

Family Planning Association of India (FPA India) founded in 1949, is a national voluntary organization which pioneered the family planning movement in India. It is one of the founder Member Associations (MA) of the International Planned Parenthood Federation (IPPF), the world's foremost non-government provider and advocate of sexual and reproductive health and rights with 132 Member Associations working in a total of 164 countries. FPA India works in close partnerships with central and state governments, NGOs, UN agencies, national and international funding agencies (such as European Commission, AusAID, Government of Netherlands, DFID), and corporates to create social impact. FPA India is currently implementing a 7 year Strategic Plan (2016-2022) focused on Strengthening Sexual and Reproductive Health (SRH) Services, Advocacy, Gender, Empowerment and Young People and Organizational Efficiency.

The Association works on a wide range of SRH issues encompassing family planning, comprehensive sexuality education, maternal health, child survival, adolescent care, HIV/AIDS, safe abortion, reproductive tract cancer screening and prevention and mitigation of gender-based violence (GBV).

Through its various programmes, FPA India reaches a population of more than 30 million annually, on an average. Presently, FPA India operates through 45 Branches and Projects across 17 States and 1 Union Territories. In view of the Association's commendable work, the Government of India issued a Commemorative postal stamp in honour of FPA India's 50th year of existence.



## Governance and Management



FPA India has more than 1000 staff working across Branches and Projects and at the Headquarters. The Association is supported by volunteers at the governance level and at the community/grassroots level. These volunteers also represent the Association/Branch

on various Government task - force Committees. Women constitute 50 percent and youth constitute 20 percent of the Governing Board membership. FPA India is also represented on the South Asia Youth Regional Network (SARYN).

## Partnership with the Government at State and National level



FPA India has always complemented and supplemented Government programmes at the national and state level. It supports the NHM in provision of FP-MCH services at the district and village levels in 16 states and 2 Union Territories. It constantly strives to reach the most marginalized groups with its services and programmes. The Association's representatives serve on many Taskforces, Advisory groups and Committees formed by the state governments and also the National government. Some key partnerships are:

- ◆ Member – Central Council of Health and Family Welfare, GOI
- ◆ Member – National Task Force on Injectable Contraceptives, GOI
- ◆ Member, Subject Expert Committee, Central Drugs Standard Control Organization, GOI
- ◆ Governing Body Member, SIFPSA, Uttar Pradesh
- ◆ Member, TSU (FP, Adolescent, Community Process) – Uttar Pradesh
- ◆ Partner Organization – Lucknow CMO DHS, Lucknow, UP



- Partner organization -Agra District NHM, Uttar Pradesh
- CLG Member for GBV (Police)– Jaipur, Rajasthan
- NHM, District Health Society governing board Member – Mohali, Punjab
- Member, ICDS Committee for Beti Bachao beti padhao – Yamunanagar, Haryana
- PCPNDT Committee Member - Yamuna Nagar, Haryana
- Member, District task Force committee – Yamuna Nagar, Haryana
- Executive Member, Dist. MTP Committee, Alipur Duar, WB
- Executive Member, Dist RNTCP & HIV committee, Alipur Duar, WB,
- Executive Member, Dist Task Force Committee, Alipur Duar, WB,
- Member, Governing body of Rogi Kalyan Samiti, Bhubaneshwar
- Member, Governing Body of City Health Society of Bhubaneshwar Municipal Corporation under NUHM, Odisha
- Co- Chair, West Bengal Women's Commission
- Member – ICC for Sexual Harassment committee Police training center Tehra , Gwalior, MP
- Member - Quality Assurance committee (CHMO), Gwalior, MP
- Member – PCPNDT Committee, Gwalior, MP
- Member - District Level PCPNDT Committee, Ballari, Karnataka
- Member - PCPNDT Committee, Bengaluru Urban, Karnataka
- Member - 'O Sakhi" One Stop Center for Harassed Women, Bengaluru Rural, Karnataka
- Internal Complaint Committee for Sexual Harassment – Excise Department, Panchkula, Haryana
- Member – PCPNDT Committee, Panchkula, Haryana
- DLC Member (MTP Act) Panchkula, Haryana
- Chairperson, Surrogacy Sub-committee of Telangana State
- Board of Genetic Counselling, Hyderabad, Govt. of Telangana
- Executive Member, Dist. Health & Family Welfare Samiti, Alipur Duar, WB
- Executive member, Block Health & Family Welfare Samiti, Kalchini Block, Alipur Duar, WB
- Member, State Health Mission, Govt of Odisha
- Member, Governing council Swasthya Sikhya (The State Society for Health & Family Welfare Govt Of Odisha)
- Member PCPNDT committee West Bengal
- Member, PCPNDT Committee, Jabalapur, MP
- Member – ICC for Sexual Harassment committee, State institute of Health Management, Gwalior, MP
- Member – Maternal Death Review Committee, Maharashtra Government
- Member – State Blindness Control Society, Jharkhand
- Member - Gujarat State Examination Board, Gandhinagar, Gujarat
- Member - District Level PCPNDT Committee, Bidar, Karnataka
- Member - District Level Quality Assurance Committee, Bidar, Karnataka
- Member - District Level Quality Assurance Committee, Dharwad, Karnataka

