

Aspire

A Quarterly Insight into
the Association's Activities

FPA India
Fulfilling People's Aspirations
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LEAD STORIES

CHOICES AND OPPORTUNITIES



A half yearly review meeting under the project 'Expanding Access to Comprehensive Sexuality Education and Youth Friendly Services Among Young People', supported by the Choices and Opportunities Programmes, was held in July, in Mumbai.

The Project was initiated in 2011 at three locations –Agra, Ahmedabad and Bangalore Branches and in 2015 it has been scaled up to include three additional Branches - Panchkula, Madurai and Srinagar. Participants at the Review Meeting included Branch Managers, Programme Officers and M & E officers from the six Branches. Ms. AmitaDhanu, Director Adolescents, FPAI, welcomed the participants and dignitaries to the workshop. Dr.Kalpna Apte, Senior Assistant Secretary General (Programme Implementation), FPAI, gave the Opening Remarks, while Ms.Geeta Sethi, Secretary General, FPAI delivered the keynote address and Mr. Umesh Aradhya, President, FPAI delivered the Inaugural address.

The objective of the workshop was to review the programmes and financial aspects of the branches. The branches presented their progress in last six months and discussed challenges faced by them while conducting Comprehensive Sexuality Education (CSE) in communities and schools. Ms. Usha R, Monitoring & Evaluation Manager, FPAI, presented the service statistics of the branches from 2011 to June 2015, which showed that the number of services has increased in the first half of 2015. There were discussions on IPPF's Strategic Framework 2016-2022, which helped the participants to be aware of the organisation's next strategic move. Dr.Apte's session on value clarification on abortion helped participants understand their roles as service providers while providing abortion related services. There were discussions on the budget utilisation and changes facilitated by Ms. Amita. She also shared a presentation about Corporate Social Responsibility for the branches to be able to take up CSR roles. The meeting came to an end with intense discussions on sustainability plans as it was the last year of the project.





“BLOGGING FOR SOCIAL CHANGE”

With the theme “Blogging for Social Change”, a three day training workshop on “Use of Social Media for Advocating on Young People’s Sexual Reproductive Health and Rights” was organised for youth volunteers in July, at Mumbai. 19 youth volunteers from 15 FPA India Branches participated in the workshop.

The objective of the workshop was to build skills of the participants in using social media - particularly blogging - so that they can advocate on issues concerning young people’s SRHR and also be able to share innovative work done by their Branch on the digital platform.

Experts and social activists were invited as resource persons to train youths on blogging and online campaigning. Practical sessions were conducted for youth volunteers in which they created their blog on medium.com, a website. Sessions were conducted on cyber safety and security to enable youths to be protective against cyber bullying. An action plan was developed at the end of the workshop and also a closed group called “FPAI Young Bloggers” was created on Facebook for youth volunteers to share their blogs and exchange views on specific social themes regularly.

“HOPE GIVES CONFIDENCE IN LIFE”

‘Hope’ is something a person needs to cope with the difficulties in life. But what if someone loses this one thing that will make him standing against the tides of our modern society? This is a story of a young boy, who faced barriers that children of his age wouldn’t know its meaning. He had to go through the challenges that life gave him.

This is a story of a boy named Sandeep (name changed), who lost his parents who were HIV+, at the age of three. With only his grandmother and sister who took care of him, he understood the essence of living in a world of his own creation, where he had to face the judgmental questions from community members.

Belonging to a poor family in a village, Sandeep was deprived of many things in life. However, he was not affected by peer pressure to indulge in harmful lifestyles. Instead, he embraced himself in a hobby and became a Magician. Being HIV+ himself he faced a number of barriers to go ahead. However, he never gave up hope! He overcame the barriers of investment for accessories and instruments and carried on with confidence in his shows.

The Bellary Branch provided supported Sandeep to become a Magician and gave the necessary care when he faced weakness due to his ill health. Furthermore, staff members contributed Rs. 1200 towards his college fees and other material to carry on with his Magic Show.



