FPA India has garnered, over the last few decades, enormous experience in providing age-appropriate, culturally sensitive and rights-based CSE to adolescents across India – in both schools and non-formal settings. This has also helped to increase the institutional capacity of the Association.

IPPF-SAR recognizes FPA India as a leading Member Association (MA) in the region, equipped with a robust CSE programme and the required expertise to offer technical support to other MAs in the region. FPA India’s recent training sessions for RENEW Bhutan and FPA Sri Lanka were two such instances.

In May, IPPF-SAR invited teams of resource persons and trainers from FPA India to organize a workshop for 14 participants of RENEW Bhutan in New Delhi, and the other for FPA Sri Lanka in Colombo.

Mr Umesh Aradhya, President, FPA India & Chairperson, Regional Council, IPPF-SAR, inaugurated the CSE workshop in New Delhi, in the presence of Dr Kalpana Apte, Secretary General; Ms Manjula Varma, Director-Governance & Branch Management; and Dr Manisha Bhise, Director-Resource Mobilization.

For FPA Sri Lanka, a 3-day training programme was organized in Colombo. It was facilitated by Dr Vinay Mishra, Consultant; Dr Manisha Bhise; and Mr Shivrudra Lupne from FPA India. The 24 participants included FPA Sri Lanka staff, representatives from the Ministries of Health and Education, Government of Sri Lanka.

Few sessions were facilitated by Mr Manish Mittra, Senior Technical Advisor, Youth & Gender, IPPF SAR. During the sessions participatory training methods, focussing on maximizing adult learning patterns were used. This would help to integrate CSE within the school curricula.

The training elicited positive feedback, as exemplified by this email received by FPA India from Mr Senel Indula, Youth Focal Point, FPA Sri Lanka: “We are still hearing feedback from participants and they all say that they found the training extremely useful. Thank you for sharing your time, knowledge and passion with us.”
Earlier, nine Branches of FPA India (Agra, Ahmedabad, Bhopal, Gwalior, Indore, Jabalpur, Lucknow, Panchkula, Yamunanagar) took part in an advocacy workshop in Delhi. Now a three-day follow up workshop was conducted in Mumbai.

Ms Bindiya Nimla, Director, Advocacy, facilitated the workshop, which saw the participation of General Managers and Branch Managers from the nine Branches listed above.

Programme management team members namely, Dr Kalpana Apte, Secretary General; Ms Amita Dhanu, Assistant Secretary General, Programme Implementation; Ms Manjula Varma, Director, Governance & Branch Management; Mr Abhijeet Unhale, Director, HR & Legal; Ms Nisha Jagdish, Director, Gender & Rights; Mr Mukesh Surve, Director, Information Technology; and Mr Narayan Kokate, Assistant Director, Monitoring & Evaluation, also facilitated few sessions.

The key objective of the workshop was to help branches formulate an effective advocacy work plan to bring about policy level changes at the district and state levels on SRHR. The first two days focused on advocacy while the third day had sessions conducted by other Directors and Assistant Directors.

Also, Ms Mitali Puthli, Communications Officer, conducted a session on ‘Developing Key Messages’. Using audio-visual examples, she gave them tips on creating strong messages that are single-minded – across handouts, photos, videos, radio spots, toolkits, placards and banners.

It was a productive session that resulted in the Branches developing their own statewise plans of action. They were also introduced to the Advocacy Monitoring tool, which helps them build a strong case based on evidence. The proceedings of the workshop were summarized and handouts were provided to the participants for future reference and action.

IPPF-CO and SAR organized a two-day Gender Assessment Toolkit Pilot Workshop in Mumbai from June 28-29. This was to test the Toolkit as part of FPA India’s efforts to strengthen its gender programmes.

The workshop was facilitated by Ms Seri Wendoh, Senior Technical Advisor-Gender, IPPF-CO; Mr Manish Mitra, Senior Technical Advisor-Youth & Gender, IPPF-SAR; and Ms Uma Nepali, Programme Officer, IPPF-SAR.

During the workshop, participants were divided into three groups and worked on situation analysis.

Booklet 4 - Gender Self-Assessment Questionnaire: Your Organization.

Booklet 5 - Gender Self-Assessment Questionnaire: Your Health Services.

Booklet 6 - Gender Self-Assessment Questionnaire: Your Programmes.

The workshop was attended by 27 staff members, including 10 from the Branches.

IPPF India is implementing an Innovation Program Project, “Engaging, Empowering and Enabling Men and Boys for SRHR” at Hyderabad branch from Oct 2016 to Sept 2019. The goal or the project is to field test a model programme to achieve - A gender just and free environment, for men and women to realize their sexual and reproductive health rights.

In this regard, IPPF Central Office (CO) and SARO team visited Innovation Program Project at Hyderabad from 25-27 June 2018.

Ms Seri Wendoh, Senior Technical Advisor, Gender; IPPF CO; Mr Manish Mitra, Senior Technical Advisor, Youth & Gender; IPPF SAR and Dr Nilesh Patil, PL-TPM; FPA India were part of the team who visited the branch.
The objectives of the visit were to review the progress of project against its stated objectives namely -

1) To promote gender equality, through engaging men and boys,

2) To strengthen male participation in care and support to women for maternal and child health care as well as abortion,

3) To address SRH concerns of men and to increase services for male sexual and reproductive health.

FPA India Chennai received a donation of ₹ 1 lakh from Bank of India, National Banking Group (South), Chennai towards conducting medical service sessions in 12 BOI Branches. In response, a medical team was formed consisting of a Medical Officer, Lab technician, Counsellor, two Auxiliary Nurse Midwives (ANMs) and a male assistant to conduct the service sessions.

A detailed schedule was drawn out from May 25 to June 21, 2018, during which as many as 767 people – mostly customers of the bank – benefitted from the sessions. The health check-ups covered blood pressure, haemoglobin levels, random blood sugar, blood grouping and body mass index.

The check-ups were followed by medical treatment where necessary. Some cases were further referred to FPA India’s satellite clinic at Vadapalani, and included ailments menstrual problems, reproductive tract infections, anemia, menopause, hypertension and diabetes. In addition, information and counselling was also provided covering family planning methods, safe abortion, infertility, obesity, underweight and stress management.

The bank’s customers were pleasantly surprised at this novel approach of offering medical check-ups. Their feedback was positive, as was relayed to the respective Branch Managers of the bank. This was a unique exercise that received excellent response. FPA India Chennai Branch is keen to repeat this model again with other banks.
WORLD HEALTH DAY 2018 - 7TH APRIL

Theme: UNIVERSAL HEALTH COVERAGE: EVERYONE, EVERYWHERE
Slogan: HEALTH FOR ALL

BELAGAVI

Mrs Shobha S Kulkarni, Vice President, inaugurated the World Health Day awareness programme while Prof GK Khadabadi, Past President, was the special invitee. Dr (Mrs) Praveena R Gunagi, Asst Professor, Department of Community Medicine, Belgaum Institute of Medical Sciences (BIMS), was the resource person. Dr A L Patil, Principal, presided the event. An essay and elocution competition, based on the day’s theme, was conducted at KSR BEd College, in which 45 students took part. Total participants: 192.

BALLARI

A symposium on Sexual & Reproductive Health & Rights was conducted in association with J J MSW College. Ms S Vijayalakshmi, Programme Officer (PO), elaborated on the facilities provided by FPA India. Participants: 141.

A screening and health camp for Hepatitis-B and cervical and breast cancer was conducted in Sajeevarayana Kote village. Many of them were referred to Reproductive Health & Family Planning Centre (RHFC).

