



Hat trick: Habit of Winning since 2009

Congrats

The FPAI Madurai Branch has been ranked No. 1 among the Voluntary Organizations in Tamil Nadu State for its performance in sterilization for the year 2011-12. The Honorable Minister of Co-operatives Sellur: K. Raju and District Collector Madurai, Dr. L. Subramanian, I.A.S., presented the award to the Branch.

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Contact us: 022 40863101 Website: www.fpaindia.org Email: fpai@fpaindia.org

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Aspire

A Quarterly Insight into the Association's Activities - For Internal Use

65th FPA India Foundation Day (July 23)



Mrs. Dhanvanti Rama Rau, Founder Member & President of Family Planning Association of India

Hyderabad

The Branch organized a media event at Jinnaram, Medak District. The programme was attended by the village leaders, sarpanches of neighbouring villages, Gram Panchayat members, media personal, branch volunteers and staff. 58 participants attended from different mandal area villages of Jinnaram. Through folk songs, a troupe from Janachaityna Kalyansamiti presented a vivid description of FPAI founders and also the branch activities.



(From left) Dr. Kalpana Apte, Dr. Anjali Chhabria, Dr. Usha Krishna, Mrs. Abha Singh, Mr. Harish Iyer, Ms. Mahabanoo Kotwal

Mumbai

The day was dedicated to volunteers with the theme "Selfless Commitment to Sexual and Reproductive Health & Rights" and launching the "Year of Volunteerism" to commemorate the relentless service provided by volunteers. A panel discussion saw spirited discussion between activists and professionals in the SRHR field including

Dr. Kalpana Apte, FPA India Sr. Asst. Secretary General, Programme Implementation, Dr. Anjali Chhabria, Psychiatrist, FPAI past President Dr. Usha Krishna, Mrs. Abha Singh, Lawyer and Women's Advocate, Mr. Harish Iyer, LGBTQ Activist and Ms. Mahabanoo Kotwal, Director of 'The Vagina Monologues' and Advertising Field legend Alyque Padamsee.



"Viva La FPA India" Desi Style

Bangalore

The Branch organized a programme dedicating the day to volunteers and the founder member of FPA India. Dr. Sharada Nasimath, Honorary Secretary said that the Foundation Day proposed to draw people from different walks of life who can volunteer their time and help in reaching information and service to the people who do not have access.

Nilgiris

The Branch celebrated the Foundation day as Volunteers Day. Mr. Clement Godfrey, Executive Committee Member, FPAI Nilgiris Branch expressed his view on volunteerism. He said that volunteers' involvement in the policy decisions was crucial.

Bhopal

The Branch organised a media event on the FPA India Foundation Day as 'Volunteer's Day'. Shakuntala Sharma, Member RTC Sub-committee Bhopal spoke of FPA India journey since 1949 and its transition to a national level non-governmental organization endeavoring on

SRH&R issues. A media programme was also organized to spread awareness about FPA India and highlight the foundation day significance.



Kalchini

The Branch drew attention on this day towards Family Planning and its necessity. Besides paying tribute to Mrs. Dhanvanti Rama Rau and highlighting the Branch activities, a local "SIT AND DRAW" art competition was held. Later, forty youth volunteers participated in a motorcycle rally from Kalchini to Jaigaon near Bhutan border.

Jaipur

The Branch organized a volunteer's meet to mark the foundation day.

Volunteers from different walks of life came together to promote the concept of volunteerism in Sexual and Reproductive Health and Family Planning.

Trivandrum

The Branch has organized a volunteer's meet. Volunteers from different walks of life came together to promote volunteerism in the sector of sexual and reproductive health.

Srinagar

Volunteers from different walks of life affirmed their desire to promote volunteerism in Sexual and Reproductive Health and Rights.

Rajkot

The Branch held a seminar on volunteerism. The social media persons were especially called for this meeting. The Branch Manager highlighted issues that FPA India tackles and also explained the theme of the event and the reason that 23rd July was celebrated as volunteerism day.



