

Aspire

A Quarterly Insight into the Association's Activities

For Internal Use

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LEAD STORIES

Consultation on Population, Development and Reproductive Rights

A Consultation on Population, Development and Reproductive Rights was organised by FPAI and International Planned Parenthood Federation – South Asia Region (IPPF-SAR) on May 11, 2016 at the Parliament House Annexe, New Delhi. The purpose was to engage with Members of Parliament and initiate a dialogue on population, development and reproductive health and rights.

Dr. Kalpana Apte, Senior Assistant Secretary General-Programme Implementation, was the Master of Ceremonies for the event. Mr. Umesh Aradhya, President of FPAI

welcomed the Members of Parliament, distinguished guests. Ms. Bindiya Nimla, Director-Advocacy and Training, FPAI set the context for the Consultation.

Other speakers were Ms. Anjali Sen, Regional Director, IPPF-SARO. MPs spoke on various SRH issues supporting individual rights, population stabilization, family planning, comprehensive sexuality education, HIV, surrogacy, gender, women's empowerment and micro finance. Dr. Kirit Premjibhai Solanki (MP), Lok Sabha, Gujarat, said "I am aware of the work done by FPA India."



Mr. Umesh Aradhya, President, FPA India



Mr. Ananth Kumar Hegde, MP, Lok Sabha



Dr. Kirit Premjibhai Solanki, Member of Parliament (MP), Lok Sabha



Dr. Kalpana Apte, Senior Assistant Secretary General, Program Implementation, FPA India



Dr. Vijaylaxmi Sadho, MP, Rajya Sabha



Ms. Anjali Sen, Regional Director, (IPPF-SAR)



Mr. Ananda Bhaskar Rapolu, MP, Rajya Sabha



Ms. Bindiya Nimla, Director Advocacy and Training, FPA India



Ms. Viplove Thakur, MP, Rajya Sabha



Mr. Jugal Kishore Sharma, MP, Rajya Sabha



Dr. Aparajita Gogoi, Executive Director, Centre for Catalyzing Change

CHOICES PROJECT UPDATE

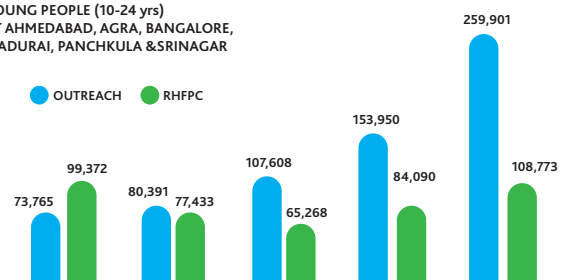
In 2011, the International Planned Parenthood Federation (IPPF), with the support of the Government of the Netherlands, implemented the Choices and Opportunities Project, which focuses on adolescents, young people and sexuality. In 2015, the Project was extended to include additional Branches while continuing at Agra, Ahmedabad and Bangalore Branches. This was a comprehensive project with the provision of comprehensive sexuality education, establishing Youth Friendly Centre for developing skills and self-worth as well as providing services. Overall, in five years, the six implementing Branches provided a total of 1,110,551 SRH services to young people, which is a 112% increase from the base year 2011.

Sustainability

Madurai and Agra Branches have a postal and contact programme on CSE, which will ensure that more people are trained, who can integrate

the knowledge with their work. The invaluable experience gained through the Project has helped plan programmes for other Branches as well. Through Advocacy initiatives at Ahmedabad three schools introduced their own Child Protection Policy. The partnerships have helped Branches to get free space for starting Youth Centres in the community.

TOTAL SERVICE PROVIDED TO YOUNG PEOPLE (10-24 yrs) AT AHMEDABAD, AGRA, BANGALORE, MADURAI, PANCHKULA & SRINAGAR



FPAI's Presence at Women Deliver Conference, Copenhagen

Ms Priya Kath, Governing Board Member of FPAI, and General Secretary of SARYN, IPPF, attended the Women Deliver Conference in Copenhagen, Denmark, as a selected youth scholar. She moderated and Chaired a panel discussion on the launch of the Third Vision 2020 report from IPPF, "Everyone's right to know: Delivering Comprehensive Sexuality Education for all young people" to launch a constructive discussion with young people, governments, UN agencies and NGO partners on the necessity of investing in high quality CSE for young people in and out-of-school. The high-level panel discussed policy recommendations to ensure that young people can access CSE regardless of their background or situation.