AGRA

The programme was conducted at the Youth Hostel for migrant labourers. The session began with Mr Jay Prakash Trivedi, Director, briefing the audience about Manav Seva Sansthan and its work. Mr Mukesh Rathore, PO, emphasised on the need to register with the Labour Department so that they can benefit from the government’s schemes. Participants: 55.

AHMEDABAD

Four sensitization meetings in different areas of the city marked this important day. Different stakeholders including community leaders, health care providers and NGO partners took part in the events. Participants: 122.

BELAGAVI

Mrs Shobha S Kulkarni, Vice President, inaugurated the World Health Day awareness programme while Prof GK Khadabadi, Past President, was the special invitee. Dr (Mrs) Praveena R Gunagi, Asst Professor, Department of Community Medicine, Belgaum Institute of Medical Sciences (BIMS), was the resource person. Dr A L Patil, Principal, presided the event. An essay and elocution competition, based on the day’s theme, was conducted at KSR BEd College, in which 45 students took part. Total participants: 192.

BALLARI

A symposium on Sexual & Reproductive Health & Rights was conducted in association with J J MSW College. Ms S Vijayalakshmi, Programme Officer (PO), elaborated on the facilities provided by FPA India. Participants: 141.

A screening and health camp for Hepatitis-B and cervical and breast cancer was conducted in Sajeevarayana Kote village. Many of them were referred to Reproductive Health & Family Planning Centre (RHFC).

AGRA

The programme was conducted at the Youth Hostel for migrant labourers. The session began with Mr Jay Prakash Trivedi, Director, briefing the audience about Manav Seva Sansthan and its work. Mr Mukesh Rathore, PO, emphasised on the need to register with the Labour Department so that they can benefit from the government’s schemes. Participants: 55.

AHMEDABAD

Four sensitization meetings in different areas of the city marked this important day. Different stakeholders including community leaders, health care providers and NGO partners took part in the events. Participants: 122.

BELAGAVI

Mrs Shobha S Kulkarni, Vice President, inaugurated the World Health Day awareness programme while Prof GK Khadabadi, Past President, was the special invitee. Dr (Mrs) Praveena R Gunagi, Asst Professor, Department of Community Medicine, Belgaum Institute of Medical Sciences (BIMS), was the resource person. Dr A L Patil, Principal, presided the event. An essay and elocution competition, based on the day’s theme, was conducted at KSR BEd College, in which 45 students took part. Total participants: 192.

BENGALURU

The special day was observed on April 11 at the Canara Bank Institute of Information Technology with the objective of inspiring, motivating and guiding the youth to access SRH services at the Static Clinic. Mrs Indira Devi, PO, spoke about the importance of the day and its theme. Participants: 59.
BHUBANESWAR

In the first programme, held at Reddy Basti, the audience comprised of labourers, domestic workers and rag pickers who spoke both Odia and Telugu. Gita Patnaik, the resource person, involved everyone by breaking the language barriers and educated them about World Health Day, access to health services, FPA India and its activities. Participants: 21.

In a second programme, at Haridamada, an awareness meeting was organized by Mr Kalandi Mallick, Cluster Coordinator and Mr Khageswar Pradhan, Link Worker of the Branch. The objectives of the meeting included promoting health awareness. Mrs Soumya Mishra, PO; Dr Piyush Behera, Medical Officer (MO) and Mr Manohar Pradhan, Ex-Sarpanch, were the resource persons. Participants: 34.

DHARWAD

An awareness programme was organized in collaboration with Sidrameswara BEd College. Dr Girija Kumarmath, Principal of the college, spoke about the day and explained its relevance. Mr NF Madiwalar, PO, emphasized the need to focus on healthy practices to avoid ill health. Participants: 150.

HYDERABAD

A breast and cervical cancer screening service session was conducted in association with Reliance Day2Day Care Polyclinic in Old Bowenpally. Dr Renu Kapoor, General Manager; Dr Dorothy Silver, MO; Mr Prashant N Saraf, PO and Mr Wajeed, Managing Partner, Reliance Day2Day Care Polyclinic, spoke to the audience. Dr Silver and Mrs P Suvarchala Devi, ANM, conducted the cancer screening for 45 women. Participants: 70.

In another event, an awareness session was conducted at the centre for women and adolescents at the rural centre at Jinnaram. Mrs Sudha Rani, Mandal Parishad Territorial Constituency Ameenpur, welcomed the audience. She thanked FPA India for extending health services free of cost to the community. Mrs K. Raja Kumari, ANM, presented a vote of thanks. Participants: 82.

JABALPUR

An outreach health check-up and awareness session was organized at Chandalbhata slum. Marginalized people of the community were treated for gynaecological and general diseases, were offered contraception services. Beneficiaries: 72.

Another event was conducted based on the theme ‘Health for all’ in a government school premises. Health check-up and blood test were organized for 22 beneficiaries. Total participants: 55, including teachers and students.

NAGALAND

The day was observed at Gukhanyu village, jointly organized by the Branch and Nagaland Health Project (NHP), Department of Health and Family Welfare. Mr Keduokhrietuo Sachu, District Facilitator, NHP, briefed the audience about the importance of the day. Ms Ville Rhetso, Counsellor, emphasized on the benefits of family planning and the importance of menstrual hygiene. Sexual and Reproductive Health services like counseling, family planning methods and lab services were provided after the session. Participants: 35.
NILGIRIS
A special service session marked the day conducted in association with the Municipal Health Centre, Coonoor, on April 7. Dr Saravanan, Medical Officer, Mrs Alima, Chief Nurse, Mrs Krishna Leela, ANM, Municipal Health Centre, Coonoor and the FPA India team were the organisers. The session covered cervical and breast cancer screening for workers. Participants: 69 women.

NORTH KANARA
An awareness programme on health was organized on the occasion. Ms Manjula Gouda, PO, facilitated it while Dr Radhika Ramkumar Bhat Kodlekere, MO, spoke on health and its importance. Participants: 21 women.

PANCHKULA
An awareness programme and health service session was organized to mark the day at the Government College in Sector 14. Mrs Ashu Mahajan, Honorary Secretary, inaugurated the service session in the presence of Mr Manoj Garg, General Manager; Mrs Deena Kakaria, MO; Mrs Sonia Arora, PO; and lecturers of the college. A stall distributing free sanitary napkins was set up by Johnson & Johnson. Participants: 90 girls in the awareness programme and 145 girls in the health service session.

RAICHUR
The quarter was observed with a range of activities organised by the Branch. These included Dr. B R Ambedkar’s 127th birthday, free health check-up camps with medicine distribution, AEP+ at schools, training for peer educators and formation of youth groups. Rallies were conducted to mark World Blood Donation Day and World Population Day.

SHIVAMOGGA
The day was observed with events in association with Spandana Health Foundation Trust, Al Mahmood BEd College, the District Health Office and other NGOs. An awareness programme and essay competition were organised as part of the celebrations. Mr Ramesh Babu, President, gave the inaugural address. He emphasized the need for awareness on health and well-being. Participants: 60 students and community people.

