue to empower people living across rural and urban areas and enable them to have a better quality of life.

MR. H R Umesh Aradhya
President, FPA India
MESSAGE FROM THE SECRETARY GENERAL

I am delighted to present the Annual Report of 2019.

Internationally, there is a sharp decline in funding support to Sexual and Reproductive Health & Rights compelling us to find solutions within the country.
As we moved into the fourth year of implementation of the Strategic Plan (2016-22), we took the opportunity to conduct a mid-term review of our progress vis-à-vis our commitment to the Four Outcomes, responding to the changing country and global environment.

Innovative approaches were used to foster Corporate partnerships for delivering social impact. The Association created another milestone by participating in the TATA Mumbai Marathon 2019, for the third consecutive year with the campaign ‘Stree Hinsa Mukt Bharat Abhiyaan’, highlighting the issues around gender-based violence.

As a leading SRHR organization with a flagship commitment to family planning, FPA India has been a part of various policy level consultations and expert groups as well as implementation programmes involving public-private partnership to deliver the nation’s commitment to the FP2020 goals. Notably, a multi-stakeholder consultation was organized to analyse the current trends, examine the latest demographic, clinical and field-based evidence, and collaborate to maximise the impact of FP and SRHR programmes for young people in India.

FPA India would like to share its accomplishments and learnings of 2019 through this report. We look forward to the next year, with continued success as the Association strives to promote and advocate for sexual and reproductive rights.

Dr. Kalpana Apte
Secretary General, FPA India
**FPA INDIA AT A GLANCE**

<table>
<thead>
<tr>
<th>Population Coverage (estimated)</th>
<th>Total</th>
<th>3,01,29,822</th>
<th>Total</th>
<th>3,01,29,822</th>
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</thead>
<tbody>
<tr>
<td>Female</td>
<td>1,56,64,390</td>
<td>Urban</td>
<td>1,84,11,837</td>
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</tr>
<tr>
<td>Male</td>
<td>1,44,65,432</td>
<td>Rural</td>
<td>1,17,17,985</td>
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| No. of Branches | 40 |
| No. of Projects | 3 |

<table>
<thead>
<tr>
<th>Service Outlets</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reproductive Health and Family Planning Centres (RHFPCs)</td>
</tr>
<tr>
<td>Urban Family Welfare Centres (UFWCs)</td>
</tr>
<tr>
<td>Satellite clinics</td>
</tr>
<tr>
<td>Outreach Service Units (OS)</td>
</tr>
<tr>
<td>CBGs</td>
</tr>
<tr>
<td>Associated Clinic</td>
</tr>
<tr>
<td>Private Physicians</td>
</tr>
<tr>
<td>Other Agencies</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Comprehensive Sexuality Education (completed all topics)</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of adolescent in School</td>
</tr>
<tr>
<td>No. of adolescents out of School</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Service Category</th>
<th>SRH Services (D+R)</th>
<th>Clients</th>
<th>Services</th>
<th>Referred</th>
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<tbody>
<tr>
<td>Contraceptive</td>
<td>37,42,769</td>
<td>16,98,856</td>
<td>37,41,147</td>
<td>1,622</td>
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<tr>
<td>Safe Abortion</td>
<td>3,28,690</td>
<td>88,072</td>
<td>3,26,908</td>
<td>1,782</td>
</tr>
<tr>
<td>HIV/AIDS</td>
<td>15,13,017</td>
<td>3,99,863</td>
<td>15,09,099</td>
<td>3,918</td>
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<tr>
<td>RTI/STI</td>
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<td>3,20,182</td>
<td>11,93,966</td>
<td>1,447</td>
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<td>Gynaecological</td>
<td>20,56,072</td>
<td>4,72,154</td>
<td>20,49,523</td>
<td>6,549</td>
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<td>Urological</td>
<td>3,15,190</td>
<td>93,523</td>
<td>3,15,010</td>
<td>180</td>
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<td>Subfertility</td>
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<td>26,576</td>
<td>83,601</td>
<td>1,723</td>
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<td>Other SRH Medical</td>
<td>13,04,397</td>
<td>2,37,834</td>
<td>13,03,640</td>
<td>757</td>
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<tr>
<td>General [Non-SRH] Medical</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Obstetrics</td>
<td>4,82,583</td>
<td>16,35,130</td>
<td>4,82,583</td>
<td>248</td>
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<tr>
<td>Specialised Counselling</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pediatrics</td>
<td>22,47,006</td>
<td>6,40,603</td>
<td>22,36,967</td>
<td>10,039</td>
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<tr>
<td>Total [Incl. Non-SRH]</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total SRH [Excl. Non-SRH]</td>
<td>50,92,495</td>
<td>1,72,49,210</td>
<td>52,867</td>
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</table>

<table>
<thead>
<tr>
<th>Clients-SRH</th>
<th>Male/Boys</th>
<th>Female/Girls</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of PMSEU Clients</td>
<td></td>
<td></td>
<td>29,83,913</td>
</tr>
<tr>
<td>Total No. of Unique Clients</td>
<td>12,06,220</td>
<td>20,55,287</td>
<td>32,61,507</td>
</tr>
<tr>
<td>%</td>
<td>37.0%</td>
<td>63.0%</td>
<td>100.0%</td>
</tr>
<tr>
<td>Total No. of Young People (0-24)</td>
<td>5,62,118</td>
<td>8,58,155</td>
<td>14,20,273</td>
</tr>
<tr>
<td>%</td>
<td>39.6%</td>
<td>60.4%</td>
<td>100.0%</td>
</tr>
</tbody>
</table>
HIGHLIGHTS OF 2019

This year marked another great success for FPA India at the Tata Mumbai Marathon as Mr. Kartik Aryan, Bollywood actor, became our cause ambassador. He not only showed support to FPA India’s cause through his video message, but waved FPA India’s flag at the opening ceremony of the race day and sported FPA India’s brand in front of the public.

FPA India’s official social media pages as well as other media channels covered Mr. Kartik Aryan’s interaction with the audience and his words of support towards our campaign while addressing the media.

Another celebrity from the North-eastern State of Nagaland, Ms. Ruopfüzhano Whiso, Femina Miss India Nagaland 2018, ran for the cause of Stree Hinsa Mukt Bharat Abhiyaan’along along with the FPA India contingent, and showed her unwavering support to our cause and campaign through social media and local press. Dr. Nandita Palshetkar, President FOGSI (The Federation of Obstetric and Gynaecological Societies of India) also extended support to FPA India’s Stree Hinsa Mukt Bharat Abhiyaan, a video of which was also uploaded on our official social media pages.
Leading with the belief that involving the youth, not only as beneficiaries, but also as stakeholders will help us achieve the goals of FP2020 and lead us in creating an all-inclusive ‘beyond FP2020’ agenda, FPA India with the support of IPPF and New Venture Fund launched a pilot campaign called “Youth Dialogue: A Perspective on FP2020”. The opinions of young people from both rural and urban areas on gender, sexual orientation, GBV, sexual and reproductive health and facilities, sexuality education and its need in India, access, quality and choices of contraception and FP services in India, etc. were encapsulated and their voices disseminated onto a larger platform of social media. Over the course of three months, the campaign mobilized more than 8000 young people representing diverse groups disaggregated by age (those between 15-18 years and between 18-24 years).

