

Aspire

A Quarterly Insight into
the Association's Activities



For internal use

Vol. 18 No. 1 - MARCH 2019

FPA India runs in the TATA Mumbai Marathon, 2019, to 'Break the Silence Around Gender-Based Violence'.

The TATA Mumbai Marathon (TMM) 2019, organised on January 20, marked FPA India's third participating stint on the theme 'RUN4FP'.

The Mumbai Marathon is Asia's second largest marathon in which people from all over the world participate.

It also allows many **Non-Governmental Organisations (NGOs)** to participate and raise funds for their cause.

RUN4FP



FPA India's Cause in TMM 2019

This year, FPA India supported the cause 'Stree Hinsa Mukt Bharat Abhiyaan' - an initiative to help women and girls break the silence around Gender-Based Violence (GBV). A nationwide campaign -

#Stree HinsaMukt Bharat Abhiyaan, was launched in the month of December 2018, aimed at strengthening the work around GBV. With the funds raised for this cause, FPA India looks forward to prevent and mitigate GBV.



FPA India's preparations for the TMM 2019, began in July 2018, where we reached out to a wide audience to join hands in mobilising resources for our cause. Over a period, we received an overwhelming response from many people who either volunteered to create their own fundraising pages or buy charity bibs to RUN4FP in support of our cause. FPA India's cause was supported by over 820 donors in the TMM 2019.

1

PREVENT
violence through awareness and sensitisation

2

IDENTIFY
and help those in need to access care and support

3

EMPOWER
women with life skills to protect their rights and dignity

Stars of Fundraising Page in TMM 2019

Over 25 people created their own fundraising pages on the United Way Mumbai Portal in support of FPA India's cause and mobilised funds. These fundraisers then went out of their way to raise funds on their pages. Some of them are:

Mr. Anandpal Singh Gaur, Dr. Kalpana Apte, Ms. Gauravi Maurya, Mr. K. Srinivas, Ms. Manali Tulpule and Ms. Vijayalaxmi Tulpule, Mr. Manoj Kumar, Mr. Sugratna Gautam Gaikwad, Ms. Ruopfuzhano Whiso (Nagaland), Ms. Taranjeet Kaur Bhatti (Jabalpur), Ms. Neelam Dixit, Dr. Monique Kamat, Ms. Nishiki Varma, Mr. Om Mukesh Surve, Mr. Omendra Singh Chauhan, Mr. Prasanna Joshi, Dr. S. Prathiban, Ms. Raman Sachdeva and Dr. Anjana Taluja

Ms. Rekha G, Dr. Renu Kapoor, Ms. Saanika Jadhav and Ms. Mihika Bhise, Dr. Shirish Malde, Mr. Shrinivas Biradar, Ms. Sujata Anishettar and Dr. Rathnamala Desai, Mr. Tushar Chakraborty, Mr. Shankar Menon and Ms. Mitali Puthli.

Change Investor -
Dr. Kalpana Apte



Dr. Shirish Malde



Ms. Neelam
Dixit



Mr. Prasanna
Joshi



Mr. Manoj
Kumar



Ms. Vijayalaxmi
Tulpule



Ms. Rekha G.



Mr. Shrinivas
Biradar



Mr. K. Srinivas





Ms. Gauravi Mpurya



Mr. Om Surve



Ms. Mihika Bhise



Ms. Ruopfuzhano Whiso



Ms. Saanika Jadhav



Ms. Nishiki Varma



Ms. Taranjeet Kaur Bhatti



Mr. Omendra Singh Chauhan



Mr. Tushar Chakraborty



Dr. Anjana Taluja



Mr. Sugratna Gaikwad



Ms. Manali Tulpule



Dr. Monique Kamat



Dr. Renu Kapoor



Ms. Mitali Puthji



Dr. Rathnamala Desai



Dr. S. Prathiban



Mr. Anandpal Singh Gaur



Ms. Raman Sachdeva



Ms. Sujata Anishettar



Mr. Shankar Menon

THE TEN KILOMETER CLUB



From L to R: Ms. Reshma Chavan, Mr. Aman Kesarwani, Ms. Anju Kisan Pawar and Mr. Vicky Rathod

Power of Youth Who Ran to Show Solidarity

This year, over 100 runners ran in support of our cause under various race categories. Over 50 charity bib runners crowd-funded their bibs with support from multiple donors or sponsored themselves. Few youth runners were also supported by various donors to RUN4FP.

Here are some of our charity bib runners:

Dr. Manisha Bhise, Ms. Gayatri Chavan, Dr. Kalpana Apte, Mr. Umesh Aradhya, Ms. Vasundhara Bhawe, Ms. Amita Dhanu, Dr. Govind Apte, Ms. Neelam Dixit, Mr. Merwyn Lobo, Ms. Anuradha Gangoli, Ms. Anju Kisan Pawar, Ms. Reshma Chavan, Mr. V. Vincent Belho, Mr. Viketouzo Victor, Mr. Megobi Whiso, Mr. Manoj Kumar Garg, Mr. Tushar Chakraborty, Mr. Vicky Rathod, Dr. Nina Puri, Mr. K. Srinivas, Dr. Nozer Sheriar, Ms. Ruby Sheriar, Mr. Omendra Singh Chauhan, Ms. Madhura Ashok Kumar, Mr. Aman Kesarwani, Dr. Renu Kapoor, Mr. Shashi Nair, Mr. Aditya Patwardhan, Mr. Anish Laxman Kunder, Ms. Mansi Vaidya, Ms. Mayuri Vaidya, Mr. Eshan Pimpale, Ms. Ananya Kumar, Dr. Drishti Kansara, Ms. Khyati Pithadia, Mr. Mohit Rajadhyaksha, Mr. Rushikesh Gaikwad, Ms. Nikita Dadasaheb Lore, Ms. Eanisha Gomes, Ms. Devanshi Vora, Dr. Nandita Palshetkar, Mr. Suresh Maratha, Mr. Parag Dutt Sharma.







Besides the charity bib runners, 15 runners from FPA India's Headquarters (HQ) also participated in the Dream Run category.





Motivational Cheerzone

FPA India organised various interesting and engaging activities at its Cheer zone on Marine Drive, Mumbai. The cheer zone comprised of large-sized interactive games related to bringing an end to Gender-Based Violence, for people of all ages. The Youth Volunteers from FPA India Mumbai also cheered for the runners and performed for the audience who stopped by. FPA India staff and volunteers from Mumbai stood with placards and messages related to GBV and FPA India's Stree Hinsa Mukh Bharat Abhiyaan initiative. Foot-tapping, live music was also played by a Nasik Dhol band from Girgaum.







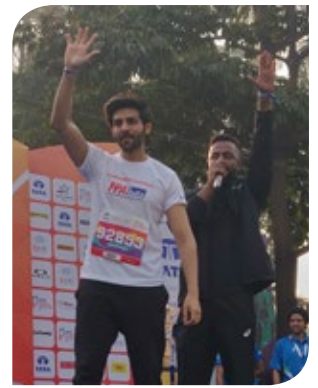




Celebrities Sanya Malhotra and Ayushmann Khurrana



Revealing the first look of FPA India's official T-shirt in TMM 2019



Kartik Aaryan



Ms. Ruopuzhano Whiso
FBB Femina Miss India
Nagaland, 2018



Celebrity Cause Ambassadors

Besides the active participation and support from our fundraisers, donors, and other well-wishers, FPA India received overwhelming support from well-known Bollywood celebrities Kartik Aaryan, Ayushmann Khurrana, and Sanya Malhotra through video bytes and endorsements this year, which were uploaded on FPA India's official social media handles.



Fundraising Champions

The Branches participated in the Family Planning League (FPL) again this year, which went on in two phases – Phase one was till December 31, 2018, and Phase two was till January 31, 2019. Fundraisers were felicitated on the marathon day (January 20, 2019) for their fundraising efforts.



Dr. Kalpana Apte
Secretary General,
FPA India



Ms. Vijayalaxmi Tulpule
Director Internal Audit (HQ) and
Ms. Manali Tulpule



Dr. Shirish Malde
Vice President FPA India
& Branch President
FPA India Mumbai

CATEGORY 1

FUNDRAISER PLATINUM
Raised above INR 1,50,000/-
on United Way of Mumbai's
Fundraising Portal



Ms. Rekha G.
General Manager & Regional
Lead, FPA India Bengaluru



**Mr. Manoj
Kumar Garg**
General Manager,
FPA India Panchkula



Ms. Nishiki Varma
A Young Leader and
a Fundraiser Platinum



Ms. Neelam Dixit
Branch Manager,
FPA India Gwalior

CATEGORY 2

FUNDRAISER PLATINUM

Raised above INR 1,50,000/- As per direct donations to FPA India or as per donations on their page received after December 31, 2018.



Mr. Parag Dutt Sharma

General Manager & Regional Lead, FPA India Agra

Prasanna Joshi

Branch Manager, FPA India Vijayapur



CATEGORY 3

FUNDRAISER DIAMOND

Raised above INR 1,00,000/-

CATEGORY 4

FUNDRAISER GOLD

Raised over INR 75,000/-



Ms. Sujata Anishettar

Branch Manager, FPA India Dharwad



Mr. Tushar Chakraborty

General Manager, FPA India Kalchini



Mr. Omendra Singh Chauhan
General Manager,
FPA India Jabalpur



Mr. Vincent Belho
General Manager,
FPA India Nagaland

CATEGORY 5
FUNDRAISER SILVER
Raised over INR 50,000/-



Mr. K. Srinivas
Project Manager,
FPA India Murhu



Ms. Raman Sachdeva
CEC Member and Branch President,
FPA India, Yamunanagar

Dr. Anjana Taluja
Branch Manager,
FPA India Yamunanagar



Mr. Sugratratna Gaikwad
Branch Manager,
FPA India Solapur

CATEGORY 6

FASTEST FIFTY FIRST & FUNDRAISER SILVER
(fastest to raise INR 50,000/-)



Mr. Shrinivas Biradar

Branch Manager,
FPA India Bidar

Ms. Nishiki Varma

A Young Leader and
a Fundraiser Platinum
(raised over INR 1,50,000/-)



Ms. Gauravi Maurya

CATEGORY 7

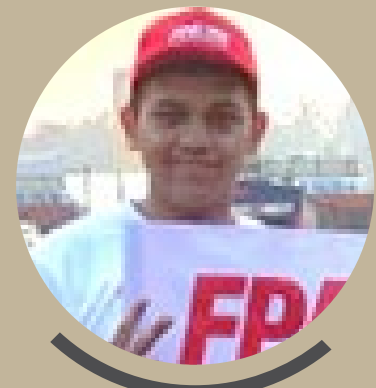
YOUNG LEADERS
Young fundraisers
below the age of 21
who raised above
INR 75,000/-

Ms. Ruopfuzhano Whiso

(FBB Femina Miss India
Nagaland, 2018)



**Ms. Mihika Bhise
& Ms. Saanika
Jadhav**



Mr. Om Surve



Emperors

(Mr. Sudhir Tawde and
Mrs. Vijayalaxmi Tulpule)
Supporting
Ms. Ruopfüzhano Whiso



Vikings

(Dr. Manisha Bhise and
Dr. Shamala Dupte)
Supporting Ms. Saanika Jadhav
and Ms. Mihika Bhise



Latest
Edition:
HQ FPL

Four teams were created
in FPA India HQ to support
four young leaders raise
upto INR 75,000/- on their
fundraising pages. People
were divided into teams
led by the Directors at HQ.



