

NHM- RKS K- JHABUA

**FPA India**  
Family Planning Association of India

खुल के पुरछी  
खुल के जानो

# ANNUAL REPORT 2023

CHAMPIONING SRHR FOR ALL

## Cover image notes:

Young participants at a Sathiya Training as part of the RKSK Project in Bhopal

*'Khul ke pucho, khul ke jaano'*

*Ask openly, learn openly*

The text in the context of this picture suggests that the young participants are encouraged to ask questions about sexuality and gender without inhibitions, assuring them that information will be provided in a safe and non-judgemental environment.

The Sathiya (Peer) Training is one of the main objectives of the RKSK project. Under this project the Bhopal Branch of FPA India conducted 36 batches of Peer Trainings and trained 924 Sathiyas (peers). These trainings inculcate vital learnings to young participants such as

- Clarifying to participants that sex is based on biology, while gender is sociological.
- Helping them recognise gender stereotypes and those associated with men, women and transgender people.
- Observing and analysing the impact of gender roles and stereotypes that result in discrimination.
- Encouraging participation in challenging gender-based stereotypes and to be aware of the negative impact of mass communication.





# ▶▶ ANNUAL 2023 REPORT



## About FPA India

Founded in 1949 to facilitate the family planning movement in India, we are a national voluntary organisation working for the sexual and reproductive health and rights (SRHR) of all, particularly, the young, marginalized and excluded. We work with communities to raise awareness about SRHR and gender equality. We provide comprehensive sexuality education, quality assured, youth-friendly, rights-based SRH services, life-skills training and gender-transformative empowerment initiatives. We strive to build evidence and consensus to effectively advance the SRHR agenda.

## Vision

Impacting Lives, Upholding Sexual and Reproductive Health and Rights, Sustaining Social Wellbeing.

## Mission

Committed to advancing Sexual and Reproductive Health and Rights, gender justice, diversity, and inclusion for all, especially the marginalised and excluded; powered by sustainability and accountability, steered by young people.

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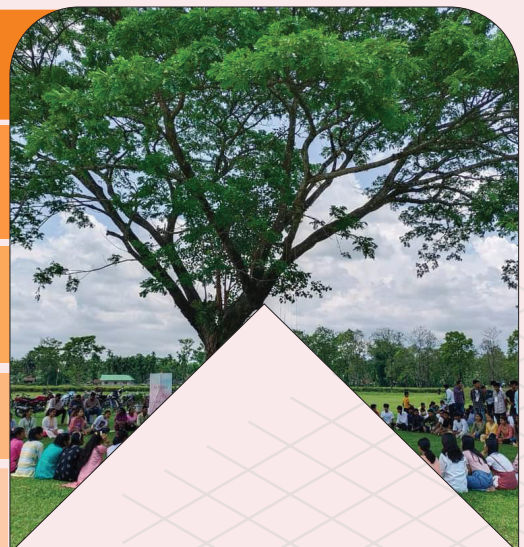
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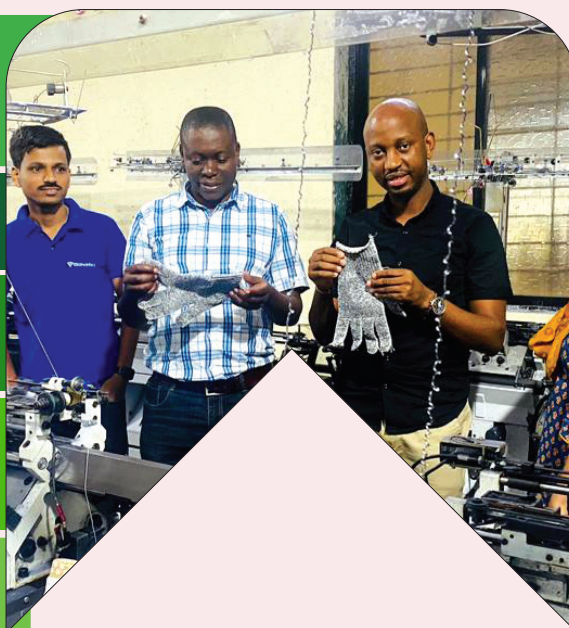
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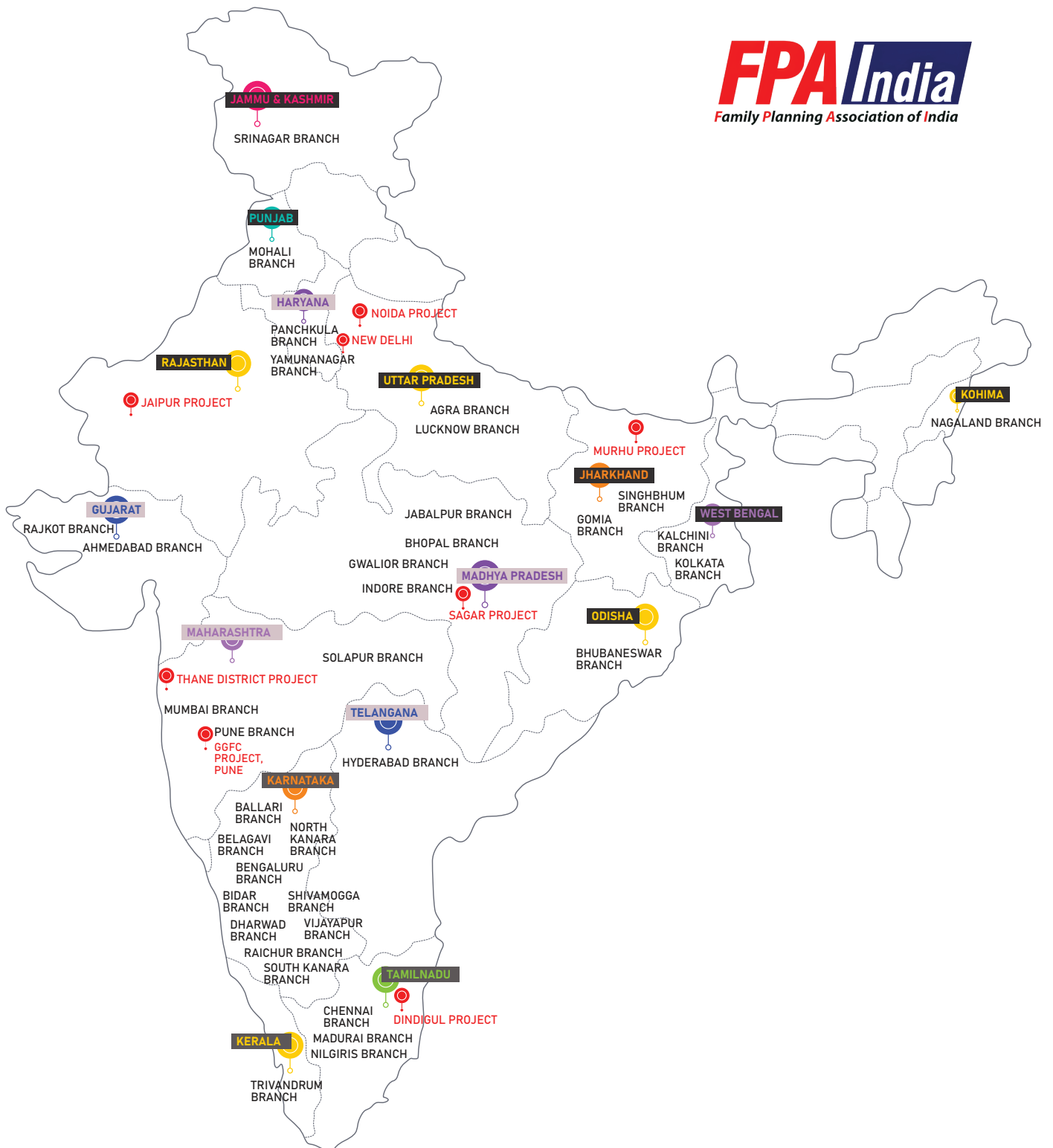
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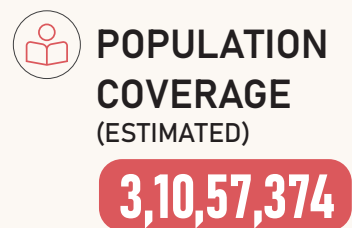
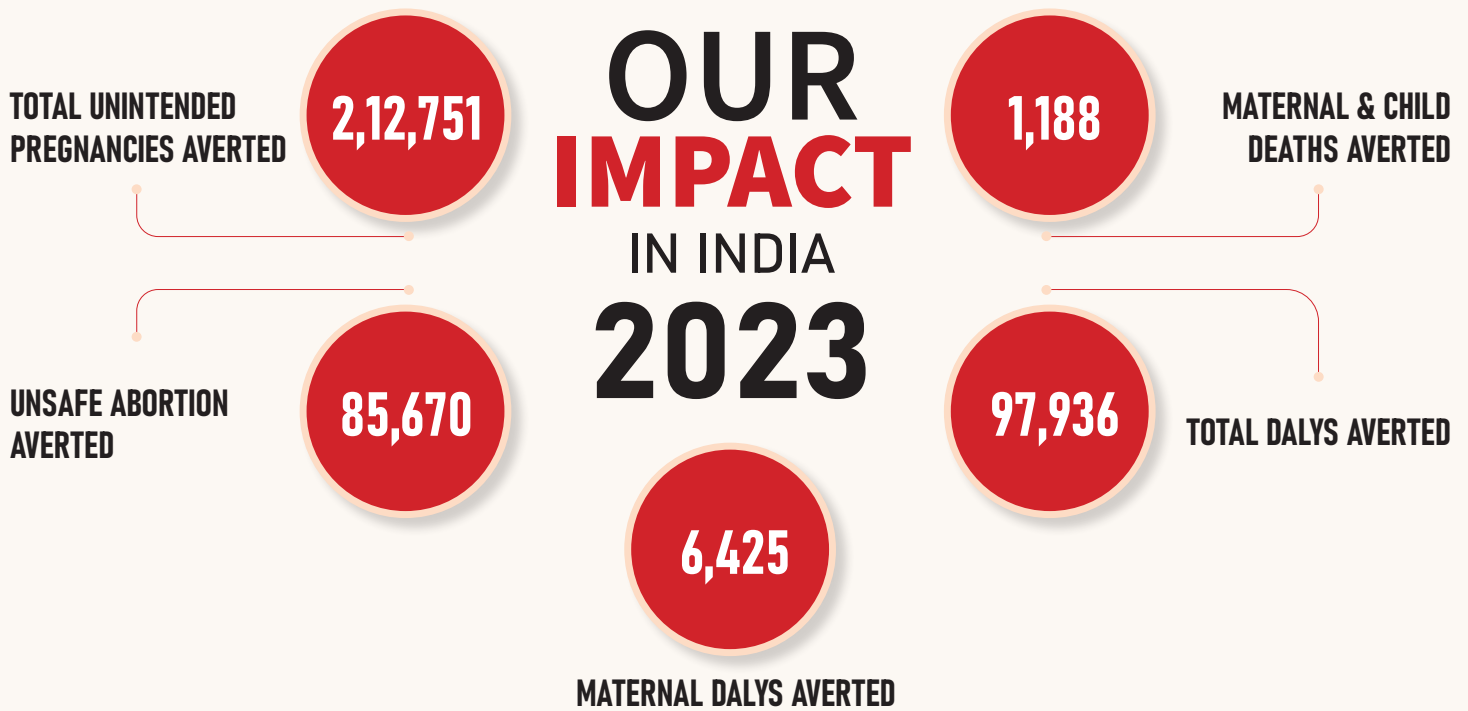
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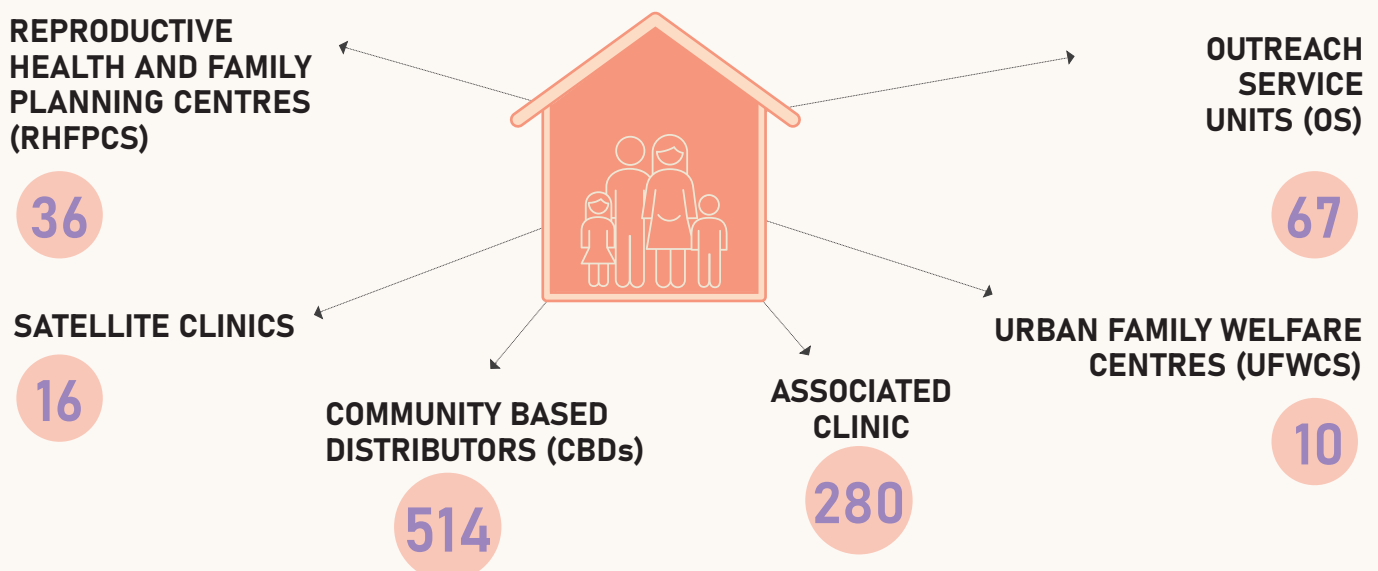
**PLEASE NOTE: THIS MAP IS INDICATIVE AND FOR REFERENCE PURPOSE ONLY**





TOTAL SERVICES [INCL. NON-SRH]	SRH-SERVICES	YOUNG PEOPLE (0-24)
<b>DELIVERED</b> → 1,91,93,419	<b>1,79,43,820</b>	<b>60,39,292</b>
<b>REFERRALS</b> → 66316		
<b>1,92,59,735</b>		

## SERVICE OUTLETS





## EXECUTIVE SUMMARY

**H**ealth equity requires promoting access for marginalised and excluded groups, especially those with multiple disadvantages. The needs of these populations must be addressed to achieve the SDG target 3.7, which is, to ensure universal access to sexual and reproductive health-care services, including for family planning, information and education, and the integration of reproductive health into national strategies and programmes.

We embarked upon an ambitious, new Strategic Plan 2023-2028, aligned with the strategic framework of IPPF (International Planned Parenthood Federation). The Plan promotes inclusive, equitable and rights-based access to sexual and reproductive health information and services to all, particularly the young and vulnerable populations. As you read this report, you'll see how each Strategic Priority's goals and strategies guided and informed our projects, interventions, and collaborations throughout the year, focusing our attention on our mission to advance SRHR, gender justice, diversity, and inclusion for all, especially the most

underserved, marginalised, and hard-to-reach populations.

Deploying time-tested on-ground strategies to deliver quality-assured SRH and other aligned non-SRH services like screening of common cancers, hypertension, diabetes, anaemia, renewing our focus on subfertility management and sexual health, staying invested in the SRHR of women workers in the beverages and apparel supply chains, and exploring institutional readiness and preparatory work to embrace a data-driven culture were some of the highlights of the year that was.

India has seen considerable technological advancement in recent years, and 2023 in particular has been a breakout year for MedTech. Telemedicine, remote patient monitoring, and AI-linked gadgets are enhancing patient access in urban and rural settings. Our youth-driven Strategic Plan recognises these rapid advances in digital technology as key levers to work efficiently and effectively, catering to the tech-savvy Gen-Z and Gen-Alpha. Investing in exploring digital health interventions was thus a natural choice of FPA India. We initiated building the blueprint of an



interactive virtual clinic that would give an immersive experience to users seeking SRH related counselling and medical consultations remotely. We tested an online tool in collaboration with IPPF, to evaluate the impact of comprehensive sexuality education on young people. We also started developing a mobile app to enable real-time data collection through the outreach-based service delivery points of FPA India, and track continuum of care.

The MoHFW, GoI, added the single rod sub-dermal Implant and SC-MPA injectable contraception to the National Family Planning Programme in March 2023. This is likely to boost modern contraception use. We conducted a number of hands-on training sessions to expand the base of qualified providers from the public and private sector who can include these new contraceptives in the basket of choice for their eligible clients with an unmet need for family planning.

Our training session addressed topics such as discrimination and lack of awareness about SOGIESC among healthcare professionals. We also offered gender affirming stigma free services for gender varied people.

Through the Global Fund, we work

towards strengthening social security and safety nets, establishing resilient community organisations and delivering complimentary treatment to key populations for their health and well-being.

We continued engaging with policymakers and school officials for the integration of Comprehensive Sexuality Education within school curricula. Several branches deployed creative ways to approach youth with CSE and youth-friendly SRH programmes. The Panchkula branch hosted the FPA India Youth Conclave to increase youth involvement in our programming.

Several of our branches formed advantageous ties with local NGOs and CBOs in 2023. Our branches formed 619 partnerships/engagements. Several notable achievements put us at the forefront of technical knowledge and expertise this year. We were honoured by the Ministry of Health & Family Welfare for our pioneering subdermal contraceptive implant training. Dr. Rathnamala Desai, FPA India President, became Trainer Emeritus, MoHFW, GoI.

Our new Strategic Plan (2023-2028) will continue to guide our work in the following years as we focus on innovation and increasing services to disparate communities.





## Message from our Director-General

**T**his year has been an energising one for all of us at FPA India. With a new Strategic Plan for 2023-2028, we renewed our commitment to advancing SRHR, gender justice, diversity, and inclusion for all, especially the marginalised and excluded; powered by sustainability and accountability, steered by young people. As a run up to our upcoming Diamond Jubilee year in 2024, the year 2023 assumes a very important role in initiating the launch of the new and bold FPA India while, retaining the old values and ideology of an organisation working with individuals and communities in 17 states of the country. We successfully reached out to 34,15,425 individuals, provided 1,80,09,557 services to 36,92,367 clients, focusing on marginalised and vulnerable individuals.

Our Strategic Plan 2023-2028, developed with staff, volunteers, and stakeholders, aligns with the IPPF's Strategy document. To define future priorities, a series of consultations were held with volunteers from each Branch Steering Committee/Branch Executive Committee (BSC/BEC), CSO partners, young people, and clients. We also held a youth-led strategy planning conference in Mumbai with 31 Branch General Managers/Managers and 25 youth volunteers to shape the final strategy. This annual report tracks our work through the lens of this new Strategic Plan, and as you will see, we're making excellent strides in technologies, service delivery, and campaigning for universal SRHR access.

Sustainable investment in young people is crucial, and we believe it is critical to prepare the next generation's leaders to steer the SRHR agenda with vision and responsibility. Our new Strategic Plan prioritises youth, and we aim to further strengthen youth capacities for innovative solutions to SRHR, as we



**Dr Kalpana Apte, Director General, FPA India**

demonstrated through the Global Innovation Challenge, wherein we hosted the global pilot of the Youth Social Venture Fund (YSVF). The YSVF identified and incubated three shortlisted solutions by young people from Uganda, Kenya and Burkina Faso. It was an inspiring experience to watch how these teams, over roughly 7 months, scaled up their solutions to a marketable product that is now available on the Playstore for adolescents to download and use.