FPA India helps J&K flood victims

FPA India Reaching out to flood victims in Srinagar

The natural disaster of floods in Kashmir is perhaps the worst ever in the history damaging buildings and taking lives of many while leaving a trail of health problems. To alleviate the problems, Srinagar Branch organized medical relief camps in worst hit flood areas. Besides

distributing medicines, face masks, dettol liquid, hand sanitizers, a health check-up was conducted by the doctors. A vaccination camp for children was held as well. The Srinagar Branch also received support from other Branches.

World Population Day (July 11)

Udupi

The Branch held a programme inviting the headmaster of a local school. Participants stressed on the need to contain population explosion and spread awareness

Solapur

A huge college student's rally witnessed participation of leading colleges where the underlying message was the need to control population and use family planning methods. Prominent city residents including the Chancellor of Solapur University, Dr. N. N. Maldar and Branch officials spoke on increasing population, gender equality, maternal and baby health, poverty, human rights, right to health, sexuality education, girl child education and sexually transmitted infections.

Sagar

A programme on "Role of Youth

Health Service Provider in Population Control" was the highlight at the Branch. The need to involve and educate young couples was stressed upon by the speakers.

Bangalore

The Branch had a discussion on present day population scenario, and issues that are linked with population explosion. Stress was given on involving, educating and empowering young generation for a better future.

Coonoor

The Branch held a programme with "Investing in Youth" and "A time to reflect on Population trends and related issues" as the theme.

Bhopal

The Branch held various programmes including a youth con-

clave, drawing competitions, exhibition and prize distribution in thirty two schools and community slums. Investing in youth was the focus in these programmes.

Belguam

The Branch conducted a rally that had 1005 participants including those from various colleges and non-governmental organizations. Later, a programme was conducted to mark the day.

Chandigarh

The Branch conducted a programme with the theme "A time to reflect on population trends and related issues". Three awareness camps saw a turn-out of hundreds of persons discussing the issue. Lectures and multi-media programmes were held to disseminate information on population control.

National Consultation on Beijing Platform for Action (BPfA)

FPA India was represented at the UN Women organized Beijing +20 India CSO national consultation in Delhi. The event was a celebration of India's journey to gender equality over the last 20 years and also the role that the civil societies, government, media and the public have played in improving the status of women in the country. Ms. Bindiya Nimla was nominated to attend the meeting. The consultation featured panels on the Beijing +20 process, women's security, resources and capabilities, macroeconomic policy and women's rights. There was group work on the BPfA's twelve critical areas of concern – (i) women and the environment, (ii) human rights of women, (iii) women and poverty, (iv) women in power and decision making, (v) education, training of women, (vi) women and the media, (vii) women and the economy, (viii) institutional mechanisms, (ix) women and health, (x) violence against women, (xi) the girl child; and (xii) women and armed conflict. The outputs of the India National Consultation will be used to inform the Asia Pacific regional review and the subsequently the 59th session of the Commission on the Status of Women scheduled in New York, March 2015.

Nationalizing Sustainable Development Debate

A two day meeting was organized by different CSOs to discuss how and what can be contributed to the debate on sustainability.

A consultation programme was organized at the Constitutional Club, New Delhi. FPA India was one of the organizers. The other organizers were Third World Network (TWN), PAIRVI, Beyond Copenhagen, Cechoedon, International Planned Parenthood Federation (IPPF), CSO Partnership for Development Effectiveness (CPDE), South Asian Dialogues on Ecological Democracy (SADED), IBON International, LANDESA. At the meeting FPA India representative spoke on SDGs and health.

South Asia Consultation on Media Engagement in Post 2015 Development Process

IPPF-SARO organized a consultation conference inviting Member Association's (MA) from Maldives, Sri Lanka, Pakistan, Bangladesh, Nepal and India to attend the above mentioned workshop in Nepal. Each MA was accompanied by three media representatives. The other representatives were from Third World Network (TWN) and Landesa which works with governments and other local organizations to create tailored approaches to expand land rights to the rural poor. From India, the media personnel included Ms. Ketki Angre from NDTV, Ms. Maitri Porecha of the DNA and

Mr. Ram Kumar, Freelance Journalist. An article related to MDGs was later published in DNA.