Another major milestone for youth participation was the ‘Youth Manifesto’. More than 500 hundred Youth Volunteers and young people from the branches have got the opportunity to participate in the online ‘Youth Manifesto’ survey launched by IPPF. Youth Manifesto was the online survey campaign for young people under 25 to say and tell the world what they think the biggest barriers to sexual and reproductive health and rights are today and give their ideas on how to fix them.

A team from IPPF Central Office and a London based agency Behaviour Insights Team (BIT) visited FPA India HQ to understand our Comprehensive Sexuality Education (CSE) programme with young people and apply behavioural insights to improve the quality of our CSE work in India. BIT team closely worked with FPA India to design, implement and test ‘behaviourally-informed’ interventions to increase CSE engagement and participation and suggest how our work can be strengthened. Another important development for our CSE programme was that Open University (UK) collaborated with FPA India to create and run an online course on CSE for trainers, with a special focus on the pleasure module. The year also called for an emergency response by the FPA India team to deliver SRH and other essential services to the survivors of Cyclone Fani in Bhubaneswar. The Branch reached out to 297 beneficiaries through 5 relief camps to deliver the minimum initial service package (MISP) including SRH services like contraceptives along with syndromic management of STI, HIV testing, gynaecological and general ailments.

To reiterate FPA India has adopted its new Strategic Plan 2016-22, aligning it to IPPF’s strategic framework. The priorities are carefully selected to allow the Organization to deliver impactful results in the sexual and reproductive health and rights movement.
STRATEGIC OUTCOMES

Outcome: One

ADVOCACY

Outcome: Two

GENDER, EMPOWERMENT AND YOUNG PEOPLE

Outcome: Three

HEALTHCARE SERVICES

Outcome: Four

ORGANIZATIONAL EFFECTIVENESS
Outcome: 1
ADVOCACY

Advocate for realizing the right to health and SRHR is prioritized in the national development agenda

OBJECTIVE: 1
Advance SRHR commitments in policies and programmes at national and state level

OBJECTIVE: 2
Engage and mobilize Champions from diverse sectors including young people to support and promote SRHR
FPA India has been participating in District, State and National level meetings and discourses to discuss and review SDGs and other important development agenda. And through this advocacy strategy, FPA India reaffirms its resolve to mobilize support and resources for universal access to healthcare and services, proper family planning, and overall freedom of SRHR.

We relentlessly advocate for realizing the health rights of people, especially the poor and vulnerable with key stakeholders. Sexual rights are human rights, and through strategic advocacy, partnerships and coalitions, we strive to bring in policy formulation, implementation and improvement level changes.

As part of a short-term Advocacy Reframing project, FPA India under the guidance of IPPF central office and SARO organized IPPF Values-Based Reframing Workshop on 7th-8th March 2019, in Mumbai. In this workshop hosted by the Advocacy department, participants from IPPF Member Association, Sri Lanka, Nepal, Argentina and Brazil, came to Mumbai to learn various techniques of reframing of advocacy messages and dialogues. Techniques of engaging the media, stakeholders, decision-makers and the community at large was also practiced in the workshop. The workshop was conducted by Ms. Caroline Hickson, RD IPPF European Network and Ms. Laura Feeney, Content Gathering Adviser, IPPF Central Office.

Reframing of dialogue campaign

Starting in the month of June 2019, FPA India, along with its strategic partners across the nation, deployed its vibrant and large ground force of youth volunteers to take stock and converse with young people across the country. With the aim of assessing key issues, presenting views and having dialogues with young people and important stakeholders, this initiative intended to foster support for a deeper and more expansive engagement.
In order to take this forward, the network of young people made use of both online and offline channels of communication. The opinions of young people from both rural and urban areas was encapsulated and their voices disseminated onto a larger platform of social media. For this purpose, informal group discussions were facilitated with young people across the country, independent video surveys were conducted, open-air discussions were encouraged, meetings with some of the key stakeholders were organized, and all of this was expressed through social media posts, blogs, videos, etc.

Over the course of three months, the campaign mobilized more than 8000 young people representing diverse groups disaggregated by age (those between 15-18 years and between 18-24 years), sex, marital status, residing in various cities, towns, slums and villages to speak about their needs and wants vis-à-vis SRH information and services, including family planning. The campaign was conducted in states like Jammu and Kashmir, Haryana, Punjab, Uttar Pradesh, Madhya Pradesh, Rajasthan, Gujarat, Maharashtra, Karnataka, Telangana, West Bengal, Nagaland, Bihar and Jharkhand with an aim to connect young people to drive the dialogue across all platforms, using both, online and offline channels of communication. Through this campaign, India's youth brigade took the lead in assessing sexual and reproductive health and FP2020 agenda and drawing up a robust plan for Family Planning 2020 and beyond.
National Consultation- Beyond FP2020: Youth Perspective on SRHR and FP

Culminating the reframing of dialogue campaign with a National Consultation in New Delhi on 15th October 2019, we brought together stakeholders from the Central Government, private sector, civil society and youth population from across the country. This platform was used to actively engage with young people who contributed to this ‘Dialogue’ over the last few months. The well-attended National Consultation had representation form the MoHFW, IPPF secretariat, CSOs and youth.

AFP-PAI Opportunity fund project- SRH centres in HLIs

The aim of this initiative is to establish functional Sexual and Reproductive Health (SRH) health centers in HLIs (Higher Institutes of Learning) across 5 locations, Gwalior, Mysuru, Bengaluru, Dharwad and Ballari, and develop referral linkages with private and public health facilities for providing discrimination and stigma-free services to the youth. Also, to create a cadre of young SRH champions who are properly trained, equipped with correct and relevant information and made the voices and faces of the initiative.

The center will work towards addressing the lack of sexual and reproductive health information and access to services, often female students who face high rates of unplanned pregnancies, abortions, and complications—including deaths—arising from unsafe abortion. The network is also working towards bridging the distance between some of the higher learning institutes and health facilities for easy and timely access.

HDB-Paramedical Skill Development Project

In our ‘General Duty cum Home Based Care Assistant’ project, run in partnership with HDBFSL and being implemented through our five branches, New Delhi, Mysuru, Gwalior, Mumbai and Madurai, FPA India is training 500 young women and men through specially designed courses.

The four-month-long course includes hands-on practice and classroom teaching on a variety of subjects. The current curriculum was reviewed, updated, translated in regional language and utilized for the courses at all locations. Information on Family Planning methods, patient management, hygiene & infection, shock management, understanding Human Reproductive System, changes that occur adolescent age, Gender and Diversity, abuse, relationship, communication and decision-making skills, pleasure, Sexually Transmitted Infections including HIV/AIDS is also being provided to them.
Apart from that, our in-house experts and external faculties are conducting sessions and trainees/students are provided exposure to the respective settings like hospitals, elderly care centers, nursing homes, clinics, etc. FPA India has strong linkages with government and private hospitals in all the mentioned locations which is being utilized for internship placement of the trainees.