We know we must be agile enough to respond to the challenges and capitalise on the opportunities that exist at every turn on the long road towards realising our mission. 2023 was all about exploring newer digital health interventions, beyond telemedicine. This exciting journey of exploration led us to start building a mobile app for streamlining data management in outreach settings and laying the blueprint for a smorgasbord of innovative service delivery models, including telemedicine, virtual models, and interactive technologies. We hope to unveil some of these in the coming months as a part of our upcoming Diamond Jubilee celebrations.

It was an immensely proud milestone for all of us at FPA India when we attained recognition by the Ministry of Health & Family Welfare as a pioneer in training on subdermal contraceptive implants. Dr. Rathnamala Desai, President of FPA India, was designated as Trainer Emeritus, MoHFW, GoI.

As we consolidate our leadership position on SRHR from the Global South, I am hopeful that together with our partners, our stakeholders and our grassroots community, we can continue to harness our collective energies to create a paradigm shift towards impacting lives, upholding SRHR and sustaining social wellbeing.





## Message from our President

**M**arch 2023 was a watershed moment in India's history of family planning as the Ministry of Health and Family Welfare (MoHFW) officially included two new contraceptives in the National Family Planning Programme: the SC-MPA injectable contraceptive and the single rod subdermal implant. This will boost modern contraception use. The MoHFW also recognised FPA India as a pioneer in subdermal contraceptive implant training. It was an honour to be designated as Trainer Emeritus, MoHFW, GoI.

Over the next several weeks, I undertook extensive Master Trainer Trainings for government doctors in Delhi, Kolkata, Dharwad, Hyderabad, and Ahmedabad. Orientation on Sub-cutaneous Injection Medroxy Progesterone Acetate (MPA) was also conducted at our Bengaluru clinic with the FPA India Medical Officers/Consultants as participants.

Another noteworthy step in the right direction was embarking on our own governance reforms. The structural and functional changes were initiated by IPPF, approved by the CEC and AIC in the spirit of 'one organisation, one Governing Board'. After piloting the new model in 4 FPA India branches



Dr Rathnamala Desai, President, FPA India

initially, other branches were subsequently supported to gradually transition to and adopt the new model. The changes included a revision in nomenclature from Branch Executive Committee to Branch Steering Committee, as well as changes to the composition, and broad functions of the Branch Committees. Triennial elections were held at 33 branches to form the Branch Steering Committees. The new Governing Board (CEC) of FPA India for 2024-2026 was elected during the Triennial General Meeting held in December 2023.

We ended the year on an optimistic and aspiring note. With the launch of our campaign 'Race to Erase Cervical Cancer', in association with the TMM 2024, we have embarked on a nationwide HPV vaccination drive along with a drive to step up cervical cancer screenings, and treatment of identified precancerous lesions. We are determined to engage tirelessly with our vast communities across 43 branches in 17 states to raise resources for protecting over 20,000 women and girls from cervical cancer over the next one year.

As I look to the future, I am bolstered by the fact that our team is laser-focused on our ambitious goals. Onwards and upwards!

# FPA INDIA'S STRATEGIC PLAN 2023-2028

Aligned with the IPPF's (International Planned Parenthood Federation) Strategy document, FPA India's Strategic Plan 2023-2028 was established through a consultation process with stakeholders, volunteers, and employees and adapted to the Indian context.

The trajectory of programme planning for FPA India over the subsequent five years will be established by this Strategic Plan. The goals and associated strategies that have been established for each Strategic Priority are outlined here:

## Strategies:

- 1.1** Expanding choices by including newer services and commodities including self-care products.
- 1.2** Increasing access to quality SRH services for all through existing and new Service Delivery Models including Digital Health Intervention
- 1.3** Prioritising marginalised and excluded groups including youth and SOGIESC for uptake of health services
- 1.4** Providing quality SRH services during humanitarian crises

## Strategies:

- 3.1** Develop as a 'nucleus of excellence' to innovate and advance SRHR nationally and globally.
- 3.2** Foster technology to open new vistas for SRHR interventions.
- 3.3** Leverage partnerships for expansion and cross movement support for SRHR.
- 3.4** Build and share knowledge & evidence to inform policies and programmes.

### Scaling up SRH Services



GOAL:

Expanding Access to quality SRH services for all, focusing on marginalised and excluded groups.

### Widening Sphere Of Influence



GOAL:

Create an enabling environment for SRHR through innovation, capacity building and partnerships

01

03

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MANAGEMENT  
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EVALUATION  
MONITORING  
YOUTH  
GOVERNANCE  
RESOUR







Training of Master Trainers at FPA India Kolkata branch

# Scaling SRH Services



GOAL

Expanding access to quality SRH services for all, focusing on marginalised and excluded groups.



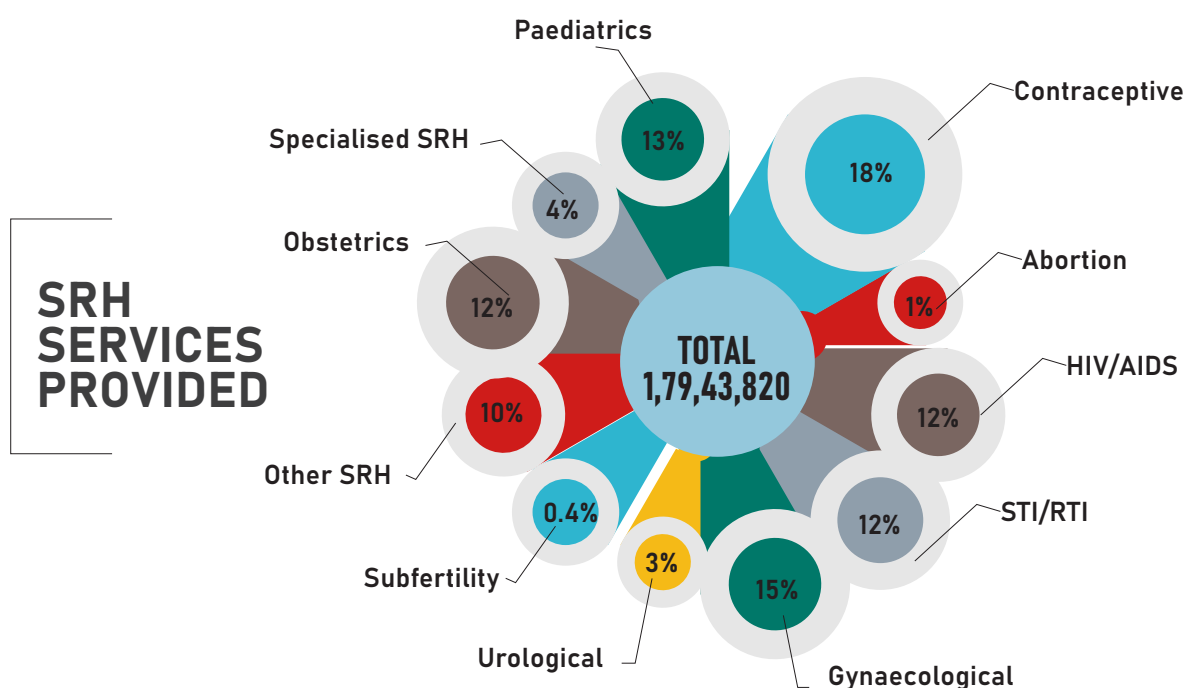
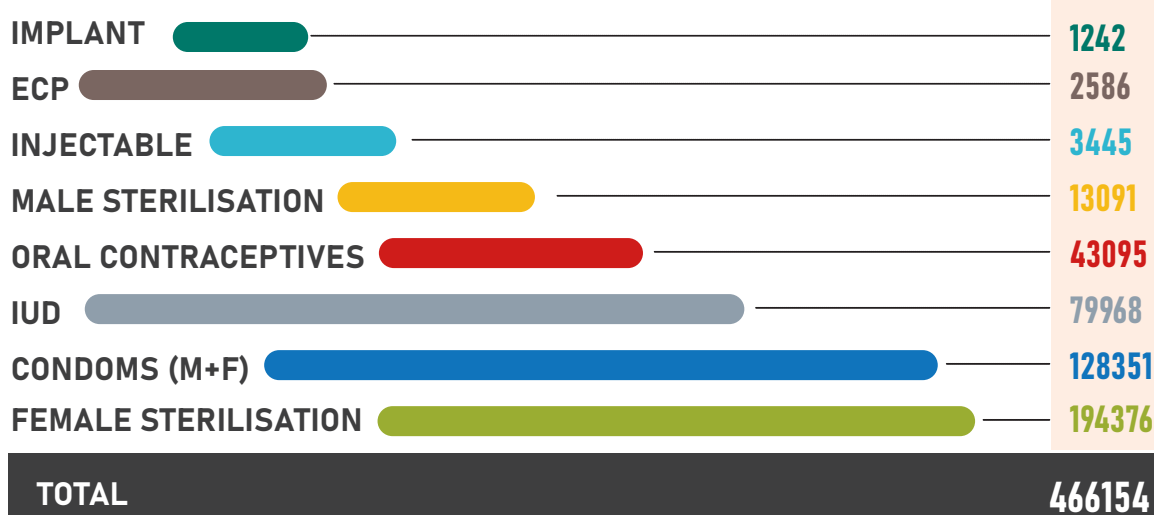
**F**PA India, through its service delivery arm, works to strengthen existing health systems to provide sexual and reproductive health services, including contraceptive options for all populations of reproductive age. We work in underserved communities to reach people with reproductive health supplies that save and improve lives.

Our service delivery network includes static clinics which deliver a comprehensive range of SRH services. Besides we have a range of outreach based facilities including satellite clinics, mobile outreach teams, and community based distributors to penetrate hard-to-reach terrains and the poorest of the poor, marginalized and excluded

neighbourhoods. Our Urban Family Welfare Centres are special units supported by the State Government to deliver a package of Maternal and Child health services. We also enable services through our partners, to expand our reach.

On the journey towards scaling up SRH services, this strategic priority aims to chart a course for sustainable programmes, especially for the marginalised and excluded communities. Of particular note this year has been the leadership role undertaken by Dr. Rathnamala Desai, the President of FPA India in expanding access to single-rod hormonal contraceptive implants within FPA India as well as in the public and private sector, through live-case demonstrations and hands-on training.

## COUPLE YEARS OF PROTECTION







Trainees practice insertion of contraceptive implants on a dummy

# Strategy 1.1

## Expanding choices by including newer services and commodities, including self-care products

Our aim under this strategy is to enhance access to commodities such as condoms, IUDs and also expand the base of providers to offer newer contraceptive options. We further aim to increase our geographical spread and service delivery points. Expanding access to HIV prevention tools is also one of the key interventions within this strategy.

## DEVELOPING EXPERTISE OF GOI AND FPA INDIA DOCTORS

The President of FPA India, Dr. Rathnamala Desai, conducted training for 7 batches of Master Trainers for doctors in the public health sector in Delhi, Kolkata, Dharwad, Jaipur, Bengaluru and Bidar. DMPA-SC orientation was also conducted by Dr. Desai at Bengaluru clinic with the FPA India MO/Consultants as participants. In addition to training the health care providers from the public sector, she trained eligible providers from FPA India and other private

practitioners in Ahmedabad, Bengaluru, Bidar, Dharwad, Hyderabad and Mumbai.

The training programme included modules on counselling clients before accepting implants as a method of contraception, a demonstration of inserting implants into a dummy arm, and hands-on training on eligible clients visiting FPA India clinics for contraceptive options. Of special note is that FPA India received a donation of DMPA-SC from FPA Nepal.



Implemented in:

**Agra, Ahmedabad, Ballari, Bengaluru, Bidar, New Delhi, Dharwad, GGFC, Gwalior, Hyderabad, Kalchini, Kolkata, Lucknow, Mumbai, Murhu, Pune and Thane**

### Highlights:

- As the implant trainings were going on consecutively, a total of 1195 implants were given to 17 branches/projects of which 719 were utilised in 2023.



Deputy Director, Family Welfare, Government of Karnataka visited Bidar Branch on occasion of Implants Training



## MAKING CONTRACEPTIVE OPTIONS MORE WIDESPREAD AND ACCESSIBLE

The LNG IUS (Levonorgestrel Intrauterine System) helps to reduce iron-deficiency anaemia and menorrhagia (excessive menstrual bleeding), and also provides relief for symptoms of menstrual cramps and endometriosis. The ICA Foundation donated 1,000 LNG IUS devices to FPA India. In addition to ICA Foundation, FPA India also received 50 pieces of LNG IUS from Bayer Zydus Pharma Private Limited through Prozela, utilised through the the Mumbai branch and Thane District Project for the benefit of clients.



Implemented in:

Gwalior, Bengaluru, Dharwad, Kalchini, Murhu, Lucknow, Agra, Ahmedabad, Gomia, Ballari, Dharwad, Hyderabad, Pune, Pune GGFC, Nilgiris, Panchkula, Dindigul, Yamunanagar, Bidar, Bhopal, Mumbai and Thane

### Highlights:

- 549 LNG IUS had been utilised during the year.



### Community Voices

BIMLA THAPA



### Effective Use Of LNG IUS At Kalchini Improves Health Outcomes

Bimla Thapa, a 46-year-old resident of Raimatang Tea Estate, is a tea garden worker. The tea garden she works at is a closed garden, which means the employees are paid daily wages only, and the workers are not entitled to any benefits. Bimla's husband is also a tea garden labourer, and they have a daughter and a son. Bimla had been suffering from prolonged bleeding and when she visited a service provider at the tea garden, she was referred to the district hospital in Alipurduar. At the hospital, during ultrasonography, a tiny uterine fibroid was detected, and this was diagnosed as

the reason for the bleeding. Further, she was referred to a private nursing home in Alipurduar for a hysterectomy. The nursing home informed Bimla that the hysterectomy would cost her INR 54,000/- and she would need to take leave from work for 14 days. Bimla knew that getting that time off would be impossible with her current employer.

When the Kalchini branch CBD heard of Bimla's case, she visited her and urged her to visit RHFPC for a second opinion. Bimla visited the counsellor and MO at RHFPC, where the doctor advised her to use a hormonal intrauterine system - LNG IUS and observe her health for 3

months. Bimla and her husband consented to the insertion of the device. It was a simple out-patient procedure, conducted at the FPA India clinic.

Since then, with regular follow-ups over 5 months, Bimla has been feeling healthy and is at her job as usual. Bimla, her family, as well as the community of Raimatang, have expressed appreciation for how the Kalchini branch assisted with this case while also saving the family prohibitive out-of-pocket expenditure in addition to avoidable loss of wages due to a much longer time to recuperate from a major surgery.



Trainees holding their certificates of completion of hands-on training on conducting safe first trimester abortion using the MVA technique, organised in the certified MTP training centre of FPA India Kolkata Branch

# Strategy 1.2

## Increasing access to quality SRH services for all, through existing and new Service Delivery Models, including Digital Health Interventions

As part of this strategy, we believe it is critical to enhance accessibility to innovative medical and digital technologies, products, and services in order to improve health seeking behaviours. This is essential so that individuals can act on their reproductive decisions in a manner that promotes SRHR objectives, devoid of prejudice, fear, or retaliation.



## BRINGING SRHR TO THEIR DOORSTEP

Health service sessions were conducted monthly in each tea garden as part of the second phase of this Twinings-supported initiative for tea garden workers in Darjeeling. Women who worked in tea gardens formed Mothers' Club to raise public awareness about SRH issues and coordinate participation in service sessions organised by the FPA India team. Additionally, adolescent girls and

women utilised teleconsultation and telecounseling services to address their health concerns.

Under this project we also conducted an innovative activity - Mega Health Fair at Barnesbeg Tea Estate, to bring the tea garden workers and families together for awareness on sexual and reproductive health through activities and avail special services under one roof.

### Highlights:

- Implemented in 7 tea gardens in Darjeeling through FPA India Kalchini branch.
- Total 5176 men and women were supported through health sessions.
- Total 1755 girls and boys were reached through Comprehensive Sexuality Education (CSE)
- Around 2808 women/girls received sanitary napkins.
- Enhanced knowledge on family planning led to 1425 women accessing contraceptives regularly.



Awareness generation programme with adolescent girls by the Mothers' Club members



# ENABLING ACCESS TO SAFE ABORTION SERVICES

Provisioning of comprehensive, safe and legal abortion care and abortion related services, is integral to the package of SRH services delivered through all the clinics of FPA India that are duly registered as MTP centres.

With additional support from a Large Anonymous Donor, we leveraged partnerships in Agra, Ahmedabad, Murhu and Gwalior to

reduce stigma against abortion and reach the full spectrum of quality person-centred abortion and contraception services, particularly among the young, poor and marginalized populations.

Our goal was to create an enabling environment to improve access to quality, person-centred abortion and contraceptive services.

A two-day Technical Update Workshop was held for 30 Medical Officers and Counsellors/ Programme Officers from 14 branches in Mumbai. Counselling strategies, novel contraceptive experiences, service delivery issues, amendments to the MTP Act and service delivery protocols were covered during the workshop.



Implemented in:

**Agra, Ahmedabad, Murhu, and Gwalior.**

## Highlights:

- Abortion Services provided to 7076 clients.
- 91% acceptance of post-abortion contraceptives, except condoms.
- Modern contraceptive methods provided to 62994 clients.



LAD Project staff and LW meeting in Agra to leverage partnerships

FPA India was represented by our Director, Monitoring and Evaluation, Ms Usha Radhakrishnan at the Global Self-Care Meeting in Nairobi, organised by IPPF. FPA India was recognised for implementing IPPF's flagship Safe Abortion Programme, the Global Comprehensive Abortion Care Initiative (GCACI), from 2008-2023 at this meeting.





## Community Voices

### Efficient Teleservices In Gwalior Guide Sangita To Health

Sangita (name changed) participated in a CSE session conducted by FPA India at a school in Gwalior. During this session, information was given on telecounselling services available to adolescents, and they were advised to reach out to the FPA India team if they needed any medical support or counselling.

Sangita contacted the branch clinic shortly after this session to obtain information about medical abortion pills, and requested that the branch help her with this service. She was unable to visit the centre due to fear

and stigma associated with her condition, and also because she did not want to be ostracised by her family and community.

She shared her sonography report with the team through WhatsApp. She was 6 weeks pregnant. Sangita was counselled on the medical abortion pills. She purchased the pills, and was advised on dosage and followed up with after 48 hours. She was also advised to visit the nearest RHFPC if she needed any further support. The team continued to follow up with her over the next few days. She underwent MMA services successfully,

thanks to FPA India guidance.

There is often a culture of silence and deep-rooted stigma associated with unmarried young women who need to manage their unintended pregnancy. It is imperative for service providers to be non-judgmental and facilitating, while offering care and support to the pregnant person. This story strengthens evidence for leveraging mobile technology to assist self-care, so that access to time-sensitive SRH services is not delayed or denied, within the existing regulatory framework that defines safe abortion service delivery in India.



## Community Voices

### Helping Pooja Make An Informed Contraceptive Choice

Pooja (name changed), a 19-year-old young woman, visited RHFPC Vijayapur to seek contraceptive services. She and her husband work in the garment industry, and they already have two children. Pooja came to avail of Minilap at RHFPC, but since she was only 19 years old, she couldn't be advised the same. Instead, the counsellor explained to her all the



temporary contraceptive methods, like condoms, OCP, IUCD, among others and pointed out the features of each method. She preferred the IUCD for 5 years as her choice. The MO inserted IUCD 5 years, and after two weeks, the field worker visited Pooja at her home to inquire about her health. Pooja was very happy with the care and help she received, and so was her family.