SOLAPUR
An awareness programme was organized in association with Damani Blood Bank and the Government Industrial Training Institute for Ladies. The programme was inaugurated by Dr Shrikant Yelegaonkar, Joint Treasurer, FPA India. Dr NabhaKakade, President, welcomed the gathering. Also present were, Mr BH Kulkarni and Mrs Amara-jaThite, Programme In-charge, Mr Sugat Gaikwad, Branch Manager, Dr NB Teli, Hon. Secretary, Mr RamanlalSoniminde, Vice President, Dr BN Kamble, Hon. Treasurer, Ms VijayshreeAmale and Mr Shrikant Satarle, Youth Volunteers and Mr AB Sontake, Teacher, Government Industrial Training Institute for Ladies. Dr. Shrikant Yelegaonkar, Mr. B H Kulkarni and Mr. Sugat Gaikwad addressed the audience on the theme. Participants: 131.
NATIONAL SAFE MOTHERHOOD DAY 2018 - 12TH APRIL

Theme : AMPLIFY WOMEN’S VOICE FOR QUALITY, EQUITY AND DIGNITY (QED) FOR IMPROVED MATERNAL HEALTH

BELAGAVI

In a programme conducted with the Inner Wheel Club of Belgaum, Dr Sonal Dhamankar, Past President of Inner Wheel Club of Belgaum was the Chief Guest. Dr Shivani D Patil, MO-ORS, and Dr Arati A Kulkarni, MO-RHFPC, were the resource persons. Mrs Shobha S Kulkarni, Vice President, presided. Participants: 16 for Post Natal Care (PNCs) and other women.

INTERNATIONAL MATERNAL HEALTH AND RIGHTS DAY 2018 - 11TH APRIL

NEW DELHI

The day was marked by a seminar about the importance of the day, Sexual & Reproductive Health & Rights, the requirement of essential physical resources for effective maternal care, and about adolescent health. The event was organized at the Jagnnath Institute of Management Sciences (JIMS). Students of the Institute as well as those of the Vocational Training Centre, FPA India Delhi, took part. Mr Sreedharan Nair, Director-External Relations, backed his speech with interesting statistics about pregnancy in India. Ms Sanyogita Chaoudhary, Faculty of JIMS, was felicitated on the occasion. Participants: 58.

INTERNATIONAL NURSE DAY - 12TH MAY

Theme : NURSES A VOICE TO LEAD - HEALTH IS A HUMAN RIGHT

SOLAPUR

The Day, which commemorates the birth anniversary of Florence Nightingale, was celebrated by felicitating nurses and ANM staff with flowers and appreciation certificates. The programme was held at RHFPC, Sakher Peth, and was inaugurated by Dr Sumesh Andurkar, Chief Guest. Other key dignitaries included Dr Shrikant Yelegaonkar, Joint Treasurer, FPA India, Mr KM Jamadar, Past President, Prof Dr NB Telli, Secretary; Dr Ayesha Rangej; Dr Yogesh Pallalu, RCH Medical Officer, Lion Mr Chandrakant Yadav, President, Lions Club of Solapur Central, Mr Sugat Gaikwad, Branch Manager and Mrs Teja Kulkarni, Youth Volunteer. Participants: 56 (32 nurses, 24 ANMs).

INTERNATIONAL MATERNAL HEALTH AND RIGHTS DAY 2018 - 11TH APRIL

NEW DELHI

The day was marked by a seminar about the importance of the day, Sexual & Reproductive Health & Rights, the requirement of essential physical resources for effective maternal care, and about adolescent health. The event was organized at the Jagnnath Institute of Management Sciences (JIMS). Students of the Institute as well as those of the Vocational Training Centre, FPA India Delhi, took part. Mr Sreedharan Nair, Director-External Relations, backed his speech with interesting statistics about pregnancy in India. Ms Sanyogita Chaoudhary, Faculty of JIMS, was felicitated on the occasion. Participants: 58.

KALCHINI

A rally, seminar and mass signature campaign marked the Safe Motherhood Day at Kalchini Branch. The rally, which was held on April 11, was attended by around 300 mothers and women. The focus was on ‘What Women Want’ and ‘Hamara Swasthya, Hamari Awaz’.

INTERNATIONAL NURSE DAY - 12TH MAY

Theme : NURSES A VOICE TO LEAD - HEALTH IS A HUMAN RIGHT

SOLAPUR

The Day, which commemorates the birth anniversary of Florence Nightingale, was celebrated by felicitating nurses and ANM staff with flowers and appreciation certificates. The programme was held at RHFPC, Sakher Peth, and was inaugurated by Dr Sumesh Andurkar, Chief Guest. Other key dignitaries included Dr Shrikant Yelegaonkar, Joint Treasurer, FPA India, Mr KM Jamadar, Past President, Prof Dr NB Telli, Secretary; Dr Ayesha Rangej; Dr Yogesh Pallalu, RCH Medical Officer, Lion Mr Chandrakant Yadav, President, Lions Club of Solapur Central, Mr Sugat Gaikwad, Branch Manager and Mrs Teja Kulkarni, Youth Volunteer. Participants: 56 (32 nurses, 24 ANMs).

HEALTHY MOTHERS’ DAY 2018 - 13TH MAY

BELAGAVI

A rally was conducted, which was inaugurated by Mrs Shobha S Kulkarni, Vice President. FPA India staff included Dr MB Balappannavar, MO-PHC; Dr Arati A Kulkarni, MO-RHFPC; Mr KN Gumaste,...
THE INTERNATIONAL DAY OF ACTION FOR WOMEN’S HEALTH 2018 - 28TH MAY

MADURAI

A special sensitization programme for adolescents was organized. The programme was exclusively for those girls working in private textile mills in Kovilpatti, addressing their health issues. Participants: 120.

BELAGAVI

In an awareness programme, conducted on May 30 at Gomatesh High School, Dr Arati A Kulkarni, MO-ORS; Dr Shivani D Patil, MO-ORS; and Mrs Laxmi Mirji, Counsellor, were the resource persons and spoke on menstrual hygiene, management and care. Participants: 29 female students.

BALLARI

A symposium for young girls from Somasamudra village was organized to highlight hygienic practices during menstruation. In the programme, one of the link worker explained the importance of the day, as well as practical tips were imparted to maintain hygiene during menstruation. Participants: 35.

BENGALURU

Several programmes were organised for young people and women throughout May. Mrs Indira Devi S, PO, focused on menstrual health, hygiene and infections due to poor hygiene. Participants: 252.

BHUBANESWAR

This awareness programme was supported by Mahindra & Mahindra Finance Ltd and Dr Piyusha Behera, MO-ORS was the resource person. The programme was held at Patharbandha, an urban slum, and was based on the theme of ‘empowerment’ – empowering women through knowledge about hygiene during menstruation. Participants: 24.
INDORE

A sensitization programme and multimedia activity was organized to mark the day, in association with Aim for the Awareness of Society (AAS) India, an NGO that works with women and children at Rajbada. The event aimed to remove discrimination towards women and girls during the menstrual period. Different aspects about menstruation were explained through infotainment using game of snakes and ladders. Participants: 100.

BIDAR

The special day was observed at the FPA India Hall with an awareness programme. The audience comprised of Nursing and Bachelor of Ayurveda, Medicine and Surgery (BAMS) students. The programme, was organised in collaboration with The Federation of Obstetric and Gynaecological Societies of India (FOGSI), Bidar and had three influential persons: Dr AC Lalitamma, President, FOGSI, Dr VijayashreeBashetty, Past President and Dr Aarti Raghu, Vice President, FPA India Bidar Branch. Participants: 69.

As part of mega health camp in collaboration with an agency the Branch observed World Menstrual Health Day. Sessions were conducted on menstrual health and hygiene. Beneficiaries: 34 girls. A counter selling low cost sanitary napkins was set up. Educated 750 women. Napkins sold: 76 packets.

