



When in doubt, wear red –World Aids Day Quote by Bill Blass



Counsellor interacting with students at Khezhakeno



A song of inspiration



Music to the Ears: Artists perform to spread awareness on World AIDS day at Bangalore



Dance troupe performing Flash Mob during World AIDS Day Awareness Week at the Hornbill Festival - Night Carnival

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Managing Editor: Armin Jamshedji-Neogi

Published by Family Planning Association of India, Bajaj Bhawan,

Nariman Point, Mumbai 400 021 and Printed at Mouj Printing Bureau, Khatau Wadi, Mumbai 400 004

December, 2014



NEWS  
NEW! **FPA India** NEWS!  
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NEWS & VIEWS  
Sexual and Reproductive Health and Rights

Vol. 10 No.4 December, 2014

# Aspire

A Quarterly Insight into the Association's Activities - For Internal Use

## Mr. Umesh Aradhya, FPA India President

Meet Mr. Umesh Aradhya, the unassuming and down-to-earth Shimoga resident who was elected the new President of FPA India on December 17, 2014. He started as a volunteer with the Shimoga Branch in 1990 and since then has held various positions at the Branch and at the all India level. His last position was that of Vice President and now has reached the pinnacle as the 8th President of FPA India.



As a volunteer, he mobilized more than Rs 40 lakhs for the Shimoga Branch building. He has also promoted the cause of FPA India enrolling around 100 volunteers for the Branch and played a major role in the formation of the Youth Forum. Being associated with a number of other NGOs, he networked and introduced eminent personalities to the Shimoga Branch. As a result, he was also able to introduce two mobile health clinics for the Branch from the government.

able groups including children. His excellent work was recognized in the form of "Rashtrapathi Puraskar" conferred on him by the Governor of Karnataka. He is also the Chairperson for Karnataka State Commission for Protection of Child Rights since 2012.

Focusing on his passion of child rights, Mr. Umesh Aradhya has provided an impetus to the cause of children through Rotary Clubs and other prominent NGOs. He was the Moderator at the South India Regional Consultation Meet held at Chennai on implementation of The United Nations Convention on the

Rights of the Child (UNCRC) in JJ Act. He was invited as a Resource Person at the National Convention on inclusive education for "Children with Special Needs" held in New Delhi.

In his long career, he has been selected as Member on the Advisory Board of Karnataka State Pulse Polio Immunization Task Force Committee, nominated as Member of Task Force Committee to monitor RTE and POCOSO Act, made Organizing Secretary of State workshop to train facilitators (Training of Trainers) on the Rights of Children to Free and compulsory Education Act 2009 and as the Moderator on the panel of Parliamentary affairs Committee headed by Ministry of HRD and WCD on the issue of Implications on children about The Juvenile Justice Bill, 2014..

Inherently shy and quiet, and yet firm when it comes to decisions and actions, Mr. Aradhya is slated to take FPA India to greater heights with his strong sense of commitment and zeal. We look forward to his leadership in the three years of his tenure as President of FPA India.



**NEW ALL INDIA COUNCIL OF FPA INDIA**  
At the Triennial General Meeting held on December 17, 2014 at Mumbai, the following Office Bearers and Members of the All India Council and Central Executive Committee were elected for 2015-2017.

President - Mr. H. R. Umesh Aradhya, Shimoga

Vice Presidents -  
Dr. Madhu Gupta, Lucknow  
Mrs. Freny Z. Tarapore, Pune  
Mr. Vijay Gosai, Rajkot  
Dr. Shrikant D. Yelegaonkar, Solapur

Jt. Hon. Treasurers -  
Prof. Poornima George, Bidar  
Dr. Shirish Malde, Mumbai

Elected Members -  
Mrs. Madhura Ashok Kumar, Bangalore  
Prof. Dr U. Natarajan, Dindigul  
Dr. Roza Olyai, Gwalior  
Dr. G. G. Hegde, North Kanara  
Ms. Priya Kath, Srinagar

Youth Members -  
Mr. Gaurish Kadam, Mumbai  
Ms. Arshpreet Kaur Mohali  
Ms. Jaswinder Kaur, Panchkula

Immediate Past President / Patron -  
Mrs. Sujatha Natarajan

## World AIDS Day



**Getting to Zero - HIV & Adolescents: Zero new infections, Zero discrimination and Zero AIDS related Deaths.**

### Bhubaneswar

A weeklong sensitization and SRH programme focused on FSW, PLHIV, IDUs and TGs. SRH service sessions were provided to 165 KPs.