## SATELLITE CLINIC THAT MADE A DIFFERENCE

The Swasthya Parivaar Project, is a health intervention for the vulnerable population in the Peenya region of Bengaluru, with a focus on the employees of Shahi Garment factory, besides other community members residing in the area. The objective of the project was to increase access to Sexual and Reproductive Health information, education and

services, including family planning for the Poor, Marginalised, Socially Excluded and Underserved (PMSEUs) in Peenya. Under this project, a satellite clinic was set up to provide a package of integrated preventive and curative services that addressed the reproductive and sexual health needs of people in the Peenya region.



Implemented in:  
**Bengaluru**

### Highlights:

- The service package included counselling, consultation, investigations, management, and preventive care.
- Referral linkages were established between the satellite clinic and the static clinic (RHFPC) of FPA India Bengaluru Branch and other government and private hospitals to ensure continuum of care for clients requiring emergency medical care or other surgical or medical services beyond the scope of the satellite clinic.
- A total of 4887 clients accessed 26065 services during the year.



A health checkup service session in progress at Peenya



Outreach session at SHAHI satellite clinic

# ADVANCING AN SRH PROGRAMME FOR INDIGENT POPULATIONS' RIGHTS AND EMPOWERMENT (ASPIRE)

The ASPIRE initiative aims to enhance the capacity of health systems and empower communities to advocate for rights-based sexual and reproductive health (SRH) care. The initiative provides SRH services, including comprehensive abortion care to indigenous populations in selected geographies of West Bengal. Furthermore, it fosters empowerment among women and adolescents through the establishment of a stigma-free and gender-just environment.



Implemented in: **Kalchini, Kolkata and the Sunderbans**

## Highlights:

- 55 women's and 51 youth groups emerged in new intervention areas, including 38 in Sunderbans.
- 352 ASHAs in Sunderbans were trained in SRH care through two trainings.
- A total of 11 GBV trainings were conducted in Kolkata and Kalchini's new intervention areas under the project.
- Intervention branches provided 3,42,328 contraceptive services.
- Total 1,830,950, gynaecology and obstetrics services availed provided.
- 20,525 abortion care services were provided.
- 818,889 STI and HIV/AIDS services were offered.
- 897,106 other SRH, specialised, subfertility, and urology services were provided.
- Total 59 sexual and reproductive health and rights trainings were conducted with community members and youth in new and previous intervention locations.
- 20 SRH trainings undertaken for ASHAs, CBPs, mothers clubs, and youth groups.
- A total of 76 ToTs on Comprehensive Sexuality Education were conducted by both branches of the school to develop the capacities of the teachers.



ASPIRE meeting with PRI and Tea Garden leaders at Garganda Tea Estate, Kalchini



# DISPELLING CONTRACEPTIVE MYTHS IN NOIDA'S COMMUNITIES

By focusing on adolescent and young adult populations, the "My Choice My Right" initiative under the NOIDA Project hopes to dispel myths about reproductive health, promote optimal spacing and timing of pregnancies, and pave the way for easier

access to contraception. The target population is the 2.4 lakh individuals living in NOIDA's slums. Utilising, energising, and revitalising the existing service delivery channels (such as ASHAs, ANMs, and ICDS personnel) is the primary strategy.

## Highlights:

- Total 1787 adolescents were imparted CSE for this period, among them, 756 were boys and 1031 were girls.
- 15 peer-educators trainings were conducted and 144 youths attended the trainings, 40 peer educators are now active across the operational locations.
- 77 group awareness sessions on SRHR and FP methods, 1011 females attended these sessions and 55% of them are now using contraceptives.

4315

Beneficiaries were provided OC pills at their door steps through the CBPs

11298

Beneficiaries were provided condoms at their door steps through the CBPs

820

Clients were referred to public health facilities

222

Unique beneficiaries accompanied to different govt. facilities for injectables

191

Beneficiaries referred for tubectomy and 10 for vasectomy

385

Beneficiaries accompanied and inserted IUCD

97

Women referred for safe abortion

94

Clients inserted with implants



Observing World Contraception Day



Peer educators session underway at NOIDA



## COMBATING COMMON CANCERS - A PUBLIC HEALTH PRIORITY

In 2023, FPA India implemented initiatives to improve healthcare practitioners' ability to identify and manage breast and cervical cancers, promoting women's access to healthcare as well as

understanding of SRHR and breast and cervical malignancies. Furthermore, they served to advocate for local governments to improve healthcare services pertaining to SRHR and cancer screenings.

### A MULTI-PRONGED APPROACH TO TACKLE ORAL, BREAST AND CERVICAL CANCERS

Supported by the Narotam Sekhsaria Foundation (NSF), FPA India implemented a project that incorporated tobacco cessation and common cancer screening services into the SRH service delivery for early diagnosis and referral. The project's goal was to train a cadre of service providers in specialised counselling for risk reduction and screening, specifically for oral, cervical, and breast cancers.

Precancerous conditions that are detected early and

referred for treatment can result in improved prognoses in most patients. In operational areas of FPA India Pune, GGFC, Solapur, Mumbai Branches and Thane District Project, oral cancer screening was conducted on both men and women.

Through this intervention, branches screened 8,021 clients via 187 camps. 6844 individuals were screened for oral cancer. 5101 breast cancer and 2180 cervical cancer screenings were also completed.



Oral cancer screening session in Solapur branch

## THE 'SMART' WAY TO CERVICAL CANCER SCREENINGS

This is an innovative approach to aid in the early detection of cervical cancer. The SMARTSCOPE is a digital portable cervicoscope for capturing and sharing images, and the in-built AI diagnosis provides results at

the time of the screening. During the outreach sessions, conducted in Kalchini, Gwalior, Dharwad, New Delhi, Bidar and Ballari branches, the device was used to screen 1992 clients.



Cervical cancer screening service session in outreach through the SMARTSCOPE device.

## IMPROVING CERVICAL CANCER DETECTION WITH GYNAECAM (™)

The Mumbai, TDP, and Kalchini clinics of FPA India were provided by IIT Bombay with Gynaecam devices intended for performing cervical cancer screening. A portable device, the Gynaecam, is equipped with a programme for client registration, image capture, and sharing. Doctors are able to receive the images for diagnostic purposes.

Initial virtual demonstration sessions were carried out so that these clinics and the headquarters team could learn about the device's functionality in clinic environments. Because it provides magnified images that make it simpler to identify the afflicted areas, medical officers view it as an additional benefit to visual examination with acetic acid (VIA). 60 clients have been examined with the device thus far.





## TRANSPORT AROGYAM KENDRA - A WORKPLACE INTERVENTION FOR TRUCKERS

Supported by HDB Financial Services, the Transport Arogyam Kendra initiative has established a daycare facility in the truckers' hub to provide truckers with health care for occupational and general health conditions,

including SRH, which are amenable to management. The clients received consultation-based treatment for general health and physiotherapy from a team of physiotherapists and general practitioners.

### Highlights:

- Clinical and programmatic training was organised for the project implementation team. The training was focused on truckers' assessments for various STIs, and non-communicable diseases.
- World Physiotherapy Day and the 2nd anniversary of the center were celebrated on 8th September.
- With the positive response to the project, HDBFS is now also supporting a similar intervention in Gandhidham-Kutch Gujarat in the last quarter of 2023.
- A total of 5,159 clients availed of over 41,914 health services.
- Total 13 sensitization events were organised at the centres.
- 309 new truck drivers received information on the importance of physiotherapy along with a demonstration of a few exercises.



TAK Kalamboli - Mobile medical camp at halting spot of truckers





Participation in Pride Month at Hyderabad Branch as part of the IPPF Stream 2 Sunrise project activities

# Strategy 1.3

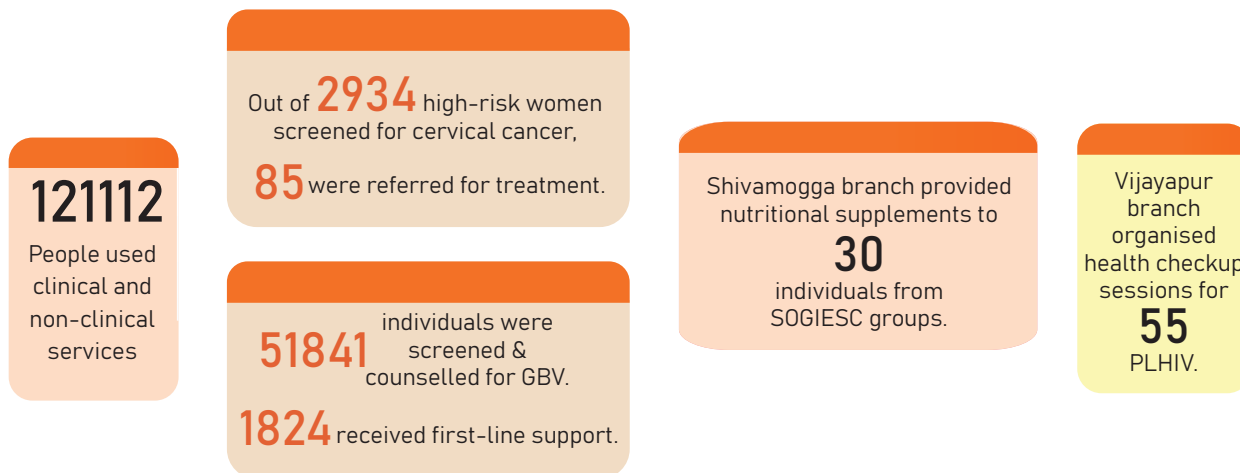
## Prioritising marginalised and excluded groups, including youth and SOGIESC, for uptake of health services

Young people have unique social, emotional, and developmental needs that necessitate a welcoming and responsive health system and policies. There is also a need to recognise prejudice, a lack of SOGIESC awareness among healthcare professionals, a lack of affirming services, and stigma-free, quality health services for gender diverse persons. This strategy actively addresses youth, trans and gender-diverse health care access disparities commonly experienced by young people and the SOGIESC community.



## SRH SERVICES FOR KEY POPULATIONS

FPA India implemented focused interventions engaging peer support, and partner organizations to reach much-needed SRH services and commodities to PLHIV, LGBTQIA+ groups, female sex workers and other marginalised and underserved communities.



## MICRO FOCUS TO ENSURE SRHR FOR ALL

A total of 8 Targeted Intervention projects were implemented across 5 branches.



Implemented in:

**Thane District Project** - 2 projects for sex workers | **Panchkula Branch** - 1 project for MSM | **Mohali Branch** - 3 composite TI projects | **Gwalior Branch** - 1 project for truckers and cleaners | **Srinagar Branch** - 1 project for Injection Drug Users

## Highlights:

### Srinagar Branch

- Srinagar branch reached 2445 IDU through TI. They tested 731 males and 432 females for HIV and helped them remain HIV negative.
- During the project period, Srinagar branch provided STI services to 1041 men and 247 women, and those who tested positive for HIV and STI were referred to oral substitute services and to the ART centre.
- GBV screening was provided to 46 clients at Srinagar branch.



Medical awareness camp for TG at Srinagar branch

### Gwalior Branch

- Gwalior branch conducted 1434 HIV screenings and registered 4 cases for ART center.
- 18,617 truckers availed of integrated services at the Gwalior Branch TI.
- Gwalior branch conducted sessions on SRHR for truckers to increase their knowledge and access to preventive services.



Advocacy meeting under TI project



Community event organised at Panchkula branch for MSM community

### Panchkula Branch

- Panchkula branch reached out to around 2000 MSM. Outreach camps benefitted 448 HRGs. The branch provided 1200 STI services to the HRGs and referred 29 persons for Gender Affirmation services.
- A crisis committee was formed, of which 1 PLHIV is also member.
- 112800 condoms were distributed. 40 people belonging to the vulnerable population were imparted skills building training.
- Panchkula branch organised a community event to create awareness among high-risk groups. 325 persons participated.

### Mohali Branch

- Mohali Branch conducted awareness activities and counselling services through TI Projects, and as a result, they tested 995 persons for HIV, 589 were administered VDRL tests, and 786 were provided services for STI/RTI.
- 6 sensitization meetings were held with stakeholders and HRGs to avail services for
- HIV/AIDS and STIs prevention and treatment and awareness sessions on gender norms and sexual health at Drop-in-Centres. 1217 individuals were screened for GBV.

### Thane District Project

- Thane District Project TI conducted 171 awareness programmes for 5173 sex workers and 13,979 group sessions.
- Clinical services included 10580 HIV tests, of which 8 tested positive for HIV; they were linked to ART.
- 15593 SWs were reached through 742 health camps, and 7563 VDRL (syphilis test) services were provided.
- 205 GBV survivors were identified and provided care by the team.
- Nearly 589,168 condoms were distributed to prevent STI / HIV during this project period and capacity-building was undertaken for 30 peer educators on HIV/STI/RTI, breast cancer, cervical cancer, and other family planning services.
- On Hepatitis Day, Thane Branch screened 49 FSW for cervical cancer, and vaccinated 48 FSWs against Hepatitis B.
- The Thane branch TI collaborated with Kshamta Foundation which is working on providing income-generating skills training for FSWs and encouraging them to learn additional skills to enhance their income.



FPA India Thane FSW Project Unit 2 Kalyan received an appreciation letter from MSACS for the support extended to the community to enable them to take part in Community led monitoring of the HIV prevention and care in the community. FPA India FSW Project Unit 2, Kalyan is one of the six targeted Intervention Projects in Thane District which had received the appreciation letter for the good efforts to support to help community led monitoring.



## ENCOURAGING MALE INVOLVEMENT IN FAMILY PLANNING

The Assisting Safe Health Outcomes in the Community (ASHOC) Project aims to increase male family planning uptake and enable youth-friendly SRH counselling and services for young men and boys through community-

based, facility-based, and virtual clinics. The project goal was to reach 50,000 people, promote male family planning, and train care providers in Non-Scalpel Vasectomy (NSV).



Implemented in: **Mumbai and Lucknow Branches**

### Highlights:

- A two-day orientation and IEC development meeting was held in Pune for the team. Pune Branch led the discussion and presented their NSV uptake experience with men.
- Findings of a Baseline Study conducted under this project indicated low knowledge among males about the method of FP, as majority of them still believed that FP was the responsibility of women.
- Lack of service providers and accessibility to SRH services also affected the uptake adversely. It was opined to impart SRH knowledge to boys at young age.
- 405 awareness sessions in community, 81 CSE sessions and 27 ASHA meetings held.
- Awareness sessions with 47015 men, women, boys and girls and CSE with more than 6500 young people 113 clients given NSV.
- Reached out to 47,015 potential clients through 405 awareness sessions.
- 100 Outreach health sessions conducted for 6487 clients in outreach sessions.
- 241 family planning acceptors, including 62 NSV by Mumbai branch and 51 NSV by Lucknow branch.



Under the ASHOC Project, a health camp was organised in the Kabadi Basti area of Lucknow to increase men's participation and awareness in family planning





Delivering Minimal Initial Service Package (MISP) in Manipur

## Strategy 1.4

### Providing quality SRH services during Humanitarian Crises

In times of conflicts, disasters, and other crises, there is often a significant rise in sexual and other forms of gender-based violence (GBV). This occurs when the usual protection systems within communities break down and vulnerabilities are intensified due to displacement, stress, instability, and the deliberate targeting of women and girls by armed individuals. HIV infections, a variety of reproductive illnesses, unwanted pregnancies, and obstetric issues can all lead to serious health problems or even disability if SRH services are not provided promptly.

FPA India offers crucial life-saving interventions to ensure that all family planning needs are met, that all preventable maternal deaths are addressed, and that no harmful practices or gender-based violence (GBV) occurs, even in the midst of humanitarian crises.



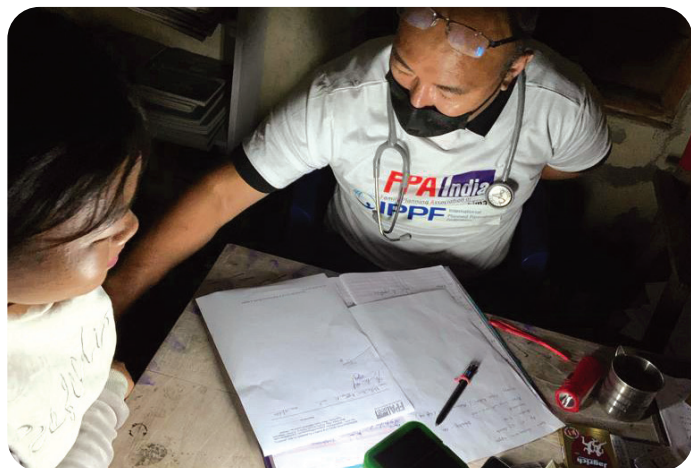
## DELIVERING A HUMANITARIAN RESPONSE IN MANIPUR

The ethnic violence that erupted in Manipur in May 2023 claimed many lives, injured many more and displaced more than 50000 people in make-shift shelter homes.

Our team from Nagaland Branch was prompt in delivering a minimal initial service package in the shelter homes and link those in need of specialized medical services to the

Kangpokpi District hospital and Saikul Community Health Centre. Our Counsellors and Nurses made that extra efforts to engage with the community to identify and support survivors of sexual violence. We conducted 22 special health service sessions, for the benefit of 1485 women and 762 men, during this humanitarian response initiative.

Glimpses from the service session managed by FPA India's Nagaland Branch team in Manipur



# LEVERAGING STAFF CAPACITY FOR SRHR DURING CRISIS

FPA India implemented a Humanitarian project with the support of IPPF. The SPRINT IV project is focused on preparing FPA India branches to respond to humanitarian crisis situations, both natural calamities and protracted crisis situations. Its objective was to impart the required technical and operational knowledge and build the capacities of FPA India staff, government stakeholders and partner agencies to be able to respond to any natural calamities or disaster situations. It has been observed that in any disaster response programme, typically, SRH-related services are neglected when

women and girls are the most impacted and vulnerable and need SRH services. While some of the branch locations were selected for natural calamity sites (floods or earthquakes), other branches were protracted crisis sites (civil unrest).

The first and second phases of the project included FPA India branches in Bhubaneswar, Kolkata, Kalchini, Murhu, Chennai, Trivandrum, Dharwad and Srinagar. Under the third phase of the project, an additional 4 branches, namely, Ahmedabad, Panchkula, Nagaland and Solapur are implementing this project.