CASE STUDY - 1

DELAYED PUBERTY – FROM IGNORANCE TO KNOWLEDGE

Chinnu, aged 21 and from a rural background was married when she was just 16. She became a victim of domestic violence for the apparent reason that she had not attained menarche yet. Her parents had concealed this fact out of fear and got her married. As a result, her in-laws sent her back to her parents' house. Being ignorant and ill informed, they took her to quacks and the treatment threw up side effects. Since nothing was working, Chinnu was on the verge of committing suicide.

That was when her friend informed her of a community service session being organised by FPAI Panchkula Branch. Chinnu attended the session and received the right treatment. She followed up by attending the CSE sessions conducted by the Branch – it enlightened her about the delay in menarche, which is both natural and treatable. Today not only did she attain menarche but is also an active Peer Educator at the Panchkula Branch.



Ahmedabad Branch

Testimonials

"I am still getting used to being a married girl... When I was 19 people wondered why I was not married. Now that I am married, for just a few months, and people want 'good news' from me. Soon after marriage, my mother-in-law told me not to delay the first pregnancy. Now I am being watched by everyone at home. My mother-in-law does not let me eat papaya, jackfruit and pineapple as these fruits are considered to hamper conception. I know this is a myth – because I have attended sexuality education sessions organised by FPAI. Now I know what it is being a mother. I need time to decide if and when I want to become a mother.

I skillfully avoid the usual questions: "Have you missed your period?" "Any good news?" "Why delay your pregnancy, when can we expect your little baby?" My husband and I have discussed it and I tell myself that I will become a mother only when I am ready – and my menstrual cycle is nobody's business but mine. I know my rights and responsibilities."

"I am not ready yet..."

"FPAI has given me confidence and respect..."

"When I enrolled as a Peer Educator in FPAI, I was not aware about SRH issues and I was so hesitant to communicate with others. After the training, not only was I confident in communicating but I also talk and advise my peers on contraception. I am a respected member in my area. I am very happy to be a part of FPAI."

Geetha,
Peer Educator,
area



NEWS FROM OUR BRANCHES

AHMEDABAD

Strengthening SHG capacity

*Capacity Building of SHGs
CSR- Welspun Pardi, Gujarat*

A training event was conducted to strengthen the capacity of Self Help Groups in health promotion in Pardi district, Gujarat. The event was conducted in association with Welspun as part of their CSR programme. Ms Nisha Jagdish, Director-HIV, FPAI; Dr Shamala Dupte, PD-GCACI, FPAI HQ; and Dr Neha Panchal, Programme Officer, FPAI Ahmedabad and others were the key resources persons. Twenty SHGs of Sahai Foundation, participated in the programme.



GCACI implements new project

Ahmedabad Branch has been included this year in the new phase of the Global Comprehensive Abortion Care Initiative of the IPPF. In this regard, Dr Shamala Dupte, PD-GCACI, FPAI HQ; and Ms Usha Radhakrishnan, Manager-M&E-GCACI, FPAI HQ, visited the Branch for launching the Project.



Visit of Dr. Shamala Dupte and Ms. Usha Radhakrishnan

Exhibition stall set up

An exhibition stall was set up at Vacation Mela-2016, in association with Gandhi Corporation. The objective of the stall was to expand the services and activities of FPAI Ahmedabad, while also advocating Sexual and Reproductive Rights (SRR). It was a high-footfall exhibition with up 1,00,000 visitors comprising of NGOs, CBOs, PMPs, teachers, school principals, students, young people, women and government health functionaries. The Branch provided education and services on SRHR through counselling, lab tests and IEC material. Visitors availed of information on HIV / AIDS, safe abortion, contraception, adolescent / youth related services, Gender Based Violence and so on. It was a great initiative that would generate leads for FPAI or RHFPIC in the future. The stall, which was procured free of cost by FPAI, was up from ten days from May 21, 2016 at the Gujarat University Education Ground.



Exhibition stall at Vacation Mela 2016

BELGAUM

Awareness programme on FP and Safe Abortion

Mr Krishna Gumaste, Branch Manager, was the chief guest at this programme in which information on temporary and permanent methods of Family Planning, and Safe Abortion was disseminated. Participants: 38 women.