Rockstars

(Ms. Manjula Varma and
Ms. Nisha Jagdish)
Supporting
Ms. Gauravi Maurya



Do-Devils

(Mr. Mukesh Surve and
Mr. Abhijeet Unhale)
Supporting Mr. Om Surve

Change Investor:
Dr. Kalpana Apte

One of the most unique achievements
of FPA India was have a 'Change
Investor' in the TMM 2019. This 'Change
Investor' was none other than our
Secretary General (SG), Dr. Kalpana Apte,
who raised more than INR 5,00,000/- by
January 31, 2019, and became FPA India's
first and only Change Investor so far.
Dr. Apte raised the bar for all fundraisers
by setting a remarkable milestone
for them to achieve in the consecutive
marathons.



Corporate Support



FPA India's corporate partner in the TMM 2019 - Novartis India, also sent a team of 15 runners to RUN4FP in the Half Marathon race category.

Cause Partner FOGSI

The Federation of Obstetrics and Gynaecologists Society of India (FOGSI) also joined hands with FPA India to support the Stree Hinsa Mukh Bharat Abhiyaan. Dr. Nandita Palshetkar - President, FOGSI, spoke about joining hands with FPA India to bring an end to GBV, in a video byte which was uploaded on FPA India's official social media pages.



Dr. Nandita Palshetkar, President, FOGSI, signing the banner





Media Coverage

FPA India's cause in the TMM 2019 featured in multiple online and print news publications in English and regional languages as well. FPA India's Cause Ambassador Kartik Aaryan's support was also another highlight of these published features. Dr. Kalpana Apte, SG, FPA India was also invited to be a part of a panel discussion in a media meet by the organisers of TMM 2019, wherein she spoke about FPA India's initiative in the marathon.

One in every four women in Mum affected by gender-based violence

'Marathon' Bid To Bring Issue Into Spotlight

TAMAS NEWS NETWORK

Mumbai: The focus will be on gender-based violence, which roughly affects one in every four women in a city like Mumbai, whom 85 people supporting the NGO Family Planning Association of India will run the marathon in the city on Sunday.

"Gender-based violence is a massive problem that women face across the country, irrespective of whether they live in rural or urban India," said FPAI secretary general Dr Kalpana Apte. The National Family Health Surveys have shown that domestic violence affects every third woman living in rural India. Data from FPAI's clinics across Mumbai bear out the seriousness of the problem. Till September 2018, almost 28% of the 5,322 women who came to FPAI's health clinics for medical help needed to be counselled about gender-based violence. "On talking to these women, we find that

HOW THEY HAVE TO BEAR THE BRUNT

Physical violence
It ranges from slapping to choking, restraining a woman to prevent her from seeking help, etc

Sexual violence
Rape, trafficking, virginity testing, etc

Psychological
Threat of violence, humiliation, etc

Economic violence
[Prohibiting a woman from working, excluding her from financial decision etc

NGO'S FINDINGS

FOR ALL INDIA
Total number of women screened in 2016 | 1.28 lakh
> Of these, approximately 28% needed counselling for gender-based violence

Total number of women screened in 2017 | 1.53 lakh
> Approximately 23% got counselling for gender-based violence

Total number of women screened in 2018 (till Sept) | 1.34 lakh
Approximately 29% of them got counselling

IN MUMBAI
Total number of women screened in 2016 | 9,856
> 2,531 needed counselling for violence

Total number of women screened in 2017 | 11,721
> 2,656 needed counselling for violence

Total number of women screened in 2018 (till Sept) | 5,312
> 1,540 needed counselling

IN MAHARASHTRA
> National Family Health Survey or NFHS 4 found 21.4% (26.2% women in rural areas & 16.4 in urban) women experienced spousal violence
> In NFHS 3 it was 32.7%

domestic violence could be at the root of their health problems and counsel them accordingly," said a senior FPAI official. The corresponding numbers of 2016 and 2017 were 26% and 23% respectively.

FPAI found that 29% of the 1.34 lakh women who sought medical help at its clinics running in 18 states in 2018 needed counselling for

domestic violence that they had faced.

"Gender-based violence has a serious health implication on all women and more so on those in reproductive health age," said Sangnetta Rega of CEHAT (Centre for Enquiry into Health and Allied Themes).

Domestic violence is so widespread in the country, in fact, that a study carried out by Cohat in 2015-2017 fo-

und 18% prevalence of domestic violence faced by pregnant women.

"This dispels the notion that pregnancy is a safe period for women," said Rega. "The study highlighted that this prevalence is comparable to two other big health problems for Indian women, that is gestational diabetes and preeclampsia, but it has not been given much

attention."

The Cohat study also showed that advice offered to these women enabled them to stop violence in various ways, such as disclosing abuse to their parents. "These women also recognized the health impact of the violence and got doctors and nurses to speak to husbands/abusers about the impact of violence on their health," said Rega.

Numbers provided by the United Nations Population Fund Report reveal that 66% of married Indian women have suffered from domestic violence, and as many as 70% of married women in India between the ages of 15 and 49 are subjected to beating, rape or forced sex, said Apte.

FPA India recently launched a nationwide campaign #StreetHinsaMuktBharatAbhiyan with the aim of "breaking the silence around gender-based violence" on the lines of an international campaign to challenge violence against girls and women.

The marathon will be an effort to spread awareness about the need to talk and address the critical issue afflicting women.



HOME MARKETS COMPANIES OPINION TECHNOLOGY SPECIALS PORTFOLIO

ALSO READ

- Pankaj Tripathi joins Kartik Aaryan's 'Luka Chuppi'
- Kartik Aaryan to turn showstopper
- Kartik Aaryan, Kriti Sanon prep for 'Luka Chuppi'
- Excited to work with Jacqueline in 'Kirk Party' Hindi remake: Kartik
- Kriti Sanon, Kartik Aaryan's 'Luka Chuppi' to release on March 1, 2019

Actor Kartik Aaryan is lending support to a campaign which urges people to free the country from violence against women.

Kartik Aaryan to turn showstopper

Kartik Aaryan, Kriti Sanon prep for 'Luka Chuppi'

Excited to work with Jacqueline in 'Kirk Party' Hindi remake: Kartik

Kriti Sanon, Kartik Aaryan's 'Luka Chuppi' to release on March 1, 2019

"The Family Planning Association of India in its 70-year-old journey towards women empowerment has launched a campaign towards violence against women. It's time for all of us to stand up against such violence and give care and support to survivors. I urge everyone, men and women to lend their support to it and free our nation from violence against women," Kartik said in a statement.

The campaign is aimed at breaking the silence around gender-based violence.

FPA India closely works with both women and young people to make them aware about sexual and reproductive health and rights. Comprehensive sexuality education sessions are conducted at both schools and within the community to empower young people to protect themselves against such violence.

—IANS



Gratitude to our Donors

FPA India thanks all the donors who volunteered to support our cause through their invaluable contribution.

Champion Branches

FPA India takes pride in announcing that our volunteers and staff from 21 branches and 1 project actively raised funds in TMM 2019 for the 'Stree Hinsa Mukt Bharat Abhiyaan'.

BIDAR

AHMEDABAD

JAIPUR

AGRA

BENGALURU

INDORE

MOHALI

GWALIOR

DHARWAD

HYDERABAD

KALCHINI

MUMBAI

KOLKATA

MYSURU

MURHU

PANCHKULA

NAGALAND

MADURAI

VIJAYAPUR

YAMUNANAGAR

JABALPUR

SOLAPUR

FPA India shines like a 'Diamond' in TMM 2019

With all these and many other achievements, FPA India was one of the only two NGOs to be awarded the 'Diamond-Level Privilege Status' in the TATA Mumbai Marathon, 2019. FPA India expresses gratitude to everyone who made this possible. The bar has been set for TMM 2020 and the countdown has already begun!



CORPORATE TEAM



CHANGE MAKERS



CHANGE INVESTOR



YOUNG LEADERS



TOTAL STRENGTH OF DONORS



CONTINGENT RUNNERS



FUNDRAISERS



CHARITY BIB RUNNERS

Visit of International Planned Parenthood Federation (IPPF) Central Office and Behaviour Insights Team (BIT)

Ms. Darcy Weaver, Senior Technical Adviser, Comprehensive Sexuality Education and Youth Programming IPPF, Mr. Stewart Kettle, Senior Advisor, BIT, Mr. David Nolan, Research Advisor, BIT, visited FPA India to understand the Comprehensive Sexuality Education (CSE) programme for young people and apply behavioural insights to improve the quality of CSE work in India.

BIT has received funding from IPPF to work with us to design, implement and test 'behaviourally-informed' interventions to increase CSE engagement and participation and suggest how our work can be strengthened. They interacted with the Program Head, Ms. Amita Dhanu, Asst. Secretary General (PI), Mr. Narayan

Kokate, Asst. Director, Monitoring & Evaluation, Ms. Usha Radhakrishnan, Manager, Monitoring and Evaluation, Global Comprehensive Abortion Care Initiative (GCACI) and Mr. Mangesh Ghumare, Program Officer. In this connection, the team visited Mumbai, Panchkula and Bengaluru Branches.

BENGALURU

With the objective of observing CSE sessions in both school and out-of-school settings, the IPPF Central Office and BIT team visited the Branch accompanied by Dr. Nilesh Patil, Technical Program Manager, Project Innovation Fund, and Mr. Mangesh Ghumare, The programme, which was held on March 1, included discussions with resource persons,

teachers, and youth members. Dr. Shobha G, Associate Professor, Smt. VHD Central Institute of Home Science College, spoke on 'Gender and Diversity' at the Panchajanya Vidya Peeta, Rajajinagar. In another event, Dr Madhumathi, Associate Professor, focussed on 'Pleasure' in her speech at Balya Centre.



MUMBAI

The IPPF Central Office and BIT Team along with Dr. Nilesh Patil and Mr. Mangesh Ghumare visited Mumbai Branch for a CSE session.

Two sessions were conducted, one in Bhausaheb Hirye School, Tardev and second in the community at Chembur by Counsellors Mrs. Rashmika Paradesi and Mrs. Dipti Panekar.

The visitors had an interactive session with the Counsellors, outreach workers (ORW) and students.



PANCHKULA

At Panchkula, the IPPF Central Office and BIT team which was joined by Dr. Nilesh Patil and Mr. Mangesh Ghumare, interacted with young people, teachers, resource persons and parents.

A CSE session was organised for school students, followed by a visit to the Maharishi Dayanand Adarsh Vidyalaya (MDAV) School in Sector 22, Chandigarh.



Seen in the photograph are Ms. Darcy Weaver, Senior Technical Adviser, Comprehensive Sexuality Education and Youth Programming IPPF, Mr. Stewart Kettle, Senior Advisor, BIT, Mr. David Nola n Research Advisor, BIT, Dr. Nilesh Patil, Technical Program Manager, Project Innovation Fund, FPA India, Mr. Mangesh Ghumare, Program Officer, Adolescents Program, FPA India, Mr. Manoj Kumar, General Manager, Panchkula Branch and Ms. Sonia Arora, Program Officer, Panchkula Branch

FPA INDIA'S ADVOCACY ACTIVITIES

As one of the core elements of FPA India, advocacy spills over into most other projects implemented by the association. To help streamline advocacy and communication, a workshop was organised in Hyderabad in February. Statistical/ M&E Officer, Program Officers and Branch Managers from Singhbhum, Nilgiris, Madurai, Yamunanagar, Mohali, Solapur, Bidar, Hyderabad, Kolkata, Kalchini, Bhopal, Gwalior and Chennai Branches and New Delhi participated. They were equipped with the tool required for sustained awareness and advocacy, including effective documentation and varied methodologies.