## Highlights:

- A virtual project orientation meeting was conducted for 23 Branch Managers, Medical Officers and Programme Officers with the objective of orienting them to the workplan of the SPRINT IV Project.
- A 3-day training on M&E for humanitarian settings was organised at Ranchi for 22 participants to understand how to conduct M&E during humanitarian emergencies and to discuss the M&E requirements, tools, and systems of the new SPRINT IV programme.
- IPPF-SARO organised a virtual one-day training on EPP/ERP for 11 participants, including branch managers and HQ staff.
- A virtual meeting was held with Sphere India to discuss potential areas of partnership and support for participation in the Inter Agency Group (IAG) State & District level.
- A preliminary disaster response plan was developed in a one-day meeting with around 25 district-level NGOs from all branches. These meetings educated NGOs about MISP and the relevance of SRH services in humanitarian circumstances. These interactions also fostered fellowship among NGOs, which will aid collaboration in disaster response situations.
- A 4-day training on safety and security for humanitarian settings was organised in Mumbai for 22 participants. The training was organised to understand security risks in the field environment, effective use of communication, successful application of first aid, and the development of personal and team-based strategies.
- MISP training was provided for 130-ASHA, 7-AWW, 4-ANM, and 79 people from connected clinics, youth volunteers, and partner organisations
- On Humanitarian Day, 20 school teachers, 17 PRI representatives, 15 ASHAs, 9 Anganwadi workers, and 21 community members participated in various activities held by all the branches





CSE session with out of school students at Kalchini

# Upholding Sexual Reproductive Rights



## GOAL

Support, protect and advance sexual and reproductive rights, especially for marginalised and excluded groups

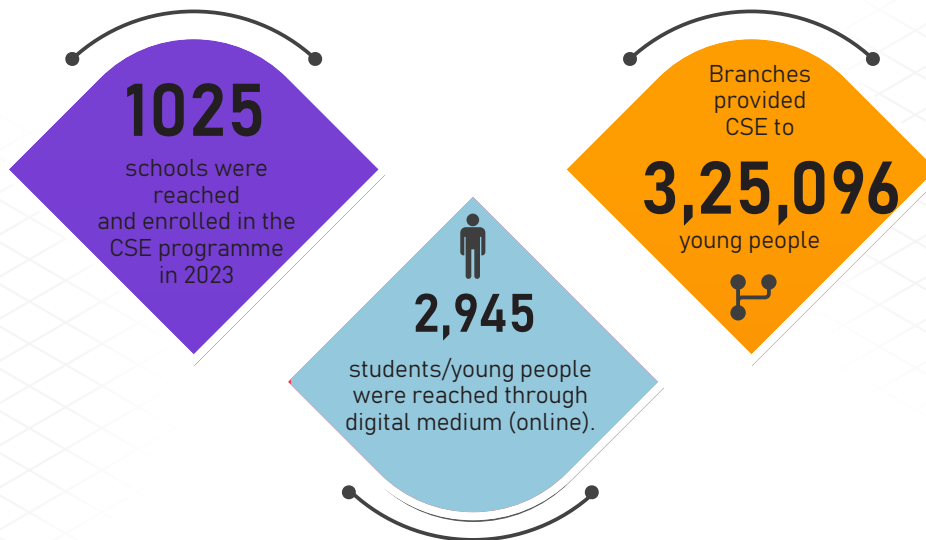




The right of all individuals to control their sexual and reproductive health is fundamental to leading an empowered and healthy life. Lack of agency to exercise their sexual and reproductive rights in particular greatly inhibits women's education, economic, and political participation in their public and private lives. Young people and all persons who may be marginalised and excluded due to their sexual orientation or gender identity especially need accurate information and comprehensive health services, including contraception, counselling, testing and treatment, and safe abortion care, to protect their rights. It is in this context that FPA India champions social development, education, and employment programmes to alleviate poverty among

this demographic, reduce their vulnerability to stigma and discrimination, and improve their health.

Under this strategic priority in 2023, FPA India provided a robust Comprehensive Sexuality Education (CSE) programme that facilitated discussion and advocacy with policymakers and school authorities. Several of our branches have found innovative ways to reach young people with CSE and youth-friendly SRH services. Of the 325096 young people provided with CSE, 119918 were boys, 205044 were girls and 134 belonged to other genders. We are now adept at using digital tools such as social media apps, including Zoom, WhatsApp, Skype, Google Meet, YouTube, etc., to impart CSE sessions to young people.



CSE session at a school in Kolkatta



Saathiya training in Bhopal Branch

# Strategy 2.1

**Promote Comprehensive Sexuality Education (CSE) to enable young people to exercise their sexual and reproductive rights**

In a world where gender-based violence, gender inequality, early and unplanned pregnancies, HIV, and other STDs continue to pose significant challenges, FPA India believes that CSE equips young people to make informed decisions about relationships and sexuality when coupled with access to essential services.



# CHAMPIONING THE CSE AGENDA

With an aim to increase our CSE footprint across the demographic, several FPA India branches undertook different activities throughout 2023 to enhance the participation of young people.

## In-schools/Out-of-school

### Highlights:

- **Bengaluru** branch developed IEC materials in local language on SRH information related to young people.
- **Madurai** branch conducted CSE for students in 24 municipal corporation schools and 5 government schools, reaching out to 12,191 students through offline sessions.
- **Nilgiris** branch conducted CSE Sessions, for youths in community settings alongside skill development sessions. About 318 students participated in these CSE sessions.
- **Srinagar** branch conducted CSE session with the students and teachers at Govt. Girls Middle School, Palpora, Pamposh Colony, Srinagar.
- **Kolkata** branch conducted CSE sessions in satellite clinics, local club spaces, community halls and other venues. Some sessions were also conducted in the newly established service area of Sunderbans. A total of 35 sessions were conducted. These sessions primarily catered to students who had dropped out of school or had never been able to attend due to financial constraints.



### LOCAL ADVOCACY WIN

**Pune branch** reached out to Pune Municipal Corporation (PMC) schools, supporting PMC in the facilitation of RBSK-National Child Health Programme. The branch successfully partnered with the government authorities and medical team of RBSK to impart CSE.



## Community Voices

### Helping A Teenager Prioritise Education In Dindigul

In 2023, we conducted a CSE programme in schools in Dindigul. After one such programme at a Government Girls' Higher Secondary School, a 15-year-old student named Rubi (name changed), studying in the 10th grade, along with her mother, visited our RHFPC. Her mother expressed concern that her daughter had dropped out of school due to her relationship with a 20-year-old boy. The branch counsellor provided individual counselling

sessions for both the student and her mother, emphasising the drawbacks of early relationships. Following the counselling sessions, both the student and her mother agreed to prioritise education over interpersonal relationships. The school's headmaster and the student's family members expressed gratitude for our intervention and the positive impact it had had on their situation.

## Partnerships with NGOs/CBOs

- Overall, 619 NGOs/CBOs have been partnered with, across our Branches and Projects in 2023.
- Branches have trained 843 NGO staff to deliver CSE to young people through their programmes and activities.

## Highlights:

### VIJAYAPUR BRANCH

- Sankalp Network Centre for Non-Formal Education
- Jagruthi Spoorthi

### RAJKOT BRANCH

- JH Bhalodia Women's College
- ITI Rajkot
- Rajkot District Network
- Lakshya Trust

### GWALIOR BRANCH

- Provided 21 NGO/CBO representatives with CSE training
- Entered formal and non-formal partnerships with 15 NGOs/CBOs for SRH services.
- Conducted online CSE sessions at 6 coaching institutes

### BIDAR BRANCH

- Reached out to 8 NGOs and mutually conducted CSE sessions in the community
- Organised CSE sessions for 98 medical college students

### LUCKNOW BRANCH

- Vigyan Foundation
- Vishalakshi Foundation
- Safe Society
- Humsafar Foundation
- Creates

### YAMUNAGAR BRANCH

- Sai Sobhagya NGO which is helping 100 out-of-school youth
- Computer training and beauty parlour training

### BENGALURU BRANCH

- Reached out to NGOs and CBOs for referrals for SRH services
- Sparsha Trust People Trust Smile Foundation
- Balya Nele Narendra Foundation

### TRIVANDRUM BRANCH

- Tied up with ICDS, NHM, Rotary Club
- Conducted CSE sessions and SRH camps in remote and tribal areas

### JABALPUR BRANCH

- Conducted a meeting with 30 partner NGOs
- Public health functionaries to improve the reach of CSE

### AHMEDABAD BRANCH

- SAATH Forum Foundation
- Manav Sadhna Trust Gandhinagar
- Queer Pride Foundation

## Youth Center Activities

- Branches have 1,998 active youth groups (386 boys' groups, 789 girls' groups, 823 mixed groups).

### Highlights:

**Dharwad branch** established two youth friendly centres where they organised anaemia detection camps, and summer camps for young people



**Solapur branch** arranged Cyber Awareness sessions, and webinars in co-ordination with 'Nine is Mine', PRATyE Organisation on the topic of child rights



**Kalchini branch** formed 26 youth groups to create awareness on SRHR & GBV issues at Kalchini and Madarihat Block



**Pune branch** formed 4 groups and conducted various sessions on anaemia prevention, menstrual health and hygiene and contraceptives



**Gomia branch** held meetings with 17 Yuvak Mandals and Yuvati Mandals on SRH issues







## Community Voices

### A MULTIPRONGED APPROACH TO RISK REDUCTION OF ANAEMIA IN TEEN GIRLS

A 16-year-old girl with symptoms such as pale skin, tiredness, weight loss, and irregular periods was identified during an anaemia screening camp at Ponmudiyar Corporation Higher Secondary School in Madurai. Her haemoglobin level at the time was measured at 7.2 gm/dl, indicating immediate medical attention.

Upon identifying the severity of the condition, a comprehensive approach was taken. The girl received pre- and post counselling sessions, focusing on anaemia awareness and nutritional education to enhance her understanding of the condition and its management. She was also provided with essential supplements to help boost her haemoglobin levels. After three months of intervention, a follow-up screening indicated a notable improvement in the girl's haemoglobin levels, an

increase from 7.2 gm/dl to 8.3 gm/dl. This positive outcome was attributed to the combined efforts of medical intervention and nutritional counselling. Regular follow-up was maintained through phone calls to monitor her progress, assess her food patterns and medicinal supplements during the three months. Parents were actively engaged during counselling sessions, and they were informed of the significance of maintaining a nutritious diet, the consequences of neglecting anaemia, and the importance of adhering to the prescribed medications for the child's recovery.

This case study demonstrates the effectiveness of a multifaceted approach to addressing anaemia in adolescents, combining medical intervention, counselling, and continuous monitoring for long-term health outcomes.



SRH Session for Adolescent Girls in Madurai





FPA India Youth Conclave at Panchkula

## FPA India Youth Conclave 2023

Over a period of time, our approach has evolved from giving voice to young people's issues to encouraging youth engagement and participation to introducing youth friendly programmes and diversity & inclusion. As a part of our young people programme, we are currently developing a guidebook on 'Youth-Led Programming'. This document aims to provide an overview of Youth-Led Programming (YLP) within the Indian context.

In October 2023, the Panchkula branch hosted the FPA India Youth Conclave, a meeting of youth representatives from 18 branches across the country. The objectives of the Conclave were to define and finalise the concept of Youth-Led Programming (YLP), revitalise the FPA India Youth Forum at our branches and national level, strengthen youth participation in our programmes, and share updates on the CSE curriculum. As a part of our young people programme, we are developing a guidebook on 'Youth-Led Programming'. This document will capture the basic framework and define Youth-Led Programming (YLP) in the Indian context. 20 youth volunteers, and 18 BMs/GMs/GMRLs participated in the meeting.



FPA India Youth Conclave at Panchkula branch

## Collaborating with Key Influencers

FPA India branches regularly have sensitisation meetings with parents and teachers.



Capacity building of staff on youth SRHR and CSE in Raichur

## Highlights:

- **Belagavi** branch conducted a meeting with 82 parents at the Government High School.
- **Shivamogga** branch conducted meetings with the local gram panchayat members to acquaint them with the importance of CSE topics. This further helped the branch staff conduct sessions in the village schools and for out-of-school youth.
- **Madurai** branch conducted meetings in schools with 103 parents, and 44 teachers were trained about CSE.
- Jabalpur branch held a meeting in collaboration with Indian Medical Association on World Population Day, in which 20 gynaecologists participated.
- **Jaipur** branch organised a Training of Trainers (ToT) for ASHA, AWW and teachers on the importance of CSE. A total of 17 participants were trained on CSE during this training.
- **Dharwad** branch sensitised 231 parents and 14 teachers on CSE and also held advocacy meetings with Karnataka Institute of Medical Sciences (KIMS), Health and Family Welfare Department, Dharwad Institute of Mental Health and Neuro Sciences, and Nehru Yuva Kendra for adolescent health issues.
- **Lucknow** branch conducted a ToT programme to equip 21 teachers with essential knowledge and skills.
- 10,290 parents and 2,729 teachers were sensitised on CSE and its importance for young people.
- 1,625 teachers were trained on imparting CSE to young people.

## Peer Education

To impart CSE in an effective way, it is necessary to have a peer educator of about the same age group as the young people.



Training of Peer Educators and Volunteers in Lucknow University

## Highlights:

- **Dharwad** branch trained 45 peer educators on CSE modules.
- **Madurai** branch trained 96 peer educators on CSE modules.
- **Bhopal** branch gave online training to new peer educators under RSKS programme, in Jhabua district.
- **Kalchini** branch conducted 3 TOTs, in which 80 new PEs were trained.
- **Lucknow** branch trained 30+ students from colleges and universities as PEs.
- **Gwalior** branch held 16 CSE sessions conducted by PEs.
- 2,623 new PEs were trained on CSE across the branches.





## Community Voices

### CHANGING COURSE THROUGH EFFECTIVE CSE & COUNSELLING

**P**ragyan (name changed) is a 13-year-old from Paikerapur village near Bhubaneshwar. Her father had passed away and her mother worked as a housemaid. She came from an economically backward family and had only studied up to class 8. She was in a relationship with a boy who was 15 years older than her, and got intimate with him, as time passed.

FPA India conducted a CSE session at the panchayat

nodal high school, Paikerapur, where Pragyan studied. At that time, the headmaster of the school mentioned her case and also told us about her attempted suicide. Our CSE counsellor called Pragyan and initiated counselling with her. With rigorous counselling, Pragyan became stronger and vowed to change course. She is now determined to get married only after she's 18 years old, and is back at school concentrating on her studies.



CSE session at Lucknow branch



A CSE session in progress at a school in Agra

## THE RKSK LAB DISTRICTS INITIATIVE

As part of this project, FPA India provided technical assistance and supporting supervision to the district health administrations as they implemented the Rashtriya Kishore Swasthya Karyakram (RKSK) programme. During the initial phase, relationships with local authorities

and departments were established. From April 2023 onwards, throughout Phase 2 of the project, the Agra and Dharwad branches persisted in their efforts to advocate for and mentor the district health administration for effective and streamlined execution of the RKSK programme.



Advocacy networking event in Dharwad



### LOCAL ADVOCACY WIN

Because of the Agra branch's efforts, the CMO nominated CHC counsellors to provide counselling to adolescents at Adolescent Friendly Health Centres (AFHC).

## Highlights:

- Both the implementing Branches facilitated training for AFHC counsellors, Medical Officers, ANMs, and GNMs, on SRH and counselling skills.
- FPA India Agra Branch also facilitated 2 peer educator trainings at the district level and a few peer educator trainings at the cluster level in Agra.
- In Dharwad, the branch has successfully built rapport with the Health, Education and W&CH departments and has supported the district team in implementing the RKSK programme.
- Dharwad branch also facilitated inter-sectorial referral linkages for optimising adolescent health service delivery at the district and block levels.
- The WHO team visited Dharwad for an evaluation of RKSK Lab District Initiative Project. The evaluation included an assessment of the Dharwad district governance structure and inter-sectorial linkages for RKSK programme and its planning, implementation, and monitoring.
- The Agra branch covered 7 blocks out of 15 for implementing the RKSK programme.



## PROJECT YOUTH IN ACTION, TRANSFORMING GENDER NORMS

In 2022, FPA India won the bid as a sub-recipient for the IPPF supported Stream 2 Consortia Grants, with a focus on strengthening 'Gender-Transformative Youth Programming'. For this project, IPPF MA in Burkina Faso was the lead recipient, with 7 other Member Associations as consortium partners. The focus population for this project is very Young Adolescents (10-14 years of age) and LGBTQI Young People (15-24 years of age). In consultation with our project implementing teams in the four intervention Branches, we decided to include three new modules in our CSE curriculum:

**Module for very young adolescents | Modules for LGBTQI young people | Modules for parents**

Under this project all the intervention Branches have established secure community spaces as **Drop-In-Centres**, with recreational activities exclusively designed for very young adolescents and LGBTQI young people. These centres served as venues for counselling sessions that delved into crucial topics, including preventing suicidal behaviour, enhancing social and communication skills, fostering assertiveness, and promoting conflict resolution, specifically tailored for LGBTQIA young people aged 15-24 years. Programmes, encompassing recreational activities like painting competitions, skits, and flash dances, were thoughtfully organised to engage and provide support to the LGBTQIA community within these designated safe spaces.

1087 very young adolescents and 1557 LGBTQI young people accessed these drop-in-centres.



TG participants along with dignitaries during the inauguration of the Drop-In Centre for LGBTQI community in Hyderabad



FPA India, Ahmedabad collaborated with the Gandhinagar Queer Foundation to organise the Queer Mela



Branches: Mumbai, Ahmedabad, Panchkula and Hyderabad

## Highlights:

10 Master Trainers trained per branch.

2 adult mentors and 10 peer educators (PEs) per branch engaged.

Adult mentors reached out to 208 community gatekeepers and conducted 76 sessions on SRHR issues.

145 public health functionaries trained and sensitised on adolescent sexuality education.

Youth-friendly drop-in centres established at each of the 4 intervention branches.

1087 very young adolescents and 1557 LGBTQI young people accessed the drop-in-centres.

895 very young people (10-14 years) and 859 LGBTQI young people (15-24 years) received youth-friendly SRH services.

115 groups of very young people (10-14 years), 67 groups of LGBTQI Young people (15-24 years) and 137 groups of young men and women (20-24 years) formed.

57 organisations partnered to reach out to young people.



# GROOMING ADOLESCENT GIRLS IN THE URBAN SLUMS OF MUMBAI TO BE AGENTS OF CHANGE

Supported by **Metropolis Foundation**, this project aims at providing 3,000 teenage girls in the urban slums of Shivajinagar in Mumbai with CSE and life skills training and to promote SRHR in the community. Additionally, this project seeks to create a youth-friendly sexual and reproductive health clinic that provides neighbourhood adolescents with health education, leadership training, and youth-friendly SRH services.

## Highlights:

- The **Mumbai Branch** has completed the mapping of 40 slums in the M Ward area, of which the intervention reached out to 28 slums.
- Community Adolescent Health Care Centre (Youth Centre) has been established.
- At the Youth Centre, a computer course has been started for adolescent girls. In the first batch, 18 students completed the course and are currently doing their internship.
- 30 community based volunteers, along with 3 community organisers, have trained 2204 adolescent girls on CSE. Key community leaders were sensitised on CSE. This includes 142 parents, 71 teachers and 81AWW who participated in sessions on ARSHI (Adolescent Sexual and Reproductive Health Initiative) conducted by community organisers and community volunteers.
- Total 96 adolescent girls from M Ward received SRHR services.
- 1800 beneficiaries were reached through 'Too Shy to Ask' (TSTA) mobile application developed by Metropolis Foundation .
- Adolescent girls have formed 16 Kishori Manchis (community-based peer groups).



A Children's Day celebration in collaboration with the Metropolis Project at the AWHC Hall, Mumbai. The event aimed to honor Children's Day while promoting awareness of CSE and nutrition, with informative sessions and engaging activities emphasizing supportive environments for adolescent growth



Event for KPs seeking services organised at the Gwalior branch

## Strategy 2.2

**Transform cultural norms for gender justice and inclusiveness through an intersectional approach**

Women with HIV, those involved in the sex industry, those who use drugs, members of religious minorities, people from SC/ST, and persons with diverse SOGIESC (Sexual Orientation, Gender Identities, Expressions, and Sexual Characteristics) are some of the marginalised and excluded groups whose sexual reproductive rights need to be supported, protected, and advanced. In order to achieve these goals, we focused on changing cultural norms around gender and sexuality to be more inclusive and equitable, raising awareness about the prevalence of sexual and gender-based violence and improving their access to relevant information and services.



## HARNESSING COMMUNITY TO ADDRESS INEQUALITIES

### Highlights:

- More than 4 lakh participants from marginalised and excluded populations were reached through 12,070 individual as well as group sessions.
- Branch/projects engaged 1804673 Sex Workers, HRGs, Prisoners, PUD, and SOGIE groups one-on-one. Mass events such as exhibitions, and street plays reached out to nearly 16,622 people. These activities promoted safe sex and STI/HIV prevention.
- **Ahmedabad Agra, Kalchini, GGFC, Shivamogga, Panchkula, and Hyderabad** branches conducted 106 group sessions for nearly 1900 persons, including PLHIV/FSW/SOGIESC on HIV, RTI, STI, and SRH.
- **Nilgiris, Gwalior, and Yamunanagar** branches organised exhibitions, film shows, street plays, etc. within the community on topics such as GBV and STI/HIV and reached out to more than 15,735 high-risk groups, including truckers and cleaners.
- **Singbhum** branch formed youth groups of SC, ST and OBC girls to spread awareness about SRHR. The Branch also organised a street play to highlight the issues faced by the trans community in collaboration with 45 students of Netaji Subhash University. 80 trans women attended the street play and shared their experiences.
- **Kalchini** collaborated with Birpara Welfare Organisation and RURAL AID to enable gender affirmative services for 43 victims of violence.
- **Ballari, Kalchini, Madurai, Trivandrum, and New Delhi** branches conducted Value Clarification and Attitude Transformation sessions for SOGIESC, PLHIV, and other key population groups.