Shri. K. N. Gumaste; I/c Branch Manager spoke in the awareness programme

Daughters-Mothers Meet – adolescence education programme

The programme, organised in association with the local Rotary Club, is an innovative approach to educating adolescent girls in society. It was always felt that a gap existed between daughters and mothers, and the attempt is to bridge this divide in a creative manner. After all, who better than a mother to guide her daughter through the crucial phase of adolescence? Mrs Sulabha Prabhu Khanolkar, Hon Secretary, FPAI Belgaum; and Dr. Shivani D Patil, MO-ORS, were the resource persons. Changes during adolescence, hormonal alterations during periods and precautions thereof were discussed. Participation: 90 daughters and 75 mothers.

BIJAPUR

Special event – Beti Bachao, Beti Padhao

Mr Makabul Bagawan, local MLA, inaugurated this event to encourage parents to 'save the girl child and educate her'. The event started off with a rally followed by Mr Bagawan's speech on the various initiatives of the government in this regard. Mr D Randeep, Deputy Commissioner; and Mr V N Kotawal, Programme Officer from FPAI also spoke on the subject. Rights of the girl child and awareness about Gender Based Violence were also discussed with the audience of over 360 people, which included 280 students.



Health awareness programme

An awareness programme on blood pressure, blood sugar and reproductive health in association with the Gram Panchayat, Smarana Project and SHG members. Key speakers included Mr Shashikant Irasagond, President, Gram Panchayat; Mr Ashok B Kotyal, PDO; and Mr V N Kotawal, Programme Officer, FPAI. The audience included young couples of the village, youth, women, Panchayat and SHG members, ASHAs and senior citizens.

DHARWAD

Orientation programme for ASHAs and Junior Health Assistants

In collaboration with the District Department of Health and Family Welfare, an orientation programme was conducted for government workers to familiarise them with the activities of FPAI. Mrs Sushma Godbole, Chief Executive Officer of the Zilla Panchayat, and Dr Pushpa, District Family Welfare Officer were the key speakers. The audience consisted of 105 Junior Health Assistants and 96 ASHAs. The programme was organised on June 14 and 17.



Inauguration of the function by Chief Executive Officer of Zilla Panchayat, Dharwad, Smt Sushma Godbole

Session on Comprehensive Sexual Education

This session was organised for 15 adolescents, and awareness about CSE was imparted through competitions and recreational activities. Rangoli, pick-and-speak and quiz contests kept their interest and enthusiasm levels high. Along with CSE awareness, leadership and communication development skills were taught to the participants.

Training project for mini lap sterilization

How to perform mini laparotomy under local anaesthesia? This was demonstrated to Government Medical Officers from Bihar under a new project held from April 12 to 14. This was the third batch of doctors from that state undergoing training at FPAI Dharwad, and was organised in association with Engender Health. During the training, as many as 39 laparoscopy sterilisations were conducted. The training covered aspects like recording, infection prevention, surgical procedures and legal issues. Dr M N Tavergeri, Patron and Past President of FPAI and Dr S R Koulagua, Hon. Member, were the key people from FPAI involved with the training.



JABALPUR

Health camp organised

A health camp was conducted in the run-up to the static clinic, which would start operations in two weeks. The Mayor of Jabalpur, Mrs Swati Godbole, and Mr Vedprakash, NNJ Commissioner, visited the camp, which had hundreds of people dropping in for health checkup.

KOLKATA

Session on gender and empowerment

The full-day event was titled 'Gender and Empowerment' for orientation of Sexual Reproductive Health and Rights, was conducted for the Sociology students of West Bengal State University. It helped to empower them and uphold Sexual and Reproductive Health and Rights, apart from transforming gender norms, promote gender equality and address Gender Based Violence. Mrs Ritu Sen Chowdhuri and Mrs Titir Chatterjee, Heads of the Sociology Department at West Bengal University and Prasanta Chandra Mahalanobis Mahavidyalaya respectively addressed the audience of 26 young women.



Kolkata team taking the session in West Bengal State University

NILGIRIS



Rtn. Vijayadhar, President, Rotary club of Nilgiris and Rtn. Javrila Parekh, Zonal co-ordinator, Rotary club of Nilgiris

Free medical camp

In collaboration with the local Rotary Club of Nilgiris, the Branch organised a medical camp in Coonoor. Mr J Varatharajan, Branch Manager, welcomed the Chief Guests at the gathering. Rtn Vijayadhar, President, and Rtn Javrila Parekh, Zonal Coordinator of Rotary Club of Nilgiris inaugurated the camp.