### Belgaum

A rally of 1008 participants marched through the streets holding placards and propagating the message of World AIDS Day. A street play, seminar, essay and elocution competition highlighted safe sex.

### Bellary

A Jatha procession, cervical cancer screening for FSW&PHLIV and Devdasis, awareness programmes, PHLIV health check-ups were some of the activities organised.

### Madurai

Various programmes included: Human Chain for "Against Stigma and discrimination faced by PLHIV, Special Health Session for PLHIV, sensitization meeting for understanding KP, oath taking & candle lighting for eradicating stigma & discrimination of PLHIV, Inter - Communal Dinning with PHLIV and awareness programme for school students.

### Bhopal

Held health check-up sessions, and awareness sessions especially for the underprivileged sections of the urban population to mark the day.

### Dharwad

HIV/AIDS awareness camps, cervical cancer detection camps were conducted for FSW and PLHIV, 52 women underwent VIA and Pap smear test.

### Bijapur

A district level rally was organised. Mr. Randeep, District Commissioner & Mr. Shivakumar, CEO Zilla Panchayat inaugurated the rally. 1300 nursing students, DH&FW Office Staff, NGOs representatives actively participated in the rally. It was followed by an awareness programme. Three special health services sessions for PLHIVS, MSM & FSW also were the highlight of the day.

### Shimoga

A rally, street play, debate competition, drawing competition, quiz, and oath taking ceremony were the highlights of the day at the Branch to mark this day. HIV awareness by paramedical students of Shimoga at Gopi Circle also drew attention on this day. A street play by students of Kasturba College about HIV in coordination with Transgender was well received. Oath taking ceremonies were also held to mark this day by the Branch.

### Bangalore

A series of programmes and special services sessions were organized for young population, key population (TGs, PLHIV, CLHIV, and IDUs), Health Care Providers and the general public.

## Visiting Dignitaries



Alan Smith, Senior Adviser (HIV) and Sakunthala Mapa, HIV Officer visited SARO and FPAI (Mumbai, Chennai and Bangalore branches) in November for an overview of the work by SARO and FPAI as well as assessment of the GIZ "Shadows and Light" project and JTF Projects - eMTCT and Chennai Metro Rail Line Project (CMRL).

### Honours

#### Madurai

Hon. Secretary Dr. K. Jeyakodi received Best NSS Officer Award from Government of Tamil Nadu.

#### Bidar

Branch Vice President Prof. Poornima George has been conferred "Visheshha Seva Prashasti" Award from Catholic Church Bhalki in Bidar District.

#### Dindigul

BEC Member, Prof. Dr. U. Natarajan, received Dr. A. P. J. Abdul Kalam Best Teacher Award 2014 from Inner Wheel Club of Madras North in association with Dr. MGR Janaki College for Women.



## Children's Day

### Nilgiris

The Branch marked this day by having panel discussions on Bonded Child Labour, sexual abuse, teenage pregnancy, runaway children, children with HIV/AIDS,

## The Metro Rail Project

The final findings of the JTF supported project "Addressing the HIV and SRH needs of informal migrants' workers of Chennai Metro Rail" were taken up on 12th December at Chennai. Mr. Masanori NAKANO, Consul-General, Consulate General of Japan was the Chief Guest and Dr J Radhakrishnan, Secretary, Health and Family Welfare Department, Government of Tamil

Nadu was a special guest. Sujatha Natarajan, Hon. Treasurer of IPPF and past President FPAI acknowledged the support given by Japan Trust Fund to FPAI. Secretary General Ms. Geeta Sethi outlined some of the work done by FPAI since its launch in 1949 and Dr. Kalpana Apte chaired the panel discussion. Ms. Nisha Jagdish and Mr. Munavar Basha shared the project findings, findings of Baseline and end line survey.