JABALPUR

A special awareness session was conducted for women and girls at Anganwadi Centre, Brijmohan Nagar. Information about infections, reproductive and sexual diseases was imparted. A movie on menstrual hygiene and the importance of sanitary napkins was shown. Around 200 sanitary napkins were distributed. Participants: 57.

KOLKATA

The different units of the Branch observed the Day. Awareness and knowledge about menstruation were the key objectives – especially the need to maintain hygiene and the usage of sanitary pads.

The Topsia Unit performed a street play on the ‘taboos’ surrounding menstruation. Ms Mousumi Das, PO, was the key resource person. Participants: 46 women and girls
The Lake Garden Unit observed the day at Park Circus slum area. Ms Mousumi Das, PO, and Mr Anshuya Roy, Field In-charge, were the resource persons. Participants: 12.

The Rural Unit celebrated the special day on May 31. Dr. Ranjeet Kumar Behera, Medical Consultant, spoke about menstruation and how to maintain hygiene. Participants: 17.

A menstrual hygiene awareness programme was organized for People Living with HIV on May 25, ahead of the World Menstrual Hygiene Day, which falls on May 28. The programme was conducted in association with Kohima Network for People Living with HIV (KNP+) at their office. The Counsellor briefed the audience about the importance of menstrual hygiene and proper nutrition. The nurse elaborated on the contraceptive choices available and sensitized them about cervical and breast cancer. She also trained them on how to do self-examination of the breast to identify signs and symptoms. Condoms were distributed. Participants: 16.

NILGIRIS

An awareness programme was organized on May 29. Mr G L Rajesh, PO, and Mrs Rema Devi, ANM, RHFPC, were the key resource persons. Clients of RHFPC were sensitized on basic menstrual hygiene tips and the use of sanitary pads. Participants: 18.

PANCHKULA

An awareness programme on menstrual hygiene and diet was organized at the Government Girls Senior Secondary School, Sector 15. This was followed by Hb test of all those who took part. Mr Vinod Kapoor, Branch President and CEC Member, FPA India; Mr Manoj Garg, General Manager; Mrs Anita Batra, BEC Member; Mrs Deena Kakaria, MO; and Mrs Sonia Arora, PO, were the key resource persons. Participants: 81.

MYSURU

The day was observed with a special programme for women and girls at Gandhi Nagar. The Branch counsellor spoke to the group and clarified the myths about menstruation, while convincing them to maintain hygiene, diet and the proper use of sanitary napkins.

WORLD TOBACCO DAY 2018 - 4TH JUNE

Theme: TOBACCO AND HEART DISEASE

BIDAR

An awareness programme was conducted to mark the day at Post Metric Boys Hostel, Chitta. Dr Vijay Konda, BEC Member, Mr AnilkumarMeldodd, Asst. Director, Social Welfare Office, Prof TJ Hadimani, Retd Professor, District Institute of Education and Training (DIET), Mr Shrinivas Biradar, Branch Manager, FPAIndia Bidar Branch and Mr Sharabasappa, Hostel Warden,
BELAGAVI
FPA India participated in a rally organized by the District Health & Family Welfare Office in association with other NGOs. It was inaugurated by Mr Kiran Kiney, Sr Diwani, Judge, Belagavi. Dr AM Naratti, District Health & Family Welfare Officer; Dr MN Tukkar, Tobacco Control Officer; Mr KN Gumaste, Branch Manager in-charge; and Mrs Laxmi Virji, Counsellor took part in the rally. This was followed by an awareness programme at Belagavi Indian Medical Sciences, Belagavi. Participants: 640.

NEW DELHI
An awareness programme for students in the age group of 15-19 years was organized to mark the day. The objective was to spread knowledge about the ill-effects of tobacco and the impact of smoking. A pledge was drafted to be read out and the oath taken by the students. Mr Sreedharan Nair, Director, External Relations, spoke about the damage done to the heart due to smoking. Dr Suchitra Wadhwa, Medical Officer, mentioned that passive smoking is worse than smoking. An interactive session followed. Participants: 71 students from the Government Senior Secondary School, R K Puram.

SHIVAMOGGA
The day was celebrated in association with McGann Hospital, Subbaiah Medical College, Shravathi Dental College, the District Health Office and other NGOs. A rally, awareness programme and exhibition were organized on the occasion. Mrs Pushpa Shetty, Newly Elected President; Mr Ashok Kumar, Secretary; and Mrs Bharati Chandrashekhars, Treasurer were present. Participants: 280.

BELAGAVI
FPA India participated in a rally organized by the District Health & Family Welfare Office in association with other NGOs. It was inaugurated by Mr Kiran Kiney, Sr Diwani, Judge, Belagavi. Dr AM Naratti, District Health & Family Welfare Officer; Dr MN Tukkar, Tobacco Control Officer; Mr KN Gumaste, Branch Manager in-charge; and Mrs Laxmi Virji, Counsellor took part in the rally. This was followed by an awareness programme at Belagavi Indian Medical Sciences, Belagavi. Participants: 640.

WORLD ENVIRONMENT DAY
2018 - 5TH JUNE
Theme: BEAT PLASTIC POLLUTION
BELAGAVI
BELAGAVI
FPA India participated in a rally organized by the District Health & Family Welfare Office in association with other NGOs. It was inaugurated by Mr Kiran Kiney, Sr Diwani, Judge, Belagavi. Dr AM Naratti, District Health & Family Welfare Officer; Dr MN Tukkar, Tobacco Control Officer; Mr KN Gumaste, Branch Manager in-charge; and Mrs Laxmi Virji, Counsellor took part in the rally. This was followed by an awareness programme at Belagavi Indian Medical Sciences, Belagavi. Participants: 640.

NEW DELHI
An awareness programme for students in the age group of 15-19 years was organized to mark the day. The objective was to spread knowledge about the ill-effects of tobacco and the impact of smoking. A pledge was drafted to be read out and the oath taken by the students. Mr Sreedharan Nair, Director, External Relations, spoke about the damage done to the heart due to smoking. Dr Suchitra Wadhwa, Medical Officer, mentioned that passive smoking is worse than smoking. An interactive session followed. Participants: 71 students from the Government Senior Secondary School, R K Puram.

JABALPUR
The day was observed in collaboration with the Regional Doordarshan Kendra, Jabalpur. FPA India planted 50 saplings and took a pledge for making ‘Clean and green environment in favour of healthy people and society’. Mr Pradeep Patle, Director, Doordarshan Kendra, assured all support to FPA India for the cause.
NORTH KANARA

The day was observed with an awareness programme followed by a de-addiction camp, in association with Shri Kshetra Dharmasthala Rural Development Project (SKDRDP). Dr G G Hedge, President, in his speech, urged governments, industries and communities to work together in fighting the plastic menace. Mr V I Hegde, Vice President, also spoke on the magnitude of the problem. Participants: 150.

MADURAI

To mark the day, 200 saplings were planted in college campuses during the month of June 2018. Organized with the support of HCL Foundation, the event covered different colleges in and around Madurai. A seminar, street play, community clean up and an awareness programme were also conducted as part of the important day.

NILGIRIS

An awareness programme was organized at the Government High School, Bilicombai, on June 12. Mr Lakshmi Narayanan, BEC Member; Mr J Varatharajan, Branch Manager; Mr G L Rajesh, PO; and Mr Nagesh, Headmaster of the school were the resource persons. ‘Neerkudam’, a documentary on the shola forest of Nilgiris, was screened for the teachers and students. Mr Varatharajan spoke to the gathering and gave a lot of statistics about plastic usage, Mr Nagesh distributed prizes and Mr G L Rajesh proposed a vote of thanks. Participants: 50 students.