Building Evidence to Advocate for Sexual and Reproductive Health and Rights (SRHR) in Post 2015 Development Agenda

Integration is the focus of the European Union (EU) project: Building Momentum for Sexual and Reproductive Health (SRH) and HIV Integration in India through International Planned Parenthood Federation (IPPF) - South Asia Regional Office (SARO). FPA India will advocate on the goals with the government and others including civil society organization on inclusion of SRHR in the sustainable development goals. It plans to build evidence and support for the cause - inclusion sexual and reproductive health and rights, gender equality, adolescents and youth needs and rights, and non-discrimination are the key elements of post 2015 development agenda. The 'findings' or recommendations will be used to influence government decisions on post 2015 development framework especially on health and gender goals.

Every Woman Every Child

Since the launch of the United Nations Secretary - General Ban Ki - Moon's Global Strategy for Women's and Children's Health and Every Woman Every Child, a movement and multi-stakeholder partnership has generated new attention and investment in women's and children's health and the numbers of maternal and child deaths have decreased significantly. FPA India made a commitment for providing SRH services to the Poor, Marginalized, Socially Excluded and the Underserved (PMSEU). FPA India will also advocate for sexual rights as human rights

Addressing Sexual and Gender Based Violence (SGBV) through Information & Services

This project is being funded by Ford Foundation for one year. It has components of advocacy and service delivery. The objectives are: (i) to disseminate the message of sexual rights for all and eliminate discrimination against women and girls in the community, (ii) 'Document' the voices of the community on sexual rights and eliminate discrimination against women and girls in the community, and (iii) Create awareness among the community on SGBV and access to services. The project will be collecting voices of the community as a part of advocacy and will be implemented through Mumbai, Panchkula, Delhi, Patna and Jaipur Branches. Induction training was organized in New Delhi for this purpose.



Dr. Mahinder Watsa receiving the Award from Dr. R. P. Soonawala. Looking on right of Dr. Watsa - Ms Sujatha Natarajan, Ms Veena Kholi, on left Dr. Usha Krishna

Dr. V V Puri Award conferred to the 'Sexpert' of the 21st Century

Dr. Mahinder C. Watsa was the recipient of the Dr V V Puri Award this time. Dr Watsa has made tremendous contribution in the field of sexual health in India. He is a Consultant for Sexual Medicine and Gynecology and is a certified Sex Educator and Counselor from the American Association of Sexuality Educators Counselors and Therapists. Dr. Watsa has been associated with the Family Planning Association of India since the

early '70s and is now well-known as the "Sexpert" of the Mumbai Mirror. Recognizing issues that needed to be addressed urgently, Dr. Watsa was the first to focus work on some of these issues related to domestic violence, male involvement, sexuality among mentally challenged, integration of family planning and STI/HIV/AIDS, and more recently in 2005 on the very young adolescents between 10-14 years of age.

World Breast Feeding Week Coonoor

The World Breast Feeding Week was conducted in Municipal Health Center, Coonoor, with the UN theme "Breast feeding - A winning goal for life".

Goodness of Mother's Milk

"Breastfeeding is a "team" process- mother and babies form the core of the team, with fam-



ily, friends, and others serving as team members, coaches, cheerleaders and fans.

Training For Cervical Cancer

A training programme was organized at the Hyderabad Branch for the Medical Officers, ANM and other Paramedical staff from Mumbai, Dharwad and Hyderabad. The trained participants are expected to train other paramedics and medical officers.

SETU Annual Review Meeting



Ms. Geeta Sethi, Secretary General, Dr. Kalpana Apte, Sr. Asst. Secretary General and Dr. Manisha Bhise, Technical Programme Manager, FPA India

Core+ SETU Project is currently been implemented at 17 outreach locations across India. The Project has contributed in increasing service delivery by expansion of operational area of the implementing branches. Most importantly, the Project has increased access to contraceptive services and other SRH services for poor, marginalized and

the underserved population.