NNJ Camp, Jabalpur



NORTH KANARA

Sensitisation session for youth

With the objective of sensitising the youth about healthy living and gender issues, a session was conducted at Babhrulingeshwara Vidhyalaya, Masoor. Mr Santan Louis, Branch President; Dr Preeti Bandarkar, Member, Executive Committee; and Ms Manjula Gouda, Programme Officer, were the key speakers. Both students and teachers took part in the proceedings with enthusiasm.



Babhrulingeshwara Vidhyalaya at Masoor

SHIMOGA

FPAI-IPPF delegation visits Branch

A joint IPPF SARO-FPAI HQ team visited the Branch on June 23 and 24. The objective was to conduct an assessment of the quality of care at all SDPs of the Branch. The team included Dr Abhijeet Pathak and Mr Jameel Zamir from IPPF-SARO; Mr Chetraj Joshi from FPAI Nepal; and Dr Manisha Bhise and Dr Nilesh Patil from the HQ.

Workshop on 'Decoding CSR'

A workshop on 'Decoding Corporate Social Responsibility' was organised at the Branch on June 29 and 30.



Inauguration by Dr. Kalpana Apte, Asst. Secretary General (PI)



The delegates included Mr Umesh Aradhya, FPAI President, Dr Kalpana Apte, Ms Amita Dhanu, Ms Manjula Varma, Mr Lalit Parashar, and Mr Sudhir Tawde from the HQ. Around 40 participants from various Branches in South India attended the workshop.

SOLAPUR



Meeting with Govt. Health Workers (ASHA Workers)

Health awareness session with ASHAs

This session was organised with ASHAs to increase awareness about safe abortion and family planning services, at Valsang PHC in South Solapur. Dr Khandale, PHC Medical Officer; Mrs Sapkale Ranjana, ASHA Supervisor; and Mrs Shaine Menduk were the key people involved. Participants: 20.

Free eye testing and cataract surgeries

FPAI, in association with Valvekar Medical & Research Centre and Lions Club of Solapur Midtown, organised this camp. The chief guest was Dr Vikram Paranjape from Miami University, USA. Dr Shrikant Yelegaonkar, FPAI Vice President; Dr Madhuri Valvekar, Prof Dr N B Telli, Mr Shirish Kumthekar and Mrs Teja Kulkarni, Nagarsevak, were among the other dignitaries present.

FPAI stall at Maha-Arogya Abhiyan programme

Organised by Lokmangal Hospital & Research Centre, Solapur, the Abhiyan programme offered a stall to FPAI Solapur Branch. Mr Subhash Babu Deshmukh, MLA from the district, visited the stall, while the Branch provided family planning and immunisation services to visitors. Mr Ramanlal Sonimide, Branch Vice President; Mr Sugat Gaikwad, Branch Manager; Dr Kavita Chandak, Medical Officer and Mr Virendra Pardeshi, Programme Officer and other staff were present, in addition to Dr S Patanshetti, Civil Surgeon, from the Civil Hospital, Solapur.

YAMUNANAGAR

Awareness programme for abortion services

The programme was organised in association with Mrs Nirmal Chauhan, Municipal Commissioner, and her team at Jammu Colony on June 7. The objective of the programme was to save women and their lives from unsafe abortions. The women were happy to know about the FPAI Branch and its services. Mrs Raman Sachdeva, Branch President and Dr Anjana Taluja, Branch Manager, spoke to the audience. Mrs Indu Kapoor, Honorary Secretary was also present.



CELEBRATING IMPORTANT DAYS

APRIL 7 WORLD HEALTH DAY THEME: BEAT DIABETES



Ahmedabad Branch observed the special day with a free diabetes test and camp at the RHFPC. Over 25 participants, drawn from the general community, attended. The Branch also conducted as many as five awareness programmes for women in different locations. Over 175 females took part.



In **Belgaum**, an awareness programme was conducted in collaboration with KSR College of Education. Prof G K Khadabadi, President, FPAI Belgaum inaugurated the programme which was attended by 95 participants including students, lecturers and staff.

Mohali Branch, organised a blood donation camp in association with Baba Sheikh Freed Blood Donor Council. Ms Avneet Kaur, IAS, Assistant Commissioner (General), SAS Nagar, inaugurated the camp as well as spoke to the audience. As many as 48 volunteers donated 41 units of blood, meeting the pre-set target.

In **Nagaland**, a quiz was organised as part of the special day's celebrations. Participants included 53 students and four teachers.