A street play and health camp organised by Gwalior branch to increase men's participation and awareness in family planning.

## SHAPING OF COMMUNITY SUPPORT GROUPS

In order to combat GBV on a local level and aid survivors, several FPA India branches established support groups.

### Highlights:

- 497 community support groups were established.
- Total members include 2417 from the SOGIESC, PLHIV, and FSW and 4475 from the religious and socially backward classes.
- 641 support group sessions were held to share, care, raise legal awareness, support systems, and promote economic empowerment.
- More than 8932 participants attended these support group meetings.
- These support groups played a crucial role in aiding 414 GBV survivors. They not only offered emotional support but also referred survivors to additional resources, including legal support and shelter homes.
- 29 branches and projects conducted 402 capacity-building sessions for 3721 participants to address GBV at the community level.
- **Gwalior branch** collaborated with Goonj Media House Community Radio and organised an advocacy meeting for 10 police officials and sensitised them on how to deal with and support GBV survivors sensitively.
- **Kalchini branch** identified 32 youth who met with the counsellor about physical/emotional violence during the awareness workshop. They were referred to Alipurduar's Child Protection Unit and Coochbehar's Shahid Bandana shelter home.
- **The Ahmedabad branch** referred 6 SGBV survivors for legal services.
- **Mohali branch** advocated for rape survivors and apprised them of government schemes, financial aid, and District Legal Services Authority support.
- **Chennai branch** trained 30 government officials on the MTP Act, POSCO, gender norms, and sexual health to create awareness about young people's sexual health needs.
- **Chennai, Ahmedabad, Jabalpur, Singhbhum, Panchkula, Dharwad, Pune, and GGFC Pune** branches conducted 20 sensitization sessions for more than 70 staff on addressing people from SOGIESC groups without stigma or discrimination and treating them with respect and dignity during their visits to FPA India clinics, for seeking health services.



Training for CSOs Partners at Chennai branch





Sagayarani

## “I HAVE BEEN ABLE TO EMPOWER HUNDREDS OF WOMEN AND MEN,” SAYS OUR FIELD WORKER FROM MADURAI

“I am Sagayarani, and I have been working as a field worker at the FPA India, Madurai branch, since 2004. When I was diagnosed with HIV, I experienced deep depression due to the impact it had on my family’s income and the social stigma attached to the illness. In 2004, my husband passed away, leaving our family deprived of his meagre income. It was during this difficult time that I found a job at FPA India’s Madurai branch, which provided me with empowerment

through various means, including economic support, improved social status, and increased self-confidence.

Over the past 19 years, I have been able to empower hundreds of women and men, and it is all thanks to the support and backing of FPA India. They have been instrumental in helping me make a positive impact in the lives of others, and I am grateful for the opportunities they have provided me.

## SPECIAL DAYS, SPECIAL EVENTS

Throughout the year, FPA India's numerous branches observed special days in myriad ways alongside our communities.

These act as a catalyst for us to refocus our efforts and reaffirm our dedication to our most pressing concerns.

Additionally, they serve as a means of increasing awareness and a chance to revitalise global rallying cries. Here's a look at some of our branches commemorating special days in 2023.



### LOCAL ADVOCACY WIN

A special event was organised in Pune through the GGFC team on the occasion of Rakshabandhan, a popular Indian festival, that celebrates the special bond between brothers and sisters. 15 TGs participated in the festivities and shared their personal experiences of being stigmatised and discriminated against.

Mr. Chanduseth Kadam, Corporator of Pune Municipal Corporation, after listening to their experiences assured them that he would raise their issues in the Pune Municipal Corporation and also announced that he was ready to appoint 2 TGs in his pharmacy. He offered to extend help for skill development training and education. Continued advocacy with the PMC indeed led to the reservation 25 positions of Security Officers for Transgender personnel. This was a unique local advocacy win for FPA India.



## AGRA BRANCH



World AIDS Day

## CHENNAI BRANCH



World Health Day

## KOLKATTA BRANCH



International Women's Day

## LUCKNOW BRANCH



Menstrual Hygiene Day

## JABALPUR BRANCH



World AIDS Day

## VIJAYPUR BRANCH



ASHA meeting on Menstrual Hygiene Day

## MUMBAI BRANCH



Menstrual Hygiene Day

## SINGHBHUM BRANCH



LGBTQ Pride March

## SOUTH KANARA BRANCH



World Population Day



**NORTH KANARA BRANCH**



GBV Awareness event

**RAICHUR BRANCH**



World Blood Donor Day

**BIDAR BRANCH**



Comprehensive Sexuality Education Session

**SHIVMOGA BRANCH**



Breast Feeding Day

**SHIVMOGA BRANCH**



World Anti Tobacco Day

**AHMEDABAD BRANCH**



Women's Day

**HYDERABAD BRANCH**



World AIDS Day event

**GWALIOR BRANCH**



FPA India Foundation Day celebrations

**SRINAGAR BRANCH**



International Disaster Risk Reduction Day





A representative photo of the community we serve in Khunti District

## Strategy 2.3

**Nurture youth, SOGIESC, and women's leadership  
to champion and lead SRHR initiatives at all levels**

Experiences of stigma, discrimination, violence, and exclusion can have adverse impacts on both the lives of sexual and gender minorities as well as on the communities and economies in which they live. FPA India believes that enhanced inclusion and protection of sexual and gender minorities in development financing and programming are therefore critical to achieving inclusive development. We strive to address health disparities that are linked to exclusion and at the same time, increase social and health services to SOGIESC and key populations, including sex workers, the incarcerated, PUD, PLHIV, HRGs, etc.



## EMPOWERING MARGINALISED AND EXCLUDED GROUPS

A total of 20 skill training sessions (including computer/mobile/TV repair, paramedical, food and beverage, tailoring, artificial jewellery making, and more) were delivered to 1665 individuals from the SOGIESC group, including both men and women, across 19 FPA India branches. They were equipped with information on SRHR and employable skills through these sessions. Successfully commencing employment are 240 women, 69 men, and 14 TG (transgender) out of 1665 individuals. 60 women were assisted in obtaining bank loans for the purpose of launching small enterprises, and 529 recipients were linked with diverse organisations that could provide employment prospects and financial assistance. Our networking and collaboration with various institutions and organisations helped FPA India branches achieve sustainable economic empowerment for marginalised communities.



Job fair at FPA India Madurai Branch

### Highlights:

- **Bengaluru branch** collaborated with the Canara Institute of Technology for technical training and trained 49 youth on hardware repair.
- **Ballari branch** collaborated with the women and child department for the Entrepreneur Development Programme (EDP) training programme and trained 31 PLHIV, 28 TG and MSM in entrepreneur skills.
- **Dharwad branch** conducted a paramedical skill development course, for 35 persons.
- **Hyderabad, Gwalior, Kalchini, Lucknow, New Delhi, Panchkula, and Solapur** organised diverse skills training such as artificial jewellery making, tailoring, embroidery, and beauty care courses and trained 537 women and facilitated 111 women to receive financial support to start their own businesses.
- **Pune Branch** collaborated with Cyrus Poonawalla Skill Development Centre and sponsored 5 transgender individuals and 10 young people living with HIV.
- **Madurai and Nilgiris branches** organised training on preparing masala (spice powder) and jam making, enabling 98 women to engage in traditional and local industries.
- **Madurai branch** collaborated with an NGO partner (EQUITOS) and organised a mega job fair. 20 companies interviewed 342 youth. Of them, 70 were successful in securing jobs, and appointment letters were given to the candidates on the same day.

## ADVANCING GENDER AND EMPOWERMENT THROUGH PARTNERSHIPS

During 2023, FPA India team actively built critical partnerships with NGOs (Non-Governmental organisations) and CBOs (Community-Based organisations) to expand services to marginalised and excluded groups.

### Highlights:

- **Bidar branch** signed 7 MoUs, including 2 with Sharana Tatva Prasar Samiti, and Sangama to improve services to transgender populations and Beladingalu Network for PLHIV.
- **Chennai branch** signed 3 formal MoUs with organisations working for the welfare of TGs, FSWs and PLHIVs and to strengthen services for GBV survivors.
- **Jabalpur branch** developed MoUs with 4 NGOs working with SOGIESC and initiated interventions with MSM on HIV and AIDS.
- **Dharwad branch** collaborated with NGOs such as Belaku Mahila Sangha, Samara, Santvana, Sathi and Sakhi One Stop Centre.
- **The Pune branch** connected 15 NGOs and CSRs working on the welfare of marginalised communities and, through its advocacy efforts, got appointed to the Committee of Recruitment of Police Personnel.
- **Panchkula, Hyderabad, Lucknow, Ballari, Pune and Raichur branches** have developed partnerships with 9 different NGOs working for the rights of the SOGIESC community.
- **29 branches** collaborated with 209 government and non-governmental organisations and CBOs.
- **70 formal** and 139 informal MoU's were signed.



In the Youth Center of Faizullaganj, Lucknow branch more than 60 adolescent girls received training in sewing, embroidery, and beauty parlour related skills, along with education on CSE and SRHR



# SRHR INTERVENTIONS FOR KEY POPULATIONS SUPPORTED BY THE GLOBAL FUND

FPA India has been implementing the Global Fund-supported C-19 RM Key Population (KP) Project since April 2023, with the support of Plan India as the principal recipient. The project aims to strengthen testing and treatment pathways to prevent and manage HIV and STI infections among key populations, and to improve their access to rights based SRH services. The project teams at FPA India strove to enhance social protection and safety nets, build resilient community

groups, and provide complementary interventions to improve the health and well-being of the KPs. The project is being implemented at 10 FPA India branches, namely Mumbai, Delhi, Bengaluru, Madurai, Hyderabad, Gwalior, Nagaland, Mohali, Panchkula, and Dharwad, focusing on different key population groups. The beneficiaries of the project include transgenders, men who have sex with men, female sex workers, people living with HIV, and people who inject drugs.

## Highlights:

- 435 individuals from the key population were linked to social protection schemes.
- Branches conducted 132 support group meetings, sensitised 130 local stakeholders and 35 government stakeholders about the sexual and reproductive health (SRH) needs of the community, providing services at our centres, and garnering legal support in cases of crisis.
- 60 CSE sessions were conducted to strengthen SRH response for young KPs.
- 70 individuals from the key population were trained in provision of clinical care in Dharwad, Gwalior and Madurai.
- Specialist health services were integrated under the project, with consultations available from psychiatrists, psychologists, gynaecologists, general physicians, dermatologists, physiotherapists, and nutritionists at the 10 clinics based on demand from the key population in the area.
- 1132 HIV tests for the key population were conducted under the project, 14 of them were newly found positive and linked for further management. 1194 STI screenings for the community were conducted.
- 593 KPs were screened for hepatitis B, and 640 Hep B vaccine doses were administered to the community.



Event held at Gwalior branch for key population under the Global Fund Project



## Community Voices

### SKILLS TRAINING FOR A SELF-RELIANT AND BRIGHTER FUTURE

**T**amil Selvi (name changed), a woman living with HIV, faced significant health and marital challenges due to her husband's extramarital affair and domestic violence. Seeking support, she reached out to FPA India through a community counsellor. Tamil Selvi received medical consultation for her Opportunistic Infection and counselling to address the stress caused by her husband. During counselling, she expressed a desire to break free from her situation and become independent. The counsellor proposed that Tamil Selvi join the Paramedical Skill Development (PSD) training under the C-19 KP Grant.

Enrolling in the PSD course marked a profound transformation for Tamil Selvi. Her mindset shifted from guilt and low confidence to freedom from stigma. Her self-esteem grew, and she gained confidence. The supportive environment at FPAI enabled Tamil Selvi to focus on her personal and



Tamil Selvi

professional development without fear of judgement or discrimination. She received encouragement and resources to pursue her goals.

Today, Tamil Selvi is confident in her potential and optimistic about her job prospects after completing the course. She has emerged as a resilient, empowered woman, ready to embrace economic independence and build a brighter future for herself.



## Community Voices

### EMBRACING IDENTITY, EMPOWERING COMMUNITY

**B**orn into a conservative family, Ramesh (name changed) entered into marriage at a young age. In his mid-20s, he grappled with a sexual identity crisis, exhibiting MSM behaviour while also maintaining a marriage and fatherhood. Within the community, he found acceptance and embraced his true self.

Ramesh's life took a challenging turn when his behaviour led to his expulsion from his job, leaving him unemployed. Each job loss shattered his dreams and confidence, plunging

him into despair.

Ramesh attended a community support group meeting at FPA India Dharwad, where he discovered SRH services and rights. Empowered by this knowledge, he sought counselling and underwent SRH screening at the clinic.

Moved by the rising incidence of HIV within his community, Ramesh resolved to act. Volunteering as a peer educator for FPA India Dharwad, he dedicated himself to educating the community on harm reduction strategies and fostering community development services.





Advocacy meeting for reservation of jobs for transgenders in the Pune Municipal Corporation (PMC)



10 TGs out of the 25 mentored by our GGFC team in Pune were employed as security guards in PMC

## Strategy 2.4

**Protect progressive existing laws, policies, and programmes and reduce legal and regulatory barriers which impact SRR**

The intricate and interdependent systems of law, regulation, policy, programming, and socio-economics determine access to SRHR. While adapting to local frameworks and priorities, FPA India aims to further important principles and practices for youth inclusion, drawing on regional and international human rights commitments and framework documents as a guide.



## ADVANCING ABORTION RIGHTS AND JUSTICE IN INDIA

In March 2023, around 40 like-minded individuals and organisational representatives working in the reproductive rights and justice space, met in Mumbai. The objective of this gathering convened by FPA India was to build consensus on the formation of a Coalition for Advancing Abortion Rights and Justice in India.

Three working groups were formed to deep-dive into three thematic priorities of the coalition:

- (a) Working for rights-based access to safe abortion through legal reforms
- (b) Countering opposition to abortion
- (c) Ensuring Access to Safe Abortion within the existing legal framework, to the fullest extent possible

### Highlights:

- FPA India was unanimously selected to continue serving as the secretariat of the coalition until the identity and the rules of engagement of the coalition could be formalised

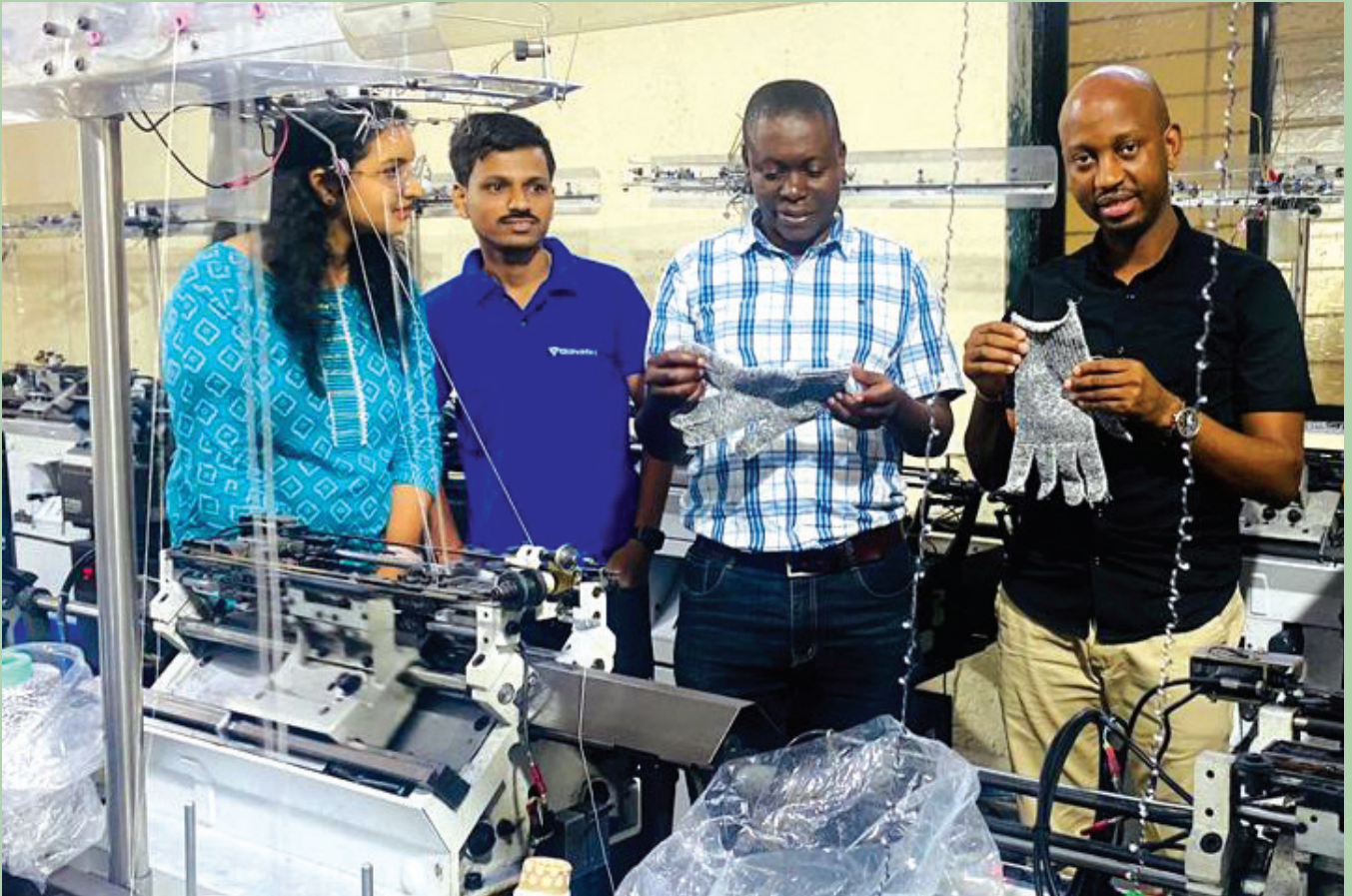


Session in progress at the Coalition for Advancing Abortion Rights and Justice in India





## STRATEGIC PRIORITY 03



A visit to Glovetech Safety, as part of the workshop facilitated by the Danish Family Planning Association (DFPA) to engage with the corporate sector

# Widening the Sphere of Influence



## GOAL

**Create an enabling environment for SRHR through innovation, capacity building and partnerships**

We believe that making progress on SRHR requires a multisectoral response. Furthermore, the need to scale-up best practices, spearhead and support innovation in science and technology, in areas such as communication and digital health interventions has never been more urgent.

To influence the SRHR agenda at all levels, we prioritise investing in knowledge and skills to innovate and amplify our work among stakeholders, including the private sector, civil society, and state players at all levels. This includes supporters and advocates at the grassroots, district, national, regional, and global levels.



National Dissemination with representatives of the Ministry of Health and Family Welfare (MoHFW) of the Government of India (GoI)

# Strategy 3.1

**Develop as a 'nucleus of excellence' to innovate and advance SRHR nationally and globally**

This strategy is geared towards fostering a robust ecosystem where investments in innovative technologies and mobile health solutions thrive to enable the communities we work with to pursue new pathways towards realising universal access to SRHR



## CREATING A CENTRE OF EXCELLENCE

FPA India, supported by the Bill & Melinda Gates Foundation is providing technical support to the Ministry of Health and Family Welfare (MoHFW) in operating the National Technical Support Unit (NTSU) for strengthening the family planning and maternity and child health (FP and MCH) programmes.