SPECIAL DAYS AND EVENTS OBSERVED ACROSS BRANCHES

WORLD POPULATION DAY

In 1989 the UNDP Governing Council declared 11 July as World Population Day to focus attention on the urgency and importance of population issues in the context of overall development plans and programmes and the need to find solutions for these issues. Despite many efforts, population in India is growing exponentially and is estimated to be 1.27 billion. It is the second most populous country in the world. Projections indicate that it will become most populous in the world by 2050. This has implications on sustainability, urbanization, access to health services and youth empowerment among others.

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BIJAPUR

World Population Day was celebrated with social work students from MISS College by conducting a seminar on SRH mainly focussing on contraceptives.

MADURAI

Conducted a seminar on SRH mainly focusing on contraceptives with students of Social Work from MISS College.



SAGAR

Observed the Day in association with the Health and Family Welfare Department, CMHO Office, Sagar.



BANGALORE

A cycle rally was organized by students where 235 participated.



SHIMOGA

The community members and students held rallies, plays, flash mobs and exhibitions – all emphasizing the small family norm.



SOLAPUR

A rally of college students was conducted focusing on population issues.



KALCHINI

Population Stabilisation Fortnight was conducted from 10th to 24th July. During the special service sessions, attended by people, 296 minilaparotomy and 61 NSV cases were done.



MOHALI

Across 2 days 4 events were conducted on population stabilization reaching out to 200 people.



BHUBANESWAR

World Population Day was observed with an awareness programme, attended by 55 participants.

“Breastfeeding and Work – Let’s make it work” was the theme for the World Breastfeeding Week celebrations. It was attended by 111 women who were sensitized about breastfeeding and its benefits.



BHOPAL

RTC Bhopal, in association with UNFPA, observed the Day with various activities like organizing a Symposium, Poster and Essay Competition, Rally and Exhibition.



NORTH KANARA

At a function at the Government General Hospital, Kumta, the Day was observed. In addition a rally was conducted at Ankola and an exhibition of FP methods was also organised.



NEW DELHI

FPAI Foundation Day celebrations were organised, which was attended by a large audience.

FPAI FOUNDATION DAY



BELGAUM

At a programme organized on gender equality and GBV 59 participants attended.

AHMEDABAD

The Day was observed on the Theme 'Gender inequality and gender-based violence, social exclusion and stigma'. 29 staff members and volunteers attended.

SRINAGAR

To promote SRHR volunteerism, a programme was organized where volunteers (including Branch Executive members), social activists, Youth Forum members and other youth members, adolescent boys and girls and likeminded NGOs participated.

BANGALORE

At a programme organized on gender equality and GBV 59 participants attended.



SHIMOGA

At a function organized on gender equality and rights, a magazine 'Kutumba' covering Branch activities was released by Mr. Umesh Aradhya, FPA India President.

YAMUNANAGAR

An SRH programme was conducted for women and youth to discuss SRH problems, gender inequality and gender-based violence. An awareness programme was specially organised for Link Workers.



SOLAPUR

Over 100 women attended a programme inaugurated by Prof. Dr. Shrikant Yelegaonkar, FPA India Vice President. This was followed by health checkup of the women.



NORTH KANARA

A health check up camp was organized covering 170 community members.



GOMIA

The Day was marked with an awareness-cum-sensitisation programme was held with the participation of BEC Members, Media Groups, Social Activists and Youth Groups.



OBSERVATION OF OTHER DAYS/WEEKS

AHMEDABAD

Breastfeeding Week(1-7 August)was observed through an awareness programme in which 161 antenatal/postnatal women benefitted.

National Youth Day was observed on 12th August on the theme "Involvement of Youth in Social, Political level" 88 girls and four teachers attended.

National Nutrition Week(1-7September)was observed with four awareness programmes on nutrition with 104 antenatal/postnatal women as well as adolescent girls.

BANGALORE

Breastfeeding Day on August 6 was observed and 60 persons received nutrition powder and iron tablets.

"MatriSuraksha Din" was observed on July 10 with 127 nursing trainees at Ojaswini Nursing College in collaboration with FOGSI and All India Women Council, on "Youth Population and Safe Motherhood".