Another workshop was conducted in March in Mumbai as part of a short-term Advocacy Reframing Project. Hosted by the Advocacy Department, it was organised under the guidance of International Planned Parenthood Federation (IPPF) Central Office and South Asia Region Office (SARO). The IPPF Values-Based Reframing Workshop was attended by participants from the IPPF Member Association, Sri Lanka, Nepal, Argentina and Brazil.

The workshop was conducted by Ms Caroline Hickson, Regional Director, IPPF European Network, and Ms Laura Feeney, Content Gathering Adviser, IPPF Central Office.

Various techniques of reframing advocacy messages and dialogue, and engagement with the media, decision makers, community and other stakeholders were included in the sessions.



Standing (L to R): Dr. Richa Salvi, Technical Program Manager, Ms. Aster Fernandes, Resource Mobilisation Officer, Ms. Surekha Nachvanekar, Office Assistant, Ms. Gayatri Chavan, Program Manager, Ms. Nisha Jagdish, Director, Gender and Rights, Ms. Laura Feeney, Content Gathering Adviser Program Manager, Communication IPPF Central Office, Ms. Natasha Rosayro, Communication, FPA Sri Lanka, Ms. Jamuna Situala, Advocacy, FPA Nepal, Ms. Gabriela Rondon, Anis Brazil on behalf of IPPF Western Hemisphere Region, Ms. Neha Chauhan, Sr. Tech. Adviser, Advocacy and Accountability, IPPF SARO, Dr. Nilesh Patil, Technical Program Manager, Ms. Debora Fiore, Director Communication, Fundacion Huesped, Argentina, Ms. Mitali Puthli, Communication Officer, Mr. Siddharth Mohanty, Manager Advocacy & Partnerships, Ms. Kanika Sharma, Communication, IPPF SARO.

Sitting (L to R): Dr. Manisha Bhise, Director, Resource Mobilisation, Ms. Caroline Hickson, Regional Director, IPPF European Network, Ms. Amita Dhanu, Asst. Secretary General (Programme Implementation), Mr. K P Bista, Chief Executive Officer, FPA Nepal, Ms. Sonali Gunasekara, Dr. Advocacy, FPA Sri Lanka

PARAMEDICAL SKILL DEVELOPMENT PROJECT IN 5 BRANCHES / PROJECT



FPA India is implementing the project Paramedical Skill Development with financial support from HDB Financial Services in five Branches / Project - New Delhi, Mumbai, Mysuru, Gwalior and Madurai from November 2018. The project aims to create a cadre of 500 skilled personnel equipped with holistic knowledge in patient care.

The initial phase of recruitment phase has been completed.. As part of this project, four courses per Branch/Project will be conducted on 'General Duty-cum-Home Based Care Assistant'. The courses include hands-on practice and classroom teaching by trained practitioners and professionals. The topics covered are : Home-based patient care, nutrition and health care, human anatomy and physiology, first aid and medical care, sexual and reproductive health and rights focusing on family planning, comprehensive sexuality education, HIV and AIDS .

Also, part of the curriculum includes basic computer usage and spoken English. The curriculum is being updated and will be translated in local languages. External and internal resource persons are helping in facilitating the sessions to make them a success and enhance the quality of training. After the completion of the course the trainees are likely to be placed in hospitals, elderly care centers and child care.



IMPORTANT DAYS OBSERVED



NATIONAL YOUTH DAY

Theme: Channelizing Youth
Power for Nation Building

BELAGAVI

Empowering the youth and using it in nation-building is the focus of National Youth Day. The Branch organised a programme in association with Govindram Seksaria Science (GSS) College, Tilakwadi. It was inaugurated by Prof GK Khadabadi, Past President of the Branch.



BIDAR

An awareness programme was organised at the Mahesh Pre University College. Dr Vijaykumar Konda, Hon. Treasurer, inaugurated and Mr. Shrinivas Biradar, Branch Manager, was the Chief Guest. Mr. Vinod Honna, Motivational Speaker and Mr. Sagar Rajkumar Mashetty, Principal of the College, took part in the event. Dr Konda described youth as "the power of the nation", while Mr. Honna explained about Swami Vivekananda's life and teachings. Participants: 66.



CHENNAI

On this day the Branch organized a programme in which Dr J Vasantha Kumari, Psychologist, addressed the youth about goal setting and how to plan for achieving those goals. Participants: 40.



PANCHKULA

A series of events marked the special day – including a declamation contest, play, pledge, signature campaign and talk show. The audience comprised of students and the teaching staff of the Government College for Women, Sehzapur.

The young generation were called upon to think positively, and to keep 'good health' by making small changes in their lifestyle. Mrs. Anita Batra and Mrs. Ashu Mahajan, Vice Presidents, Mrs. Geeta Sahney, Hon. Secretary, Mr. Manoj Kumar, General Manager and Mrs. Sonia Arora, Program Officer (PO), were the key speakers. Participants: 85.



RAICHUR

Mr. Venugopal, Social Worker, and Mr. Nagappa, PC, took the lead in the Branch celebrations on National Youth Day.



SOLAPUR

On the occasion, a health awareness programme was organised for students at P K Mangalvedhekar Institute of Management, Solapur in coordination with District AIDS Prevention & Control Unit (DACPU) and Dayanand College, Solapur. Prof Dr Shrikant Yelegaonkar, Hon. Treasurer, FPA India and Patron of the Branch, lighted the traditional lamp to inaugurate the day's programme.

Prof Dr Nabha Kakade, President, Mr. Ramnath Soniminde, Vice President, Mr. Sugat Gaikwad, Branch Manager, FPA India Solapur Branch, Mr. Bhagwan Bhusari, DACPU Program Officer, Dr. Sunil Ghate, Civil Hospital Dean, Dr. Agraja Varerkar, Anti-Retroviral Therapy (ART) Incharge, Prof. Dr B N Kamble, Hon. Treasurer, Prof. Dr N B Teli, Hon. Secretary, Dr Girish Kumthekar, Branch Executive Committee (BEC) Member, Mr. K M Jambadar, BEC Member, Ms. Vijayashree Amle, Youth Member, FPA India Solapur Branch and Mr. Virendra Paradeshi, Program Officer, were present. Participants: 300





WORLD LEPROSY ERADICATION DAY

Theme: Ending Discrimination, Stigma and Prejudice

NILGIRIS

An awareness programme on the theme was organised in association with Grace Charitable Trust, Karunyam Charitable Trust, M N Trust Denalai and Embrace Village. Mr. G. Premanand, President, Mrs. Puwaneswari Packianathan, Hon. Treasurer, Dr Sujatha Samuel, Medical Officer, Pusha Hospital, Coonoor, Mr. J Varatharajan, Branch Manager, and Rev John Jebaz Asir, Pastor, St. John's Church, Coonoor were the key dignitaries present on the occasion.

Mr. Varatharajan said that, elimination of leprosy as a public health problem at the global level in the year 2000 was a significant milestone in history. Representatives of all the NGOs that took part shared their views and concerns on treating leprosy. Participants: 40 leprosy people



RAICHUR

Leprosy awareness programme

Dr. M N Nanditha, Leprosy Officer, DHO, Raichur was the main speaker at the session. Mr Venugopal, Social Worker, spoke on the disease and shared information with those present





WORLD CANCER DAY

Theme: I am and I Will

BALLARI

Misinformation, lack of awareness and social stigma are the key issues that need to be tackled and the World Cancer Day presents a great opportunity to achieve this. The Branch organised a symposium in association with Soukya Belaku Samudaya Seva Samste (SBSSS) working for female sex workers (FSWs), to elaborate on the types of cancers and their occurrence. Mrs. S Vijayalakshmi, In-charge Branch Manager and Mrs. Lakshminarasamma of SBSSS were the key speakers.

The importance of screening to prevent cancer, both pap smear and self-breast examination, was emphasized and an oath was taken by all present. Programme was followed up by screening for cervical and breast cancer along with health checkup camp by FPA India. Participants: 75.



DHARWAD

The Branch organised an awareness programme regarding early cancer detection, screening and diagnosis which can save many lives. Dr Vinya Kulkarni, Medical Officer, explained about the causes of cervical cancer and how it can be prevented by testing oneself regularly. Mr. Ningappa F. Madiwal, Programme Officer, spoke about the perils of tobacco consumption which leads to lung, larynx and mouth cancer. Participants: 45.



NILGIRIS

The Branch organised a special service session. Mr. G.L Rajesh, Program Officer, elaborated on the theme of the day and said that everyone has the power to reduce the impact of cancer, provided they make a personal commitment. He said, 2019 marks the launch of the 3-year 'I Am and I Will' campaign.

'I Am and I Will' is an empowering call-to-action urging for personal commitment and represents the power of individual action taken now to impact the future.





SEXUAL & REPRODUCTIVE HEALTH AWARENESS DAY

Theme: Sexual Health at all Ages

BIDAR

On this day, an advocacy programme for sexual and reproductive health awareness for men was conducted at Gampa Alcoats Ltd (Cigarette paper Industry), Bidar under project VICALP. One of the objectives of project VICALP is to increase male involvement in SRH care. Mr. Shrinivas Biradar, Branch Manager, explained about services of FPA India Bidar Branch.

He focused on sexual and reproductive health and rights of young people. Other resource persons were, Dr Laxmikant, Consultant Medical Officer and Mr. Deepak Singha, Plant Manager, Gampa Alcoats Ltd. In the audience were staff of the Branch and workers of Gampa Alcoats Ltd. Participants: 75 Men



MADURAI

An SRH awareness programme was conducted among 57 boys and girls from various colleges in Madurai. Mrs. B Ashifa, PO, was the resource person. Participants: 57 boys and girls. Another session in SRH service was organised for women in Melavassal slum, Madurai. The awareness programme was followed by offering RTI, STI, visual inspection with acetic acid (VIA) or with Lugol's iodine (VILI) services to the women. Beneficiaries: 55.



MOHALI

A special service session was organised after the awareness programme at Labour Chowk. In the session, the Medical officer examined male clients and offered family planning counselling. Reproductive Tract Infections (RTIs), Sexually Transmitted Infections (STIs) and hemoglobin (HB) testing was done and medicines distributed. Beneficiaries: 106.

NILGIRIS

A sexual and reproductive health awareness week was observed. Dr Rema Pratap, Medical Officer, conducted an SRH special service session, at the Needle Industries Packing Unit, Engledene Church. Pastor John Nelson presided, while Mr. J Varatharajan, Branch Manager, spoke on the importance of the day. Participants: 30



WORLD DAY OF SOCIAL JUSTICE

Theme: If You Want Peace & Development, Work for Social Justice

RAICHUR

Dr V A Malipatil, President of the Branch, chaired a meeting to celebrate the World Day of Social Justice. He delivered the keynote address, while Mrs. G Nirmala, Senior Advocate and ex-Public Prosecutor was the chief guest. Both spoke on the need for social justice and how to achieve it. Participants: 65





INTERNATIONAL WOMEN'S DAY

Theme: #BalanceforBetter

AGRA

A meeting was organized for girls from beauty parlours and tailoring centres to increase awareness about Sexual and Reproductive Health and Rights (SRHR) and Gender Equality. The interactive session concluded with prize distribution and singing of thematic songs. Participants: 36.