So far, a total of 375 students have undergone the training and are in different stages in their internship phase with many of them receiving job offers as well.
Outcome: 2
GENDER EMPOWERMENT AND YOUNG PEOPLE

Empowering individuals particularly young people uphold sexual and reproductive rights in a gender-just environment

**OBJECTIVE: 1**
Increase access to comprehensive sexuality education for enabling young people to exercise their sexual reproductive right

**OBJECTIVE: 2**
Transform gender norms and power dynamics to promote gender equality and address gender based violence

**OBJECTIVE: 3**
Address poverty and vulnerability to empower individuals and communities
Gender and Rights intervention in 2019 focused on capacity building of staff to address sexual and gender-based violence issues in the community and to identify the survivors in the clinic as well as in the community and encourage them to access service. Besides this, educational sessions to empower women and girls with appropriate information on Gender Based Violence, Gender Discrimination and care and support services in case of violence. Multiple income generating skills are imparted in the community to empower young girls and women to be self-reliant. Various Agencies have been identified to provide skill training, for employment opportunities and for finance. Worked with Men to address patriarchal, HIV, STI to bring attitudinal change.

**Capacity building programs:**

Three-day training was conducted on Women’s Health, Gender Based Violence (GBV), & Family Planning In collaboration with DAWN Worldwide at Mumbai. 21 program staff from branches and projects attended the training, which helped them strengthening their basic understanding on gender and GBV. The training also sharpened their skills on developing interactive and value clarification exercises in designing training and outreach efforts; address emotions, non-verbal cues, create rapport with audience, identify potential survivors, set the stage for appropriate interventions and convey information to the community. They learnt approaches to successful outreach & counseling methods within the context of family planning and GBV screening and counseling survivors. In order to improve recording and program reporting, one day training was conducted for the same group. The various reporting formats and how to prepare the programmatic reports was discussed during the day.

As a follow up all the trained staff conducted a one-day meeting and shared their learning to other staff members. The performance of specialized services during this quarter has increased 28% compared to last year. This indicates that more efforts were made by the service providers to identify the survivors and supported them.

**Japan Trust Fund project**

The project’s goal is to empower women from vulnerable and/or marginalized communities to realize their SRHR in six districts of Uttar Pradesh, Madhya Pradesh and Rajasthan in India.

The Objectives of the project is to increase access to and uptake of integrated SRH, HIV, MCH and SGBV services and information
and empower them by enhancing their employable skills through income generation programs by strengthening the capacities of civil society, government and legal actors in the six project districts to respond effectively to SGBV and discrimination against women by the end of the project.

**Observation of Special Days**

National Youth day was observed by five branches. More than 320 adolescents and youths were sensitized through these programs. FPA India branches and projects have observed different days throughout the year. Girl Child day, World Leprosy day, World Cancer day, Sexual & Reproductive Health Awareness day, International Women’s Day, World TB day, World Health day, National Safe Motherhood Day, Menstrual Hygiene Day, International Nurse Day, Labour Day, World Blood donor Day, World Environment day, International Day of Yoga, World Population Day, Breastfeeding week etc were celebrated.

**Sexual and Reproductive Health Awareness Day – February 15, 2019**

The branches under the VICALP (Value Integrated Comprehensive Abortion Linked Project) observed the Sexual and Reproductive Health Awareness Day on February 15, 2019, by conducting HB testing camps, awareness sessions, and special programmes for male involvement in SRHR. This was covered on FPA India’s social media portals.

**She Decides Day – March 2, 2019**

On She Decides Day, some of the branches under VICALP on March 2, 2019, with activities such as a special service session for women and girls, awareness session at a Beedi factory, and health check-up for women and adolescents. FPA India uploaded these photographs to promote equal rights for women in accessing sexual and reproductive healthcare.
**Women’s Day – March 2019**

The Women’s Day campaign was launched on March 8, 2019. This campaign was aimed at reaching out to men to #TakeResponsibility and #March towards ‘Male Involvement’ in SRHR and Family Planning. This campaign entailed a series of 4-5 posts which spoke about male involvement in SRHR, special service sessions for Men provided by FPA India, and most importantly No Scalpel Vasectomy (NSV) which men should opt for as a permanent method of family planning, eventually. It focused on bringing about gender equality through encouraging men’s participation through sharing of responsibility with women.

**Mother’s Day – May 12, 2019**

FPA India’s social media post for Mother’s Day highlighted that it is important to respect a woman’s right to embrace motherhood when she is physically, mentally, and economically prepared to take on the responsibility. It is a woman’s choice to decide when she wants to become a mother.

**Menstrual Hygiene Day – May 28, 2019**

FPA India’s Menstrual Hygiene Day post helped women and girls understand the ‘Power of Five’ to beat period blues – Healthy balanced diet, clean water and maintaining hygiene, exercising daily for at least 15 minutes even during periods, using hot water bags for relief from cramps, using menstrual hygiene products during periods. These were essentially tips to help girls and women for increasing awareness online.

**Post supporting Hormonal Contraception – June 29, 2019**

This post was dedicated to show FPA India’s support towards the announcement of the LANCET Study’s ECHO Trial as an important evidence which will help women make informed choices for family planning and HIV prevention.

**Youth Dialogue – June to September 2019**

The Youth Dialogue campaign emerged from the ‘Reframing Dialogue on SRHR’ workshop. The aim of this campaign was to encourage young people from across the country take stock of their access, the choices they have, and the quality of care related to Family Planning and Sexual and Reproductive Health in the context of the FP2020 commitment.

As the young brigade of FPA India had intense conversations with other young people, the spectrum of FP2020 broadened to cover various issues and topics related to SRHR which are young people’s priorities. Some of the themes that emerged were:
- Lack of accurate information on Sexual and Reproductive Health
- Lack of communication on sexuality or sexual health in the family or at school
- Lack of easy access to contraception and SRH care
- Lack of access to Menstrual Hygiene Products
- Gender Inequality and Discrimination
- Stigma around Key Population (Transgender, HIV/AIDS, Men Having Sex with Men (MSMs))

The young people brought out these youth voices through blog articles, interviews with stakeholders such as parents, teachers, school and college principals as well as SRH experts, selfie videos, opinionated pieces to camera, street plays, etc. These were highlighted on FPA India’s social media pages.

Partner NGOs such as FOGSI, Hidden Pockets, Love Matters, PHFI, PSS, FRHS, and PHSI also shared our posts on their social media pages and supported the campaign.

Tremendous visibility was created with the official FP2020 and UNFPA handles liking and re-tweeting some of FPA India’s tweets. Eminent personalities like Beth Schlachter, Executive Director FP2020 Global, also supported and congratulated FPA India on the wonderful initiative and campaign. IPPF and IPPFSAR also appreciated the campaign. Like-minded organisations also joined in to support our cause by retweeting and sharing our posts. With organic as well as promotional posts throughout the campaign, the campaign gained grained momentum and visibility.