A National Dissemination Meeting was held in March in New Delhi, with the involvement of the Additional Secretary and Mission Director of the National Health Mission (NHM) under the Ministry of Health and Family Welfare (MoHFW) of the Government of India (GoI). Representatives from the MoHFW's Family Planning Division as well as those from significant donor organisations, development partners, and all of India's states and union territories attended the meeting. The technical and programmatic recommendations for the implementation of novel contraceptives, specifically the Subdermal Contraceptive Implant (Single Rod) and Subcutaneous Injection MPA (Antara-SC) were shared during this meeting.



A session of the Master Training of Trainers (MTot) for Subdermal Contraceptive Implants

### Highlights:

- Developed and approved a comprehensive work plan for NTSU, focusing on enhancing the National Programmes within the Family Planning (FP) and Maternal Health (MH) Divisions of the Ministry of Health and Family Welfare, Government of India (MoHFW-GoI).
- In close coordination with MoHFW, the NTSU organised the **National Orientation Workshop for Introduction of Subdermal Contraceptive Implants (Single Rod) & Subcutaneous Injection MPA (SC-MPA)**. We also coordinated with 10 state representatives, donor agencies, development partners, technical experts, Core Group members, and all other relevant stakeholders. The National Orientation Workshop was organised in July 2023 at Hotel Andaz, New Delhi, and had an attendance of 260 participants.
- The FPAI NTSU Team took the lead in the design and development of Training Materials for Call Centre Executives of the National Family Planning Helpline (1800-11-6555) on the new contraceptive methods, namely Subdermal Contraceptive Implant (Single Rod) and subcutaneous Injection (Antara-SC). The FPA India NTSU team led the training, which was held in New Delhi in August and consisted of 23 participants.

## HIGH-LEVEL EXPERTISE TRAINING TO ADVANCE SRHR

We achieved recognition from the Ministry of Health & Family Welfare for our pioneering work in providing training on subdermal contraceptive implants. The President of FPA India, Dr. Rathnamala Desai, was appointed Trainer Emeritus, MoHFW, Gol.



The certificate presented to President of FPA India, Dr. Rathnamala Desai, as Trainer Emeritus, MoHFW, Gol.

### Highlights:

- We conducted Master Training of Trainers (MTot) for Subdermal Contraceptive Implants at several FPA India branches across the country for participants nominated by MoHFW as well as observers from MoHFW. The beneficiaries of this MTot for Implant Insertion were mobilised by FPA India.

FPA India Training site	No. of trainees	No. of clients
New Delhi clinic	5 doctors from Assam Medical College and Tea Garden Hospitals through Jhpiego	29
New Delhi clinic	9 participants from public health facilities and MoHFW from New Delhi	37
Dharwad clinic	11 participants from government hospitals of Karnataka, Tamil Nadu, Rajasthan and Gujarat	41
Kolkata clinic	14 trainees from public facilities from West Bengal, Uttar Pradesh, Bihar, Odisha and Assam	42
AWHC, Mumbai	5 FPA India MO/Consultants from Mumbai, Thane and Hyderabad	14
Bengaluru clinic	3 FPA India MO/Consultants and 2 Municipal Hospital doctors conducted insertions. Around 10 Bengaluru Municipal Hospital doctors attended the sessions as observers	06
Ahmedabad clinic	3 FPA India Consultants	10
<b>TOTAL</b>	<b>52 PERSONS</b>	<b>179</b>





The social media campaign to promote the global initiative, and highlight the impact of technology-based SRHR solutions for young people

## Strategy 3.2

### Foster technology to open new vistas for SRHR interventions

Digital communication channels offer wide coverage, allow messaging to be targeted to particular groups or individuals, and offer potential for enhancing the delivery of SRHR information and support. In response to the growing importance of digital technologies, this strategy looks at ways to expand our service reach online.

## ENCOURAGING GLOBAL YOUTH PARTICIPATION

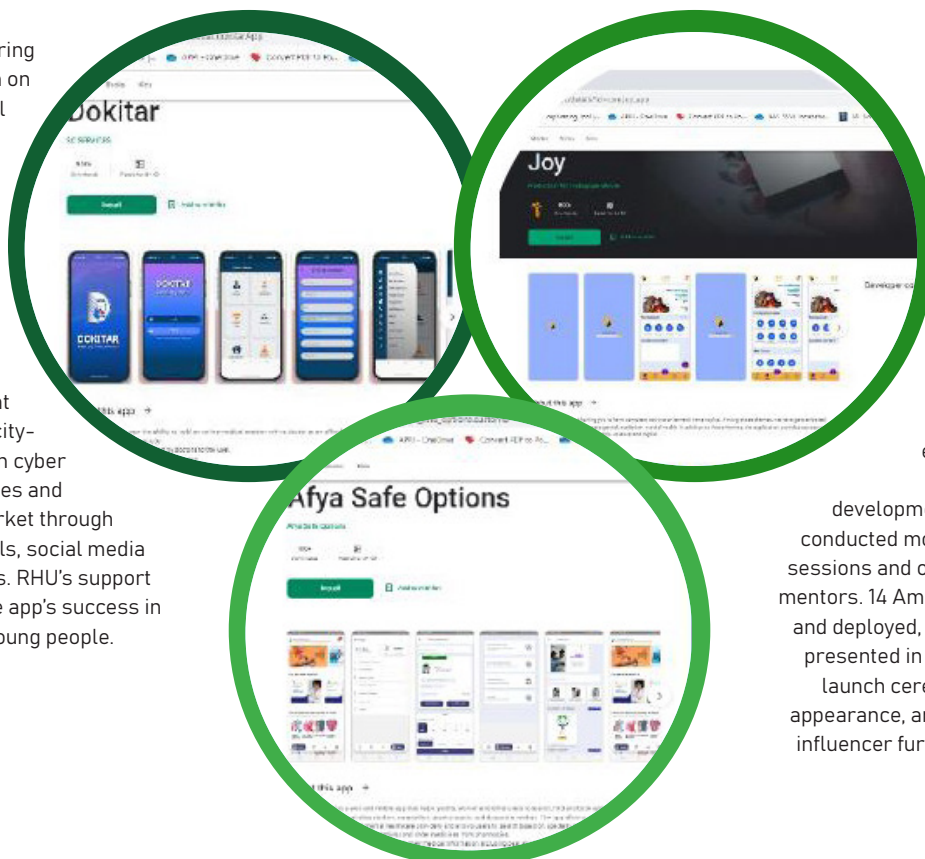
The **'IPPF YSVF Innovation Challenge'** culminated in 2023. This was a two-year intervention to identify and support three young entrepreneurs working on mobile apps to enable self-care and access to information, services and products related to contraception and maternal health. A robust incubation programme curated by FPA India and Villgro Innovation Foundation, helped transform the prototypes developed by the entrepreneurs from Uganda, Kenya and Burkina Faso, into market-ready, apps for young users, available for download on Playstore. These startups were supported by the in-country Member Associations or Collaborating Partners of IPPF, namely Reproductive Health Uganda, ABBEF from Burkina Faso and Reproductive Health Network Kenya. The global pilot of the YSVF demonstrated the effectiveness of youth-centred digital interventions in improving access to SRHR information and services, and emphasized the importance of collaboration, innovation, and user-centred design, underscoring the transformative potential of digital solutions in the global SRHR landscape for young people.

### IPPF YSVF Innovation Challenge Winners

#### DOKITAR APP

Start-up: Dokitar Medical Consultancy Ltd.

A mobile application offering comprehensive information on Family Planning and Sexual Health Education. Member Association Reproductive Health Uganda (RHU) played a crucial role in supporting the development and growth of the Dokitar App. They organised a content gathering workshop, involving diverse adolescent participants, provided capacity-building activities focused on cyber and social security issues and expanded the app's market through institutional media channels, social media ambassadors and seminars. RHU's support has been instrumental in the app's success in reaching and serving young people.



#### JOY APP

Start-up: Univers

A mobile application empowering women globally with Contraception information through a global network providing support on Menstruation, Gender and Sexuality. Member Association Burkinabé pour le Bien-Etre Familial (ABBEF) provided extensive support to the start-up in application development and promotion. They conducted monitoring and evaluation sessions and organised meetings with mentors. 14 Ambassadors were trained and deployed, and the application was presented in 3 high schools. A media launch ceremony, TV show (Mag12) appearance, and collaboration with an influencer further increased visibility.

#### AFYA SAFE OPTIONS APP

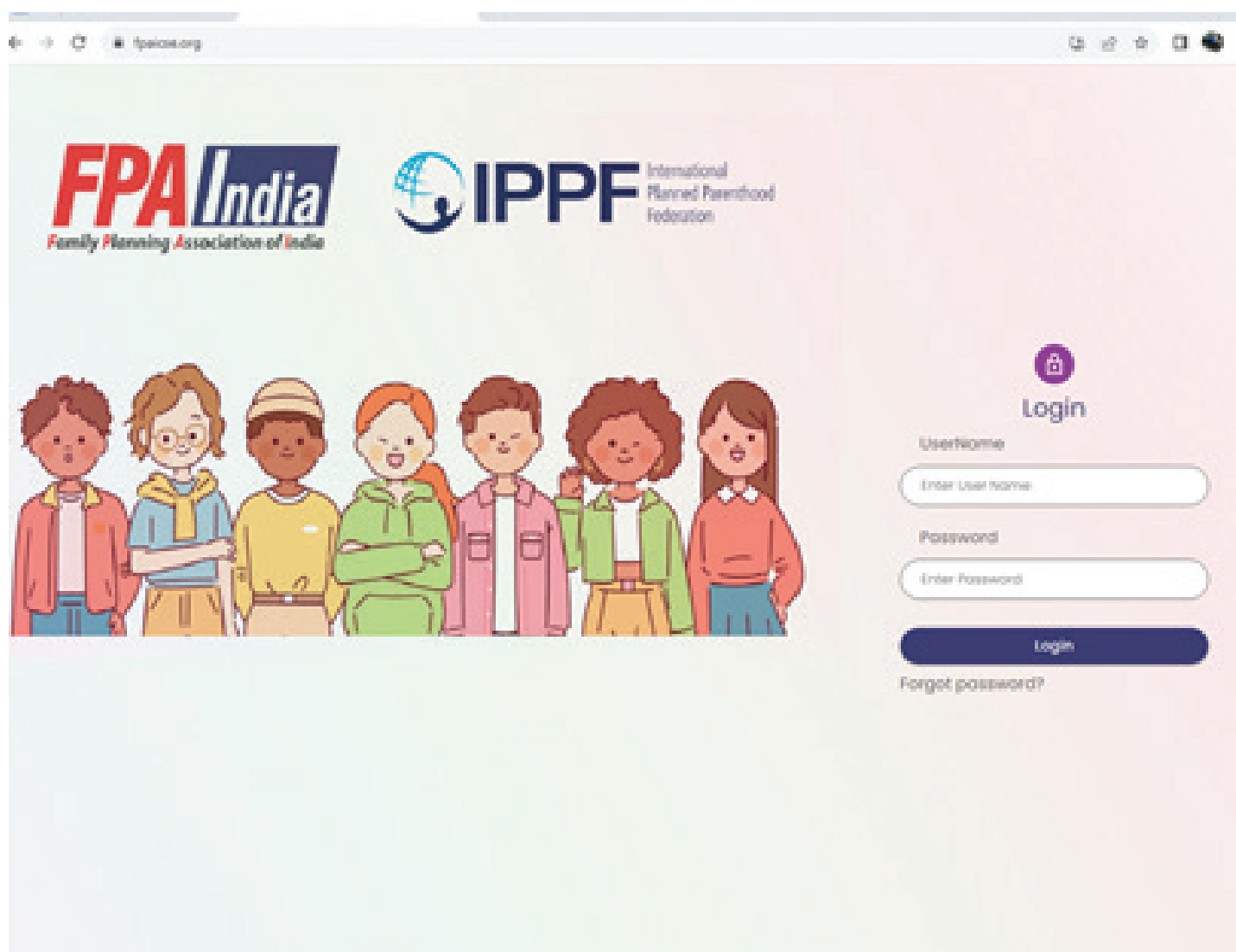
Start-up: Afyachapchap Solutions Ltd.

A digital platform connecting users with Maternal and Reproductive health service providers. Collaborating partner Reproductive Health Network Kenya (RHNK) supported Afyachapchap by conducting market surveys, provider and youth-focused group discussions on user needs with 129 youth and 116 healthcare providers, and mentoring sessions on application design, business ideas, app development, marketing, cyber safety and content development. They also provided guidance on SRHR content creation, application safety, and compliance, and promoted the platform through virtual webinars with 72 healthcare providers.



## DEVELOPING A WEB-BASED TOOL FOR EVALUATING CSE

Supported by IPPF, this is a digital survey instrument to monitor and evaluate the effectiveness of FPA India's CSE programme. The goal of this planned online e-learning portal is to offer healthcare providers technical training, CSE sessions for teenagers, and other related services. The survey instrument seemed user-friendly during its pilot-testing in Thane. After a further assessment in Ahmedabad, Hyderabad, Panchkula, Pune, Bhopal and Kalchini Branches, the app is now fully functional.



CSE Impact Evaluation Tool



Press meet organised by Ballari Branch

# Strategy 3.3

## Leverage partnerships for expansion and cross movement support for SRHR

Whether it is to strengthen data use across partner organisations, deepen technical knowledge, or bolster the evidence base and policies for increased SRHR support, through this strategy we strive to offer a synergistic vision, marshalling our resources, strengths and relationships, to focus on the SRHR needs of our communities.

## DEEPENING PARTNERSHIPS GLOBALLY AND LOCALLY

The Global HPV Consortium, a global public-private collaboration aimed at accelerating HPV prevention and eliminating cervical cancer, was officially inaugurated in Kuala Lumpur in September 2023. The Sabin Vaccine Institute serves as the Consortium's secretariat. FPA India was represented at the launch and to participate in a partners' workshop at the event for developing an action plan to strengthen partnerships, sharing of best practices, seeking country-level commitments and mobilising resources for accelerating elimination of cervical cancer globally.

We also leveraged special occasions, such as the Golden Jubilee of our Ballari Branch to conduct media meetings for presenting our work and building public support for SRHR.



## ROUNDTABLE ON IMPROVING GYNAECOLOGICAL SERVICES

FPA India partnered with Prayas, Centre for Economic and Social Studies and UNFPA to organise a roundtable on improving gynaecological services to prevent unnecessary hysterectomy in Telangana and Andhra Pradesh. The roundtable was held on 8th December 2023 at Hyderabad. This event was planned by Prayas in the backdrop of recent guidelines formulated by the MoHFW, Govt. of India to prevent unindicated hysterectomies, discuss implementation of the guidelines and ensure access to gynaecological treatment to preserve the uterus. FPA India assisted Prayas to invite the obstetrics/ gynaecologists and other medical professionals who are engaged in improving access to health services to this programme through the support of Dr. Ambuja Choranur and Hyderabad team. Dr. Rathnamala Desai and Dr. Ambuja Choranur presented a session on priorities and alternative treatment to hysterectomy.



The Roundtable to prevent unindicated hysterectomies

## SHAPING SAFER ONLINE SPACES

Enabling unrestricted and secure exchange of information pertaining to safe abortion can provide a secure environment for refugees, individuals with disabilities, and those with diverse identities, sexual orientations, and crossing borders, languages, and cultures to not only obtain accurate, evidence-based information but also to share their personal experiences and obstacles while fostering solidarity.

FPA India and the Asia Safe Abortion Partnership (ASAP) held a two-day in-person meeting in New Delhi to share survey results on risk assessment and digital safety while navigating sensitive and personal topics pertaining to sexual and reproductive health and rights. Contemporary and emerging topics like online safe abortion rights, AI growth, cyber security laws, social media, the dark web and community guidelines were discussed, with reference to uphold SRHR of individuals in the cyberworld.



The meeting in collaboration with the Asia Safe Abortion Partnership (ASAP)

## REVIEWING THE SRHR AND GENDER EQUALITY LANDSCAPE IN THE CORPORATE SECTOR

We partnered with the Danish Family Planning Association to execute a project titled 'Boost IPPF-wide capacity to leverage Corporate Sector (CS) in support of SRHR and Gender Equality' in India. The project aimed to engage with the corporate sector on protecting the sexual and reproductive health and rights of workers and fostering gender equality in the workplace particularly for women and marginalised groups.

As a part of this project we conducted an online survey of 8 private companies about workplace diversity, equity and inclusion policies and practices as well as escalation mechanisms to prevent and mitigate sexual harassment in the workplace.

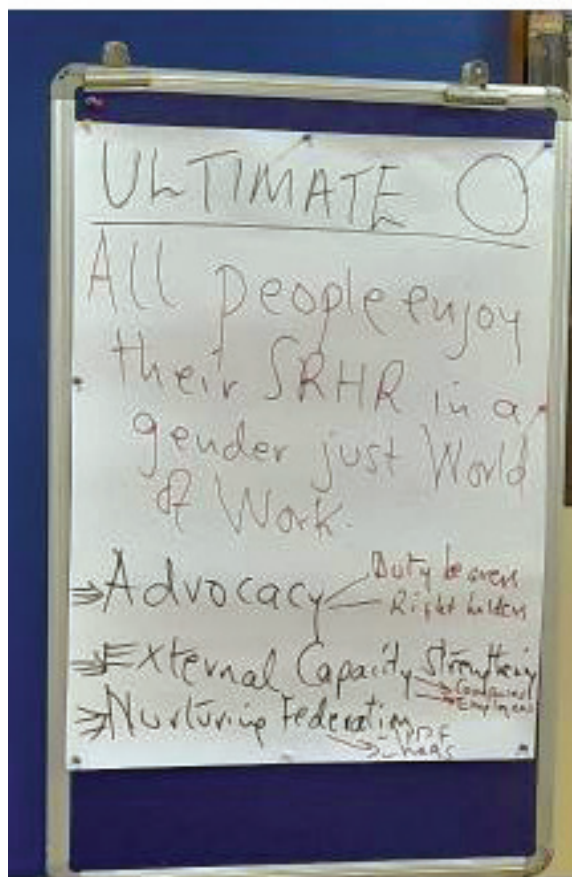
In June 2023, we also hosted a workshop in Mumbai, facilitated by the Danish Family Planning Association (DFPA), on developing a Theory of Change and an IPPF Position Paper on Engaging with the Corporate Sector for advancing SRHR & Gender Equality, in Mumbai. The workshop was attended in-person by representatives of IPPF MAs - DFPA, RHU, RHNK and virtually by Mexfam.

The workshop agenda included two company visits: i) Mahindra Finance - a large-size NBFC company ii) Glovetech Safety - a small size manufacturing start-up company.

The visits helped all stakeholders to engage and learn from key representatives about best practices, challenges and strategies deployed to integrate gender equality and SRHR for a safer, more inclusive and equitable workplace.



Mahindra Finance Visit



Learnings from the workshop facilitated by the Danish Family Planning Association and hosted by FPA India in Mumbai



## SHARING AND LEARNING OPPORTUNITIES ON THE GLOBAL STAGE

In April 2023, the United Nations Foundation hosted a Multi-Sectoral Conference on the 'Empowerment of Women in Global Supply Chains' in New York City, USA. The objective was to examine the current substantial research on the costs and benefits of investing in worker health and wellbeing to see if it's enough to motivate commitment and identify areas that require additional improvement.

Another objective was to think about ways to drive systemic changes in global and workplace practices, programmes, and policies for women workers' rights.

DFPA supported the participation of Dr Manisha Bhise, Director, Resource Mobilization, to represent FPA India at this event.

### Highlights:

- The highlight of this conference was the opportunity to build connections among the international audience, share local stories of change, and build an action plan for amplifying evidence, giving a platform to community voices, and increasing investments in women workers health and wellbeing across global supply chains.
- **ESG Webinar:** We convened an ESG webinar in May 2023 in collaboration with the Universal Access Project Accountability platform of the UN Foundation. This webinar focussing on Intelligence Sharing Convening was titled 'ESG, Reproductive Health and Engaging Corporations'. ESG frameworks, linkages between ESG, CSR, and SDGs, and ways for CSOs working for SRHR to engage with businesses to promote SRHR were some of the topics covered during the webinar.