Mr. Masanori NAKANO, Consul-General, Consulate General of Japan, lighting the lamp

## SETU Project

In Dharwad, the Branch organized 12 Special Health Service sessions for adolescent & youths.

including school students which helped 2147 poor and needy people through 13 health sessions by providing 15027 services

### New Delhi

Through a special service session HB testing was carried out for 90 clients in Shadara area. Those diagnosed with anemia were given iron and folic acid tablets. A SHG formation and management training programme was conducted for SETU (Service, Education, Training Unit) Project staff. A cervical cancer camp screened 400 persons of which 67 were tested positive. Gender based violence, HIV/AIDS prevention /awareness and a general health programme reached out to scores of persons.

### Madurai

The Branch conducted special health session for key population, bridge population and general community

### Mumbai

A workshop on "Gender Based Violence and Family Planning: Including a Trauma Lens" for Medical Officers and FPA India counselors was organized. This was a joint initiative of FPA India and DAWN Worldwide (Direct Action for Women Now). DAWN Worldwide is a US based nongovernmental organization helping out GBV survivors. Dr. Sujatha Warriar, Ms. Meg Bossong and Ms. Geeta Aiyer facilitated the workshop. Thirty two members from Ahmedabad, Barwani, New Delhi, Dharwad, Jaipur, Kalchini, Mumbai, Panchkula and Pune attended the workshop.

## Workshops / Meetings

### GBV and FP : A Trauma Lens

A three-day intensive workshop titled: "Gender Based Violence and Family Planning: Including a Trauma Lens" for medical officers and counsellors of FPA India. This was a joint initiative of FPA India and DAWN Worldwide (Direct Action for Women Now). DAWN Worldwide is a US based nongovernmental organization helping out GBV survivors. Dr. Sujatha Warriar, Ms. Meg Bossong and Ms. Geeta Aiyer facilitated the workshop. 32 members from Ahmedabad, Barwani, New Delhi, Dharwad, Jaipur, Kalchini, Mumbai, Panchkula and Pune branch attended the workshop.

### State level Consultation on Family Planning and Unmet Needs of Young People

In Ahmedabad, a media meet was organized on "State level Consultation on Family Planning and Unmet Needs of Young People". The Branch also hosted a state level NGOs Follow up Meet on "Strengthening partnership with State Networks to Promote AEP". Another programme, on "Adolescent Education Program" for Govt. Policy Makers & Functionaries was held by the Branch. The Branch also had an interesting puppet show on Relationship, Diversity, Communication & design making. This is the new innovation in CSE sessions, where adolescents are imparted knowledge through puppetry.

### Asia Pacific CSO (APCSO) forum on Beijing +20 and the Asia Pacific Conference on Gender Equality and Women's Empowerment, Bangkok

In November, a broad coalition of feminist and women's rights networks, constituencies and allies prepared for the United Nations Economic and Social Commission for Asia and the Pacific (UN ESCAP) regional and global review of the Beijing Declaration and Platform for Action. The Forum's purpose was to ensure Asia Pacific civil society has an audible and influential role in reviewing progress and demanding genuine, accountable, and binding processes to finally deliver on the promises made 20 years ago by governments. FPA India representative participated in the forum meetings. Key discussion points and main agreements during this forum were taken into account for the development of the APCS Statement towards the UNESCAP Conference on Gender Equality and Women's Empowerment: Beijing +20. More than 450 organizations from 35 countries of the Asia and the Pacific region participated in the 3-day forum.

Also, in the same month, the Asia-Pacific States adopted the Asian and Pacific Ministerial Declaration on Advancing Gender Equality and Women's Empower-

### Young persons and unmet needs



Dr. Kalpana Apte, Sr.ASG(P), FPAI speaking about the role of CSOs

A state level consultation for 75 representatives from various sectors on family planning met to discuss unmet needs of young people was held in Bhopal. Inaugurating the consultation programme, Executive Director National Health Mission - Dr. P. N. S. Chauhan said that Family Planning Programme is dependent on female sterilizations while there is need to focus on all the modern contraceptives. He added there was also a huge unmet needs to be addressed of young couples who effect the FP & RH indicators not only quantum also qualitatively by reducing MMR, IMR and TFR. Delivering her closing remarks, Dr. Kalpana Apte, Sr. Asst. SG - FPAI spoke about the role of CSOs and raising their voices collectively before the Govt. and policy makers for resolving the issues related to marginalized, under-privileged and grass root level community.



Honorable Minister, Ms. Maneka Gandhi, Ministry of Women and Child interacting with few of the Indian CSOs representatives (including FPA India)

ment in Beijing. The declaration includes the States' commitments to accelerate the implementation of the Beijing Platform for Action (BPfA) which will add to the global review process dialogue to be held in 2015 at the 59th Session on the Commission on the Status of Women (UNCSW).