Awareness-generating posts on young people’s SRHR were also uploaded. Posts asking for young people’s opinions regarding scenarios related to youth and SRHR in India also received multiple responses and stirred further discussions.

All in all, the campaign received a great response despite spanning over a period of three months and many key observations and recommendations were suggested by the youth of India to abide by their Sexual and Reproductive Health and Rights.

**World Contraception Day – September 26, 2019**

This post was uploaded while the Youth Dialogue campaign and it helped highlight that even in the 21st century era that we live in currently, #contraceptive choices are plenty, information is minimal, and access to them is insufficient. This post was in the form of an impactful video, as most other videos in the Youth Dialogue social media campaign.

**International Safe Abortion Day – September 28, 2019**

This video post intended to give out the message that Safe Abortion is a safe choice to save lives of women and girls. It is legal, normal, liberating, and rightful and there is absolutely nothing wrong in opting for it, nor is it a sin.
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ADOLESCENTS’ PROGRAMME

Major Activities:

AEP+ (CSE) programme

As a part of young people program, providing CSE (Comprehensive Sexuality Education) is core activity. Considering the sexual reproductive health need of young people, branches together had put their efforts to reach out a greater number of young people. In the reporting period branches have provided CSE to young people.

School based CSE is found to be more effective as it was given to the students step by step as age specific module. The CSE has helped increase knowledge for students and also increased parent – child communication. Effective programmes to offer accurate information through activities, role playing has helped adolescents to accept CSE in positive manner. They have taken part in discussion and activities to correspond to their needs.

On the occasion of National Youth Day, FPA India branches have performed street play, distributed IEC materials and slogans were also announced. Similarly one rally were organized on the theme “Chuppi Toddo”.

New Initiatives:

FPA India and Finar Foundation jointly initiated a program “Niramay” (Anaemia Mukt Bharat) for Adolescent Girls with the concept that, “every adolescent girl and woman should know about their Hemoglobin status and Blood Group”.

Annual Report 2019
Youth Center

Youth Centers are there to help young people understand the world around them. These centers are there to guide young people with their future, to talk about the past and even help them with the present. Branches hold different sessions to educate young people about different topics regarding their health and worries, e.g. contraception, family planning and SRH issues.

Youth center has an explicit strategy of providing skill development courses for the young people so that with this they can also acquire knowledge about the CSE. Youth from across our branches have also extended support in conducting FPAI activities and sending some clients for counseling as well as services to RHFPC and Rural Health center.

Develop partnerships with NGOs/ CBOs

Branches have continued their efforts to reach out to a greater number of young people through developing partnerships with NGO’s. Branch has developed formal and non-formal partnership with the Educational Departments, Community Based Organizations, NGOs working with young people and registered medical practitioners for referrals for SRH service & safe abortion services. This has helped to strengthen SRH services & programmes to young people.

Meetings of youth forum members

Each Branch has a Youth Forum, which comprises of 15-20 young people who function under the guidance of the Branch. These young people can be drawn from youth groups linked to Branch or as peer educators. Membership is also open to other young people who are keen to get involved in SRH issues of youth.

Branches have carried meetings for youth forum members. The main focus of the meetings was use of social media, GBV and interpersonal relationships & Sexual and reproductive health. Youth forum members are taking leadership role for CSE session in school and community activities. During the reporting period 158 meetings held by the branches for the 715 youth forum members.

Involving Key Influencers

Young people find it difficult to talk with their parents and teachers about sex because of discomfiture, the fact that parents may not understand them or the belief that their parents will assume they are already sexually active. In fact, that a lot of information that children receive on sex is from friends and the media. For this reason, a parent & teachers must know that the less information they give, the more misinformation young people is going to acquire.

Keeping these things in mind branches have also conducted the sensitization meeting for 4259 parents and 679 teachers. Importance of CSE for young people were explained to the parents & teachers. The sensitization meetings helped the teachers and parents to identify & address the issues of young people around SRH at preliminary level.

Training of Master Trainers/resource persons

To impart the CSE in effective way; it is necessary to have a training of master trainers/resource persons on Growing Up is Fun curriculum. Thus, branches have conducted the training for the 147 resource persons. Branches have built the capacity of 621 teachers to deliver the CSE sessions in school.
Peer educators are well-trained and motivated young people undertake CSE sessions with their peers (those similar to themselves in age, background, or interests). Peer Educators receives the training to impart CSE sessions for developing young people’s knowledge, attitudes, beliefs, and skills and at enabling them to be responsible for and to protect their own sexual health & rights.

Peer Educators have organized and conducted 264 sessions with students in a schools & colleges, where they used interactive methods such as game show quizzes, role plays, or stories, drama and followed by group discussions. Informal conversations with young people in the community, where they had talk about different types of behaviour that could put their health at risk and where they can find more information and help to access the services.

‘Youth Manifesto’

More than 500 hundred Youth Volunteers and young people from the branches have got the opportunity to participate in the online ‘Youth Manifesto’ survey launched by IPPF. Youth Manifesto was the online survey campaign for young people under 25 to say and tell the world what they think the biggest barriers to sexual and reproductive health and rights are today and give their ideas on how to fix them.

Scaling up Delivered and Enabled CSE in 10 Branches of FPA India

In 2019, FPA India implemented this project in 10 branches - Ahmedabad, Agra, Panchkula, Gwalior, Nagaland, Kalchini, Murhu, Pune, Madurai and Dharwad. Providing CSE was the main strategy of this project as it aimed at empowering young people to take control of their SRHR. Developing partnerships with NGOs was another successful strategy. It helped FPA India in enabling CSE to unreached young people. Training of Trainers to impart CSE was an important aspect of CSE programme.
Outcome: 3
SERVICES

Comprehensive quality sexual reproductive health care, including safe abortion, HIV & AIDS services delivered

**OBJECTIVE: 1**
Strengthen access to quality services through existing and new static clinics

**OBJECTIVE: 2**
Increase access to quality outreach-based services for poor and vulnerable groups including young people by ten percent

**OBJECTIVE: 3**
Enable Service delivery through partnerships
OUTCOME: 3
HEALTH CARE SERVICES

RHFPcs contributed to 16 % of total services including non SRH services. During the year 2019, 55,633 women availed safe abortion from FPA India. Out of these, a total of 34,939 were medical abortions, 17,779 clients availed MVAs, 2,511 underwent electric vacuum aspiration 404 sought second trimester abortions and 1,608 clients were treated for incomplete abortions that they had undergone either spontaneously or in facilities other than FPAI clinics.

Cervical Cancer screening by the VIA technique has proved to be a very economical diagnostic tool for early detection of cervical cancer. Thirty-two branches reported a total of 21,750 screening services by the VIA technique, whereas twenty-two branches reported a total of 2,640 services for Pap smear sampling. This shows that the trend is certainly shifting towards VIA as the primary method of cervical cancer screening in FPA India. Seven branches reported a total of 1,961 colposcopy procedures.

Thirty-nine branches reported 1,64,480 rapid tests conducted for HIV.