A review meeting cum workshop was held in Mumbai to prepare an exit plan and to discuss strategies for sustainability. The Service Education and Training Unit (SETU Project) implemented through IPPF Core+ funding at 17 outreach locations of 15 branches, expanded

access of service provision. The Annual Review meeting of the project was attended by Branch Managers, Project Coordinators and M&E Officers. A total of 42 participants from 15 branches discussed the performance, future challenges and sustainability aspects of the Project. At the end of the workshop, each branch prepared an exit Plan.

International Day Against Drug Abuse

Trivandrum

In connection with the International Day Against Drug Abuse a rally and

a BCC programme was conducted for students at University College Auditorium on 26th June. The topic

discussed was regarding drug abuse and its harmful effects. Fifty seven students attended the programme.

Mysore

The Branch members and office members held a meeting and disseminated information on FPA India and its growth. The annual plan for 2015 was also discussed.

Mohali

Around two hundred persons including community leaders, volunteers of the association, representatives of CSR unit of Larsen & Toubro, Chandigarh, beneficiaries of FPAI's services and representatives of educational schools and technical institutes participated in

the event which was also covered by local print and electronic media representatives.. Honorable Air Marshal Randhir Singh, Chief Guest, praised the work of FPAI as an agency that endeavors to improve the quality of life for the deprived section of the Society.

Jabalpur

The Branch held a discussion on volunteerism. A short video Film Mushtari, an Inspiring Change agent of FPAI Jabalpur at grassroot level, was played and was well received.

Gwalior

The Branch celebrated the Foundation Day by organizing different health checkup camps for the people of urban slum and villages.

Dindigul

Thirty seven members - Branch Volunteers, youth members, officials from Govt. of Tamil Nadu, doctors, teachers and likeminded social activists in Dindigul actively participated in a meeting held to commemorate the foundation day. "Effective Volunteerism" was the theme of the discussion.



20th International AIDS Conference (IAC)

Nisha Jagdish, Director, HIV-AIDS and Prasanth Saraf, Programme Officer, Hyderabad Branch attended the 20th International AIDS Conference (IAC) held in Melbourne, Australia. The IAC is the premier gathering for those working in the field of HIV, as well as policy makers, persons living with HIV and other individuals committed to ending the pandemic.



During the conference, Nisha Jagdish, presented a poster focusing on elimination of mother to child HIV transmission, Approaches for Reducing Vertical Transmission and Providing Stigma Free SRH-HIV Services and was one of the Panellists for the Satellite Session - Risk or Reality organized by Inter-agency Working Group on SRHR and HIV Linkages. This debate-style satellite session discussed the successes, challenges, and pitfalls in connecting HIV and SRHR. She shared FPA India's experience of integration in practice (concentrated HIV epidemic). Prashant Saraf who has taken over as Global Coordinator of IPPF+ (International Planned Parenthood Federation Plus) re-launched IPPF+ during the pre-conference meeting and shared updated IPPF+ to the representatives of IPPF Regional and Member Associa-

Human Papilloma Virus (HPV) Vaccine

On 17th September, at a meeting of the Medical Advisory Panel, Dr. Sarita Bhalerao made a presentation on HPV vaccine. She stated that although there is no cure for cervical cancer, it can be prevented. Thirteen of the 100 types of HPV cause cancer. Worldwide, cervical cancer is the second most common cancer in women, with an estimated 530,000 new cases and more than 270,000 women die annually.

It takes 15 to 20 years for cervical cancer to develop in women with normal immune systems. It can take only 5 to 10 years in women with weakened immune systems, such as those with untreated HIV infection. Currently, there are two vaccines which protect against both HPV 16 and 18, which are known to cause 70% of cervical cancers.

Clinical trial results show that both vaccines are safe and very effective in preventing infection with HPV 16 and 18. Both vaccines work best if administered prior to exposure to HPV. Therefore, it is preferable to administer before first sexual activity. WHO recommends vaccination for girls aged 9-13 years as this is the most cost-effective public health measure against cervical cancer. The vaccine can be administered up to 26 years of age which is the 'catch up' period. HPV vaccination does not replace cervical cancer screening.