SOLAPUR

An awareness-cum-sensitization programme followed by tree plantation was conducted at the Government Industrial Training Institute for Girls, Duffrin Chowk. The programme, organized in association with the Lions Club of Solapur Central helped to create awareness about the environment among youth. Dr Shrikant Yelegaonkar, Joint Treasurer, FPA India, was the Chief Guest. Mr ShivanandChadchan, Programme In-charge, Dr NB Telli, Secretary, Mr RamanlalSoniminde, Lion Mr Chandrakant Yadav, President, Lions Club of Solapur Central, Lion Mr Nilesh Bakshi, Lion Vithal Sarangi and Mr Sugatra Gaikwad, Branch Manager were present. Dr Shrikant Yelegaonkar and Dr NB Telli spoke to the gathering. Hundred trees were planted and ten trees were gifted to the students, who participated actively in the event.

TRIVANDRUM

A rally, tree-planting and an awareness session marked the day, held at the BNV Higher Secondary School for Girls at Thiruvallam on June 5. The rally was organized in association with the school and the Rotary Club of Kovalam. Ms Ranjini S., Secretary, flagged off the rally after speaking to the gathering. Ms Sreeja O.B, Headmistress
of the school, planted the saplings along with Rtn Hari Mohan. This was followed by the session, conducted by Ms Awasthy R., Counselor. A quiz competition was also organized for NSS volunteers, for which the prizes were sponsored by the Central Health Organization (a Non-Governmental Organisation).

**WORLD YOGA DAY 2018 - 21ST JUNE**

**SOLAPUR**

This important day was inaugurated by Mrs Sujata Mehta, Chief Guest, from the Inner Wheel Club. Also present were Mrs Swati Gandhi, Treasurer and resource person, Dr Shrikant Yelegaonkar, Joint Treasurer, FPA India, Dr NabhaKakade, President of the Branch and yoga instructor, Mrs SapanaChitte, Vice President, Dr NB Telli, Secretary, Mrs VijaysreeAmle and Mr Shrikant Satarle, Youth Volunteers and Mr Sugat Gaikwad, Branch Manager. While the senior dignitaries spoke to the audience on the occasion and Dr NabhaKakade demonstrated various yoga asanas for the benefit of those present.

In another event, a yoga training programme was organized at Lokseva High School. On the dias were Lion Mr Chandrakant Yadav, President, Lions Club of Solapur Central, Lion Vithal Sarangi, Secretary, Mr Anil Dhotre, Principal, Lokseva High School, Programme In-charge, Mr AR Sonkamble, Vice-Principal, Mr Sugat Gaikwad, Branch Manager, Mr HP Pal, Social Worker; Mrs ShaineMenduk, Link Worker; Mr JV Tapse, Teacher and Mr DV Dindhore. Yoga gurus Mr RajwardhanPise, Mr Prakash Sakhare and Mr Vishal Madgundi conducted yoga sessions. Mr Sugat Gaikwad and Mr Anil Dhotre spoke to the gathering.

**TRIVANDRUM**

The day was observed at the BNV High School for Boys, Thiruvallam. It was inaugurated by Ms Suja Lalan, Headmistress, while Mr Rajan K, a yoga trainer, spoke about the important benefits of yoga. He also demonstrated a few basic yoga asanas which the students also emulated.

**INTERNATIONAL DAY AGAINST DRUG ABUSE 2018 - 28TH JUNE**

**TRIVANDRUM**

The day was marked by a rally and oath taking by the students of St Joseph’s School, Anchuthengu. Dr V. Raghu, Volunteer, FPA India, conducted a session in which he spoke about drug abuse and its prevention. The rally was flagged off by Dr Sham G Vocis, MO, Anchuthengu CHC (Community Health Centre), at the end of which refreshments were provided to the students. The students took a pledge against drug abuse after the rally. Participants: 100.

**AHMEDABAD**

**CSE training for Youth Forum members**

The Branch conducted a training session in Comprehensive Sexual Education for Youth Forum members titled ‘Growing Up is Fun’ on May 7. Participants: 33.
Sensitization meetings for teachers and parents on CSE
Teachers and parents took part in a series of sensitization meetings on the implementation and adaptation of Comprehensive Sexual Education both in schools and out of schools. Meetings conducted: 18. Participants: 362.

BELAGAVI

Awareness programme on safe abortion
The programme was conducted specifically for Accredited Social Health Activist (ASHA) workers on May 22. Presiding over the programme was Mrs Anita Pagad, President, while Mrs Shobha S Kulkarni, Vice President, was the chief guest. Dr MB Balappanavar, MO-PHC, Vadgaon, was the guest of honour and Dr Arati A Kulkarni, MO-RHFPC, was the resource person. Mr KN Gumaste, Branch Manager in-charge, and Ms Anandi Talawar, Youth Volunteer, also attended. Participants: 27.

BENGALURU

Summer camp for adolescents and young people
The summer camp was conducted in April in association with People’s Trust, Sparsha Trust, Abhayashrama and Smt VHD Central Institute of Home Science. Activities in the camp included CSE sessions, personality development, yoga, exercise, self-defense, art and craft. Participants: 500.

Dharwad

Awareness programme and health check-up for adolescents
The programme was organized in association with Srushti PU Science College. Dr Ratnamala Desai, Branch President and CEC Member, FPA India was the resource person, speaking on SRH, menstrual hygiene, gender equality, life skill, decision-making, HIV/AIDS and nutrition. Participants: 169.

Sensitization programme to enhance parenting skills
Parents, teachers, ASHAs and representatives of partner NGOs took part in this programme which was conducted in association with the Indian Academy of Paediatrics (IAP), Karnataka; Indian Medical Association (IMA), Dharwad; and Parenting for Peace, Surat.

Dr Ratnamala M Desai, President and CEC Member, FPA India, inaugurated the event in the august presence of Dr Ravindra Joshi, President, IAP, Karnataka; and Dr Uday Sambrani, President, IMA, Dharwad.

Dr Virupaksha Devaramane, Dr Yateesh Pajar, Dr Shilpa Chandrasekhar and Dr Abhay Matkar were the resource persons. All dignitaries spoke about the need for supporting the physical, emotional, social and intellectual development of a child from infancy to adulthood. Participants: 120 parents, and others.

ANC programme
The programme was conducted as part of monitoring and providing maternal and child health services, accessing them through the mobile medical unit.

Sensitisation programme on SRH and family planning
In this programme organized for Traffic Police trainees, Mrs Rekha G, General Manager of the Branch elaborated on the population and related issues. The importance of Sexual & Reproductive Health and family planning was explained in this context. FPA India’s history and activities were familiarized to the participants.
Doctors training under JTF Project
A one-day training programme was conducted for government health care providers on Gender Sensitivity Services to SGBV Survivors under the project of the Japan Trust Fund. The objective was to help them provide better quality and gender sensitive services to SGBV survivors in Gwalior.

The training was organized for 16 doctors from Public Health Centres, sub-centres and the government hospital. The programme began with Mrs Neelam Dixit, Branch Manager, welcoming the participants.

Dr Kalpana Apte, Secretary General was the Chief Guest while Mr Umesh Aradhya, President, FPA India & Chairperson, Regional Council, IPPF-SAR, presided over the programme.

Mr HS Sharma, Branch Secretary, welcomed the gathering and expressed his thanks to the delegates for gracing the occasion.