AHMEDABAD

The Branch conducted various events on this day. One of them was a gender sensitisation meeting for Mahila Police Staff of West and South Zone, Ahmedabad. Ms. Mini Joseph, Assistant Commissioner of Police, Mahila Police Station, Crime Branch inaugurated the Programme. She was inspired with the work of FPA India on gender related issues and was keen on collaborating with FPA India for SRH services. Participants: 50



Another awareness programme on Gender Stereotype and Gender Biases, Gender Based Violence was conducted, with Mahila Mandal Groups of Rural, Fangdi Village. Dr. Neha Panchal, Program Officer, addressed the participants and motivated the women group on the theme. Participants: 100 women



On the occasion, Dr. Neha Panchal, Program Officer, conducted a focus group discussion on gender concept and gender related Issues with a marginalized women.

The findings emerged from the focus group discussion (FGD) are: gender discrimination exists in education and employment; girls and women do not go out of the house without permission from men; women experience GBV and domestic violence, women do not have government documents like Aadhar Card and the community do not get Government jobs and engaged in daily wage work.

After the FGD it was decided by the Branch to conduct more awareness and sensitization programmes with Community Leaders and other decision makers and also provide linkages for income generation activity.



BALLARI

The day is all about unity, celebration, reflection, advocacy and action pertaining to women – and it was observed with due respect and relevance. The Branch organized a programme in coordination with Junior Chamber of Commerce of India, an NGO and a garment training institution. A symposium and walkathon was flagged off by Mrs. Geetha, Superintendent of Police, Women's Cell. She spoke about gender parity and equal opportunity for the girl child.



A session on women's rights was conducted, in which Mrs. Shashikala, Social Activist, was felicitated for receiving the 'Chanamma Award', honouring her contributions towards women's empowerment. Participants: 50.



The celebrations continued with an awareness programme at Vidyanagar urban slum for women of SKDMS Federation. Around 250 women from the Sree Kshe-thra Dharmasthala Manjunath Samsthe (SKDMS) Federation took part in the training for income generation. On this day special emphasis was given on the protection of women from Domestic Violence Act 2005.



A rally was organised in coordination with Integrated Child Development Services (ICDS), Associated Cement Companies (ACC) and Ford NGO, which was flagged off by Mrs. Veena Naikar, Principal Senior Civil Judge and Chief Judicial Magistrate (CJM) -cum-Member Secretary, District Legal Services Authority (DLSA), Ballari. Mrs. Geetha, Police Sub Inspector (PSI), Women's Wing and Mrs. S Vijayalakshmi, Branch Manager in-charge, were the other speakers. Participants: 650 women.

BELAGAVI

An event was organised in association with Sundarabai B Patil Women's B.Ed. College. Mrs. Anita A Pagad, President of the Branch inaugurated the programme. Mrs. Shobha S Kulkarni, Vice President, was the Chief Guest, Prof G K Khadabadi, Immediate Past President, Special Invitee, Dr. (Mrs.) Chandra S Metgud, Professor, Department of Community Medicine, Jawaharlal Nehru Medical College (JNMC), KLE Academy of Higher Education & Research (KAHER) was the resource person and Dr. Arun H Joshi, Principal of the college presided over the programme. Mr. Mohan G. Gundlur, BEC Member attended the programme. Participants: 65



BENGALURU

A special programme was organised to observe the day at the Canara Bank Institute of Information Technology, Malleshwaram, Bengaluru. The event was held on March 11, and emphasised on innovative ways to advance gender equality and empowerment in social protection system, access to public services and sustainable infrastructure.

Dr Venkat Lakshmi, Associate Professor, Smt VHD Central Institute of Home Science, elaborated on the day's theme with reference to rules and responsibilities of men and women, how gender equity, equality and empowerment are different, and fundamental rights. Participants: 72 young people.



BHUBANESWAR

Rallies and awareness programmes marked the occasion, with Mrs. Truptirani Mahapatra, Program Officer, Mrs. Gita Patnaik, Counsellor and Mr. Suresh Chandra Mohanta, Field Worker, as resource people.

'Women deserve respect and are equal to men in every aspect' was the recurring thread throughout the event. Women from the community and members of Mahila Arogya Samiti (MAS) and Self-Help Groups (SHGs) formed the audience. Participants: 68.

DHARWAD

The Branch in collaboration with the Karnataka Rajya Mahila Dourjanya Virodhi Okkuta (KRMDVO), Dharwad organised a small skit, rally and candlelight vigil, in black dress. Ms Manimala, activist, expressed her views on women and political sense and said that this was the peaceful way to create awareness among men and women to eradicate violence on women. Ms. Amarjit Kaul and Ms. Sharada Dabade, Convenor of KRMDVO were also present. Participants: Over 500.



GWALIOR

On the occasion, the Branch organised a one day training programme for out-of-school girls of Rairu village in the age group of 10 and 16 years.

The training programme was organised in coordination with Jamna Auto Industries. The main objective of the training programme was to equip girls on their growth, SRH issues and goal setting. Participants: 100.



HYDERABAD

A sanitary napkin unit was inaugurated to mark the occasion at Vavilala, Jinnaram Mandal by Dr P Balamba, Past President of the Branch and Mrs. Sushanti Reddy, Sarpanch, Vavilala. Dr C Ambuja, Central Executive Committee (CEC) Member and Branch President, briefed on how the unit was started with the assistance of Vijaya Diagnostics.

The process of making the napkin was also explained. Dr Balamba was felicitated for her contribution to the association.

The Branch also felicitated Mrs. Reddy and Dr Dorothy Silver, Medical Officer. Mr. Kantilal Shah, Hon. Secretary, proposed a vote of thanks. Participants: 200+.



INDORE

On the occasion, the Branch organised awareness sessions at Bargonda and Dream City and felicitation of clients at Reproductive Health and Family Planning Centre (RHFC).

Girls' education as well as women's rights were the focus, including SRH and information on menstrual hygiene and gender equality. Participants: 280



KALCHINI

The Branch organised a rally in which 310 women tea garden workers participated and took pledge for achieving the ambitions of women and girls. Three partner NGOs, CINI (Child in Need Institute), North Bengal Unit, Rural Aid, Hamiltonganj and Jaigaon Welfare Organization, participated in the rally for observing the International Women's Day.

A special session on cervical cancer screening through VIA test was conducted at the RHFPC, Kalchini. 41 community women benefitted through VIA test. Mrs. Lalo Oraon, the Upo-Pradhan of Kalchini Gram Panchayat, Mr. Sabit Lama, a Political Leader and Mrs. Mamta Ghishing, President, Kalchini Branch delivered speech and provided appeal to reduce the gender based violence.



Mr. Tushar Chakraborty, General Manager, spoke on women empowerment while Mr. Tapas Karmakar, Consultant, spoke on the importance of the day and roles and responsibility of both men and women for creating flexible culture related to gender equality.

Mrs. Chhanda Dutta Chakraborty, Counselor, highlighted the attitudinal differences among men and women, and urged the latter to take initiatives to prevent Gender Based Violence.

KOLKATA

Respect, appreciation and love towards women... Plus a celebration of women's economic, political and social achievements and empowerment. These are some of the focus areas of this special day dedicated to women the world over. Inspired by these, Dr. Tinni Dutta, Honorary Treasurer, came up with a relevant point: "Make every day International Women's Day." Dr. Dutta further mentioned that the day is a "call to action for accelerating gender parity..."

Dr. Brajeshwar Mazumder, District Family Welfare (DFW) Officer, was the Chief Guest. Mr. Supratip Mazumder, Branch Manager, Dr. Diptendu Chatterjee, Professor and Social Workers Ms Susmita Sen, Dr. Sujata Chatterjee and Ms. Nandini Bhattacharya, were also key speakers.

According to Dr. Mazumder, the day is "a celebration of women's achievements and tenaciously challenging bias". Ms. Sen said, "...International Women's Day celebrates the power of women - their rights and role in our lives and society." Dr. Chatterjee spoke on the need to channelize the power of women in every walk of life.

Ms. Bhattacharya made the observation that gender equality benefits men as they too face gender-specific issues. Therefore, it is essential that both men and women are aware of the benefits that gender equality brings to them as individuals and as members of communities and societies. Participants included social workers, Branch staff and other invitees. Participants: 70



MADURAI

The Branch conducted sexual and reproductive health service session for women at Melavasal slum in which VIA and VILI screening was provided as part of the services. Beneficiaries: 66 women.



MOHALI

An awareness-cum-special service session as held at Khalsa College of Technology and Business Management in Phase 3-A. Mrs. Harish Kumari, Principal, spoke about the theme of Women's Day, while Mr. IPS Bajwa, President of the Branch, implored the men to come forward and create awareness about the rights of women. Other activities included video screening on rights of women, signature campaign and oath taking for Stree Hinsa Mukh Bharat Abhiyaan. Participants: 200.

Another similar event was conducted for the female staff of the Department of Soil and Water Conservation. Participants: 60.

MUMBAI

Tata Project in association with Avabai Wadi Health Centre (AWHC), organised a programme for community women. Ms. Savita Kurahde, Social Worker, Tata Institute for Social Science, Ms. Deepmala, PSI and Dr. Pratibha Gaikwad, Administrative Intern, Tata Trust, spoke about women's rights and the need to stand up for them. Other activities included dance, singing role play and felicitations. Around 120 women participated.

In another event, the Branch-Kutumb Sudhar Kendra Clinic observed the special day with the staff of Central Bank at Fort. Dr Punam Wagh, Medical Officer, conducted a session on cervical and breast cancer. Mrs. Shobha Ugale, Outreach Worker (ORW) and Mrs. Rashmika Pardesi, Counsellor, organised the sessions. Participants: 40.



A third programme was organised by the Branch-Sneh Project, funded by the Mumbai District AIDS Control Society (MDACS). Around 40 people from the key population (KP) took part in the proceedings.



NAGALAND

The day was observed at the Capital College of Higher Education, Kohima, amidst students and professors. Sekulu Nienu, Asst. Prof. gave the welcome speech, while Ms. Sentilemla Longkumer, Monitoring & Evaluation Officer, elaborated on the importance of the day.

Ms. Ville Rhetso, Counsellor, spoke on women's reproductive health, covering topics like family planning, menstrual hygiene, unsafe abortion, RTI, STI, HIV and the MTP Act. Participants: 70.



NEW DELHI

New Delhi organised an awareness-cum-exposure programme in association with the Community Education & Development Foundation (CEDF) located in a resettlement area, New Delhi. Mr. Sreedharan Nair, Director, External Relations, stated that as per research study, over 73% of women in India do not have any right to their finances, health, education, land or even managing their own homes. Hence the need, according to him, to focus on these areas. Mr. D N Mathur, Director, CEDF, spoke on women's issues. Dr. Suchitra Wadhwa, Medical Officer and Mrs. Usha Sharma, Training Officer, FPA India New Delhi, also spoke to the audience. Participants: 66



NILGIRIS

An awareness programme was conducted in association with Dr. APJ Abdul Kalam Women's Welfare Association, Mount Pleasant, Coonoor.