BHUBANESWAR

“Breastfeeding and Work - Let’s make it work” was the theme for the World Breastfeeding Week celebrations. It was attended by 111 women who were sensitized about breastfeeding and its benefits.



MYSORE

A Safe Motherhood Day programme was organised on 10th July with 55 women who were provided with information on antenatal and postnatal care and services provided at FPA India service delivery points.



YAMUNANAGAR

The Branch observed Breastfeeding Week by organizing woprogrammes to emphasize the importance and benefits of breastfeeding.

AWARD FOR VP

Honour to our Vice President

Prof. Dr. Shrikant Yelegaonkar, FPA India Vice-President, has been conferred the “Mrutunjay Sahitya Puraskar” for his book entitled “Solapurche Swatantrya Ladhyatil Deepstambh” by GADIMA Pratishtan, Pune and Maharashtra Kamgar Sahitya Parishad.



FAMILY PLANNING (FP) 2020 PLEDGE TRACKER

IPPF has initiated a project called “Joining Voices”. It is an advocacy project that aims to safeguard and strengthen financial commitments to reproductive health and family planning, and reinforce political leadership on universal access.

FPAI was requested to fill the FP2020 pledge-tracking tool. Based on this, a meeting “Joining Voices - FP 2020: Meeting with Partners in South Asia” was organized by IPPF in Colombo, in August. The Member Associations represented were Pakistan, Bangladesh, Nepal, India and Sri Lanka. Sri Lanka has not made any commitments for the FP 2020. From India, apart from the MA focal point person, there was a representative from Population Foundation of India (PFI). Ms.Poonam Muttreja, Executive Director, who is a member of the reference group FP2020.

The objectives of the meeting were: (a) Cross learning and sharing of advocacy actions for FP2020 commitments, among the IPPF SAR MAs and national CSO partners and (b) Review the progress made under the “Joining Voices” project, and identify opportunities for high-impact regional and international coordination.

IPPF and FPA India together have prepared a factsheet on FP2020. This factsheet will be launched at the International Conference on Family Planning, to be held in Indonesia.



PEER EDUCATOR TRAINING PROGRAMME

A training Programme was organized for young people with a view to encourage young people to take an active role in the Association's activities. Peer Educators were trained on creating awareness and develop as responsible youth.

The focus was on puberty and growing up, attraction to the opposite sex and differentiation between love and infatuation during that period and relationship building. It is universally accepted that the health needs, and particularly the sexual and reproductive health (SRH) needs of adolescents and young people continue to be ignored and neglected.



They need to be given authentic knowledge, which will help them to understand the process of growing up with reference to sexual and reproductive health. They need to be given the guidance and education to be able to attain the level of maturity required to make responsible and informed decisions.

The programme was inaugurated by Mr. T.G.Vittal, volunteer of FPAI. The importance of the Manual for Peer Educators was stressed by Mr.V.K.N. Murthy, Bellary Branch Manager.

HUMAN RESOURCE DEVELOPMENT FOR SRH CARE SERVICES

Through the Project 'Human Resource Development for SRH Care Services' six training courses were conducted from July to September. A total of 112 (Female - 62 and Male - 50) individuals were trained in the Counselling Course for Trauma, Guilt and Self Esteem, Use of Social Media, Basic Counselling Skills, Sex and Sexuality Counselling, and Leadership and Management.

Participants represented civil society organizations and academic institutions such as Green Foundation, Nagpur; Asha Sadan Social Center, Vasco; Love and Care India Trust, Nagpur; and Central University of Karnataka, Gulbarga. Use of interactive training methodology and appropriate content was appreciated by the participants in all the six courses.

Sr. No	Training Course	Date
1	Counselling for Children	November 4-5, 2015
2	Sex and Sexuality Counselling	November 25-26, 2015
3	Counselling for Children	December 2-3, 2015
4	Advocacy Planning	December 9-10, 2015
5	Male Involvement in SRHR	December 16-17, 2015
6	Basic Counselling Skills	December 22-23, 2015

For more details on these courses, please contact us at 022-40863101 or email training@fpaindia.org

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BOOK POST

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