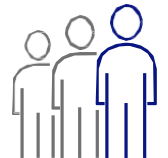


## Work with various State Governments

### Targeted Interventions

Since 2005, FPA India has been implementing projects supported by the National AIDS Control Organisation to prevent HIV. These projects include – Facility integrated HIV Testing and Counselling Centre, High Risk Group HIV Prevention Projects for Sex Workers, IDUs, MSM, Truckers and Single Migrants through nine branches of FPA India- Mumbai, Bhiwandi in Maharashtra, Panchkula in Haryana, Mohali in Punjab, Trivandrum in Kerala, Srinagar in J&K, Gwalior in Madhya Pradesh, Madurai in Tamil Nadu and Ballari in Karnataka. Besides this, 34 branches were recognised by the local State AIDS/District AIDS Control Societies to provide HIV counselling and testing services. Currently we have TIs at the following branches/project sites

- 1 Fully supported ICTCT centre- Ballari, Karnataka State AIDS Prevention Society
- 2 TI project for Truckers – Gwalior, MPSACS
- 3 TI project MSM and IDU, Mohali, Punjab SACS
- 4 Vihaan Project for PLHIV, Madurai, Tamil Nadu SACS
- 5 TI project for MSM, Panchkula, Chandigarh SACS
- 6 TI project for Sex Workers, Thane, Maharashtra State AIDS Control Society
- 7 TI projects for Sex Workers and Migrants, Mumbai District AIDS Control Society
- 8 TI for IDU, Srinagar, J&K SACS



### Urban Family Welfare Centres

The UFWC project is a unique and long-standing collaborative initiative of FPA India and the respective State Governments of Tamil Nadu, Gujarat, Karnataka, Madhya Pradesh, Uttar Pradesh and Haryana.

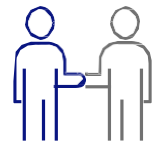
Currently FPA India runs 19 UFWCs in these states located in the operational area of 12 Branches. The State Governments support human resources and commodities to provide maternal and child health services including family planning spacing methods through the clinics of FPA India. Strengthening Maternal and Child Health through early identification of pregnancy, early registration, screening for high-risk pregnancy, referral for institutional delivery, antenatal and postnatal care, immunization and postpartum contraception has been a tried and tested strategy promoted by the Government of India to combat maternal morbidity and mortality and infant mortality. FPA India's comparative advantage to implement this project, strong institutional capacity, infrastructure and presence in the respective States, help support the clinical and outreach set-up required to implement this project.



## FPA INDIA'S IMPACT IN THE COMMUNITY

### Empowering Adolescents and communities to promote Menstrual Hygiene Management (MHM) in Jharkhand supported by UNICEF

In the year 2015, Ministry of Water and Sanitation issued the National MHM Guidelines which aims at ensuring the right interventions and services reach adolescent girls and women, in addition to conducting orientation and trainings at different levels with different stakeholders. In 2018, the Department of Water and Sanitation, Jharkhand with technical assistance from UNICEF, adapted the Jharkhand MHM Roadmap. To address the above issue at the grassroots level, FPA India, supported by UNICEF in collaboration with the state government of Jharkhand, implemented the "Empowering adolescents and communities to promote Menstrual Hygiene Management project" in Jharkhand. The goal was to enhance knowledge of teachers and adolescents on MHM across all the 203 KGBVs in the state to improve adolescent health in schools, enable a cadre of front of line workers from five intervention districts to roll out the MHM Communication Toolkit within schools and communities, develop district action plans incorporating MHM as ODF + strategy and scale up MHM week activities to involve and influence key community members. 193 of Kasturba Gandhi Balika Vidyalay teachers were trained in 5 batches from 24 districts of Jharkhand, capacity building of 132 Jalsahiyas from 23 districts of Jharkhand was done, and a district level planning and convergence workshop was conducted for 109 key stakeholder of two districts of Jharkhand.



### Addressing adolescent fertility in Madhya Pradesh supported by UNFPA

"Addressing Adolescent Fertility Project" (AAF) was implemented at seven blocks of Barwani District in Madhya Pradesh with support from UNFPA. The primary objective of this project was to increase the mean age at first conception, by 1 or 2 years from baseline levels among married women in the age group 15 - 19 years, and increase the percentage of married couples using spacing methods up to 30%. Additionally, during the course of this project, ASHAs were empowered with additional knowledge, diverse skills and self-confidence. Due to the ASHAs hard work and continuous efforts, there was an increase in the CPR (Contraceptive prevalence rate).