The importance of International Women's Day and the need for women empowerment were the key topics in the speeches delivered. Mrs. Puwaneswary Packianathan, Honorary Treasurer, Mr. J. Varatharajan, Branch Manager and Dr. Rema Pratap, Medical Officer were the speakers. Mr. G.L Rajesh, Program Officer, gave the vote of thanks. Participants: 35 women.

Another event was organised at St Joseph's Convent Anglo Indian Girls Higher Secondary School, Coonor. The programme was exclusively held for school students. Mrs. D Balambigai, Staff Nurse, Nilgiris Branch explained to the students about the importance of personal and menstrual hygiene. Participants: 147



NORTH KANARA

The Branch conducted an awareness programme in association with Snehakunjya Trust, Honnavar. Dr. Preeti Bhandarkar, Branch Executive Committee (BEC) Member and Principal of Kamala Baliga B.Ed College, Kumta, spoke on women's rights, women empowerment, gender equality and also about family planning methods and SRH service provided by RHFPC at the Branch. The programme was facilitated by Ms. Manjula Gouda, Programme Officer. Participants: 42 women.

NOIDA

The important day was observed with an awareness-cum-cultural programme. Staff from the project office, community-based providers and women attended the event. Participants: 35.



PANCHKULA

A street play and walkathon were organised in association with Bedi Hospital, Chandigarh. 'Stop violence' was the key message across speakers, who included, Dr. R S Bedi, Director and Dr. G K Bedi, Past President of the Branch, Oshin Sarkar, a transgender, Mr. Vinod Kapoor, CEC member and President of the Branch, Mrs. Anita Batra and Mrs. Ashu Mahajan, Vice Presidents, Mr. Manoj Kumar, General Manager, BEC Members and staff of FPA India. In the audience were staff of the hospital, students, local people and others. Participants: 350.



RAICHUR

The event held to celebrate the important day was inaugurated by Dr. (Mrs.) Raja Kumari, DGO (Retired), Raichur Institute of Medical Sciences (RIMS). The welcome speech was given by Mrs. K Aliya Khanum, Honorary Secretary. Dr. (Mrs.) Raja Kumari, Retired RIMS DGO and Mrs. Lalitha M Satya Kumar, Honorary Secretary, were felicitated on the occasion. Participants: 46



YAMUNANAGAR

A debate-cum-interactive session marked the day with the focus on gender balance and women empowerment. The event was organised in association with Dainik Jagran, and with the participation of Mrs. Raman Sachdeva, CEC Member and President of the Branch, Mrs. Indu Kapoor, Vice President and Mrs. Vijay Babber, Member, Juvenile Justice Board. Mrs. Sachdeva emphasised on the point that like charity, women's equality should also begin at home.

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Participants were, Dr. Anjali Mehta, Dentist, Dr. Abha Khetarpal, HOD, Home Science Dept. DAV College for Girls, Mrs. Seema, Social Worker, Mrs. Sucheta Sethi, Instructor Fashion Designing and Mrs. Sudesh Sharma, Incharge Handicraft Center from Women's League, Mrs. Sarita Chauhan and Mrs. Madhu Mohan, Social Activists, Mr. Atul Malik, President, from Global Media NGO,



Ms. Kritika Sharma, Youth Member of the Branch, Ms. Manpreet, Ms. Sanjana Goel and Ms. Himanshi Mehta, Students from Tilak Raj Chadha Institute of Management and Technology Institute, Mr. Nirmal Saini, Instructor from Government Industrial Training Institute, Yamunanagar.

The participants shared their views on gender equality, male involvement in family planning, reasons of gender based violence and girls education. Participants: 20.

Dr. Vibha Gupta, Principal, DAV College for Girls, invited Dr. Anjana Taluja Branch Manager as a resource person. Dr. Taluja explained in detail about breast cancer and cervical cancer, the signs and symptoms, risk factors, treatment, she also told them about the HPV vaccination for cervical cancer. Participants: 170



WORLD TUBERCULOSIS DAY

Theme: It's time!

MADURAI

The Branch observed the day with People Living with HIV (PLHIV) and adolescents. Dr. Zahir Khan, Deputy Director, Mr. P Jeyapandi, Program Officer in the District AIDS Prevention and Control Unit and Mr. D Murugan, District Supervisor, Revised National Tuberculosis Control Programme (RNTCP), Madurai, were the speakers. They made the audience aware of the disease, the day dedicated to its eradication and co-infection of tuberculosis. Participants: 15 PLHIVs and 55 students

AGRA

An awareness-cum-sensitisation programme was conducted for female sex workers at Basai Khurd. They were made aware of STI / RTI, HIV and AIDS and contraceptives. The participants were informed about community based distributor (CBD). Participants: 21 female sex workers.

Another programme on awareness regarding the Branch activities was organised for women. They were sensitized on contraceptive methods, STI/RTI and HIV. Participants: 36.

A meeting on health and hygiene was conducted for women in Amarpura. Participants were given awareness on family planning methods, STI/RTI and gender equity and equality. Sanitary pads were distributed among girls and women. Participants: 84.

A meeting was conducted with slum community at Shanti Nagar. Awareness was imparted on STI/RTI, HIV and AIDS and contraceptives. Participants: 43.



AHMEDABAD

SRH-HIV Integration Programme

Dr. Neha Panchal, Program Officer, was the resource person in an SRH-HIV integration programme initiated by Centre for Health Education, Training and Nutrition Awareness (CHETNA), an NGO. The Superintendent of PHC/CHC, Medical Officers, Counsellors and Nurses were the participants. Participants: 150.



Betterment of Community Health Programme

FPA India in association with United Way of Mumbai and financial support from Fedbank Financial Services Ltd. helped the branch to conduct the free health check-up. The Branch organised two free health check-up at Navarangpura Ward of Ahmedabad City.

One was general health check-up, diabetes test, paediatric and gynaecological services and another was for eye check-up. They provided 622 free spectacles to needy community. Diabetic Test: 423 clients, gynaecological services to 100 clients and paediatric services to 133 clients.



BALLARI

Going Green with Solar Power

In yet another first, the Branch taps into a non-conventional energy source to meet its power requirements. Solar panels were installed at an investment of Rs 10.28 lakh, generating around 15kW of electricity. Dr. B K Srinivas Murthy, leading physician, inaugurated the solar power unit, in the presence of Mr. Umesh Aradhya, President and Chairperson, Regional Council, IPPF-SAR, and Dr. Kalpana Apte, Secretary General, FPA India. The initiative is expected to bring down power bills by 50%.

The Branch was the first to take the initiative of having a linkage of all non-governmental organizations (NGOs) working for creating awareness among public, counselling, testing, management and treatment of HIV in Ballari district since 1996. The objective of this project is not only to make use of solar energy for its branch activities but also to popularise use of solar energy especially in rural areas.



BELAGAVI

Orientation on safe abortion and cervical cancer

The orientation programme was conducted for Accredited Social Health Activists (ASHAs) and anganwadi workers at Primary Health Centre, Vadgaon, Belagavi. Information on safe abortion and cervical cancer was imparted to them. Mrs. Anita A Pagad, President and Mrs. Shobha S Kulkarni, Vice President were the Chief Guest. Mr. K N Gumaste, Program Officer and Dr. Arati A. Kulkarni, Medical Officer were the resource persons. Dr. Medical Officer, PHC, Vadgaon, presided. Participants: 64 ASHA's and Anganwadi workers



Youth Centre inaugurated

The Youth Centre was inaugurated at the Government High School, Mavinkatti. Mrs. Anita A Pagad, President, inaugurated the Youth Centre, while Mrs. Shobha S Kulkarni, Vice President was the Chief Guest. Mr. K N Gumaste, Program Officer, was the resource person. Mr. S M Divatagi, Headmaster In-charge, presided over the function. Participants: 57.



BENGALURU

Special service session organised

FPA India in association with United Way of Mumbai and financial support from Fedbank Financial Services Ltd. helped the branch to conduct a special service session for children, adolescents, women and Men. Nayonika Eye Care charitable trust, vision testing team screened 135 clients.

Among the 135 clients serviced, 14 were recommended cataract surgery of which seven went to Nayonika Eye Care facility. Four of them could not be operated upon due to their blood pressure and diabetes history, though two of them were later operated at the Shankar Eye Hospital. Organisers like these hospitals supported the clients in accessing services through FPA India.

The organisers were paid Rs 5,000 towards OT charges. Clients were given personalized service and were satisfied with the Branch's initiatives.

The other services provided were general, paediatric and SRH services, random blood sugar test and free medicine distribution. Beneficiaries: 1,169.



BHOPAL

Sightsavers Trustees visit National Truckers Eye Health Programme – RAAHI

The RAAHI programme, supported by Cholamandalam, is known for its service for truckers in Bhopal. The programme hosted distinguished visitors from Sightsavers Trustees, India and UK.

Among the dignitaries were, Ms. Srila Chatterjee, Trustee, CEO and Executive Producers at Highlights Films, Founder Partner Blue Frog Media, Dr. Garimella Subramaniam, Trustee, Senior Assistant Editor, The Hindu, Ms. Rati Forbes, Trustee, Director, Forbes Marshall Ltd., Dr. Manoj Parulekar, Trustee, Global Board, Mr. Mark Ramsden, Trustee, Global Board, Mr. Prasanna Kumar, Director Programme Operations, Dr. Sandeep Bhuttan, Global Technical Lead, Eye Health Asia, Mr. Avijit Dey, Director Funding & Marketing, Ms. Archana Bhambal, Area Director, Ms. Jayashree Kumar, Programme Manager,

and Mr. R N Mohanty, CEO of Sightsavers. The team visited Sightsavers, National Truckers Eye Health Programme – RAAHI, which is being implemented by the Branch. The eye screening camp at Maran Dhaba, where up to 70 trucks halt and around 100

trucks pass through, was integrated with SRH services and counselling. Family planning, STIs and HIV screening (in association with MP State AIDS Control Society) were the key activities. Condoms were distributed to the truckers at the camp.



Comprehensive health check-up for female workers of BMC

The Branch organised four days mega health check-up in collaboration with Nagar Nigam Bhopal to address the SRH issues among the safi karmi and truck drivers of Nagar Nigam.

It was inaugurated by Mr. Alok Sanjar, Member of Parliament. Various services were provided by different partners – dental check-ups done by People's Dental College and Hospital, eye check-up done by RAAHI Project for Nagar Nigam truck drivers and Aarambh NGO did eye check-up for other Nagar Nigam employees and general health check-ups were done by Government Homeopathy College and team of FPA India Bhopal Branch.