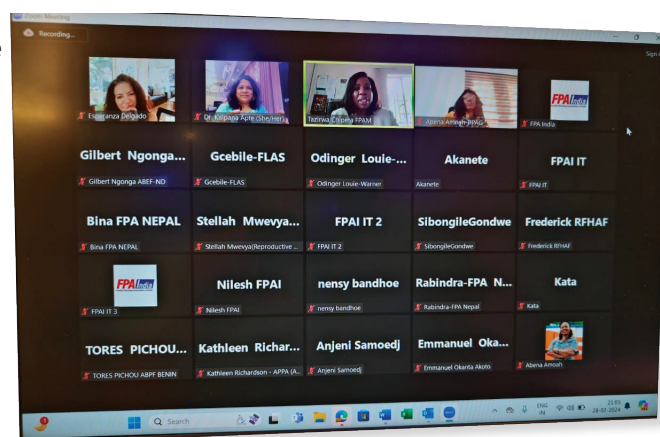
The webinar had around 125 attendees and was conducted by FPA India Director General along with expert panellists from FSO Partners, HCL Foundation, Terre Des Homme Foundation, and the UN Foundation.

## REDEFINING LEADERSHIP AND MANAGEMENT IN IPPF'S MEMBER ASSOCIATION

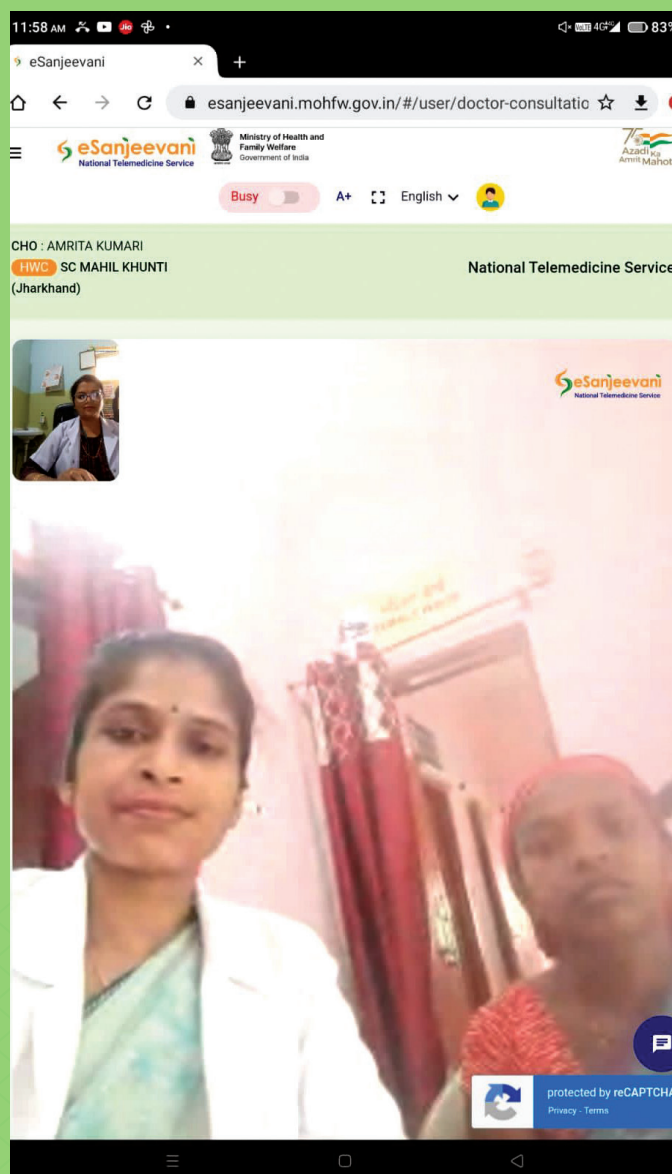
IPPF Member Associations are strong SRHR Champions in their own countries and geographies. The leadership capacity of these MAs needs to be constantly improved to meet the increasing demand of management within the sector in which they operate. With an objective to strengthen and redefine management and leadership within IPPF MAs, a short six-session course was designed by our Director General, Dr Kalpana Apte, along with three of her batchmates, who completed the International Masters in Project Management course, supported by IPPF.

Through six virtual sessions of 90-minutes duration each month from November 2023, this course will introduce participants to Management and leadership styles that will help them develop skills for complex management decisions and actions.

The first two sessions conducted in 2023 covered the topics of *Learning to Reflect as a Manager and Understanding Management Styles, Leadership and Strategy*.



Virtual session by Dr Kalpana Apte to increase leadership capacity of IPPF Member Associations



Teleconsultation sessions as part of M-Chikitsa

# Strategy 3.4

Build and share knowledge and evidence to inform policies and programmes



## ESTABLISHING A FIRST-OF-ITS-KIND SPECIALITY TELECONSULTATION HUB

Supported by the David and Lucile Packard Foundation, we managed a virtual speciality teleconsultation hub for family Planning and Reproductive Health Services in the Khunti District of Jharkhand, through Project M-Chikitsa. This was possible by leveraging the national telemedicine service E-Sanjeevani, in collaboration with the NHM, Government of Jharkhand. The teleconsultation Hub catered to more than 4000 calls from the Community Health Officers in Khunti during 2023, to facilitate family planning, antenatal care and safe abortion services. This was our proof of concept, presented to the NHM Gov of Jharkhand in the form of a Policy Brief, to support a hybrid model of facility-based care and telemedicine services for improving access to reproductive health services, including safe medication abortions and family planning.



## PRIORITISING ADVOCACY FOR CONTROL OF HYPERTENSION IN INDIA

Supported by the The Global Health Advocacy Initiative the PrACHI project focused on media advocacy at a national level to prioritise the control and treatment of hypertension in India. Besides social media campaigns to highlight the importance of hypertension prevention and control, we also published an Op-Ed in the Times of India, written by Dr. Prabhdeep Kaur, ICMR which is excerpted below (<https://timesofindia.indiatimes.com/blogs/voices/blood-pressure-control-in-india-lessons-for-the-world/>).



## STRATEGIC PRIORITY 04



FPA India volunteers at the TMM 2023

# Being A Vibrant Organisation



### GOAL

Achieving organisational sustainability and growth in a changing economic, social and regulatory environment





Strategic planning allows an organisation to set goals for the future and identify the obstacles, risks, and challenges that stand in the way. Similarly, by harnessing data and creating a data-driven culture in which all members of the organisation understand, trust and leverage data, nonprofits are empowered to make better business decisions, identify the impact of grants, optimise resources, and identify trends.

Meaningful volunteer engagement is necessary to create synergies across departments and programmes, and expand an organisation's reach. The presence of strong and competent governance is another cornerstone for nonprofits as they rely on good reputation and trust to gain support from the general public. Lastly, a nonprofit's communication strategy plays a substantial role in achieving goals while streamlining fundraising endeavours.

With all these pillars of organisational sustainability in mind, FPA India reaffirmed its commitment to creating a thriving nonprofit culture.





Team FPA India along with Anil Kumar Sistla, Director, E2E DCR Digital Leader, Schneider Electric Industries SAS at the workshop to promote a data-driven culture

# Strategy 4.1

**Inculcate a data-driven culture for effective decision making through integrated HR, finance and performance data systems**

Data monitoring and utilization to measure the expected progress, the intended impact and the efficiency of programmes, is critical for achieving desirable outcomes.

By establishing a data-driven culture we aim to go a step further, and consider data as strategic asset for more effective decision-making, improved performance, and the ability to adapt to changing conditions.



## MONITORING & EVALUATION

### Our new Strategic Plan 2023-2028

We formulated our new Strategic Plan 2023-28 aligned to the IPPF Strategy 2023-2028. The Strategic Plan articulates a robust, inclusive, youth-driven programme that celebrates diversity, fosters innovation, and harnesses technology. It provides a blue-print for prioritising intersectionality, expanding our reach, and strengthening our service-package, and network. Empowering and enabling young people, marginalised and excluded groups, through skilling and sensitization to uphold their sexual and reproductive rights is the key goal. Building the capacities of volunteers and staff to practise good governance and management, sustaining partnerships, investing in strategic communication and staying well-resourced are the strategies underpinning organisational effectiveness, detailed in the Strategic Plan.

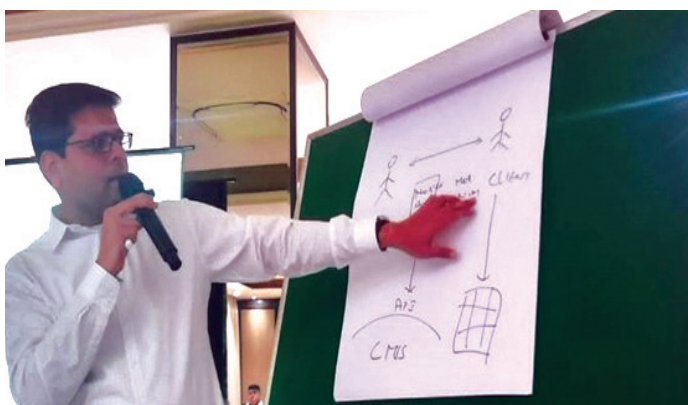


Youth-Led Strategic Planning meeting in Mumbai for Youth Volunteers and General Managers/Branch Managers of 31 Branches 25 Youth volunteers to develop FPA India's Strategic Plan 2023-2028

### Orientation on imbibing a data-driven culture

#### Sharpening the tools of Monitoring & Evaluation to inform the new Strategic Plan

We conducted a two-day brainstorming session on embracing a data driven culture for the HQs-based management team of FPA India, facilitated by Anil Kumar Sistla, Director, E2E DCR Digital Leader, Schneider Electric Industries SAS. This was the second workshop exclusively designed for FPA India by Mr. Sistla. He volunteered his time and expertise to demonstrate the application of principles and practices of financial, operational, and business efficiency from the corporate world to the development sector for maximising social impact and sustainability. The workshop focused on leveraging data to strengthen systems and processes towards organisational effectiveness and looking at cost-effective solutions to digitise the data.



Meeting on Data driven culture for HQ team, facilitated by Mr. Anil Kumar Sistla

## Building capacities and blue-prints for going digital

- We organised a Results Framework meeting for HQ team and 8 selected branches facilitated by IPPF-SARO.
- More emphasis was placed on digital health service delivery and digitised data gathering at the SDP level in order to transition to a data-driven culture that will provide more focused, efficient, and equitable healthcare services to the poor and marginalised groups.
- We are also developing a mobile app with Xlicon Business Services Private Ltd. to be used by the outreach worker so that all the work done by the field team, such as awareness sessions, commodity distribution, follow up visits, referrals, etc. are gathered digitally.

## Pilot Testing Of DHIS2-Tracker

Pilot testing of the DHIS2-Tracker, a web-based application integrated with DHIS2 for client-based recording of service statistics in the outreach sessions, has been conducted in 4 branches: Agra, Ahmedabad, Gwalior, and Madurai. Subsequent to the pilot testing phase, the IPPF-SARO team was provided with comprehensive feedback in order to integrate the modifications and complete the process.

## Regional M&E Training

For SAR countries, the IPPF Humanitarian Team had organised a 4-day Monitoring and Evaluation Training. The objective of the training was to familiarise the programme and M&E team with the tools and systems of the new SPRINT IV initiative, as well as the M&E requirements for humanitarian response. In response to this meeting, 8 FPA India branches that are executing the SPRINT IV programme were provided with M&E training.



Monitoring and Evaluation Training under the new SPRINT 4 programme

## Research Studies Undertaken

1. 'Committing to Quality in Abortion Care: Developing a Charter of Rights for Quality Abortion Care' conducted in collaboration with Ibis Reproductive Health and IPPF.  
Branches – Ahmedabad, Lucknow, Kalchini.
2. 'Supporting Self-Managed Abortion in India: A pilot validation study of a complications self-report tool' conducted in collaboration with Ibis Reproductive Health and IPPF.  
Branches – Gwalior, Pune, Kalchini.
3. 'Community Preparedness Study for Implant Contraceptive in India' in collaboration with IPPF-SARO.  
Branches – Delhi, Jharkhand, Maharashtra, Karnataka in locations outside FPA India operational area.
4. 'User's Acceptance Study for Implant Contraceptives in India' is being planned in collaboration with IPPF-SARO.  
Branches – Dharwad, Kalchini, Murhu, New Delhi, Pune-Shivaji Nagar and Pune-GGFC.

## Strengthening HR systems

In 2023, two virtual training sessions were offered to the Branch/Projects team in an effort to improve their proficiency and guarantee compliance with organisational policies.

- 'Dealing with Legal Cases at the Branch/Project': This session encompassed legal procedures, documentation, and the resolution of any legal challenges that may have emerged in the context of the branch or project.
- 'Recruitment Process Optimisation and Compliance with FPA India HR Policy Manual' was the subject of the second training. It covered recruitment best practices and ensured that all HR processes adhered to the policies specified in the FPA India HR Policy Manual. Optimising the recruitment process ensured that we hired the right individuals efficiently, contributing to our growth and success while adhering to internal regulations.





FPA India branch members cast their ballot to elect the new Governing Board

# Strategy 4.2

## Ensure Good Governance Through Active Volunteer Engagement

Good governance is integral to organisational effectiveness and sustainability. The All India Council of FPA India, elects a new Governing Board of FPA India every three years, during the Triennial General Meeting. December 2023 saw a new Governing Board elected in a democratic and transparent manner.



## STEPS TOWARDS GOOD GOVERNANCE

In addition to the governing board elections, our TGM meeting reviews financials, establishes the budget, evaluates and assesses the organisation's progress towards fulfilling.

### Triennial General Meeting

On December 15, 2023, FPA India held its All India Council/Triennial General Meeting in Mumbai. This crucial business conference was attended by special invitees, Drs. Nina Puri and M. N. Tavargeri, who are patrons of FPA India and members of the National Nomination and Screening Committee ((NNSC) – Prof. Dr. Shrikant Yelegaonkar, Dr. Roza Olyia, Mr. Umesh Aradhya, Dr. Nozer Sheriar, Chairperson of MAP, and Mr. Vinod Kapoor, Chairperson of the NNSC. The authority to supervise the electoral process was granted to the NNSC. The AIC/TGM was attended by 62 persons, representing 33 Branches, who cast their vote to elect the new Governing Board



Current CEC members



NNSC Members at the back and selected returning officers to supervise the election process at the front





The new Central Executive Committee (Governing Board) for 2024-2026

## Highlights:

- A Summary of the Annual Report was presented by the Director General. The auditors M/s Kirtane & Pandit Chartered Accountants, were duly appointed as the statutory auditors to carry out the audit for FPA India.
- The change in the financial year of FPA India, from January to December to April to March annual period was approved.
- Business Plan 2024 (APB) and IPF were discussed and approved.
- Strategic Plan 2023-2028 and its priorities were discussed.
- IPPF Safeguarding Policy was approved.
- Highlights of the ongoing campaign "Race to Erase Cervical Cancer" in association with the Tata Mumbai Marathon 2024 were shared.
- Election of the Office Bearers and Members of the CEC for the ensuing term (2024-2026) was held. Elections were held for the posts of President and Members.
- The office bearers for Vice President and Joint Treasurers were elected unopposed.
- The elections of the Youth members were held virtually at the branch level earlier and the results were declared at the TGM.
- The new Central Executive Committee (Governing Board) for 2024-2026 is as under:

### PRESIDENT

Dr. (Mrs) Rathnamala Desai, Dharwad

### VICE PRESIDENTS

Mr. S. Vijaya Simha, Ballari  
Mrs. Raman Sachdeva, Yamunanagar

### JOINT TREASURERS

Mrs. Palika Monga, Panchkula  
Dr. V.A. Malipati, Raichur

### ELECTED YOUTH MEMBERS

Mr. Karthik Shagoti V. Bengaluru  
Ms. Akriti Parmar, Gwalior  
Ms. Sonali Kate, Mumbai

### ELECTED MEMBERS

Ms. Shivani Das, Bhubaneswar  
Mr. Hemal Desai, Dharwad  
M. Mamta Ghising, Kalchini  
Adv. Avlokita Mane, Pune



*Be #unstoppable  
in raising your voice against Gender Based Violence*

**Charity Bibs available for Dream Run**

Contact  at [RUN4FP@fpaindia.org](mailto:RUN4FP@fpaindia.org) for further details

Race day at TMM 2023

# Strategy 4.3

## Consolidate and innovate to become well-resourced

High-impact nonprofits mobilise every sector of society – government, business, nonprofits, and the public – to be a force for good. They partner with corporations to garner additional resources for their cause, and actively engage in partnerships through which they obtain funding, media relations, marketing support, and in-kind donations.



## TMM 2023

2023 marked the 5th year of participation in the Tata Mumbai Marathon for FPA India to gain visibility and raise funds for issues at the core of our work. Our campaign this year centred around supporting underprivileged Adolescent and Young People to be #UNSTOPPABLE.

Glimpses of FPA India's team of supporters and volunteers at TMM 2023 who spread joy and cheer and helped our adolescents to be  
**#UNSTOPPABLE**



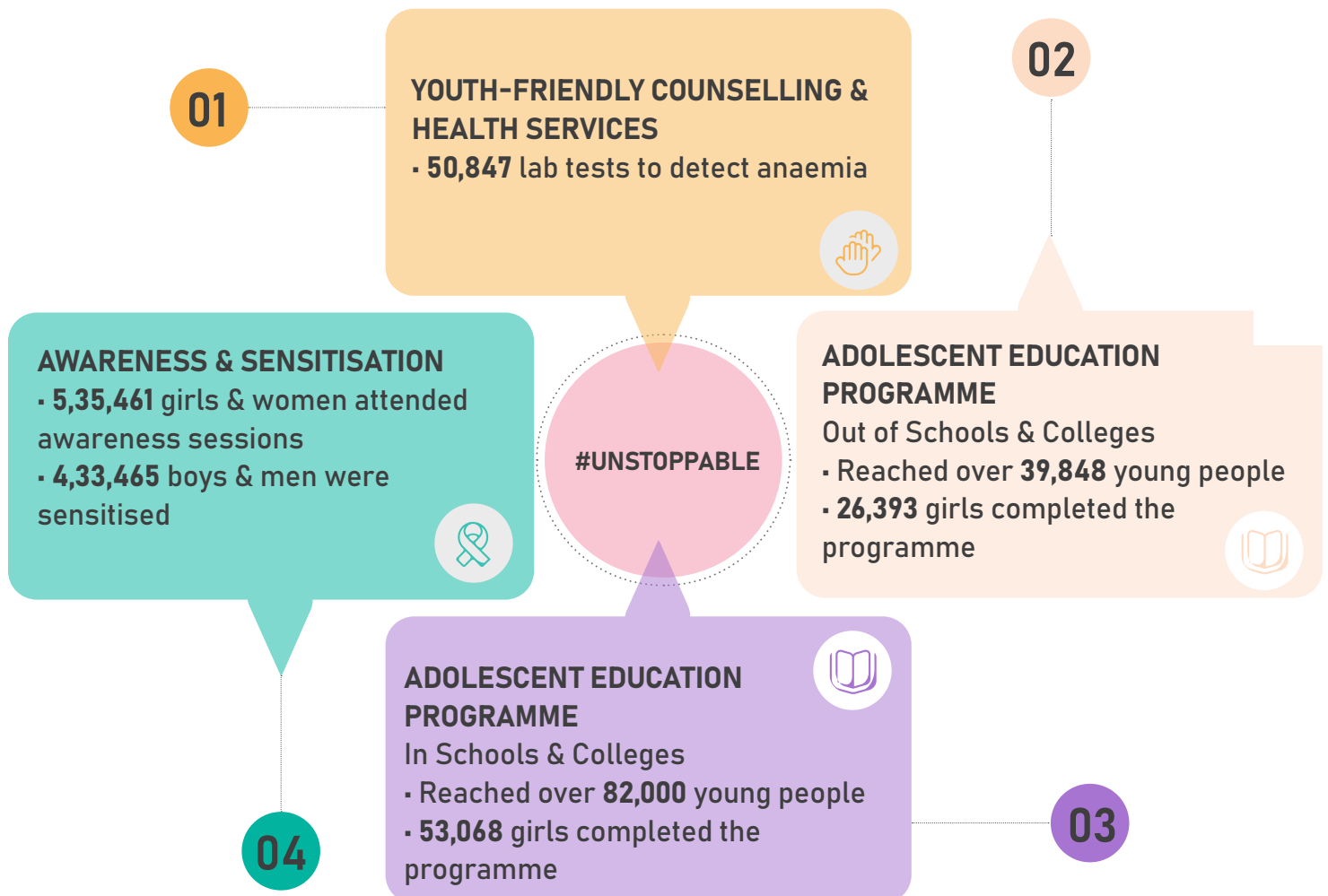
## Let's support them to be **#UNSTOPPABLE**

**#UNSTOPPABLE**, our campaign aimed to provide adolescents and young people with life skills, making youth-friendly health services accessible to them and giving them the agency to fight for their rights, leading to their empowerment. FPA India engaged Ms. Carol Andrea, an acclaimed celebrity and devoted supporter of the organisation from the FPA India Nagaland branch, as a fundraiser for TMM 2023. In addition to her financial contributions, Carol Andrea actively participated in FPA India's social media outreach initiatives. She was instrumental in elevating our organisation's profile on numerous social media sites thanks to her fame and influence. This partnership not only assisted us in raising funds, but also in increasing public awareness of our mission and initiatives, thereby contributing to the advancement of our cause and its overall impact.