Major Activities:

Strengthening access to quality services through existing and new static clinics

During the reporting period, all branches continued their clinic-based work to provide family planning, safe abortion, gynaecological, HIV AIDS related, cervical cancer screening and GBV related services.

This year, World Population day saw a grand launch of two guidelines viz. A Practical Approach to Rational Use of Drugs in RCH, which is inhouse publication of FPAI and Syndromic Management of STI/RTI: Using flow-charts both endorsed by FOGSI.

The books were jointly launched by Dr. R. P. Soonawala, Dr. Usha Krishna, Dr. Nozer Sheriar along with Dr. Nandita Palshetkar- FOGSI president, Mr. Umesh Aradhya and Dr. Kalpana Apte. Alongside, a fact sheet on Population Stabilization was also published that was shared by FOGSI president with Health Minister Dr. Harsh Vardhan.

Adolescent SRH Service delivery guidelines for FPAI service providers were developed under GCACI in the context of the conflation between the POCSO Act and the MTP Act conflation.
A position paper on POCSO and MTP act conflation and its impact on access to SRH care to youth, is developed as a tool for advocacy around this issue.

Medical Advisory Panel meeting was conducted in the month of June 2019. In this meeting, two new contraceptives were endorsed by MAP namely Sayana Press which is a Subcutaneous contraceptive injection and Hormonal Implant- ImplanonNXT.

QA visits were made to Indore and Bhopal branches as a part of Core medical work. Under GCACI, Monitoring visits were conducted to Lucknow and Solapur clinics to assess the quality of care and performance in SRH service delivery using branch-monitoring tool. Under VICALP, Monitoring visits were conducted to New Delhi and Singhbhum Branch. All the branches were given formal feedback in written form to share the findings and seek compliance of the recommendations.

SDP self-assessment - an annual exercise integral to the Quality assessment process was undertaken by 35 SDPs. Action plans shared by the SDPs were collated at headquarters.

25 FPAI branches were supported to purchase clinical equipment through grant from Mahindra and Mahindra Financial Services Limited. This was phase V grant from the donor.
**Global Comprehensive Abortion Care Initiative (GCACI)**

FPA India is successfully implementing Global Comprehensive Abortion Care Initiative (GCACI) since last ten years and currently in its 5th phase supporting 15 clinics.

FPA India’s GCACI HQ team organized review meeting during 19th – 21st August 2019. Objectives of the meeting were to orient GCACI clinic staff on GCACI Phase V activities, collectively review performance and learnings from implementation of GCACI. Review of past performance for year 2018 was undertaken to assess the progress so far and to bridge gaps in programme implementation, if any. Refresher training on e-CMIS and DHIS-2 was also covered.

CO & SARO team visited Mumbai AWHC and Pune clinics to review programmatic, financial, M& E and sustainability plan of the project. Clinic Infrastructure, client – provider interaction, infection prevention practices especially in OT and laboratory, bio-medical waste management, commodity storage, clinical management information system and financial management aspects were closely observed by visiting teams. The suggestions and recommendations were shared with respective branch managers and were followed-up to ensure the quality of abortion care services.

**Value Integrated Comprehensive Abortion Linked Project (VICALP)**

New Delhi, Yamunanagar and Singhbhum branches were supported by VICALP to conduct routine and additional clinical activities like male clinics in evening and adolescent clinics.

To initiate the process of development of communication strategy for sustainable impact of work, a two- day training on modes of communications and its linkages with advocacy was conducted for the project implementing staff. The training was held in Hyderabad on 20th - 21st February 2019. It aimed at building the capacities of staff for better communication in the community, positive framing and impactful message development and how to do the advocacy with officials.
Increasing access to quality services for poor and vulnerable groups

Two important special awareness days, ‘World Contraception Day’ on 26th September 2019 and ‘International Safe Abortion Day’ on 28th September 2019 were celebrated by branches by organising awareness sessions and health check-up camps to raise awareness about contraception and safe sex and sensitize community on abortion rights. With a small support from project, branches celebrated the day in several ways. This year, the theme was “Abortion is health care. # My abortion my health; # My right to decide! All branches namely Kalchini, Kolkata, Jabalpur, Gwalior, Agra, Pune, Gomia, Mumbai, Yamunanagar, Solapur, New Delhi, Singhbhum, Mohali, Bidar, Nilgiris and Madurai organized events such as rallies, folk dance, poster competitions, wall paintings, media meets with support from GCACI and VICALP.

Under VICALP, one-month initiative to upscale the NSV uptake in FPA India’s static clinic was conducted in the month of March 2019 in FPAI New Delhi, Yamunanagar, Solapur and Bidar branches. Apart from the routine special service sessions that are provided through RHFPCs and Outreach service sessions, awareness sessions, meetings with local stakeholders were also conducted during the month and provided with the NSV, if desired, by the clients.

Kalchini branch with support from Oak Foundation grant conducted sessions in the outreach.
Special Service Session through Outreach Medical Camp at Madarihat Block and Kalchini Block under Oak Foundation Project from January to September, 2019.
Total 117 outreach medical camps were conducted at Madarihat ,Kalchini Block and Buxa Duar Hill area and nearly 200,000 population covered so far. Many of the beneficiaries who availed services in these camps were women from Bhutan.

United ways of Mumbai grant

FPA India in association with Feedback and United Way Mumbai organized 12 health camps in 3 cities—Hyderabad, Ahmedabad and Bengaluru during 17th-30th March 2019 and 23rd-26th September 2019. The services provided include General health checkup, vision testing and distribution of free spectacles. Metropolis Diagnostic conducted free random blood sugar test for screening of diabetes. Refreshments were provided to all participants after health checkup. Approximately, 4000 beneficiaries reached through these camps.

Humanitarian grant support for Cyclone Fani relief camps in Puri district, Odisha

FPA India Bhubaneswar branch with support from SPRINT grant under guidance from IPPF Humanitarian hub and FPAI Headquarters responded to Cyclone Fani situation. Health camps were organized in Cyclone shelter village of Moto, Narshim Patna, Balabhadra Patna, Jagannathpatna and its peripheries in Brahmagiri Block of Puri district of Odisha, India. 49 health camps were organized, and 3062 people were reached. Nearly 3000 dignity and hygiene kits were provided to the needy women, which contained bucket, sanitary napkins, panties, toothbrush, toothpaste and soap.
Response to Cyclone Fani

- 49 service sessions were organized for 3062 people in Cyclone shelter village of Moto, Narshim Patna, Balabhadra Patna
- Jagannathpatna and its peripheries in Brahmagiri Block of Puri district of Odisha
- 3000 dignity and hygiene kits including bucket, sanitary napkins, innerwear, toothbrush, toothpaste and soap were provided to the affected families

Increasing Accessibility of Maternal and Child Health Services in the far unreached 10 villages of Bassi Block of Jaipur District- Rajasthan-BOSCH Project’

In collaboration with BOSCH Jaipur, FPA India has proposed to cover 10 villages and an average population of 15000 of Bassi block, District Jaipur, in Rajasthan over a period of three years. Project envisages creating a Model for Maternal & Child Health and Family Planning Service Delivery. It aims at creating an interface between the existing government service delivery points and the community. The project strives to establish a comprehensive and integrated service delivery model – working in close coordination with the existing public and private sector infrastructure and creating local capacities to ensure sustainability of the initiative. The project formally inaugurated in August 2019 and has initiated the preparatory phase activities, which will continue for about three months towards selection of villages, rapport building with community members, collecting secondary data, recruitment & orientation of staff.