GWALIOR

Fund project launched
The project for sustainable and inclusive growth for increasing access to SRH through gender equality and women’s empowerment aimed at the marginalized women of the district was launched in Gwalior. This project will be implemented in six Branches.

Mrs Neelam Dixit, Branch Manager, who hailed Japan as one of India’s oldest and most important development partners, conducted the launch programme. FPA India has been receiving funds from Japan Trust Fund since the year 2000, implementing 13 projects till date.

From FPA India, Dr Kalpana Apte, Secretary General; Ms Manjula Varma, Director-Governance & Branch Management and Ms Nisha Jagdish, Director-Gender & Rights. Mr Umesh Aradhya,President, FPA India & Chairperson, Regional Council, IPPF-SAR, presided over the programme.

Mr P P Gaikwad, Secretary, was also present. Participants: 150.

Mr Narayan Singh Kushwah, Honourable Minister, Government of Madhya Pradesh, was the chief guest who lighted the lamp.

Mr Abhay Chaudhary, State Minister and Chairperson, Gwalior Development Authority, was the special guest. Mrs Pramila Bajpai, State Minister and Member, Mahila Ayog, Madhya Pradesh, was also a special guest on the occasion.

Doctors training under JTF Project
A one-day training programme was conducted for government health care providers on Gender Sensitivity Services to SGBV Survivors under the project of the Japan Trust Fund. The objective was to help them provide better quality and gender sensitive services to SGBV survivors in Gwalior.

The training was organized for 16 doctors from Public Health Centres, sub-centres and the government hospital. The programme began with Mrs Neelam Dixit, Branch Manager, welcoming the participants.

Dr Kalpana Apte, Secretary General was the Chief Guest while Mr Umesh Aradhya, President, FPA India & Chairperson, Regional Council, IPPF-SAR and Dr Roza Olyai, Vice President, FPA India, were special guests.
HYDERABAD

Week-long mega health and summer camp
The Branch conducted a health and summer camp in association with Lodh Kshatriya Samaj, Dhoolpet, from May 23 to 30. Dr Renu Kapoor, General Manager, welcomed the dignitaries, and Dr C Ambuja, Branch President and CEC Member, FPA India, conducted the proceedings.

Mr G Mukesh Singh, Corporator, was the Chief Guest. Dr Kumudini Mohan Ram spoke briefly about FPA India and its activities. Mr Haridwar Singh, President, Lodh Kshatriya Committee; and Mr Vangala Sanjeeva Reddy, Chairman, Vangala Sanjeeva Reddy Foundation, were the other key dignitaries.

Activities conducted at the camp were -
A 2-day eye check-up camp was organized by Sarojini Devi Eye Hospital for women and children.

Total beneficiaries: 310, of whom 52 were referred to cataract and other surgeries at the hospital, and 234 were provided with spectacles by Vora Optics at subsidized prices.

Free dental checkup organized by a team of 14 dentists. A medical van with all equipment was at the camp site to treat patients. Beneficiaries: 160.

Brahmakumari Sisters took sessions on moral values as well as paper craft for children between 5 and 15 years of age. Participants: 60.

One-minute fun games were organized for children, followed by tattoo and mehandi training, imparted by skilled teachers.

Free diabetes, hypertension and orthopaedic camp, conducted by Udai Omni Hospital. Beneficiaries: 146 underwent blood test for diabetes and BP check-up.

Over 100 took the bone mineral density test. Free gynaecology check-up, conducted by Dr C Ambuja, Branch President and CEC Member and Dr Dorothy Silver and Dr T. Sita, MO. Free medicines were distributed and 40 VIAs were performed. Beneficiaries: 106 women.

The camp concluded with a valedictory function. Children displayed their karate skills, followed by a magic show by Mr Magic Bhaskar.

The mega health and summer camp invited widespread participation and was covered extensively in the local media.
**KOLKATA**

**Eye check-up campaign organized**
The campaign was conducted in association with GKV Lens Pvt Ltd as part of their CSR activity. Ms Mousumi Das, PO, was the organizer of the free eye check-up camp, in which spectacles were given away free in deserving cases. Beneficiaries: 90.

**Capacity building sessions conducted**
This was held at Bidhannager on June 8. Mr. Barunava Tanti and Ms. Rakhi Saha, Field workers, conducted the session for adolescent boys, emphasizing on the theme of ‘Engaging Men and Boys to Transform Gender Discriminatory Practices’ for male involvement. Participants: 11.

---

**JABALPUR**

**Partnership meeting for referral support**
The Branch organized a partnership meeting to strengthen referral linkages and to disseminate information on SRH – including family planning, safe abortion and post-abortion contraception.

The joint meeting was held in collaboration with National Integrated Medical Association (NIMA) on April 13 at the Branch premises. Participants: 38 Registered Medical Practitioners (RMPs).

**Special service session for community women**
The Branch RHFPC team conducted a special service session for underprivileged women at Gokalpur Ranjhi in association with the Diocese of Jabalpur (CNI) Women Fellowship of Christian Services.

The session, held on May 12, included counselling, checkup, consultation and medicine distribution. Beneficiaries: 87.

Another meeting was conducted on similar lines at Metiaburuj, conducted by Ms Mousumi Das, PO, and field workers Mr. Barunava Tanti and Ms. Anusuya Roy. Participants: 15.

**Meeting with Integrated Child Development Services (ICDS) workers held**
The meeting was conducted with ICDS workers on May 29 in connection with family planning methods and related services provided by FPA India. The main agenda was to strengthen the network for referral and linkages. Participants: 10.
FPA India's Senior Management meets HCL Foundation
Dr Kalpana Apte, Secretary General, and Ms. Nidhi Pundhir, Head, CSR, HCL Foundation, attended the Adolescent Education Programme Review meeting. Mr Umesh Aradhya, President and Chairperson Regional Council, IPPF-SAR, Dr Kalpana Apte, Secretary General; Mr. Lalit Parashar, Asst. Secretary General (Administrative and General Services), Ms. Manjula Varma, Director, Governance & Management; and Mr. Sudhir Tawde, Director, Finance & Accounts, were also present.

Session to motivate motivators
The session was organized with few health care providers at RHFPCC, Christopher Road. The agenda was to discuss on how to strengthen FPA India’s services. Among those who took part were promoters, MO, PO and RHFPCC staff. Participants: 8 promoters and others.

SRH awareness programme for women police personnel
The programme was conducted at the Police Training Centre, Madurai, on May 17. Dr S Prathiban, Branch Manager and Mrs B Ashifa, PO, were the trainers.

Participants were sensitized about the adolescent health issues including UTI, RTI, STI, menstrual hygiene, reproductive health, awareness about HIV/AIDS and CA cervix and breast were also taught. Participants: 400

MADURAI

CSE advocacy meeting held
The Branch met up with the City Commissioner, Madurai, on April 6 to advocate comprehensive sexuality education in all the government schools in the Madurai District.

Training session in paramedical skill organized
The second batch in this training was conducted and course completion certificates were given away to the trainees by Ms. Krupa Tanna, Manager, CSR, HDB Financial Services, Mr Sai Akash, Regional Manager, Tamil Nadu and Mr Shivrudra Lupane, Manager, Capacity Building and Partnerships, FPA India Headquarter. Participants: 89
Sensitization meetings on gender diversity
Four meetings were held for adolescents in this quarter to increase awareness and understanding of gender variations. Dr S Prathiban, Branch Manager, sensitized the audience by providing support, enhancing societal awareness and improving the well-being of all cutting across gender identities. 180 Participants

Training programme for capacity building
Dr S Prathiban, Branch Manager, organized the training programme for RHFPF staff on May 31. They understood the importance of gender equality and vowed to work towards it. Participants: 20.