### Adolescent Programme Planning and Review Workshop

An Adolescent Programme Review and Planning workshop for Programme Officers was organized at Chatrapur, New Delhi in October for FPAI North Branches and in December at Mumbai for the South Branches. The objectives of the workshop were to review the adolescent/youth programme being implemented by the Branches and to have a clear understanding of CSE, to develop 2015 implementation plan as well as understand the gaps in implementation of the Child Protection Policy. The programme also addressed the new concept on Corporate Social Responsibility (CSR).

During the workshop detailed discussion were held to clarify understanding on addressing "Pleasure" "Sexual Diversity" and "Sexual Citizenship" and how to address these issues with young adolescents. The concepts of CSR were discussed as an important avenue for generating resources at the Branch level. Ms. Geeta Sethi, Secretary General, inaugurated the workshop in Mumbai and highlighted the importance of working with young people and also emphasized that these workshops are an opportunity for learning. Thirty Seven participants attended the workshops.



Left to right, Ms. Amita Dhanu, Director Adolescents, Mr. Kulkarni, Dharwad Branch; and Ms. Geeta Sethi, Secretary General, FPA India

### JTF Review Meeting

To review the half year performance of JTF project and to build the capacity of the staff on SGBV, ART/PPTCT new guidelines, a three day program was organised. Thirty five staff attended the programme. Alan Smith, Senior Adviser (HIV) and Sakunthala Mapa, HIV Officer visited SARO and FPAI (Mumbai, Chennai and Bangalore branches) for an overview of the work by SARO and FPAI. Final findings of the JTF supported project "addressing the HIV and SRH needs of informal migrant workers of Chennai Metro Rail" were discussed.

### CSR

Under Corporate Social Responsibility Tata motors Limited has signed a MoU with Dharwad Branch for women, child and adolescent health project. This project aims at safe pregnancy and prevention of malnutrition among children by providing antenatal, postnatal care and adolescent health services.

### Awareness / Services

Gwalior Branch held various programmes which included a seminar on Child Protection Policy & Child Rights, a workshop on HIV-AIDS awareness, safe abortion awareness and an orientation programme with paramedical students. Jabalpur Branch organized a comprehensive health checkup for 2500 health workers of the Jabalpur

Municipal Corporation. Bellary Branch in association with other organizations jointly organized "Orange Your Neighborhood Movement". The programme emphasized on engaging the community through 'door to door advocacy' for stopping violence against women and girls and spreading the message of equality between sexes.



### South Kanara

The Branch organized a clinical health check-up for 34 MSM and TG to mark this day. A HIV Awareness yakshagana programme was organized as well at Kadiyali, Udupi.

to mark this day. They included PLHIVs and General Health Camp, programme for young women, school students, youth club members. More than 134 persons benefited from this programmes.

### Jabalpur



Awareness and education for the youth segment was the theme at the Branch to mark this day. A special visit of youth forum members to the district network of PLHIVs and Art centre was organised. The youth delegation studied in detail about the network, discussed with the officials of VIHAAN Project (Project of Care and Support), followed by a question answer session. They wore masks specially prepared by Network on the theme stop AIDS, Stop Discrimination. Later, they visited ART center of Jabalpur where they were briefed about the center and about the Anti-Retroviral Treatment.

### Nagaland



The Branch marked this day with the theme "Focus, Partner, Achieve: An AIDS Free Generation", in collaboration with, the Nagaland State AIDS Control Society (NSACS) and other partner NGOs. Guest Speaker, Nagaland State Legal Services Authority, Member Secretary Mr. Mayang Lima urged the gathering to have in-depth understanding on issues around HIV and put knowledge into action. An impromptu quiz on HIV & AIDS was also conducted over a microphone with pedestrians. OPD sessions at the Reproductive Health & Family Planning Clinic (RHFPCL) for PLHIV & People who use drugs were also organized. This helped 41 PLHIV and 34 drug users. A 'Flash Mob' involving young dancers at 'Y' junction, a strategic location in the heart of Kohima town helped in spreading key messages on stigma and discrimination attached with HIV & AIDS.

### Nilgiris

A series of programmes were conducted by the Branch