### Highlights:

- Over INR 61,00,000/- of funds raised.
- 32 individual fundraisers including 5 young leaders participated.
- Retained the Diamond Privilege Level, which secured additional grants worth INR 1 lakh from United Way Mumbai, the NGO that manages the TMM.
- Our corporate partner was the Gadag and Uttara Kannada District Cooperative Milk Producers' Societies Union Ltd from Dharwad.

### Our impact through the TMM 2023 fundraising campaign





## OUR RACE TO ERASE CERVICAL CANCER

Preparations for the TMM 2024 commenced by mid-September 2023, centred around the theme of preventing cervical cancer. Our fund raising drive helped us innovate, strengthen and expand our community outreach, and raise awareness on cervical cancer and HPV vaccine.



## Successful fundraising in Dharwad which led to HPV vaccinations for 400 girls

We had early success in organising a vaccination drive for more than 300 adolescent girls, supported by a local donor. Our team in Dharwad conducted HPV vaccination drives in schools and communities and was successful in raising funds for procuring the vaccines. With the help of donors, parents, and community leaders, we vaccinated 235 girls below the age of 14, including all the eligible young girls in Baad village, making the entire village potentially free of the risk of cervical cancer.

During the last quarter of 2023, we raised awareness about cervical cancer among more than 10,000 people, vaccinated nearly 400 girls against HPV, and screened 4000+ women for cervical cancer.



HPV vaccination at Dharwad Branch



## OUR RESOURCE MOBILISATION INITIATIVES

All through 2023, the resource mobilisation team at FPA India undertook various initiatives through our branches and projects to garner funds and resources towards building a sustainable organisation.



Madurai - Service Session for PWD through individual donations



UNI Abex Rural Health centre established through the efforts of Dharwad Branch



North Kanara - Laparoscopic Sterilization Instruments through Canara Bank



Portable Mammography Machine



RJ Sangram visited the stall to understand our Race to Erase Cervical Cancer fundraising campaign



The Scorpio Classic S11 mobilised by Adv. Avlokita Mane costing INR 19,90,000/-



## URJA CLINIC

November 2023 saw the culmination of a long search for suitable premises to establish a new, sustainable family welfare clinic in Mumbai, envisioned by our Patron, Dr Usha Krishna. Supported by a generous donation from her family, we took the first step towards realising this dream project, by securing suitable premises through a long-term agreement with the Keshav Gore Smarak Trust, in the high-need, lower-middle income community premises in the western suburbs of Mumbai.

The premises are being converted into a multi-specialty poly-clinic cum day-care centre, providing counselling, investigations and treatment, including minor surgical procedures, at highly subsidised fees. Until renovations are ongoing, the clinic, aptly named URJA, to symbolise the energy and enthusiasm of Dr Krishna will function as an outreach-based facility, providing information, education and SRH services through fixed-day service sessions.



Seen in the picture above are Dr. Usha Krishna in the centre, Mr. Anand Krishna standing behind her, along with the staff from FPA India HQ's and Mumbai Branch





The Sunehri Shaam event organised by the Panchkula Branch

## SUNEHARI SHAAM, A CHARITY MUSICAL ORGANISED BY PANCHKULA BRANCH

The Panchkula branch organised Sunehri Shaam 2023 with the primary goal of raising funds and promoting awareness and advocacy for gender equality. The event was attended by a number of seasoned staff and youth volunteers from 15 branches, in addition to the FPA India President and Director General. A skit on gender equality was performed by youth volunteers. The evening included a presentation on FPA India by Dr. Rathnamala Desai, a classical performance by the artists Ram and Laxman, music and melody by AR Melodies Association, and a performance by visually challenged individuals.

The event was met with widespread acclaim, and the Branch was able to raise INR 9,09,500. Through engaging performances, distinguished guests, and effective information dissemination, the event successfully achieved its objectives of promoting awareness, raising resources and advocacy for gender equality.

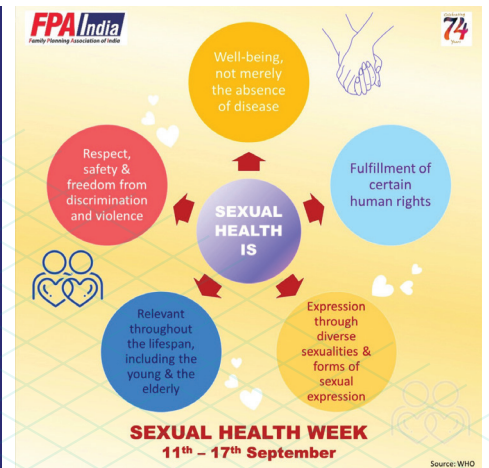
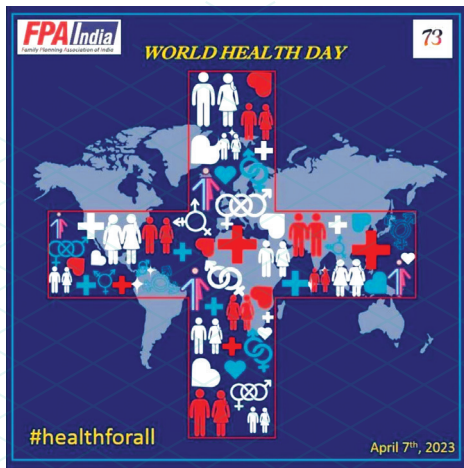
## SOCIAL ENTERPRISE INITIATIVE

Since 2022, FPA India has been engaged in the promotion and distribution of personal lubricants through a social enterprise venture.

The product was acquired from an indigenous manufacturer in India and marketed and sold under the same brand name as marketed by the manufacturer. Sales are exclusively authorised via the SDPs of FPA India, which are supervised by a Medical Officer in accordance with the client's profile and medical history.

The social enterprise received assistance from the SE Hub in the form of a non-grant market research initiative proposal. Data collection regarding the target market, consumer preferences, competition, and other pertinent market dynamics constituted this study. The research generated fresh perspectives that have strengthened the initiative.





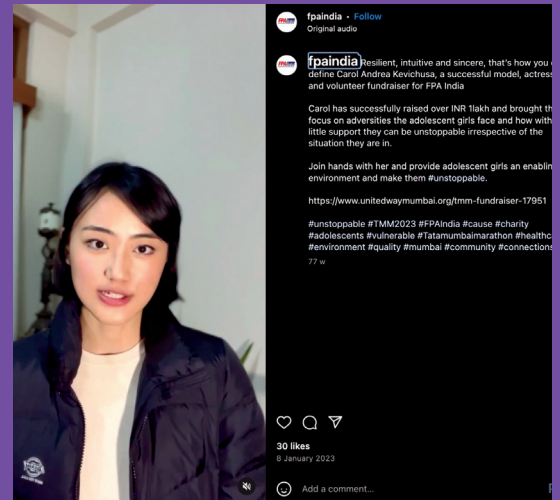
# Strategy 4.4

## Building the Brand Image for Visibility, Growth and Sustainability

Creating a strong nonprofit brand doesn't only increase the trust and loyalty amongst supporters but also creates a sense of cohesiveness for the organisational units within the organisation (amongst staff, volunteers, and other stakeholders). All of these contribute to the growth of the organisation.

## SOCIAL MEDIA COMMUNICATION FOR TMM 2023

FPA India engaged Ms. Carol Andrea, an acclaimed celebrity and devoted supporter of the organisation from the FPA India Nagaland branch, as a fundraiser for TMM 2023. In addition to her financial contributions, Carol Andrea actively participated in FPA India's social media outreach initiatives. She was instrumental in elevating our organisation's profile on numerous social media sites thanks to her fame and influence. This partnership not only assisted us in raising funds, but also in increasing public awareness of our mission and initiatives, thereby contributing to the advancement of our cause and its overall impact.



Ms. Carol Andrea

## ACCREDITATION VISIT TO FPA SRI LANKA AND MALDIVES

FPA India was a part of two accreditation review visits led by IPPF SARO. Ms Amita Dhanu, Deputy Director General (Programmes) and Dr. Manisha Bhise, participated in the accreditation review of SHE Maldives and FPA Sri Lanka respectively.

## PARTICIPATION IN CHARTER OF VALUES WEBINARS

FPA India was represented at various webinars organised by the IPPF to discuss the Charter of Values for the Federation. Dr. Kalpana Apte, Director General chaired the discussion on the values "Volunteerism", "Creativity", "Adaptability", "Innovation" and "Flexibility".

In 2023, Director General was invited to join the Judging Panel for the "4HerPower Challenge: Innovating for Sexual and Reproductive Health & Rights" on behalf of the United Nations Population Fund (UNFPA), Organon, and Massachusetts Institute of Technology (MIT) Solve. Also, Dr Apte will represent the Project Advisory Group (PAG) on a project titled "Quality of the Postpartum Intrauterine Device Study in Bihar: Deeper Analysis and Advocacy to promote Evidence Use for Quality Improvement" on behalf of Postgraduate Institute of Medical Education & Research (PGIMER), Chandigarh and International Centre for Research on Women (ICRW).

## ABSTRACT SELECTION

FPA India submitted two abstracts for the FIGO Conference this year which were selected for Poster Presentation. The abstracts are titled 'Essential Sexual and Reproductive Health Needs of Communities Affected by Flood and Landslides in Kerala, India'. This paper highlights the work done by the FPA India team in response to the humanitarian crisis caused by the floods in Kerala.

The second paper titled 'Exploring and examining the AI-based Smart Scope® technology for saving the lives of women and girls from cervical cancer (CC) by early detection and management in the outreach resource constraint settings in India' explored the use of the device in detection of cervical cancer in outreach setting of Dharwad and Kalchini Branches.



# THEY DID US PROUD



Dr. Rathnamala Desai, President FPA India, and Chairperson BSC Dharwad Branch, is recognised as "Trainer Emeritus" for the Training of National Level Master Trainers on the Insertion of Subdermal Contraceptive Implants organised by the Family Planning Division – Ministry of Health & Family Welfare (MoHFW) Government of India.



Mr. Shalin Patadiya, BSC Youth Member Ahmedabad Branch, was awarded by the Hon'ble President of India for social work related to health, education, crisis management etc. for the needy people, on 29th September, 2023 at President Bhavan, New Delhi.



Ms. Sonal Patel, Youth Member Ahmedabad Branch, was awarded by the Hon'ble President of India, social work related to health, education, crisis management etc. for the needy people on 29th September, 2023 at President Bhavan, New Delhi.



Ms. Manisha Desai, Project Manager Thane District Project, FSW TI Project Unit 2 Kalyan, was invited to the inauguration of 'NIKSHAY Mitra' scheme, a community support plan for TB Patients. This is an initiative of the Government of India, MoHFW with the objective of eradicating TB in India by 2025. The State level inaugural function were organised at the Raj Bhavan and Ms. Manisha was invited to receive the participation certificate from Bhagat Singh Koshyari, Former Governor of Maharashtra.



FPA India Mohali Branch received an Appreciation Award for the Best Performing NGO, for implementing the Composite Targeted Intervention Project for FSWs/MSMs/IUDs, Mohali, by the Punjab State AIDS Control Society, Chandigarh, from the hands of Dr. Balbir Singh, Hon'ble Health and Family Welfare Minister, Punjab State, on 1st December, 2023.



Vijayapur Branch received a recognition award at the District level on the occasion of World AIDS Day 2023. The award 'Abhinandana Patra' was given by the District Health Officer (DHO) Vijayapur to the branch for its dedicated support to PLHIV clients.

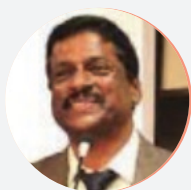


Madurai Branch received an award from the Director of Health, Madurai (Dr. Senthil) for PLHIV services, during World AIDS Day function on December 1, 2023.

## CENTRAL EXECUTIVE COMMITTEE



Dr. Rathnamala M Desai  
**President**



Mr. Umesh Aradhya  
**Immediate Past President**



Prof. Dr. (Mrs) Ambuja  
Chorapur **Vice President**



Dr. Bhartendra Holkar  
**Vice President**



Ms. Raman Sachdeva  
**Vice president**



Mr. S. Vijaya Simha  
**Vice President**



Dr. Aarti Raghu Kirani  
**Hon. Treasurer**



Ms. Palika Monga  
**Hon. Treasurer**



Ms. Geetanjali Deshpande  
**Elected Member**



Mr. Hemal Desai  
**Elected Member**



Ms. Mamta Ghising  
**Elected Member**



Dr. V.A. Malipatil  
**Elected Member**



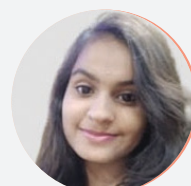
Prof Dr. Nagnath Bhinsa  
**Teli Elected Member**



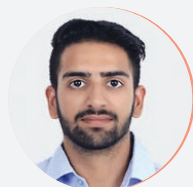
Dr. Nozer Sheriar



Dr. Padmini Prasad



Ms. Akriti Parmar  
**Youth Member**



Mr. Gurminder Singh  
**Youth Member**



Ms. Subhy Ghosh  
**Youth Member**

## FPA INDIA PATRONS



Dr. Nina Puri



Dr. M.N. Tavargeri



Dr. Usha Krishna



Dr. R.P. Soonawala





## MEDICAL ADVISORY PANEL 2023

**Dr. Usha Krishna**

Ex-Chairperson

**Dr. Nozer Sheriar**

Chairperson

**Dr. R P Soonawala**

Ex-Chairperson

**Dr. Vihang Vahia**

Member

**Dr. Alka Deshpande**

Member

**Dr. Bipin Pandit**

Member

**Dr. Anahita Chauhan**

Member

**Dr Rajshekhar Brahmbhatt**

Member

**Dr. Suchitra Pandit**

Member

**Dr. Ameya Purandare**

Member

**Dr. Parikshit Tank**

Member

**Dr. Atul Ganatra**

Member

**Dr. Phiroze Soonawalla**

Member

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Federation

International Planned Parenthood Federation



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Levi Strauss Foundation



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Metropolis Pathology

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Narotam Sekhsaria Foundation



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Tata Motors Ltd



Tata Trusts

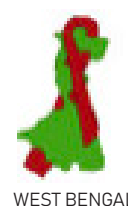
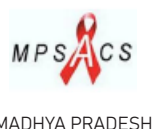


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## STATE AIDS CONTROL SOCIETIES





## TEAM AND LOCATIONS



### ► Headquarters Executives

Dr. Kalpana Apte, Director General  
Mr. Lalit Parashar, Deputy Director General, (Operations)  
Ms. Amita Dhanu, Deputy Director General, (Programmes)  
Mr. Sudhir Tawde, Senior Director Compliance & Vigilance  
Ms. Vijayalaxmi Tulpule, Director Finance & Accounts

### ► Headquarters Management Team

Dr. Manisha Bhise, Director, Advocacy and Resource Mobilization  
Ms. Nisha Jagdish, Director, Gender & Rights  
Mr. Abhijeet Unhale, Director, Human Resources & Legal  
Ms. Usha Radhakrishnan, Director, Monitoring & Evaluation  
Dr. Nilesh Patil, Director, Adolescent  
Mr. Narayan Kokate, Consultant (Monitoring & Evaluation)  
Ms. Milan Godse, Assistant Director, Human Resources & Administration  
Ms. Sanjana Maurya, Assistant Director, Governance & Branch Management  
Mr. Paresh Bagwe, Finance Manager  
Ms. Priya Pimpale, Manager, Finance & Accounts  
Ms. Gayatri Chavan, Project Coordinator – Oak Foundation Project  
Dr. Amit Kitukale, Project Manager – SPRINT IV – Humanitarian Project  
Ms. Ananya Kumar, Manager, Partnerships  
Dr. Pallavi Vinarkar, Programme Manager, Medical

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# ACRONYMS

**AFP-PAI** – Advance Family Planning – Population Action International  
**ASHAs** – Accredited Social Health Activists  
**AWWs** – Anganwadi Worker  
**CBD** – Community Based Distributor  
**C-SIP** – Strategy, Investment and Policy Committee  
**FP** – Family Planning  
**GBV** – Gender-Based Violence  
**GCACI** – Global Comprehensive Abortion Care Initiative  
**GoI** – Government of India  
**HLIs** – Higher Institutes of Learning  
**HRG** – High Risk Group  
**IIPS** – International Institute for Population Services  
**IPPF CO** – Central Office  
**IPPF SARO** – South Asia Regional Office  
**IPPF** – International Planned Parenthood Federation  
**LBGTQIA+** – Lesbian, Gay, Bisexual, Queer (or Questioning), Intersex, Asexual and Others  
**MAM** – Moderate Acute Malnutrition  
**MCH** – Maternal & Child Health  
**MISP** – Minimum Initial Service Package  
**MLA** – Member of Legislative Assembly  
**MoHFW** – Ministry of Health and Family Welfare  
**MTP** – Medical Termination of Pregnancy  
**NCD** – Non-Communicable Disease  
**Pap** – Papanicolaou  
**PRI** – Panchayati Raj Institutions  
**PLHIV** – People living with HIV  
**PUD** – Persons Using Drugs  
**RATC** – Resource Allocation Technical Committee  
**RHFPC** – Reproductive Health and Family Planning Centre  
**RKSK** – Rashtriya Kishor Swasthya Karyakram  
**RTI** – Reproductive Tract Infection  
**SAM** – Severe Acute Malnutrition  
**SGBV** – Sexual and Gender-Based Violence  
**SOGIESC** – Sexual Orientation, Gender Identity, (Gender) Expression, and Sex Characteristics  
**SOSVA** – Society for Services to Voluntary Agencies  
**SRH** – Sexual and Reproductive Health  
**SRHR** – Sexual and Reproductive Health and Rights  
**STA** – Second Trimester Abortion  
**STI** – Sexually Transmitted Infection  
**TG** – Transgender  
**TI** – Targeted Intervention  
**VICALP** – Value Integrated Comprehensive Abortion Linked Project  
**WHO** – World Health Organisation



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