Mahindra and Mahindra Financial Securities Ltd Supported Maternal and Child Health project

The Phase two of Maternal and Child healthcare project is implemented in the selected villages of Odisha, Jharkhand and Maharashtra through three branches of FPA India: Bhubaneswar, Singhbhum and TDP/Bhiwandi by covering more than 240 villages with highest malnourishment/Anaemia rate.
Key activities of the project included health assessment of beneficiaries through special health camps, provision for treatment to minor ailments, micro-nutrients and supplementary nutrition, conducting health awareness sessions with focus on nutrition, providing comprehensive sexuality education to youth and demonstrations of low cost home cooked food for improved dietary practices. 17,701 beneficiaries were assessed through special Health service sessions across 240 villages from three selected states.

**LEVI STRAUSS FOUNDATION: supporting the health of garment and textile worker communities in India affected by the global gag rule**

Levi Strauss Foundation project is implemented by FPAI Bengaluru branch and FPAI TDP (Bhiwandi) branch. The grant allows to provide SRH education and healthcare to textile migrant workers in their workplace. So far 23,062 migrants have been reached through the project for counseling, GBV screening and HIV/AIDS and RTI/STI related services.

**DHRUV: delivering health, reaching urban vulnerable**

DHRUV project aims at screening of general population for early detection of anaemia, diabetes and hypertension along with usage of contraceptives, gender-based violence history and cervical cancer symptoms. The project is being implemented by FPAI Mumbai branch in Shivaji Nagar slums. The project period is April 2019 to March 2020. So far 3541 home visits are completed, 1291 persons screened 117, 74 and 52 are detected with anaemia, hypertension and diabetes respectively.

**Enabling services delivery through partnerships**

In house discussion were conducted during strategic framework mid-term review meeting discuss about this objective under MOP 3. Accordingly, Private Medical Practitioners, ASHAs, private hospitals and other agencies were trained or supported through commodities to provide intended SRH services. Guidelines on enabling services and small grant was shared to 10 selected branches namely Bhopal, Gomia, Jabalpur, Kolkata, Lucknow, New Delhi, Panchkula, Bidar, Madurai and Mysuru.
Innovation Programme, Hyderabad

FPA India Hyderabad is implementing Innovation programme Project since Oct 2016. **Innovation Project (Men’s Project)** is being implemented in a large slum area of Bhola Shankar Maktha, Madarsaab Maktha and Raj Nagar. The Project is focused on working with men and boys between 10 – 49 years of age.

**Major activities:**

**Signature Campaign and Display of IEC Material on Gender Equality and Male Responsibility**

As a part of Male Innovation project, FPA India Hyderabad branch organized a signature campaign and displayed IEC material on Necklace road on January 9th, 2019. The branch with the help Peer Educators and Link Workers organized the program in the evening hours. Around 50 posters on gender equality and male responsibility were displayed and a big board was kept for public to write their comments and put signature in support of male responsibility and gender equality.

More than 600 men and women families participated in the campaign and showed their solidarity towards gender equality. The peer educators and link workers were provided T-shirts with FPAI logo. The program was covered by local newspaper Eenadu and Namaste Telangana.

**National Youth Day - Hyderabad Branch** conducted awareness campaign at Metro Railway Station Miyapur, Hyderabad on National Youth Day on 12th Jan 2019 with the support of peer educators and link workers. Posters on Youth information were displayed. The IEC material displayed included posters on HIV and Youth, Sexually Transmitted Infection, No Scalpel Vasectomy, Health & Nutrition, Breast Cancer, Peer Pressure and Substance abuse. More than 200 men and women participated in the campaign.

**Barbers Meeting** - Conducted meeting with 11 barbers of M.S Maktha and Rajnagar on 23rd Jan 2019. Men focused activities and health services to enhance project activities by spreading awareness through the support of barbers in the community were discussed. Barbers agreed to spread the information by putting up posters/messages in all barber shops/Saloon pertaining to Health & Hygiene. Barbers agreed to educate their customers on STI/HIV/AIDS and importance of safe sex. Condoms are provided free of cost to Men by keeping stock in their saloon.

**Exposure visit by FPA India 10 branches Branch Managers** - FPA India 10 Branches Branch Manager and Programme Officers visited FPA India Hyderabad Branch from February 19th- 22nd, 2019 on exposure visit to observe the activities under Male Innovation Project.

**Awareness on Importance of Girl Child and Gender based Violence** - Artist from Mobeera Foundation performed Skit in dance form on girl child, importance of girl child and Violence against women at MS Maktha, Community Hall on 12th March 2019. The social campaign aimed to generate awareness and improve the efficiency of welfare services intended for girls.

**World Population Day** - On World Population Day, Hyderabad Branch conducted awareness program by displaying of IEC Material and Quiz competition on 11th July 2019 at Ameerpet Metro Station. Above 250 youth participated in the Quiz competition.

**Campaign on Importance of Girl Child and Gender based Violence** - Awareness generation campaign on Importance of Girl Child and Gender based Violence was held at Raj Nagar Community on 20th July 2019. A Skit-dance was performed by young volunteers on girl child, importance of girl child and Violence against women at Raj Nagar, Community Hall. The social campaign aimed to generate awareness and improve the efficiency of welfare services intended for girls.

**Mega Health Camp** - FPA India Hyderabad branch conducted two Mega Health Camps for Men, Women and Children at MS Maktha Community Hall on in the month of Aug and Sept 2019, at Bada Ganesh Library, Khairatabad. The Link Workers and Peer Educators had taken an initiative in spreading awareness about the camp in the community. Total 386 people attended the camp and availed Medical services.
HCL Project, NOIDA

FPAl has received a project from HCL foundation named “My Choice, My Right”: Enabling urban slum communities including young people in Noida to lead better lives by choosing Family Planning to be implemented at NOIDA, UP; from July 1 2018 – 30 Sept 2019.

Major Activities:

- Health Camp for the Aaganwadi and ASHA workers
- Training of CO & CBPs
- Training of field investigators for individual interview and the data collection process
- In-depth Survey & Internal Audit cum training
- Celebration of special days
- Awareness session in the community for Adolescent girls, boys and women
- Meeting and networking with CMO/PHCs/CHCs
- Distribution of contraceptives through CBPs
- Fixed day service session for Injectable contraceptives
- Three hundred beneficiaries participated in the high visibility campaign for mass awareness on SRHR and Family Planning
- Training for 54 Private Medical Practitioners on SRHR and FP Methods
- Sixty-six couples counselled on Family Planning spacing Method
Outcome: 4
ORGANIZATIONAL EFFECTIVENESS

High performing, accountable and efficient organization driven by a culture of excellence

OBJECTIVE: 1

Ensure evidence based decision making for supporting SRHR and Sustainable Development agenda

OBJECTIVE: 2

Build a well-resourced and financially stable organization

OBJECTIVE: 3

Enhance volunteer commitment to good governance relevant to the changing context
Organizational Effectiveness reflects the Association’s results-based culture to improve the quality of planning, monitoring and evaluation; for strengthening management systems and processes; increase volunteer commitment to good governance and generate funding support to support innovative work.