The 4-day service session benefitted 603 people, offering them 1,438 services. For further treatment they were referred to Chirayu Medical College. Awareness sessions on health and income management was conducted by Dr. Mamta Mishra, President of the Branch and Mrs. Rajni Gorewala, Member, BEC spoke about education and sexual reproductive health and rights. Beneficiaries: 104



Community Women's Action Group (WAG) formed to support gender violence survivors

The WAG was formed in January with the objective of supporting marginalized and vulnerable females, and to create a stigma-free, gender-friendly society. The group comprises of 15 members, representing the medical, legal, administrative and counselling disciplines, Dr. Pragati Agrawal, Doctor, Ms. Anita Singh, Ms. Sangeeta Soni and Ms. Meena Vishwakarma, Advocates, Ms. Santosh Hirve Parshad, Ms. Aarti Bora-

na, Gram Panchayat Representatives, Ms. Rubina Mansoori, President Mohalla samiti, Ms. Shivani Saini, Counselor (One Stop Crisis Centre), Ms. Suman Jhukse, anganwadi worker, Ms. Bhawana Routela, Ms. Aarti Sonawane and Ms. Jyotsana Kamle, ASHA's, Ms. Seema salve, Ms. Deepa Sen and Ms. Deepali Nikam, Japan Trust Fund (JTF) Mentors.

The team is committed to assisting women survivors of gender based violence. Two meetings were organised in the month of March. The Group is evolving as a platform for survivors of GBV and is also working to sensitise the families of the survivors.



BHUBANESWAR

Mother and Child Health

The key theme behind the project implemented in January, is to nurture the health and nutrition status of adolescent girls and boys, pregnant and lactating women, children below six and reduce maternal and infant mortality and morbidity and improve the quality of life.

The project has been funded by Mahindra & Mahindra Finance Ltd, through FPA India. During the project duration of one year, as many as 300 health camps, screening of 7,800 children, check-up of 1,400 ANCs and PNCs and screening of 2,640 adolescents are being targeted. Up to 80 fields are expected to be covered, 48 urban and 32 rural.

Field level training for Mahila Arogya Samiti (MAS) members

The Branch organised Field Level Training for Members of MAS on the National Urban Health Mission (NUHM) with the support of the City Programme Management Unit (CPMU) (Urban Health), National Health Mission, Odisha. As many as 10 sessions were conducted in one month and each session was on 2 days.

The topics covered in these sessions were: the role and responsibilities of MAS, fund utilisation, maintenance of records, community monitoring, performance assessment, accessibility of new schemes

on health and hygiene to common people, orientation on RMNCH+ with special focus on adolescent health care, newer contraceptive methods and preparation of action plan to address urban health issues.

These sessions were quite useful as it reminded MAS members to keep motivated, encouraged them to work collectively and educate community on health issues.

Group work in these sessions exchanging views and experience sharing by the different groups was very much beneficial. The sessions were facilitated by the resource persons from FPA India, CPMU and NUHM. Participants: 394.

BIDAR

Sensitisation programme for police department staff on HIV/AIDS

Sensitisation programme on HIV/AIDS was organized for police department. Mr. T Shridhar, Superintendent of Police, presided over the programme. Mrs. Ambuja Vishwakarma, Honorary Secretary, was the Chief Guest.

Mr. Shridhar acknowledged the vital role FPA India plays in promoting family planning and in the field of HIV/AIDS and extended support to help FPA India for organizing such kind of public awareness activities while Mrs. Vishwakarma, said that FPA India provides quality services and also supports PLHIV's to lead a healthy life.

Dr. Bheemrao Singhode, Antiretroviral Therapy (ART) Medical Officer, Mr. Shrinivas Biradar, Branch Manager, Mr. M Hiremath, Circle Inspector and Mr. Satish Kamble, Police Inspector, were the other guests. Participants: 65 police personnel



CHENNAI

Stop violence against women – teach them young

The event was held as part of Stree Hinsa Mukta Bharat Abhiyaan, at General Cariappa School. Students were made aware of the issue of GBV through an oratorical competition., 20 took part in the contest and the winners bagged prizes. Around 1,000 students were present for the programme.



Medical Service Sessions in Bank of India (BOI) Branches

FPA India Chennai received a donation of Rs. 1 lakh from Bank of India, National Banking Group (South), Chennai towards conducting medical service sessions in 13 Semi - Urban / Urban Branches of Bank of India in Chennai zone.

In response, a medical team was formed consisting of a Medical Officer, Lab technician, Counsellor, two auxiliary nurse midwives (ANMs) and a male assistant to conduct the medical service sessions.

A detailed schedule was drawn out from January 7 to February 6, 2019, during which as many as 1,077 people – mostly customers of the bank – benefitted through the medical service session.

The health check-ups covered blood pressure, haemoglobin levels, random blood sugar, blood grouping and body mass index.

The check-ups were followed by medical treatment where necessary. Some cases were further referred to FPA India's satellite clinic at Vadapalani, and included ailments menstrual problems, reproductive tract

infections, anaemia, menopause, hypertension and diabetes. In addition, information and counselling was also provided covering family planning methods, safe abortion, infertility, obesity, underweight and stress management.

The bank's customers were very appreciative of this Novel idea of conducting the medical service sessions for the benefit of the customers.



Training of Trainers on Healthy Timing and Spacing of Pregnancy (HTSP)

In another event, Chennai-based NGO World Vision India assigned Training of Trainers (TOT) programmes on HTSP for their health activists at Kilayur (Velankanni), Pudukottai and Myladumparai locations in

Tamil Nadu. Mr. M Munavar Basha, Consultant and Mr. A Elangovan, Monitoring and Evaluation Officer, conducted the training. Participants: 30

DHARWAD

Awareness and Health Checkup for Reserve Police training center trainees

A special awareness and health checkup programme was conducted for trainees at the Reserve Police Training Centre, Dharwad. Ms. Usha Murthy, Past President of the Branch, was a key participant.

The health checkup included anemia and cervical cancer detection. The awareness session covered male and female reproductive system, contraception, STI/RTI, gender equality, HIV/AIDS, cervical cancer and nutrition. Participants: 185.



Training the youth members

The Branch organised a training programme for youth members to enhance their knowledge on social media and gender. Ms. Sujata Anishettar, Branch manager explained about gender issues and how to overcome of it.

Ms. Suman Heblikar, Monitoring & Evaluation Officer explained about the use of social media and its advantage and disadvantages through passing the parcel activity. Mr. Shubhendu Akalwadi, Youth Member shared his experiences. Participants: 15



SRH Special Service Session

The Branch organised special service session for vulnerable groups like MSM and TGs. Awareness about HIV/AIDS and STI/RTI was imparted followed by checkups in HIV, Hepatitis B surface antigen (HBsAG) and Venereal Disease Research Laboratory test (VDRL). Beneficiaries: 36.

Special service sessions were also organised, in association with Ashraya, for cervical cancer detection in Devarhuballi village and for the Teachers Association Dharwad Urban and Rural. Videos were used to explain the causes and prevention of cervical cancer.

Participants were administered the VIA test and those who needed further investigation were referred to the clinic. Beneficiaries: 136. cancer detection in Devarhuballi village and for the Teachers Association Dharwad Urban and Rural. Videos were used to explain the causes and prevention of cervical cancer.

Participants were administered the VIA test and those who needed further investigation were referred to the clinic. Beneficiaries: 136.



The Branch organised another special service session for cervical cancer detection. VIA and PAP tests were conducted on 15 people, of whom nine were sent for further treatment. Two clients were treated with cryotherapy.

A stall was set up to display IEC material, and to facilitate the signature campaign. Thousands of people visited the event, 49 people availed health checkup services.

Spreading awareness and gaining advocacy

The Branch utilised the platform of the 84th Kannada Sahitya Sammelana in Dharwad to spread knowledge about SRH and to gather signatures for the Stree Hinsa Mukta Bharat Abhiyaan.



GWALIOR

Para medicals trained in day care nursing

A skill development programme was organised for para medicals. The objective was to train youth in day care nursing services. They were trained and placed in various nursing homes. Participants: 25.



HYDERABAD

Signature Campaign and display of IEC Material on Stree Hinsa Mukta Bharat Abhiyaan

As part of the Stree Hinsa Mukta Bharat Abhiyaan, a signature campaign and display was organised on the busy Necklace Road. Peer educators and link workers helped to set up the event in the evening. Posters on girl child, equality, gender equality, male responsibility in English, Telugu and Hindi were displayed.

A frame with the slogan "I Support the Stree Hinsa Mukta Bharat Abhiyaan" Let's Break the Silence around Gender- Based Violence was kept at the venue and people participating in the signature campaign held the frame and clicked pictures.

More than 400 men and women and families participated in the campaign.



Awareness Program on GBV at Metro Railway Station

Awareness programmes were conducted in association with L&T Metro at the Miyapur, Uppal and Panjagutta metro stations for the youth.

These were organised across different days, and display material focused on HIV and youth, STIs, 'No scalpel' vasectomy, health and nutrition, breast cancer, peer pressure and substance abuse. Branch personnel interacted with the youth, explaining details about FPA India as well as youth related issues. Participants: 600+

Training on Effective Communication and Advocacy: Learning Communication techniques and modality for effective Advocacy

Branch Managers and Program Officers from Singhbhum, Nilgiris, Madurai, Yamunanagar, Mohali, Solapur, Bidar, Kolkata, Kalchini, Bhopal, Gwalior and Chennai Branches and New Delhi visited FPA India Hyderabad Branch on exposure visit to observe the activities under Male Innovation Project.

Dr. Renu Kapoor, General Manager and Regional Lead, FPA India Hyderabad Branch gave introduction about the Branch

activities, especially under Male Innovation Project. The visiting team was taken to the intervention site areas and Raj Nagar drop-in centre and they interacted with Medical Officer, link workers and peer educators.

Advocacy training was conducted as part of the visit, facilitated by Mrs Gayatri Chavan, Program Manager, VICALP. Ms Anupam Shukla, Independent Consultant, trained the participants on communication and advocacy.



From L to R (standing) Mr. Shanmuga Sundaram – Statistical/M&E Officer, Madurai, Mr. S. Pratibhan, Branch Manager, Madurai, Ms. Mithali Puthali, Communication Officer, Mr. Paresh Bagwe, Finance Manager, GCACI, Mr. Virendra Paradesi, Program Officer, Solapur, Dr. Suchitra Wadhwa, Medical Officer, New Delhi, Mr. Varatharajan Jegannathan, Branch Manager, Nilgiris, Mr. G.L. Rajesh Lakshamanan, Programme Officer, Nilgiris, Smt. Mubeen Begum, Community Coordinator, Bidar, Mr. Shrinivas Birader, Branch Manager, Bidar, Dr. Shamala Dupte, Director, Medical, Mr. Harinder Pal Singh, Statistical/M&E Officer, Mohali, Mr. Rajesh Kumar, Branch Manager, Mohali, Dr. Renu Kapoor, General Manager & Regional Lead, Hyderabad, Mr. Prashant Saraf, Programme Officer, Hyderabad, Ms. Anupam Shukla, Independent Consultant, Mr. Siddharth Mohanty, Manager Advocacy & Partnerships

Sitting (L to R) Ms. Rani Mardi – Programme Officer, Singhbhum, Mr. Naveen Kumar, Program Officer Yamunanagar, Dr. Anjana Taluja, Branch Manager, Yamunanagar, Ms. Gayatri Chavan, Manager, MCH, Mr. Sugratna Gaikwad, Branch Manager, Solapur

Awareness programme on importance of girl child and gender based violence

A dance skit was performed to bring out the importance of the girl child and the message of violence against women. The artist was Ms Neha Singh of Mobeera Foundation, and the performance was organized at the Community Hall in MS Maktha.

After the event, Ms Singh spoke to the audience, comprising of girls, about the need to be independent socially and financially through education. All the branch staff, Link Workers, Peer Educators, Leaders and above 150 community people attended the programme.