## KEY ACHIEVEMENTS BY FPA INDIA



### 4th Asia Pacific Conference on Reproductive and Sexual Health, Hyderabad - India, 2007

FPA India took the lead in hosting the 4th Asia Pacific Conference on Reproductive and Sexual Health and Rights from October 29-31, 2007 in Hyderabad, with a total attendance of 1000 delegates. This conference is organized in alternate years through a consortium of organizations working on the issues of SRH. It is guided by an International Steering Committee comprising experts and practitioners. The host country further forms a Local Organising Committee to facilitate organizing the conference. The conference serves as a forum for researchers, educators, service providers, NGOs and governments of the Asia Pacific region to collectively review the emerging trends, share experiences and identify the challenges and opportunities available in the region.





The conference in Hyderabad received an overwhelming response with 921 abstracts submitted from 42 countries. FPA India was well represented by 11 volunteers, 10 Youth volunteers and 9 staff members from the headquarters and branches.

### FPA India – A Regional Resource Centre (RRC)



FPA India has previously been recognised as a RRC by the MoHFW, responsible in providing technical support to M/SNGOs in Maharashtra, Goa and Madhya Pradesh to implement RCH programme (2012-2014).

### National Civil Society Organization Consultation on Family Planning

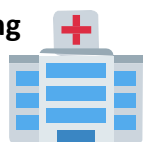


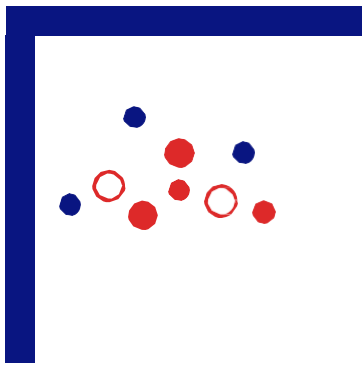
In June 2012, FPA India in partnership with the MoHFW, respective state governments, HLPPT, PFI, CHSJ, Chetna, FOGSI, IAPPD, FHI 360, ARC, INP + ICW, WRAI, GIRHFWT, CINI, organised and hosted a series of state level civil society consultations followed by a National level CSO consultation, on prioritizing family planning on the national development agenda. 13 civil society consultations were conducted at the state-level along with national level stakeholders. Representatives of 379 civil society organizations and networks contributed by way of conceptualizing, supporting, co-ordinating and debating on themes such as: Policies and Programs impacting FP, Quality of Care, Young People and Access to FP, Expanding Access through Choices, Integration of FP, MCH and HIV and FP from Gender and Rights Perspective. The stakeholders ensured that the consultation process was solidly anchored in the grass-roots and a true reflection of community voices at the national level. Dr. S. K. Sikdar, the then - Deputy Commissioner (FP) MoHFW, Government of India was one of the panellists to address the concerns of the CSO. There was a spontaneous and overwhelming response from all the district, state and central health authorities and the elected representatives of the people who were invited to the consultations held in various states and also at the national CSO consultation.



### “YOUTH DIALOGUE: A PERSPECTIVE ON FP2020”; A National Consultation under VICALP project

In the year 2019, FPA India, along with 7 of its key strategic partners across the nation, deployed its vibrant and large ground force of youth volunteers to take stock and converse with young people across the country. With the aim of assessing key issues, close to 100 Youth Volunteers across the country spoke with more than 8000 people from all walks of life and from various age-groups. Presenting views and having dialogues with young people and important stakeholders, this initiative intended to foster support for a deeper and more expansive engagement. Culminating the campaign with a National Consultation in New Delhi, “Beyond FP2020: Youth Perspective on SRHR and FP”, we brought together stakeholders from the Central Government, private sector, civil society and youth population from across the country. This platform was used to actively engage with young people who contributed to this ‘Dialogue’. The National Consultation also created a common platform for all the stakeholders to analyze the current trends, examine the latest demographic, clinical and field-based evidence and collaborate to maximize the impact of Family Planning Programmes for young people in India.





WE ARE CHANGING.  
BY CHOICE.  
FOR CHOICE.



## IPPF GENERAL ASSEMBLY

In early 2019, IPPF's Governing Council agreed by resolution to initiate a process to develop recommendations for reforming its governance and resource allocation model. The Governing Council then approved a special meeting of a General Assembly of representatives of IPPFs Member Associations, to be held in India from November 29-30, 2019. The goal was to review and approve reforms proposed by two independent commission on the governance and resource allocation of the Federation.

Stepping-up the host nation, FPA India successfully hosted close to 700 people from across the globe, spanning over 100 countries. Deploying a small team of its core staff and most importantly, 10 Youth Volunteers from across the country, FPA India successfully made the entire event a smooth process and ensured that the event reached its goal without any hindrance from a logistical angle

### FAMILY PLANNING ASSOCIATION OF INDIA: HIGHLIGHTS



Empowering 45 Branches/Projects across 18 states



Expertise across Family Planning, Sexual and Reproductive Health



Saving lives since 73 years



Reach 30 million marginalised and vulnerable people annually



Champions in gender equality, women empowerment



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