Under the priority objective of Monitoring and Evaluation, qualitative and quantitative data gathered from all the Branches/Projects implementing the Association’s Programes is collated at regular intervals. Apart from collecting service statistics, other data is also collected for estimating the number and proportion of clients, who are poor and vulnerable. Client Exit interviews are conducted routinely with the main objective of improving service delivery in a manner which is more acceptable to community members and clients.

An Routine Data Quality Assessment (RDQA) training was conducted at the Pune GGFC clinic supported by IPPF SARO for clinic secretaries and M&E officers of Thane, Solapur, Dharwad, Bidar and Pune branches and three staff from Headquarters.

The participants were oriented on the use of the IPPF RDQA tool to verify rapidly the quality of reported data for selected indicators at selected sites and the ability of data management system to collect, manage and report data quality; develop an action plan to implement corrective measures for strengthening the data management and reporting system and improving data quality; and monitor capacity improvements and performance of the data management and reporting system to produce data quality over time.

**Mid-term Review of Global Indicators**

An Annual meeting was organized for Branch/Project Managers and Programme Officers in August. There were 29 representatives from Branches/Projects and 25 staff from HQ has attended this meeting. The participants were oriented on the strategic indicators with 16 expected results versus achievements in 3.5 years (2016, 2017, 2018 and 2019 six months). The definitions of global indicators, models of programming and the unit head at HQ responsible for reporting each indicator were clarified. Strategies to catch up lag in performance for all 12 service categories and cost-effective ways to focus on achieving CYP was also discussed.

**Electronic Clinic Management Information System (eCMIS) installation and DHIS refresher training**

eCMIS was installed in Singhbhum clinic in January of the current year. Total 22 staff from 8 locations [Nagaland, Panchkula, Yamunanagar, Kalchini, Kolkata, Murhu, Singhbhum & Gomia were trained on eCMIS and DHIS2.

**Participation in IPPF-CO and IPPF-SARO OLE meeting and APB-2020 meeting at Bangkok**

IPPF-CO/SARO had organized a three day - ‘Organization Learning and Evaluation (OLE) Meeting and APB 2020 Meeting’ from 1-3 October 2019, at Bangkok for South Asia Region. AD-M&E and Manager M&E - GCACI attended meeting with Ms. Amita Dhanu, ASG (PI) and Mr. Sudhir Tawde (Account & Finance Director).
The purpose of this consultative meeting was to gather inputs for development M&E strategy plan 2020-24 and M&E System Assessment at MA level.

Organization Learning and Evaluation (OLE) Self-Assessment and strategies 2020-24 were assessed on the following components:

- Organizational Structure and Human Resource Capacity
- M&E Policies, Procedures and Guidelines
- Investment for Monitoring and Evaluation
- Data Management
- Data security in electronic systems
- Evaluations and Research
- Data quality
- M&E Product dissemination

**Resource Mobilization**

**Participation in the Tata Mumbai Marathon 2019**

FPA India participated for the third consecutive year in the TATA Mumbai Marathon (TMM. The Mumbai Marathon is Asia’s second largest marathon in which people from all over the world participate. It also allows many NGOs to participate and raise funds for their cause.

**FPA India’s Cause in TMM 2019**

This year, FPA India supported the cause ‘Stree Hinsa Mukt Bharat Abhiyaan’ – an initiative to help women and girls break the silence around Gender-Based Violence (GBV). A nationwide campaign- #StreeHinsaMukt Bharat Abhiyaan, was launched in the month of December 2018, aimed at strengthening the work around GBV.

FPA India’s preparations for the TMM 2019, began in July 2018, where we reached out to a wide audience to join hands in mobilizing resources for our cause. Over a period, we received an overwhelming response from many people who either volunteered to create their own fundraising pages or buy charity bibs to RUN4FP in support of our cause. FPA India’s cause was supported by over 820 donors in the TMM 2019.
Corporate partner

FPA India’s corporate partner in the TMM 2019- Novartis India, also sent a team of 15 runners to RUN4FP in the Half Marathon race category.

Cause Partner

The Federation of Obstetrics and Gynaecologists Society of India (FOGSI) also joined hands with FPA India to support the Stree Hinsa Mukt Bharat Abhiyaan. Dr. Nandita Palshetkar- President, FOGSI, spoke about joining hands with FPA India to bring an end to GBV in a video byte which was uploaded on FPA India’s official social media pages.

Media Coverage

FPA India’s cause in the TMM 2019 featured in multiple online and print news publications in English and regional languages as well. FPA India’s Cause Ambassador Mr. Kartik Aaryan’s support was another highlight of these published features. Dr. Kalpana Apte, SG, FPA India was also invited to be a part of a panel discussion in a media meet by the organizers of TMM 2019, wherein she spoke about FPA India’s initiative in the marathon.

TATA Mumbai Marathon, 2019 Campaign – January 2019

The social media campaign for it continued from 2018 and gained further momentum with posts announcing FPA India’s Change Makers; snippets from the Stree Hinsa Mukt Bharat Abhiyaan campaign activities such as rallies, street-plays, awareness sessions, and pledge-taking sessions in FPA India’s Branches; a dedicated post featuring Young Leaders (fundraisers) of FPA India; countdown posts; flashback post; etc.
A special video message of our cause ambassador, Mr. Kartik Aryan, who is a well-known Bollywood celebrity also brought in a lot of awareness towards the cause. Dr. Kalpana Apte, Secretary General of FPA India was invited by the organisers of TMM 2019 to be a part of the panel discussion during their media meet. Dr. Apte’s message about FPA India’s participation and cause this year was highlighted through a video snippet uploaded on the official social media pages. Dr. Nandita Palshetkar, President FOGSI (The Federation of Obstetric and Gynaecological Societies of India) extended support to FPA India’s Stree Hinsa Mukt Bharat Abhiyaan, a video of which was also uploaded on our official social media pages.

**Institutional Capacity building for Resource Mobilization**

A two-day workshop was organized by on writing winning bids/proposals by Mr. Don McIntyre, Director Global New Business Development, IPPF on Feb 25 and 26 2019 in Headquarters, Mumbai. Mr. Don shared valuable insights into proposal writing, beginning with making a clear differentiation between bids and proposals. He also explained how to develop a theory of change and took the participants through the essential components of building in HR costs, sustainability component, data utilization and learning from ‘missed’ opportunities.

**India CSR Summit & Exhibition 2019**

Ms. Amita Dhanu, ASG (PI) and Dr. Manisha Bhise DRM attended the CSR summit & Exhibition 2019 from September 23-24, 2019 in New Delhi.