Nilgiris Branch, conducted a free Sugar Detection Camp at the local LIC office. Mr Ilangovan, Secretary, LIC Recreation Club, inaugurated the camp, while Mr G Premanand, President, FPAI, spoke to the gathering. Of the 107 people screened, seven cases of diabetes were confirmed and referred to the FPAI Hospital in Coonor.

In **North Kanara**, a camp-cum-awareness programme was organised in association with Snehakunja Trust. The key speakers included Mrs Santan Louis, Branch Manager; Dr Veena Koorse, Medical Officer; and Mr Ravi Shetty, Project Coordinator. Over 90 people from the community took part in the programme.

APRIL 12 NATIONAL SAFE MOTHERHOOD DAY



Belgaum Branch conducted a programme in association with the Belagavi Institute of Medical Sciences. Dr Arati A Kulkarni, MO-RHPFC; and Dr Shivani D Patil, MO-ORS, were the resource persons. Prof G K Khadabadi, President, FPAI Belgaum Branch, Presided over the event

MAY 5 WORLD THALASSEMIA DAY

Hyderabad Branch observed World Thalassemia Day with 80 participants, most of them children detected to be thalassemia positive, along with their families. Dr Renu Kapoor, Branch Manager, was a key speaker at the event, which was organised in coordination with Tapadia Diagnostic Centre. Dr Tapadia oriented the audience about thalassemia and its incidence. The children were engaged through entertainment programmes and fun activities like magic shows.



Hyderabad Branch

MAY 18 GLOBAL DAY OF ACTION ON SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS

This important day was observed according to the IPPF Vision 2020's Day of Action on Comprehensive Sexuality Education and 'Youth Rights – Know it, Own it' in **Hyderabad**, in association with Kriya Sangh Society and other NGOs. The event was conducted over two days covering all aspects of SRHR. Mr Prashant Saraf, Programme Officer, and Mrs Radhika, Counsellor, were the key speakers. On the second day, a competition was announced for the participants. They spoke on 'The importance of SRHR for today's youth'. The contest saw enthusiastic participation and concluded with the giving away of prizes to the winners.



MAY 5 INTERNATIONAL MID-WIFE DAY

Dr Siddeshwar Wale lighted the lamp and inaugurated the celebrations at our **Solapur Branch**. Mr Nagesh Vallal, Dr Madhuri Valvekar, Dr M Y Kulkarni, Mrs Teja Kulkarni, Mrs Sapna Chitte, Mr Ramanlal Soniminde, Prof B N Kamble, Prof Dr N B Telli and Youth Volunteer Ms Vijayashree Amle were the dignitaries present. It was a glittering programme that concluded with the ANM and GNM receiving Appreciation Certificates and gifts.



MAY 28 MENSTRUAL HEALTH HYGIENE DAY

THEME: MENSTRUATION MATTERS TO EVERYONE, EVERYWHERE



In **Hyderabad**, the special day was organised in association with Kriya Sangh Society and Hyderabad Municipal Development Authority. Ms Jennifer Goldsmith, Member of the US Consulate, addressed the gathering of women and adolescent girls, drawing a comparison of menstrual health and hygiene in India and the USA. Mrs Laxmi Kumari, from the Child Development Programme Office, and Mrs Radhika, FPAI Counsellor, were among the other speakers. A health camp was conducted with 104 women getting themselves checked. Haemoglobin and random blood tests were conducted on 74 women. Over 250 participants attended the event.

In **Kolkata**, the day's programme helped eradicate the misconceptions surrounding the menstrual process. Nikita Ajad created the 'Happy to bleed' campaign to increase awareness. The Rajarhat Lalkuthi rural unit created a script and organised role-play. While Dr R K Behra, a gynaecologist, explained the process of menstruation, he gave the audience a powerful slogan: Break the silence! As many as 70 participants attended the programme.



To mark the special day, Mrs Soma Guha of Kolkata Branch conducted a media advocacy programme about the day on Kolkata Doordarshan. It was a live programme with a phone call-in facility. Titled Ghore Baire, it sought to break the myths and misconceptions around menstruation. Professional anchor Mrs Aparajita Ghosh facilitated the programme.

In **Solapur**, a sensitisation programme was organised jointly with Lions Club of Solapur Central and Suprabhat Classes. Mr Virendra Pardeshi, Programme Officer, gifted a tree to Mr Ravindra Anant Panuganti of Suprabhat Classes. Mrs Sujata Battul, RHFC Counsellor, conducted the sensitisation session.