Meeting to focus on men’s SRH needs
The Branch conducted a meeting to stress on specific sexual and reproductive health needs of males. Volunteers were sensitized about SRH services at the clinic level. As a result, as many as 16,109 men were provided SRH services at the clinic in this quarter. Participants: 40.

Programme for adolescents on men’s role in gender equality
The programme was organized for adolescents from Mannar Thirumalai Naicker College on June 19. The students got oriented on gender issues and promised to become Gender champions. Participants: 47.

MYSURU

Awareness programme organized
The Branch conducted an awareness programme for different Sanghas at various urban slum areas on June 9. The focus of the programme was sexual and reproductive rights and fighting for them. Other topics covered were family planning methods, safe abortion services, gender equality and empowerment. Participants: 34.

Advocacy meeting for teachers conducted
An advocacy meeting was organized for school authorities and teachers at Paras Jain School on the importance of Adolescent Education Programmes in the school and adoption of family planning methods for teachers to lead a healthy lifestyle. The programme was aimed at promoting Sexual and Reproductive Health and Rights (SRHR).

Topics covered were gender-based violence, family planning methods, HIV/AIDS and social problems faced by adolescents. The teachers responded positively and appreciated the efforts of FPA India and requested to conduct such sessions in all the government and non-government schools and colleges. Participants: 14 teachers.
NAGALAND

Mobile rural dispensary organized as part of outreach programme
The Branch reached out to the far-flung Bura Namsang village with a mobile rural dispensary under the aegis of the Government of India, Ministry of Tribal Affairs, and the Government of Nagaland.

The FPA India team included Mr Vincent Belho, General Manager; Ville Rhetso, Counsellor, Thejaseno Keretsu, Staff Nurse, Meyingthung Kikon, Lab Technician, Dr Chaie Buchem and Dr Baungan Phom, Medical Officers. The team embarked on a challenging journey of 12 hours through rough conditions, arriving to the warm welcome of the villagers who arranged for their food and accommodation.

The event was held on January 13 at the village sub-centre under the National Health Mission. A session of sexual and reproductive health was conducted which included menstrual hygiene management. This was followed by free distribution of sanitary pads, manufactured by the Sanitary Napkins Unit, Science & Technology Department. Two students and 5 ASHAs assisted the team.

The activity continued throughout the day, during which clients availed of a series of services including ANC and PNC, gynaecology, HIV, RTI, STI, Urology and lab services (VCT-HIV, hepatitis, blood grouping, malaria and UPT). Participants: 264 (excluding 16 children who were dewormed, and 18 women who were counselled).

Orientation on Quality of Care for Branch staff
The Branch conducted an orientation session for staff members, chaired by Mr Vincent Belho, General Manager. The staff was reoriented on the quality of care with emphasis on caring for the vulnerable groups better.

The PO sensitized members on the different types of violence against women and on how to provide psychosocial support to survivors of gender-based violence. The General Manager reminded members of the staff about their own roles and responsibilities with the focus on voluntary services.

Awareness programme on ‘Unified Approach for a Better Society’
The programme was organized in association with Vision Trinity Charity Club and KNP+. Conducted at Mewi School and Bayavu Hill High School on May 3 and 5, it aimed to encourage adolescents to grow up into adulthood safely, healthily and responsibly.

Regular training for new link workers
How to identify beneficiaries for SRH services? How to conduct effect interpersonal communication during home visits? How to motivate clients to avail of SRH services at RHFPC? These and other questions were addressed at continuous training sessions, which were conducted thrice a month for new link workers. Participants: 2.

Toy making sessions for tribal women organized
A month-long training programme was conducted for women of Aboi village, Mon district, in association with the Ministry of Tribal Affairs, Government of Nagaland. The programme concluded on May 17 when the trainees received their certificates. Mr Vincent Belho, General Manager, spoke about the need to keep practicing the skill to perfect it, and to collaborate with Self Help Groups for further ventures. Participants: 130.

Staff orientation programme conducted
The programme was organized on June 14 at the RHFPC, with the objective or orienting new staff members about Global Comprehensive Abortion Care Initiative activities and service statistics. This was in addition to the regular meeting conducted in the first week of every month. Participants: 6.

‘Top Acts’ to motivate budding artistes held
To channelise the energy of the youth, ‘Top Acts’ were conducted last year onwards. And to make it relevant, the sessions are theme based – to increase awareness of adolescence health issues. This year in April, Season 2 started with different editions on April 28, May 26 and June 23. Some examples of themes: ‘Stop AIDS – Keep the Promise’ and ‘Youth and Health’. Popular entertainment of this kind helps to boost the confidence of young people and increase the visibility of FPA India among the right audiences. Activity so far: 28 acts, with 42 contestants.

SRHR awareness programme for NCC girls
The Branch organized a presentation for the Girls Battalion, National Cadet Corps (NCC), Nagaland, during their annual training camp at Loyola Higher Secondary School at Jakhama between June 23 and July 2. The topic of the presentation was Sexual and Reproductive Health and Rights. FPA India activities and services were also highlighted. Participants: 500 girls.
**NEW DELHI**

**SRH session for female prisoners**
An awareness and counselling session was organized for female prisoners in the District Jail, Kasana (on the Delhi-UP border) on May 1. Ms Asha Rani, Counsellor, conducted the session, elaborating on personal and menstrual hygiene, STI/RTI, cancer and so on. The first such session in 25 years, it would not have been possible without the active support of the Superintendent of Police, Jail Superintendent, Deputy Jailor and the Female Warden. Counselling sessions were also conducted later. Participants: 52.

**Programme conducted on ‘Sexual & Reproductive Health of Women’**
A session on covering Sexual & Reproductive Health & Rights, ANC/PNC, STI / RTI, and adolescent issues was organized in association with the Guild of Services and War Widows Association on May 29. Dr Suchitra Wadhwa, MO, and Ms Asha Rani, Counsellor, were the resource persons. The programme concluded with an interactive session on a range of health matters concerning women. Participants: 42.

**NILGIRIS**

**Training programmes for counsellors organised**
A training and awareness programme for counselors was conducted in association with DAPCU, Ooty. Mr S. Manogaran, BEC Member, and Mrs Puvaneswari P, Secretary, were the key resource persons. Mr G L Rajesh, PO, delivered the welcome address. Mrs Puvaneswari emphasized on the qualities of an effective counsellor. Participants: 25 ICTC Counsellors.

**Awareness programmes on Gender Based Violence**
A programme was held at the District Institute of Educational Training at Kotagiri on April 17. Mr S. Manogaran, BEC Member, and Mr J Varatharajan, Branch Manager, were the resource persons who spoke about women’s empowerment as the most effective weapon against GBV. Participants: 41.

In another similar event, held on May 9 at KVK Hall, UPASI, Mr G Sundararaja, FPA India staff; Mr Jebaraj, Dist. Coordinator, GCare Project Kotagiri; and Mrs Mancy, Staff Nurse were the resource persons. The programme was organized in association with GCare Project. Mrs Mancy addressed the women asking them to fight gender-based discrimination on all fronts – social, economic and political. Mr G L Rajesh, PO, gave the vote of thanks. Participants: 25.

**NORTH KANARA**

**Sensitization programme for youth**
The programmes objective was to sensitize the youth on adolescent issues and behavioural changes in adolescents, gender and sex. Mr V I Hegde, Vice President; Dr Radhika Bhat Kodlekere, MO; and Mr NR Gaju Naik, BEC Member, were the key speakers who addressed students of Mahatma Gandhi High School, Chitragi. Participants: 285.