Special service sessions organised

FPA India in association with United Way of Mumbai and financial support from Fedbank Financial Services Ltd. helped the branch to conduct four special service sessions at four locations, Bandamaisamma Community Hall, Indira Park, Ashta Bhuja Devi Temple Community Hall, Safilguda and Bhoruka Charitable Trust, Lions club Building, Auto Nagar, Pragati Nagar Community Hall, Jagadgirgutta.

The services provided were general health check-up, health check-up for women, children, eye-check-up and distribution of free spectacles.

The blood sugar tests were conducted by Metropolis Diagnostics. All services were free of cost. Besides the medicines prescribed by doctors, all the women attending the service session, were provided protein powder and iron and calcium syrups.

All the children were provided B-complex syrup besides the other medicines. Dr. P Balamba, Past President of the Branch, Dr. C Ambuja, Central Executive Committee (CEC) Member and President of the Branch and Mr Ramesh Raju, Zonal Manager, Fedbank Financial Services Ltd. were the key personnel present. Beneficiaries: 926. Free spectacles were provided to 621 people.



MADURAI

ToT session in Adolescent Education Programme (AEP) for teachers

Government Corporation school teachers were trained in Adolescent Education Programme by the Branch. Participants: 15.



Foreign students visit Branch

Dr. S Parthiban, Branch Manager, welcomed 22 German students who visited to study the activities and projects of the Branch. He oriented them about the services offered by FPA India.



MOHALI

Special service sessions under Value Integrated Comprehensive Abortion Linked Project (VICALP) programme

A health checkup was organised by the Branch, in collaboration with the District Healthy Authority, at Madanpura, Phase 2. It was inaugurated by Dr. Rupinder Valia, District Family Welfare Officer (DFWO). She highlighted the role of NGOs in creating awareness.

Dr. Ramandeep Kaur, Medical Officer, Mat-taur and Dr. (Mrs.) Kulbir Kaur Lamba and Dr. Sarwan Kaushal, Branch Medical Officers, examined the patients. Free medicines were distributed. Besides health check-up, eligible couples were motivated for small family norm. Beneficiaries: Over 200. In addition, 16 special service sessions were arranged.

SRH session for NSS volunteers

Senior Volunteers and staff of the Branch conducted a session of Sexual and Reproductive Health at the NSS camp of the Government Post Graduate College, Mohali. Participants: 103 NSS Volunteers



MUMBAI

Sessions with Balwadi and Anganwadi teachers

The Branch, in association with Pukar, an NGO, organised a session for Balwadi teachers in Bandra. Teachers from all over Mumbai took part in the session. Participants: 15.



A was organised by the Branch for Anganwadi workers. Mrs. Dipali Takale, Project Coordinator, made a presentation about FPA India services and Tata Project work.

She shared her views about how to strengthen network between FPA India and anganwadi to ensure communication, coordination, participation and a united vision with community to involve them in our activities and how both,

FPA India Tata Project and Anganwadi can work together for the cause of children and improve the health of pregnant and feeding mothers.

She also gave suggestions for organising awareness session for adolescent girls through anganwadi. Dr. Shradha Bhagat, MO spoke about breast cancer sharing key information.



Health awareness sessions combined with Hb testing

The Branch, under the aegis of Tata Project, organised 25 health awareness sessions combined with Hb testing for adolescent girls.

It was found that around 60% of those tested suffered from anaemia and were referred to the Centre for further treatment. Beneficiaries: 1,284



New project implemented

A new Paramedical Skill Development Project was implemented beginning February 2019, funded by HDB Financial Services.

The key objective is to develop a cadre of 100 skilled individuals to become General Duty-cum-Home Based Care Assistants in Mumbai.

The one-year project's duration is from November 2018 to October 2019. The necessary arrangements have been made including staff requirement, equipment purchases and mobilization activation.

The first batch, with 26 trainees, was slated to begin in April.



Advocacy session with Dr. Kirit Somaiya, MP

Mr. Ashok Devorepatil, Branch Vice President, Mr. J E Mistry, Hon. Secretary, Dr. Vipul Khira, Hon. Treasurer and Mr. Gautam Tambe, Branch Manager had a meeting with Dr. Kirit Somaiya, Member of Parliament from Mumbai-North East.

The MP was briefed about FPA India's work and was presented with an advocacy kit to garner support for SRHR. Dr. Somaiya was very appreciative of the effort and promised all support for FPA India's endeavours.



MYSURU

Fund raising events organised

The Branch conducted a fund raising exhibition. Youth volunteers and peer educators helped to organize it at the Branch premises. The event started off with a prayer song by Mrs. Shruthi, followed by a welcome dance by children and anthakshari.

An awareness programme on life skills was conducted. Mrs. Vinitha Rao, an ambassador for cosmetics, emphasised the need

for inner beauty that gives us an identity and promotes happiness.

Beneficiaries of the tailoring course displayed their work - gowns, patiala pants, pillow covers, petticoats and blouses. Volunteers prepared sweet and chat items. All of which were sold, and the proceeds went to the fund being raised. An amount of Rs 24,982 was collected during the event.



Exhibition stall set up at Suttur Mutt Jathre (fair)

The Suttur Mutt Jathre is a popular event that attracts thousands of people from nearby areas. The Branch used this opportunity to spread awareness about FPA India's services by setting up a stall. Dr. C. R. Nagendran, Consultant of Base Education Foundation, inaugurated the stall in the presence of Prof. S N Hegde, Branch Chairperson.

The stall was busy throughout the day, with awareness programmes about family planning methods, gender equalities and women's empowerment being imparted to all visitors. Around 500-800 people visited the stall every day.

A video was shown on health and hygiene, HIV/AIDS, preventive care for viral infections, RTI/STI and ANC/PNC care. Over 1,000 condoms were distributed, HIV testing, and counselling done and IEC material (in Kannada) was given away.

All the efforts paid off: The Branch bagged the second prize in attracting the public through an educational session on SRH and family planning methods.



NAGALAND

Top Acts Season 2 – Grand Finale

The Finale was organised at the Capital Convention Centre, with hundreds of youth in attendance. Ms. Roupfuzhano Whiso, FBB Colors Femina Miss India Nagaland 2018, was the special guest and she spoke on the theme of Stree Hinsa Mukta Bharat Abhiyaan: 'Break the silence around Gender Based Violence' and also shared her experience of TATA Mumbai Marathon in which she participated.

Guest Artist Narola Jati, singer and also known as the biker cop from Nagaland, shutler by profession, sang popular songs and enthralled the audience. Sponsors for the event were 4Life, India Trail, Life Pro Sound Solution, Head Gears and Ms M Chisa, Staff Nurse of the Branch. The event concluded with a pledge on the theme, which was signed by everyone present.



NILGIRIS

Special Service Session on Cervical screening

The service session was organised at Gudalur in association with Evergreen Welfare Trust. Dr. Tamilselvi, Medical Officer, explained about importance of VIA screening and early detection of cervical cancer. Beneficiaries: 149.



NORTH KANARA

Sensitisation programmes organised

With the objective of focusing on adolescent problems and behavioural changes during adolescence, an awareness session was conducted at the Urdu High School, Mirjan. Mr. Beeranna Nayak, Hon. Treasurer and Ms. Manjula Gouda, Program Officer, were the resource persons who spoke about gender issues and healthy living. Participants: 134 students.

In another programme, students of Government High School, Hodke, Shirur, were the beneficiaries. The session was about adolescent issues and was conducted by Mr. Nayak and Ms. Gouda from the Branch. Mr. Manjunath, Head Master of the school, appreciated the services offered by the Branch and asked the students to avail of them. Participants: 56.

A community session was conducted at Hodke to promote women's health and family planning. Ms. Gouda and Mrs. Bharati Shivu Nayak, ANM of UFWC, spoke on family planning methods and services extended by FPA India. Participants: 27.

A similar programme-cum-special service session was organised in Thandrakuli in association with Dayanilaya Trust. Ms. Gouda and Ms. Silviya Naronha, Lab Technician, addressed the gathering of women and students. Ms. Gouda spoke about the SRH student health and service benefits that are available at the Branch. Participants: 31.



PANCHKULA

Awareness programme on HIV/AIDS

The residents of Rally, Panchkula, were exposed to information about AIDS, conducted by Ms. Sonia Arora, Program Officer and staff of the Branch. Members of the community were made aware about the symptoms of this deadly disease. Participants: 58.

Gender empowerment and violence

In this awareness programme, gender based violence and empowerment of women were the key topics. Mr. Manoj Kumar, General Manager and Ms. Sonia Arora, PO, were the resource people. Participants: 75.



PUNE

Special service session for non-communicable diseases

Municipal Corporation, across the three units of Pune Branch - ORS 1, ORS 2 and Vasti Vikas Prakalp in different communities in and around Pune.

The main objective was to spread awareness about non-communicable diseases (NCDs), screening and referrals for the treatment of NCDs.

The Branch organised 22 service session, each covering a specific urban slum pocket.

Among the screening tests were those for hypertension, diabetes, cervical cancer (VIA) and breast cancer, stroke and paralysis. IEC materials and basic medicines were distributed.

A specialist team of doctors, including an MD in medicine, gynaecologists, lab technicians, counsellors, nurses, coordinators and link workers made the camps a success. Beneficiaries: 2,732.



Comprehensive Sexuality Education (CSE): Answering questions from the common to the complex

"Can kissing lead to pregnancy?" "Is it dirty blood that gets discharged during menstruation?" "What is the purpose of hymen?" These are the questions that perplex adolescents in the country. The Branch, in collaboration with Pune Municipal Corporation's (PMC) Education Department, is conducting CSE programmes across Pune city.

Mrs. Mukta Tilak, PMC Mayor and Mrs. Madhuri Sahasrabudhe, Corporator, were extremely encouraging. Mrs. Shubhangi Chavan, Deputy Education Officer, approached the Branch to conduct CSE sessions. In response, the Branch reached 42 schools and 8,475 adolescent girls through 142 sessions. A splendid endeavour at the grassroots level!



The art of negotiation - it can save lives

It's common knowledge that the transgender community uses commercial sex as a source of income. This could often lead to unsafe intercourse, and STD as a consequence. A client who visited the Branch clinic couldn't use condoms as her clients resisted it. And she had to seek treatment for STD.

The counsellor at the Branch advised her to negotiate better with clients, who offer more money for sex without condoms. This short term gain could lead to long term damage when it results in fatal infections. Fortunately, in this case, the counsellor was able to convince her on condom usage - now she's free of infections and has no need to take injections.

What's more, she's spreading this message of good health among her friends and clients. It's gratifying to note that there has been a 10% increase in usage of condoms by clients as compared to the past.

HIV/AIDS: Awareness sessions about the most important but most neglected

Pune City AIDS Control Society (PCACS) branch of Maharashtra State Aids Control Society (MSACS) approached the Branch to conduct 10 awareness programmes for schools and colleges in high HIV prevalent areas of the city.

The Morris Foundation team of the Branch, which conducts sessions for vulnerable populations, took the initiative and completed all sessions in a week.

The programmes were successful, involving youth who need the right guidance when it comes to HIV/AIDS.

They were informed about the service availability at government hospitals and other organisations.

RAICHUR

CSE and SRH sessions conducted

Programmes in Comprehensive Sexual Education were organised across several schools in Raichur. Mrs. K Aliya Khanum, Honorary Secretary and Mr. Nagappa, Program Officer, were the key speakers. They addressed the students on common issues and misconceptions prevalent in the society.