MAY 31 WORLD ANTI TOBACCO DAY

THEME: PLAIN PACKAGING OF TOBACCO PRODUCT TO REDUCE DEMAND, AND TO SAVE LIVES

In **Bijapur**, a lecture cum discussion was the highlight of this awareness programme, conducted in coordination with the India Reserve Battalion, Government of Karnataka. Mr D H Hoogar, Assistant Director, Soldiers Welfare Department; Mr K S Raghu-nath, Commandant, India Reserve Battalion; and Mr B P Chandrashekhar, DYS, Citizen Rights Department; were the key speakers. Mr V N Kotawal, Programme Officer, represented FPAI. Over 300 police personnel participated, of which 29 gave their word not to touch tobacco with immediate effect.



Awareness programmes were organised in **Dharwad** in which 55 participants from the community took part. The audience was given a quote by the key speaker: Tobacco or health: Please choose health and not the evil.

JUNE 5 WORLD ENVIRONMENT DAY

THEME: GO WILD FOR LIFE

Prof G K Khadabadi, President, **Belgaum Branch** inaugurated this programme with Mr I H Jagadish, Regional Director-Karnataka Pollution Control Board, as the resource person. The programme concluded with an oath taken by all participants to boycott products manufactured using wild life.

In **Madurai**, an awareness programme through tree plantation was organised, in which around 200 participants including students, teachers and staff from FPAI took part. Mr M Rajendran, Chief Education Officer, Madurai Corporation, planted saplings at Elango Boys Higher Secondary School. All participants took a pledge to conserve the environment, compensate for trees felled and preserve existing trees.



In **Nilgiris**, the special day was observed with an essay and drawing competition for students of a secondary school. Dr G Premanand, President, of Nilgiris Branch, presided over the session. It concluded with the students taking part in a signature campaign titled 'Love Nature, Save Nature'.

In **Solapur Branch**, plants were gifted to students in a celebration marking this important day. A tree plantation program was held at the Government ITI in Solapur. Prof M Bidkar was the Chief Guest, and Dr Shrikant Yelegaonkar, FPAI Vice President; Mr S Kumthekar, Prof Dr N B Telli, Mr Sugat Gaikwad, Branch Manager and others were present. Dr Yelegaonkar, addressed the audience.



OTHER NEWS

DONATIONS RECEIVED

In our **Ahmedabad Branch**, one Mr Alpit M Patel donated around Rs 4 lakh towards expenses for office renovation. We gratefully record our thanks and appreciation to the kind donor.



In **Mohali**, Dr (Mrs) Surjit Kaur Sandhu and Mr Gulzar Singh Sandhu, Founder Members of FPAI Mohali Branch, donated Rs 1 lakh towards the corpus. This was in addition to Rs 1,200 donated by them earlier.



AWARDS FOR FPAI PERSONNEL



Mr Suresh Maratha, Branch Manager, FPAI **Ahmedabad**, received the Best Partnership Award from individual donors Mr Hiteshbhai M Patel and Mr Miteshbhai M Patel under the auspices of Gujarat State Network of Positive People. This district level award consists of a memento, and was given in recognition of the excellent networking and support provided by the Branch in the areas of awareness, education, training, capacity building and observation of special days. Mr Maratha received the award from Ms Vasuben Trivedi, the Honourable Minister for Women's Development, Government of Gujarat.

Mr Harwant Singh Baidwan, Member of the Branch Executive Committee of FPAI **Mohali**, was presented the Award of Honour by the Honourable Governor of Punjab, Mr Kaptan Singh Solanki. The award was given for Mr Baidwan's service to the Red Cross, and was handed over at the Annual General Meeting of the Indian Red Cross Society, Punjab State Branch, Chandigarh, on June 14.

SPECIAL HONOUR – FROM HUMBLE BEGINNINGS TO GREAT HEIGHTS

Ms. Reshma Rathod is a young girl who joined us in 2012 as a helper. While working for FPA India, Headquarters she completed Class X Board Exam from the National Institute of Open Schooling in Mumbai. Presently she is studying FYBA. In 2015, she was selected by Leher Foundation for playing the 4th State Women's Football Championship at Nagpur and won the 5th Indira Gandhi Memorial Slum Soccer Women's National Football Championship 2016 at Kolkata.

Posted at General Post

BOOK POST

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