**SRH service session for girl students**
The session was organized at Gibb Girls High School on June 13. Dr Radhika Bhat Kodlekere, MO, and Ms Manjula Gouda, PO, were the resource persons. They spoke on Sexual & Reproductive Health, gender and sex issues, as well as the family planning methods available at the RHFPC. Participants: Over 300 students.
NORTH KANARA

Sensitization programme for youth
The programme’s objective was to sensitize the youth on adolescent issues and behavioural changes in adolescents, gender and sex. Mr V I Hegde, Vice President; Dr Radhika Bhat Kodlekere, MO; Ms Manjula Gouda, PO; and Mr NR Gaju Naik, BEC Member, were the key speakers who addressed students of Mahatma Gandhi High School, Chitragi. Participants: 285.

SRH service session for girl students
The session was organized at Gibb Girls High School on June 13. Dr Radhika Bhat Kodlekere, MO, and Ms Manjula Gouda, PO, were the resource persons. They spoke on Sexual & Reproductive Health, gender and sex issues, as well as the family planning methods available at the RHFPC. Participants: Over 300 students.

PANCHKULA

Awareness programme on GBV and menstrual hygiene
This community awareness programme sought to impart knowledge about gender-based violence and how to prevent it. Hygiene is important in menstruation, and this was highlighted in the event. All participants, who were girls of Village Manpura, Solan District, Himachal Pradesh, received free sanitary napkins. Mr. Manoj Garg, General Manager and Mrs. Sonia Arora, PO, were the key resource persons. Participants: 33.

HIV and AIDS sensitization sessions at RHFPC
Dr Nitika Goyal, Consultant; Mrs Sonia Arora, PO; and Ms Navjot Singh, Counsellor, were the resource persons in this event targeted at the clients of RHFPC. The programme’s objective was to eradicate the myths about HIV and AIDS and its prevention. Participants: 32.

Training programme for peer educators and facilitators
With the objective of expanding and enabling access to Comprehensive Sexuality Education (CSE), this programme was conducted for peer educators. Mr. Vinod Kapoor, Branch President and CEC member, FPA India; Mr. Manoj Garg, General Manager; Mrs. Anita Batra, BEC Member; were the resource persons. The peer educators were trained in relationships, life skills, decision making, adolescent attitudinal changes, community norms, myths, safety plans, self-defense techniques and so on. Participants: 35.

Another similar programme was organized for facilitators like teachers, principals, lecturers, volunteers, medical professionals, youth volunteers and others. Dr. Pankaj Khurana; Dr. Nidhi Jaiswal, Sr Demonstrator (Health Promotion), School of Public Health, The Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh; Dr. Deepti Gupta, District Adolescent Health Officer (RKS); Mr. Vinod Kapoor, Branch President and CEC Member; Mr. Manoj Garg, General Manager; Mrs. Anita Batra, BEC Member; were the resource people.

The programme focused on the changing norms and values in society, HIV, sexual and reproductive health and related topics. Participants: 30.

Health session offering services and free medicines
A health service session for the community people of Manpura District, Himachal Pradesh, was organized. The services of FPA India were offered, including free medicines. Mr Manoj Garg, General Manager; Mr DV Gautam, FPFW; Mrs Sonia Arora, PO and Dr Deena Kakaria, MO; and RHFPC staff played a crucial role in organizing this event. Participants: 122.

Media meet to publicize FPA India services
Mr Vinod Kapoor, Branch President and CEC member, FPA India, and Mr Manoj Garg, General Manager, were the key people in this event. They held the media meet with press reporters, speaking to them about sexual reproductive health, sexual rights and gender-based violence and the corresponding services offered by FPA India. Participants: 12 reporters.

eCMIS training of staff members by HQ team
The Branch staff was trained on how to fill District Health Information System (DHIS) reports, Clinic Management Information System (CMIS) entries and solve issues regarding registers and so on. The resource persons were Mrs Usha Radhakrishnan, M&E GCACI, and Mr Vaibhav Kulkarni (CMIS Officer, GCACI). Participants: 15.
Mr Nair handed over the key of the ambulance to Mrs Raman Sachdeva, Branch President and CEC member FPA India. Mr R K Bharadwaj, Honorary Secretary, proposed a vote of thanks.

**Resource mobilization programme**

The event was organized to mobilize resources through a raffle draw. A welcome song was presented by the students of Saraswati Secondary School. Mr Ankur Jain, Patron of Lions Club Riviera Yamunanagar-Jagadhri, was the important person who graced the occasion. The programme also aimed to increase awareness about the Branch and its services. Mrs Raman Sachdeva, spoke about the services provided to the underprivileged and under-served groups.

Mr Ankur Jain donated ₹5,100, and a water cooler fitted with RO purifier to the Branch.

Mrs Sachdeva, welcomed the Supportive members and generous donors for their kind contribution i.e Saraswati Sugar Mills, Isgec Heavy Engineering Ltd.

Other dignitaries present included Mr R K Bharadwaj, Honorary Secretary; Mrs Indu Kapoor, Vice President; Mr Vinod Bhasin and Mrs Preeti Vohra, Honorary Treasurers; Mr T P Singh and Dr Sachin Miglani, BEC Members; and Mr Nipun Garg, Ms Parul Walia and Ms Mansi Chhabra, youth members. Youth forum members of Guru Nanak Girls College were also in the audience.
Cervical cancer detected… treatment and counselling on

Malavva (name changed) is a 65-year-old illiterate housewife, married with five children. She had visited FPAINdia in connection with her daughter-in-law’s operation. She underwent a routine checkup of VIA, following which profuse bleeding started and a cauliflower growth was seen in the cervix. She was in the second stage and at once counselling commenced for her and the family. Malavva was referred to KIMS, after which treatment began at the cancer hospital.

FPA India’s intervention not only initiated the treatment but also helped the family to become strong so that they can face the situation.

The attitudinal and behavioural change required in the young today

Pallavi (name changed) is a 14-year-old girl studying in the 10th standard, living in an urban slum. Her father is a drug addict and her mother is a labourer. Pallavi has been a survivor of molestation by her neighbour who used to threaten her. The neighbour scared her by saying he would kidnap her younger brother if she reveals the matter to her mother. She was so worried that she lost interest in her studies too.

The Branch counsellor’s information on adolescent sexual and reproductive rights, and the need to speak out against sexual harassment inspired the girl to be brave. Gradually she opened up her mother, signaling a change in behaviour – much needed in today’s young people and the society at large.

From the sorrow of infertility… to the smiles of pregnancy

Kitty (name changed) is a 30-year-old married housewife. Her husband works in a private firm. They were married for eight years but she was unable to conceive, and her periods were irregular. She did take treatment for infertility in her native Odisha but there was no result. When she came to the Branch, her erratic menstruation was treated first.

All the necessary investigations were done, including USG for uterus, Adnexa and follicular study. Now treatment for assisted conception began and similar tests were repeated. Finally, the treatment was successful. Now her pregnancy is in progress, and the couple is very happy.

Best Services Award for Branch Manager, FPAINdia, Gwalior

Mrs Neelam Dixit, Branch Manager, Gwalior Branch, was given an award for best service in rural and urban slums in Gwalior. Mr Narendra Singh Tomar, Minister for Rural Development and Panchayati Raj, Government of India; and Mrs Maya Singh, Cabinet Minister, Government of Madhya Pradesh, presented Mrs Dixit with a memento and shawl.