A similar programme was organised at Konda Saraswathamma Hanumanthaiah High School, and Dudiben Takarsi. Mrs. Prasanna Venkatesh, Staff Nurse and Mr. Muralidhar Kulkarni, Honorary Treasurer, were the resource persons.

In another event, Mrs Prasanna Venkatesh, Staff Nurse, focussed on CSE, SRH and adolescent education programme. The session was organised in Police Colony. Mr. Nagappa, PO, also addressed the audience.



'Run for Health Marathon' organised

The Branch, in association with the Indian Medical Association, Raichur, conducted the Marathon on February 17.

It was organised at the Mahatma Gandhi Stadium, with the goal of creating awareness about good health. Dr. V A Malipatil, President of the Branch, Mrs. K Aliya Khanum, Honorary Secretary, FPA India Members and staff took part in the run.



SOLAPUR

Branch wins first prize

In a skit competition arranged by Divya Marathi, the Gynaecological and Obstetric Society and Indian Medical Association, the Branch bagged the first prize. The trophy and appreciation certificate along with Rs 1,500, were handed over to Prof. Dr. Shrikant Yelegaonkar, Hon. Treasurer, FPA India and Patron of the Branch. Mr. Virendra Paradeshi, PO, Mrs. Sunita Patil, support staff and MSW students were present.



Youth Centre inaugurated

Samadhan Marathi Youth Centre was inaugurated by Dr. N B Teli, Hon. Secretary, Mr. Sugatratna Gaikwad, Branch Manager, Mr. Irfan Shaikh, Principal, Mrs. Kalpana Gadgade, Mrs. Shahin Menduk, teachers were present.



Dissemination meet conducted

Dr. Shuhasini Shah, President, Precision Foundation, Mr. Madhav Deshpande, PRO, Advocate P B Londhe Patil, Mr. Nabha Kakade, Branch President, Mr. Ramanlal Sonminde, Vice President, Dr. B N Kamble, Hon. Treasurer and Dr. N B Teli, Hon. Secretary, were present at the meet. Mr Anil Dhepe, Coordinator, Childline, was felicitated with a trophy and appreciation certificate.



Rally and awareness programme organised

A rally and awareness programme on GBV and relationship was organised by the Branch in coordination with Cactus Foundation, Solapur Municipal Corporation, Solapur. Dr. Deepali Kale, Commissioner of Police, Solapur, inaugurated the rally and programme.

Dr. Nabha Kakade, Branch President, Mr. Sugatratna Gaikwad, Branch Manager, Ms. Vijayshri Amale, Ms. Suvarna Waghmare and Mr. Shrikant Satarle, Youth Volunteers and staff were part of the programme. Participants: 1500



SOUTH KANARA

National Deworming Day orientation and Leprosy Awareness Programme (Sparsh 2019)

The sessions were conducted to train anganwadi teachers of the UFWC working area. Dr. Srikrishna Aithal, MO, UFWC, spoke on the occasion. Mr. Kodankoor Devaraja Moorthy, Honorary Secretary, also took part. Participants: 14 Anganwadi teachers.



YAMUNANAGAR

Awareness session on cancer

Dr. Anjana Taluja, Branch Manager, was invited to deliver a talk on breast and cervical cancer at the DAV College for Girls. Over 150 girls and 20 women were imparted awareness about the most common types of cancer among women.

BENGALURU

Timely sexuality education helps adolescent

Ravi (name changed) is a 16-year-old rag picker who was disturbed about his wet dreams and night emission for the last nine months. While speaking to FPA India's Counsellor, he mentioned sexual arousal while watching romantic scenes in movies. He also hesitantly told the counsellor about masturbation, wondering if it was harmful to his health.

The Counsellor counseled him about the normalcy of such experiences among adolescents and suggested to avoid scenes that stimulated him and caused discomfort. Ravi is now able to handle the situation better.

FPA India ensures safe abortion free from social stigma

Chetana (name changed), a 17-year-old girl visited the RHFPC very disturbed. When examined, she was found to be seven weeks pregnant. She wanted the pregnancy to be aborted, but since she was a minor, her family's consent was mandatory. Though she was scared initially, she finally revealed the matter to her mother who feared socio-cultural consequences.

Eventually the mother gave her consent, the abortion was safe and situation was saved. The virtues of safe abortion were clearly understood and appreciated by the girl and her family. She was also given post-abortion counselling and sent home. Both Chetana and her mother were relieved about the abortion and FPA India saved them from social stigma.

BHUBANESWAR

Financial independence, courtesy FPA India

Ms Jamuna Reddy (name changed) is a 24-year-old unmarried woman from a poor family. She was in search of a livelihood when she heard about the free training programme in tailoring at the Branch. At once she enrolled for it and completed her course.

Today she is completely self-reliant, earning a decent amount every month, and taking care of her family too. A small intervention from FPA India has triggered positive change and created an independent individual who ensures a better standard of living for her family.

DHARWAD

The gift of an offspring

Mr. and Mrs. Hiremath (names changed) were a childless couple after 10 years of marriage. They visited several fertility clinics and finally came to the FPA India Dharwad Clinic with their problem. After consultation, it was found that the husband had low sperm count while the wife had the issue of ovum release.

A follicular study was done, and treatment commenced. She conceived after the treatment and the couple was blessed with a healthy baby boy.

The correct diagnosis and treatment by FPA India helped to bring about the greatest blessing of their lives.

KALCHINI

Women empowerment through Immediate support

Mrs. Sukrit Lohar (55) and Mr. Rajen Lohar (names changed) live in a remote village in the Tea Garden Area of Alipurduar district. They were childless, and Mr. Lohar lost his job because of his chronic illness. Mrs. Lohar came into contact with an outreach worker of FPA India and was encouraged to find a livelihood.

The Branch extended treatment facilities and nutritional support to the couple. After interacting with several stakeholders, she identified one opportunity for earning through tremendous labour.

She and her husband collected the empty gas cylinder from the villagers and carried those by walk to the gas dealer shop which was situated 16 kms [Up & Dn] far from the village and return with a full cylinder and earn Rs. 100 per cylinder. She started earning for livelihood with her husband jointly in a balance understanding for better livelihood.



MUMBAI

FPA India's intervention helped woman conceive

A 27-year old woman was married for over three years but was unable to conceive. It was a complicated case with a history, and even after extensive investigation and consultation, she was unable to conceive. She came to the Avabai Wadia Health Centre for treatment in mid-2018.

Treating her for two cycles she conceived. Eventually, her pregnancy was confirmed with sonography. FPA India's treatment ensured happiness in her life.

PANCHKULA

Branch helps a widow cope with HIV

Mrs Sonali (name changed), 42, is a widow and a migrant labourer. She started feeling weak, all of a sudden, and was unable to go to work. She came across awareness cum health checkup programme organised by the Branch under Targeted Intervention Project in collaboration with CSI migrant project.

It was detected that she had contacted HIV. Soon, she was referred to the hospital in Sector 45, Chandigarh, for confirmation. The first test showed her CD4 as 190, and the second test showed it as 720. Now she knew her HIV status and also how to manage it. She was sent to the ART Centre to begin her medication. Now she's utilising the services of FPA India, Panchkula, and is managing her infection.

PUNE

FPA India supports woman's decision to opt for family planning

Ms Pooja (name changed), 32, is a mother of two children aged 8yrs and 2yrs who had two caesarean sections during delivery. She wanted to undergo laparoscopic tubal ligation as her family size was complete. She and family members were reluctant of her husband undergoing vasectomy or accepting any contraceptive methods other than TL.

She had the history of obesity with hypertension, diabetes and hyperthyroidism. At 105 kg and with 108 cm abdominal circumference, government facility had refused to operate her in view of possible event complications and she could not afford to go to private hospital. Her sister who had undergone laparoscopic tubal ligation surgery at the Pune-Shivaji Nagar, RHFPC, referred Pooja to undergo the same at FPA India Pune clinic. The anaesthetist and the Gynaecologist at the clinic examined her and reviewed her reports.

A set of possible complications was informed to her and she was posted for the ligation. FPA India supported her and boosted her confidence. It wasn't a normal surgery, and it took time, but it went off without any complication. Pooja was happy and teary eyed and thanked the team at the Branch for her successful procedure.

Fighting life battles with confidence, with help from FPA India

Narmada Bai (name changed), 20, is a woman from the Banjara community. She was working as a labourer at a construction site, where she got acquainted with her co-workers. When she missed her periods, her sister took her to a doctor and it was confirmed that she was pregnant.

Narmada was confused and worried – her character was now under suspicion, and her relatives blamed her for it. And the man responsible for her state vanished from the scene. Depressed, she even considered ending her life. She had lost her confidence, and all faith in humanity.

That was when she came across the Branch Counsellor. In response, Narmada was informed about her sexual and reproductive rights, and given detailed information about abortion and contraceptives.

The process of menstruation and contraception was explained to her, as also ways to prevent an unplanned or unwanted pregnancy. She consented to access abortion services and started using oral contraceptive pills. With her sister and brother-in-law promising to help her settle in life, and her treatment going in the right direction, Narmada is positive about fighting her battles. And regaining her confidence rapidly.

MOHALI

AIDSCON-8: FPA India Mohali felicitated

The Mohali Branch was commended for its implementation of the Targeted Intervention (TI) Project by the Chandigarh State AIDS Control Society. The felicitation happened on February 16 at the AIDSCON-8. Ms Rakhi, Branch Counsellor on the TI Project was honoured as the 'Best Emerging Counsellor' and Ms Sonia was felicitated as the 'Best Peer Educator' among the female sex workers (FSWs) in the Project.



PANCHKULA

Panchkula Peer Educator awarded at AIDSCON-8

Mr. Sachin, a Peer Educator at Panchkula Branch, was given the Annual Award at AIDSCON-8. He was chosen for his consis-

tent efforts throughout the year on the TI Project. Dr. Vanita Gupta, Project Director, Chandigarh AIDS Control Society, gave away this state-level award.

Panchkula Branch gets donation of Rs. 10 lakhs

(reprinted as there was an error in the donation amount in the December 2018 issue)

A good Samaritan, Mr. Vikram Kumar Chaudhry, donated a sum of Rs. 10 lakhs to the Panchkula Branch. FPA India gratefully accepts the donation with heartfelt thanks. The amount will be part of the free-flowing fund of the Branch.

Mohan Fibre Products Ltd. donates Rs. 10 lakhs

The Branch gratefully acknowledges the donation of Rs 10 lakh by Mohan Fibre Products Ltd. The amount will be utilised to construct the second floor of the building that houses the Branch. A big thank you for this thoughtful donor!



YAMUNANAGAR

Yamunanagar Branch Manager awarded

Dr. Anjana Taluja, Branch Manager, FPA India Yamunanagar Branch was awarded a memento for her exemplary work in social welfare on the International Women's Day at a celebration in Panipat.

The award was given away by the Divya Jyoti Jagriti Sansthan in their programme titled Santulan.

Mr. K L Pawar, Hon'ble Minister of Transport, Government of Haryana, Ms. Rohita Rewri, MLA Panipat and Ms. Avneet Kaur, Mayor Panipat, handed over the award to Dr Taluja.



Posted at General Post

BOOK POST

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