This was the first CSR Forum to present CSR Analytics and Thematic Sessions on SDGs. This Summit brought together business leaders, board directors, CSR foundations, impact investors, philanthropists, innovators, government agencies, the UN bodies and non-profits leaders to explore synergies and co-create solutions.

A key learning from the summit was that Indian businesses spent close to INR 55,000 Cr. on development projects in past five years to help India move towards achieving the UN SDGs. Hence, it was important for implementing agencies such as FPA India to re-align goals and get the best out of every penny that goes for community impacts.

As a part of the Summit, the participants from FPA India attended a master class on Impact Evaluation of CSR projects. Participation in the Summit also gave a good opportunity to network with the CSR teams of participating corporate houses and initiate a dialogue for future collaborations.
**IPPF Youth Social Venture Fund**

The Youth Social Venture Fund (YSVF) is one of the three initiatives suggested in the IPPF Business Plan to deliver the Solution 3: “Enable and Empower Young People”. This fund will be created to extend financial support to young entrepreneurs to come up with scalable, innovative technology driven solutions to SRHR problems particularly faced by young people.

IPPF hopes to work on a concept for creating this fund, that can be pitched to donors, to seek full funding for the two-year initiative. To this end, a tender was floated across MAs to work on this concept over a six-month period. FPA India has won this tender and is thus tasked with developing this concept note, over a six-month period towards a grant support.

This concept note will describe the “whats”, “whys” and “hows” of setting up and delivering this fund. The MoU to work on this six-month project has been signed in the month of September 2019.

**The Social Enterprise Acceleration Programme**

Restricted funds were provided to FPA India through the IPPF Social Enterprise Hub managed by FPA Sri Lanka, to pilot a social enterprise venture involving manufacture and sale of sanitary napkins- a for women, by women initiative set up in Bhiwandi, Thane District in 2018. During the year 2019, semi-automatic sanitary napkin manufacturing machinery was installed and 10 underprivileged women were trained and employed in the production unit. The unit produced three product variants – maternity pads, ultra thins and fluffy sanitary napkins that were field tested for quality and acceptability. A product dossier and business plan were developed to study the inputs required to break even on running costs within a period of three years. There are a number of operational challenges yet, in optimizing production and sales. This pilot venture has however provided valuable institutional learnings that will help re-engineer the social enterprise to optimize income and profit in the coming months.

**Governance & Management**

**Management**

Management Audits were undertaken in 8 FPA India Branches namely Bhopal, Bhubaneswar, Chennai, Dindigul, Madurai, Shivamogga, Yamunanagar and Thane District Project. During these Audits various documents like the maintenance of staff personnel files, attendance registers, vehicle log book and leave records amongst other were reviewed.

**Governance**

Elections were held in four FPA India Branches namely Bhopal, Dharwad, North Kanara and Raichur. The department provided support to the Branches for conducting elections for new BEC by sending the guidelines for Election Process to be followed.

Circular was sent to Branches for preparing Governance Action Plan which will guide the BEC during their term it is noted that eight Branches have sent the plan.
CAPACITY BUILDING

Capacity building is the ability of an organization to achieve its goal—a strategy that an agency takes to upscale and upgrade its resources in an effective manner.

This year the department developed the resources and facilitated sessions for external agencies. Given below are the details.

Induction pack for the staff

The purpose of the induction pack was to introduce new employee to their workplace and allow the employee to better integrate into their work environment. The contents of the pack include structure of the organization, vision and mission; and organizational values, strategic plan 2016–2022, note on the FPA India, procedures and key policies of the association, key terms related to sexual and reproductive health and rights and note on sexual rights.

Induction pack for the volunteers

The purpose of the pack is to enable an individual to contribute and feel like an integral part of the organization. The induction pack includes note on FPA India and its structure, vision and mission; and organizational values, key policies and procedures, the role and responsibility of the volunteer.

Integration of Sexual and Reproductive Health (SRH) and HIV at Service Delivery level

UNFPA and PGIMER approached FPA India to develop the session plans on Integrating SRH and HIV at Service Delivery Level for doctors, interns, nurses and counselors. The department developed the session plan which includes agenda, steps in conducting the session, case studies, exercises, case scenarios for role play, pre and post workshop evaluation, and training feedback form.

Training or capacity building programs

- In June, conducted a four-hour session on issues related to sexual and reproductive health and rights (SRHR), contraceptive use, family planning methods, abortion, gender-based violence for the second-year students of Master of Arts Social Work in Mental Health, Tata Institute of Social Sciences (TISS)
- In August, conducted a one-day training program on sex, sexuality and gender including SRHR for the special educators of National Institute for the Empowerment of Persons with Intellectual Disabilities, Regional Center, Navi Mumbai

Publications

- Aspire - January to March 2019
- Annual report 2018
Ms. Lalow Mahali was married at 17 to an older man and by age 18 had one child. Her husband worked on a tea farm and she and her child lived on the farm as well. Ms. Mahali was not accepted by her parent-in-laws or husband because she was from a lower caste, and her husband would physically abuse her frequently, often while intoxicated. She thought after she had her second child, at the age 19, her husband might stop abusing her, but he continued to beat her even after her second son was born. After many years of abuse, and after her children were grown, Ms. Mahali escaped to live with her mother.

It was while living with her mother in Kalchini that she decided to join a Family Planning Association of India Mother’s Club where for the first time in her life she learned about her right to live free of violence, her right to plan her family, and numerous other rights and health information she never knew before. Ms. Mahali eventually trained to become a counselor herself and applied for a job at the Tea Garden. She started slowly, conducting group meetings on gender based violence and women’s empowerment and referring women for health services at the FPA India clinic. The word spread about her sessions, and eventually many women were seeking her out for help and advice. After gaining love and respect from the community, Ms. Mahali was elected Deputy Chief of the Kalchini Village.

She continues to work as a counselor and tea worker, helping women who once faced the same challenges she did to live happier, healthier lives.

Ms. Lalo Mahali was also invited to share her story of transformation, at the UN Foundation and Tata Trusts meeting on workplace women’s health and well-being in the apparel and agriculture sector in Bangalore in December 2019.
Counting by Decision!!

Rekha, a committed frontline grassroots worker, working as a Link Worker has been serving the community since last two and half years. During the period, she has picked up excellent skills in influencing the community and also gained good command over communication skills.

Rekha lives with her husband and two daughters. She was thinking of going for a permanent sterilisation. However, her mother had different thoughts and started pushing her to have a baby boy. Rekha under her mother’s pressure went ahead for a third child. Rekha availed of antenatal care at the Satellite Clinic of FPA India. During her visit, Medical Officer and Counsellor provided couple counselling and suggested Rekha’s husband to undergo NSV. Rekha gave birth to a baby girl. She was now determined to limit her family size. She convinced her husband to seek counselling and undergo NSV in the FPA India clinic.

A very wise decision!

Decision of NSV is not always easy for a couple especially where men and also women have misconceptions about the adverse effects of the procedure on the sexual well-being of men. Rekha’s story tells us, the role of women is also important in educating and supporting the decision of their partners in undergoing male sterilization.
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